



# AdventureRun : Rietvlei Dam

## Rietvlei Dam Halloween Race on 31st October 2018



### 10km Trail Run/Walk:Male

| Gender | Overall | Category | Race Number | Name     | Surname     | Activity            | Gender | Age | Category            | Duration |
|--------|---------|----------|-------------|----------|-------------|---------------------|--------|-----|---------------------|----------|
| 1      | 2       | 1        | TA0732      | Iain     | Peterkin    | 10km Trail Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 00:45:46 |
| 2      | 3       | 1        | TRAIL10501  | Dave     | Kraitzick   | 10km Trail Run/Walk | Male   | 50  | Master (50-59)      | 00:50:48 |
| 3      | 5       | 1        | TA1071      | Sg       | De Bruin    | 10km Trail Run/Walk | Male   | 27  | Senior (19-29)      | 00:51:25 |
| 4      | 6       | 2        | TRAIL12341  | Charles  | Norman      | 10km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 00:52:24 |
| 5      | 7       | 2        | TA0861      | Dian     | Louw        | 10km Trail Run/Walk | Male   | 26  | Senior (19-29)      | 00:52:44 |
| 6      | 8       | 1        | TA2290      | Bernhard | Westra      | 10km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 00:52:58 |
| 7      | 10      | 2        | TRAIL12483  | Leon     | Van Zyl     | 10km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 00:53:46 |
| 8      | 11      | 3        | TA1037      | Jason    | Brown       | 10km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 00:55:29 |
| 9      | 12      | 4        | TRAIL13039  | Shaun    | Vermaak     | 10km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 00:55:32 |
| 10     | 14      | 3        | TA1029      | Derek    | Esterhuysen | 10km Trail Run/Walk | Male   | 44  | Veteran (40-49)     | 00:55:45 |
| 11     | 15      | 4        | TA2130      | Werner   | Jonck       | 10km Trail Run/Walk | Male   | 41  | Veteran (40-49)     | 00:56:30 |
| 12     | 17      | 3        | TA1808      | Paul     | Bester      | 10km Trail Run/Walk | Male   | 24  | Senior (19-29)      | 00:57:04 |
| 13     | 18      | 5        | TA2143      | Prince   | Motswenyane | 10km Trail Run/Walk | Male   | 43  | Veteran (40-49)     | 00:58:09 |
| 14     | 20      | 6        | TRAIL11023  | Grant    | Hall        | 10km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 01:01:13 |
| 15     | 21      | 3        | TA1174      | Johan    | Celliers    | 10km Trail Run/Walk | Male   | 51  | Master (50-59)      | 01:02:26 |
| 16     | 24      | 5        | TA2305      | Tiaan    | Taljaard    | 10km Trail Run/Walk | Male   | 31  | Sub-Veteran (30-39) | 01:03:20 |
| 17     | 25      | 7        | TA2124      | Marius   | Potgieter   | 10km Trail Run/Walk | Male   | 41  | Veteran (40-49)     | 01:04:49 |
| 18     | 27      | 6        | TRAIL10910  | Dewan    | Hamman      | 10km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 01:06:46 |
| 19     | 28      | 7        | TA1861      | Nick     | Pitro       | 10km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 01:07:01 |
| 20     | 29      | 4        | TRAIL10540  | Vic      | Pitro       | 10km Trail Run/Walk | Male   | 59  | Master (50-59)      | 01:07:04 |
| 21     | 30      | 8        | TA2180      | Sw       | Engelbrecht | 10km Trail Run/Walk | Male   | 40  | Veteran (40-49)     | 01:07:26 |
| 22     | 31      | 8        | TA0857      | Jacques  | Thirion     | 10km Trail Run/Walk | Male   | 31  | Sub-Veteran (30-39) | 01:07:29 |
