## AdventureRun : Rock Falls Ranch Rock Falls Ranch run/walk on 28th November 2021

| 15km Trail Run/Walk:Male |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| 1 | 1 | 1 | TA0768 | Ladwin | Teka | 15km Trail Run/Walk | Male | 51 | Master (50-59) | 01:15:20 |

15km Trail Run/Walk:Female

10km Trail Run/Walk:Male

| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 1 | 1 | TA1526 | Mohamed Iqbal | Azmuth | 10km Trail Run/Walk | Male | 53 | Master (50-59) | 00:42:54 |
| 2 | 3 | 1 | TA2379 | Alain | Michaels | 10km Trail Run/Walk | Male | 33 | Sub-Veteran (30-39) | 01:09:36 |
| 3 | 5 | 2 | TRAIL11228 | Ian | Halkerd | 10km Trail Run/Walk | Male | 55 | Master (50-59) | 01:17:18 |
| 4 | 6 | 1 | TA1237 | Mohamed Essa | Suliman | 10km Trail Run/Walk | Male | 42 | Veteran (40-49) | 01:25:42 |

10km Trail Run/Walk:Female

| Gender | Overall | Category | Race Number | Name | Surname | Activity | Gender | Age | Category | Duration |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 1 | TA2446 | Melanie | Pieterse | 10km Trail Run/Walk | Female | 24 | Senior (19-29) | 01:09:33 |
| 2 | 4 | 1 | TA3240 | Lucille | De Morney | 10km Trail Run/Walk | Female | 34 | Sub-Veteran (30-39) | 01:16:00 |
| 3 | 7 | 1 | TA3255 | Seena | Azmuth | 10km Trail Run/Walk | Female | 51 | Master (50-59) | 01:26:13 |
| 4 | 8 | 1 | TA1459 | Cindy | Frost | 10km Trail Run/Walk | Female | 41 | Veteran (40-49) | 01:36:06 |

5km Trail Run/Walk:Male

5km Trail Run/Walk:Female