| 23     | 33      | 9        | TRAIL11026  | Jaicee   | Bam         | 10km Trail Run/Walk | Male   | 38  | Sub-Veteran (30-39) | 01:08:46 |
| 24     | 36      | 5        | TA0659      | R        | Anderson    | 10km Trail Run/Walk | Male   | 53  | Master (50-59)      | 01:09:00 |
| 25     | 37      | 4        | TA2250      | John     | Rogers      | 10km Trail Run/Walk | Male   | 26  | Senior (19-29)      | 01:12:10 |
| 26     | 41      | 9        | TA1810      | Muxe     | Mhlongo     | 10km Trail Run/Walk | Male   | 43  | Veteran (40-49)     | 01:20:01 |

| 10km Trail Run/Walk:Female |         |          |             |           |            |                     |        |     |                     |          |
|----------------------------|---------|----------|-------------|-----------|------------|---------------------|--------|-----|---------------------|----------|
| Gender                     | Overall | Category | Race Number | Name      | Surname    | Activity            | Gender | Age | Category            | Duration |
| 1                          | 1       | 1        | TA2205      | Rizta     | Fouche     | 10km Trail Run/Walk | Female | 37  | Sub-Veteran (30-39) | 00:45:42 |
| 2                          | 4       | 2        | TA1111      | Jhani     | Coetzee    | 10km Trail Run/Walk | Female | 30  | Sub-Veteran (30-39) | 00:51:19 |
| 3                          | 9       | 1        | TA2243      | Rinel     | Mclaren    | 10km Trail Run/Walk | Female | 26  | Senior (19-29)      | 00:53:10 |
| 4                          | 13      | 1        | TA1048      | Yvette    | Rademan    | 10km Trail Run/Walk | Female | 44  | Veteran (40-49)     | 00:55:38 |
| 5                          | 16      | 2        | TA1169      | Yolandi   | Jacobs     | 10km Trail Run/Walk | Female | 23  | Senior (19-29)      | 00:56:42 |
| 6                          | 19      | 3        | TA1046      | Stephanie | Cliff      | 10km Trail Run/Walk | Female | 37  | Sub-Veteran (30-39) | 01:01:13 |
| 7                          | 22      | 4        | TRAIL12299  | Janeane   | Watt       | 10km Trail Run/Walk | Female | 36  | Sub-Veteran (30-39) | 01:03:00 |
| 8                          | 23      | 5        | TA0759      | Rika      | Van Vuuren | 10km Trail Run/Walk | Female | 39  | Sub-Veteran (30-39) | 01:03:04 |
| 9                          | 26      | 6        | TRAIL10891  | Tina      | Bredenkamp | 10km Trail Run/Walk | Female | 35  | Sub-Veteran (30-39) | 01:05:35 |
| 10                         | 32      | 3        | TA0645      | Mercy     | Moloto     | 10km Trail Run/Walk | Female | 26  | Senior (19-29)      | 01:08:19 |
| 11                         | 34      | 7        | TA1173      | Lizelle   | Schreuder  | 10km Trail Run/Walk | Female | 39  | Sub-Veteran (30-39) | 01:08:49 |
| 12                         | 35      | 8        | TA2314      | Alicia    | Willemse   | 10km Trail Run/Walk | Female | 31  | Sub-Veteran (30-39) | 01:08:54 |
| 13                         | 38      | 4        | TA0627      | Julanie   | Stapelberg | 10km Trail Run/Walk | Female | 25  | Senior (19-29)      | 01:12:13 |
| 14                         | 39      | 9        | TA0631      | Evelyn    | Rademeyer  | 10km Trail Run/Walk | Female | 31  | Sub-Veteran (30-39) | 01:13:18 |
| 15                         | 40      | 2        | TA2174      | Hennelle  | Chivers    | 10km Trail Run/Walk | Female | 46  | Veteran (40-49)     | 01:14:51 |
| 16                         | 42      | 3        | TRAIL10053  | Adele     | Sutherland | 10km Trail Run/Walk | Female | 40  | Veteran (40-49)     | 01:38:49 |

| 5km Trail Run/Walk:Male |         |          |             |             |              |                    |        |     |                     |          |
|-------------------------|---------|----------|-------------|-------------|--------------|--------------------|--------|-----|---------------------|----------|
| Gender                  | Overall | Category | Race Number | Name        | Surname      | Activity           | Gender | Age | Category            | Duration |
| 1                       | 1       | 1        | TA0429      | Mc          | Du Toit      | 5km Trail Run/Walk | Male   | 38  | Sub-Veteran (30-39) | 00:25:06 |
| 2                       | 2       | 1        | TA0398      | Stephen     | Erasmus      | 5km Trail Run/Walk | Male   | 52  | Master (50-59)      | 00:26:31 |
| 3                       | 4       | 1        | TA1683      | Phillip     | Van Heerden  | 5km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 00:28:46 |
| 4                       | 6       | 1        | TA0288      | Jeandre     | Bouwer       | 5km Trail Run/Walk | Male   | 9   | Under 11            | 00:29:23 |
| 5                       | 9       | 1        | TA0155      | Calvin      | Koekemoer    | 5km Trail Run/Walk | Male   | 12  | 12 to 15            | 00:29:41 |
| 6                       | 10      | 2        | TRAIL10831  | Fanie       | Robbertse    | 5km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 00:29:48 |
| 7                       | 12      | 2        | TA0370      | Neale       | Coller       | 5km Trail Run/Walk | Male   | 52  | Master (50-59)      | 00:30:33 |
| 8                       | 14      | 1        | TA0122      | Nicholas    | Aitken       | 5km Trail Run/Walk | Male   | 17  | 16 to 18            | 00:31:14 |
| 9                       | 16      | 2        | TA0242      | Hanno       | Engelbrecht  | 5km Trail Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 00:31:20 |
| 10                      | 17      | 1        | TA0284      | Ryan        | Muller       | 5km Trail Run/Walk | Male   | 27  | Senior (19-29)      | 00:31:24 |
| 11                      | 18      | 3        | TA0198      | Dean        | Pereira      | 5km Trail Run/Walk | Male   | 37  | Sub-Veteran (30-39) | 00:31:27 |
| 12                      | 22      | 4        | TA1799      | Erick       | Herbst       | 5km Trail Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 00:31:43 |
| 13                      | 23      | 3        | TA0339      | Johan       | Van Der Walt | 5km Trail Run/Walk | Male   | 59  | Master (50-59)      | 00:31:53 |
| 14                      | 24      | 4        | TA0357      | Herman      | Snyman       | 5km Trail Run/Walk | Male   | 54  | Master (50-59)      | 00:32:12 |
| 15                      | 25      | 2        | TA0479      | Daniel      | Aitken       | 5km Trail Run/Walk | Male   | 15  | 12 to 15            | 00:32:19 |
| 16                      | 30      | 2        | TA0375      | Marcos      | Monteiro     | 5km Trail Run/Walk | Male   | 25  | Senior (19-29)      | 00:33:38 |
| 17                      | 31      | 5        | TA0565      | Herman      | Habig        | 5km Trail Run/Walk | Male   | 50  | Master (50-59)      | 00:33:56 |
| 18                      | 33      | 6        | TA1072      | Hendrik     | Barnard      | 5km Trail Run/Walk | Male   | 58  | Master (50-59)      | 00:34:08 |
| 19                      | 34      | 3        | TA0313      | Albert      | Volschenk    | 5km Trail Run/Walk | Male   | 25  | Senior (19-29)      | 00:34:16 |
| 20                      | 35      | 4        | TA0416      | Hardy       | Nel          | 5km Trail Run/Walk | Male   | 25  | Senior (19-29)      | 00:34:20 |
| 21                      | 36      | 5        | TA0358      | Eduan       | Bekker       | 5km Trail Run/Walk | Male   | 24  | Senior (19-29)      | 00:34:24 |
| 22                      | 37      | 3        | TA1666      | Jacques     | Storme       | 5km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 00:34:26 |
| 23                      | 40      | 6        | TA0453      | Werner      | Els          | 5km Trail Run/Walk | Male   | 25  | Senior (19-29)      | 00:34:45 |
| 24                      | 41      | 5        | TA0189      | Tiaan       | Proudfoot    | 5km Trail Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 00:34:53 |
| 25                      | 42      | 7        | TA0047      | Jason       | Boone        | 5km Trail Run/Walk | Male   | 26  | Senior (19-29)      | 00:35:59 |
| 26                      | 45      | 7        | TA2217      | Michael     | Senning      | 5km Trail Run/Walk | Male   | 54  | Master (50-59)      | 00:37:30 |
| 27                      | 46      | 6        | TA1566      | Paul        | Stevens      | 5km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 00:37:33 |
| 28                      | 49      | 8        | TA0229      | Zak         | Lombaard     | 5km Trail Run/Walk | Male   | 26  | Senior (19-29)      | 00:37:54 |
| 29                      | 50      | 7        | TA0031      | Alex        | Pitro        | 5km Trail Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 00:38:11 |
| 30                      | 53      | 4        | TA0193      | Philip      | Koornhof     | 5km Trail Run/Walk | Male   | 47  | Veteran (40-49)     | 00:38:32 |
| 31                      | 54      | 5        | TA0728      | Rutger      | Peters       | 5km Trail Run/Walk | Male   | 40  | Veteran (40-49)     | 00:38:47 |
| 32                      | 59      | 2        | TA0588      | Enzo        | Gahler       | 5km Trail Run/Walk | Male   | 8   | Under 11            | 00:40:27 |
| 33                      | 62      | 8        | TA1177      | Bodo        | Motk         | 5km Trail Run/Walk | Male   | 52  | Master (50-59)      | 00:41:06 |
| 34                      | 65      | 6        | TA0296      | Clinton     | Heimann      | 5km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 00:42:06 |
| 35                      | 69      | 8        | TA1546      | Kevin       | Prinsloo     | 5km Trail Run/Walk | Male   | 32  | Sub-Veteran (30-39) | 00:42:42 |
| 36                      | 71      | 3        | TA0407      | Joshua-alon | Bouwer       | 5km Trail Run/Walk | Male   | 6   | Under 11            | 00:43:36 |
| 37                      | 82      | 9        | TA0386      | Emile       | Viviers      | 5km Trail Run/Walk | Male   | 50  | Master (50-59)      | 00:46:14 |
| 38                      | 83      | 7        | TA0320      | Andrew      | Aitken       | 5km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 00:46:20 |
| 39                      | 87      | 9        | TA0322      | Dane        | Drake        | 5km Trail Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 00:47:19 |
| 40                      | 89      | 10       | TA1774      | Jacques     | Botha        | 5km Trail Run/Walk | Male   | 57  | Master (50-59)      | 00:47:52 |

|    |     |    |            |             |                   |                    |      |    |                     |          |
|----|-----|----|------------|-------------|-------------------|--------------------|------|----|---------------------|----------|
| 41 | 93  | 8  | TA1636     | Steven      | Kruger            | 5km Trail Run/Walk | Male | 43 | Veteran (40-49)     | 00:48:27 |
| 42 | 95  | 11 | TRAIL10525 | Anton       | Munro             | 5km Trail Run/Walk | Male | 55 | Master (50-59)      | 00:49:19 |
| 43 | 97  | 9  | TA0483     | Johan       | Jansen Van Vuuren | 5km Trail Run/Walk | Male | 19 | Senior (19-29)      | 00:49:26 |
| 44 | 99  | 1  | TA1572     | Malcolm     | Mackenzie         | 5km Trail Run/Walk | Male | 65 | Grand-Master (60+)  | 00:49:41 |
| 45 | 102 | 12 | TA0490     | Japie       | Nel               | 5km Trail Run/Walk | Male | 55 | Master (50-59)      | 00:50:00 |
| 46 | 109 | 2  | TA0368     | Matt        | Brozio            | 5km Trail Run/Walk | Male | 71 | Grand-Master (60+)  | 00:51:07 |
| 47 | 113 | 10 | TA0294     | Stephan     | Erasmus           | 5km Trail Run/Walk | Male | 32 | Sub-Veteran (30-39) | 00:52:17 |
| 48 | 114 | 11 | TA0462     | Desmond     | Liebenberg        | 5km Trail Run/Walk | Male | 32 | Sub-Veteran (30-39) | 00:52:21 |
| 49 | 118 | 9  | TA0369     | Christo     | Landsberg         | 5km Trail Run/Walk | Male | 40 | Veteran (40-49)     | 00:53:04 |
| 50 | 119 | 4  | TA0036     | Leon        | Swanepoel         | 5km Trail Run/Walk | Male | 4  | Under 11            | 00:53:08 |
| 51 | 120 | 2  | TA0463     | Anthony     | Dick              | 5km Trail Run/Walk | Male | 18 | 16 to 18            | 00:53:17 |
| 52 | 122 | 3  | TA1825     | Abrie       | Venter            | 5km Trail Run/Walk | Male | 30 | Sub-Veteran (30-39) | 00:54:51 |
| 53 | 123 | 1  | TA1828     | Hein        | Oberholzer        | 5km Trail Run/Walk | Male | 15 | 12 to 15            | 00:54:57 |
| 54 | 124 | 2  | TA0807     | Johan       | Oberholzer        | 5km Trail Run/Walk | Male | 52 | Master (50-59)      | 00:55:00 |
| 55 | 126 | 10 | TA1028     | Izak        | Van Zyl           | 5km Trail Run/Walk | Male | 28 | Senior (19-29)      | 00:55:04 |
| 56 | 129 | 1  | TA2339     | Jg          | Oberholzer        | 5km Trail Run/Walk | Male | 18 | 16 to 18            | 00:55:13 |
| 57 | 134 | 3  | TA1797     | Russell     | Noviskie          | 5km Trail Run/Walk | Male | 14 | 12 to 15            | 00:55:53 |
| 58 | 139 | 11 | TA1886     | Jacques     | De Lange          | 5km Trail Run/Walk | Male | 23 | Senior (19-29)      | 00:57:14 |
| 59 | 141 | 5  | TA0216     | Kegan-james | Coetzee           | 5km Trail Run/Walk | Male | 8  | Under 11            | 01:01:13 |
| 60 | 146 | 12 | TA1650     | Willie      | Coetzee           | 5km Trail Run/Walk | Male | 36 | Sub-Veteran (30-39) | 01:01:59 |
| 61 | 149 | 12 | TA1718     | Josh        | Thring            | 5km Trail Run/Walk | Male | 19 | Senior (19-29)      | 01:24:37 |

| 5km Trail Run/Walk:Female |         |          |             |                         |              |                    |        |     |                     |          |
|---------------------------|---------|----------|-------------|-------------------------|--------------|--------------------|--------|-----|---------------------|----------|
| Gender                    | Overall | Category | Race Number | Name                    | Surname      | Activity           | Gender | Age | Category            | Duration |
| 1                         | 3       | 1        | TA0304      | Karisma                 | Erasmus      | 5km Trail Run/Walk | Female | 25  | Senior (19-29)      | 00:27:19 |
| 2                         | 5       | 1        | TA0051      | Cherylene               | Hogan        | 5km Trail Run/Walk | Female | 37  | Sub-Veteran (30-39) | 00:28:50 |
| 3                         | 7       | 2        | TA2222      | Kamogelo                | Stephinah    | 5km Trail Run/Walk | Female | 23  | Senior (19-29)      | 00:29:35 |
| 4                         | 8       | 1        | TA0176      | Helena                  | Strijdom     | 5km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 00:29:36 |
| 5                         | 11      | 3        | TA1715      | Carlien                 | Neethling    | 5km Trail Run/Walk | Female | 26  | Senior (19-29)      | 00:29:50 |
| 6                         | 13      | 1        | TA1705      | Abigail                 | Van Heerden  | 5km Trail Run/Walk | Female | 11  | Under 11            | 00:31:03 |
| 7                         | 15      | 2        | TA1755      | Amanda                  | Van Heerden  | 5km Trail Run/Walk | Female | 35  | Sub-Veteran (30-39) | 00:31:16 |
| 8                         | 19      | 2        | TRAIL12484  | Anita                   | Blount       | 5km Trail Run/Walk | Female | 40  | Veteran (40-49)     | 00:31:30 |
| 9                         | 20      | 3        | TRAIL13015  | Nadia                   | Bosch        | 5km Trail Run/Walk | Female | 47  | Veteran (40-49)     | 00:31:35 |
| 10                        | 21      | 3        | TA0253      | Marthe-mari             | Rossouw      | 5km Trail Run/Walk | Female | 31  | Sub-Veteran (30-39) | 00:31:38 |
| 11                        | 26      | 4        | TA0504      | Andrea                  | Nel          | 5km Trail Run/Walk | Female | 27  | Senior (19-29)      | 00:32:21 |
| 12                        | 27      | 5        | TA0156      | Caron                   | Louw         | 5km Trail Run/Walk | Female | 22  | Senior (19-29)      | 00:33:24 |
| 13                        | 28      | 6        | TA1767      | Michell                 | Marx         | 5km Trail Run/Walk | Female | 23  | Senior (19-29)      | 00:33:28 |
| 14                        | 29      | 7        | TA0251      | Mariche                 | Proudfoot    | 5km Trail Run/Walk | Female | 27  | Senior (19-29)      | 00:33:30 |
| 15                        | 32      | 4        | TRAIL12249  | Glenda                  | Bezuidenhout | 5km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 00:34:06 |
| 16                        | 38      | 8        | TA0030      | Stephanie               | De Beer      | 5km Trail Run/Walk | Female | 29  | Senior (19-29)      | 00:34:29 |
| 17                        | 39      | 9        | TA0511      | Maryke                  | Smit         | 5km Trail Run/Walk | Female | 26  | Senior (19-29)      | 00:34:44 |
| 19                        | 44      | 5        | TA1787      | Roenel                  | Kenyon       | 5km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 00:36:56 |
| 20                        | 47      | 4        | TA0267      | Courtney                | Stevens      | 5km Trail Run/Walk | Female | 31  | Sub-Veteran (30-39) | 00:37:34 |
| 21                        | 48      | 10       | TA0001      | Jeanca                  | Brice        | 5km Trail Run/Walk | Female | 26  | Senior (19-29)      | 00:37:52 |
| 22                        | 51      | 3        | TA0168      | Tatiana                 | Pitro        | 5km Trail Run/Walk | Female | 5   | Under 11            | 00:38:13 |
| 23                        | 52      | 1        | TA1749      | Grazyna Marianna Aletta | Koornhof     | 5km Trail Run/Walk | Female | 13  | 12 to 15            | 00:38:27 |
| 24                        | 55      | 5        | TA0331      | Johanni                 | Smit         | 5km Trail Run/Walk | Female | 30  | Sub-Veteran (30-39) | 00:39:10 |
| 25                        | 56      | 2        | TA0029      | Emma                    | Heimann      | 5km Trail Run/Walk | Female | 12  | 12 to 15            | 00:39:48 |
| 26                        | 57      | 3        | TA0527      | Caitlin                 | Heimann      | 5km Trail Run/Walk | Female | 15  | 12 to 15            | 00:39:51 |
| 27                        | 58      | 6        | TA0264      | Trish                   | Heimann      | 5km Trail Run/Walk | Female | 41  | Veteran (40-49)     | 00:39:58 |
| 28                        | 60      | 6        | TRAIL10958  | Mariana                 | Gahler       | 5km Trail Run/Walk | Female | 32  | Sub-Veteran (30-39) | 00:40:29 |
| 29                        | 61      | 7        | TRAIL10850  | Wika                    | Esterhuizen  | 5km Trail Run/Walk | Female | 45  | Veteran (40-49)     | 00:40:51 |
| 30                        | 63      | 4        | TA0171      | Isabella                | Heimann      | 5km Trail Run/Walk | Female | 3   | Under 11            | 00:41:13 |
| 31                        | 64      | 8        | TA0268      | Christelle              | Larkins      | 5km Trail Run/Walk | Female | 41  | Veteran (40-49)     | 00:41:43 |
| 32                        | 66      | 7        | TA0425      | Natanja                 | Oosthuizen   | 5km Trail Run/Walk | Female | 31  | Sub-Veteran (30-39) | 00:42:21 |
| 33                        | 67      | 8        | TA0424      | Elaine                  | Van Zyl      | 5km Trail Run/Walk | Female | 31  | Sub-Veteran (30-39) | 00:42:24 |
| 34                        | 68      | 11       | TA1707      | Lana                    | Van Den Berg | 5km Trail Run/Walk | Female | 26  | Senior (19-29)      | 00:42:26 |
| 35                        | 70      | 12       | TA0009      | Charlotte               | Prinsloo     | 5km Trail Run/Walk | Female | 29  | Senior (19-29)      | 00:42:44 |
| 36                        | 72      | 1        | TA0121      | Erika                   | Bester       | 5km Trail Run/Walk | Female | 53  | Master (50-59)      | 00:44:02 |
| 37                        | 73      | 9        | TA0041      | Hannelie                | Van Heerden  | 5km Trail Run/Walk | Female | 42  | Veteran (40-49)     | 00:44:18 |
| 38                        | 74      | 1        | TA0402      | Joanne                  | Brozio       | 5km Trail Run/Walk | Female | 60  | Grand-Master (60+)  | 00:45:25 |
| 39                        | 75      | 13       | TA1653      | Gizelle                 | Stobrawe     | 5km Trail Run/Walk | Female | 25  | Senior (19-29)      | 00:45:33 |
| 40                        | 76      | 2        | TA0292      | Sue                     | Pretorius    | 5km Trail Run/Walk | Female | 52  | Master (50-59)      | 00:45:37 |

|    |     |    |        |           |               |                    |        |    |                     |          |
|----|-----|----|--------|-----------|---------------|--------------------|--------|----|---------------------|----------|
| 41 | 77  | 14 | TA1622 | Mairin    | Van Der Merwe | 5km Trail Run/Walk | Female | 27 | Senior (19-29)      | 00:46:01 |
| 42 | 78  | 10 | TA0391 | Giuliette | Breytenbach   | 5km Trail Run/Walk | Female | 41 | Veteran (40-49)     | 00:46:03 |
| 43 | 79  | 15 | TA0120 | Chante    | Klopper       | 5km Trail Run/Walk | Female | 22 | Senior (19-29)      | 00:46:05 |
| 44 | 80  | 16 | TA1741 | Inge      | Kleinhans     | 5km Trail Run/Walk | Female | 25 | Senior (19-29)      | 00:46:08 |
| 45 | 81  | 11 | TA0169 | Eureka    | Viviers       | 5km Trail Run/Walk | Female | 49 | Veteran (40-49)     | 00:46:10 |
| 46 | 84  | 5  | TA0204 | Mia       | Aitken        | 5km Trail Run/Walk | Female | 11 | Under 11            | 00:46:26 |
| 47 | 85  | 12 | TA0287 | Amelia    | Aitken        | 5km Trail Run/Walk | Female | 41 | Veteran (40-49)     | 00:46:33 |
| 48 | 86  | 2  | TA0282 | Beryl     | Huntingford   | 5km Trail Run/Walk | Female | 64 | Grand-Master (60+)  | 00:46:55 |
| 49 | 88  | 17 | TA1747 | Nina      | Parry         | 5km Trail Run/Walk | Female | 27 | Senior (19-29)      | 00:47:22 |
| 50 | 90  | 9  | TA1759 | Michelle  | Laranja       | 5km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 00:48:14 |
| 51 | 91  | 10 | TA0559 | Rowena    | Ferreira      | 5km Trail Run/Walk | Female | 32 | Sub-Veteran (30-39) | 00:48:16 |
| 52 | 92  | 3  | TA1672 | Grazyna   | Koornhof      | 5km Trail Run/Walk | Female | 55 | Master (50-59)      | 00:48:20 |
| 53 | 94  | 13 | TA0087 | Rozanne   | Kilian        | 5km Trail Run/Walk | Female | 42 | Veteran (40-49)     | 00:49:16 |
| 54 | 96  | 18 | TA0293 | Miche     | Pretorius     | 5km Trail Run/Walk | Female | 20 | Senior (19-29)      | 00:49:23 |
| 55 | 98  | 4  | TA0084 | Caron     | Mackenzie     | 5km Trail Run/Walk | Female | 54 | Master (50-59)      | 00:49:29 |
| 56 | 100 | 5  | TA1516 | Nonnie    | Joubert       | 5km Trail Run/Walk | Female | 54 | Master (50-59)      | 00:49:50 |
| 57 | 101 | 6  | TA1593 | Bridget   | Sendall       | 5km Trail Run/Walk | Female | 57 | Master (50-59)      | 00:49:53 |
| 58 | 103 | 6  | TA0570 | Elrieke   | Opperman      | 5km Trail Run/Walk | Female | 9  | Under 11            | 00:50:25 |
| 59 | 104 | 7  | TA0205 | Elandre   | Opperman      | 5km Trail Run/Walk | Female | 5  | Under 11            | 00:50:27 |
| 60 | 105 | 11 | TA0183 | Jackie    | Knoetze       | 5km Trail Run/Walk | Female | 30 | Sub-Veteran (30-39) | 00:50:30 |
| 61 | 106 | 7  | TA0346 | Lynette   | Berrange      | 5km Trail Run/Walk | Female | 50 | Master (50-59)      | 00:50:33 |
| 62 | 107 | 19 | TA0197 | Estelle   | Opperman      | 5km Trail Run/Walk | Female | 29 | Senior (19-29)      | 00:50:42 |
| 63 | 108 | 20 | TA0213 | Michelle  | Jonck         | 5km Trail Run/Walk | Female | 27 | Senior (19-29)      | 00:50:43 |
| 64 | 110 | 21 | TA0525 | Elouise   | Moolman       | 5km Trail Run/Walk | Female | 29 | Senior (19-29)      | 00:52:01 |
| 65 | 111 | 12 | TA0433 | Louise    | Cronje        | 5km Trail Run/Walk | Female | 32 | Sub-Veteran (30-39) | 00:52:04 |
| 66 | 112 | 13 | TA1768 | Monique   | Potgieter     | 5km Trail Run/Walk | Female | 31 | Sub-Veteran (30-39) | 00:52:07 |
| 67 | 115 | 14 | TA1617 | Johanna   | Van Der Walt  | 5km Trail Run/Walk | Female | 42 | Veteran (40-49)     | 00:52:28 |
| 68 | 116 | 15 | TA0364 | Charmaine | Prinsloo      | 5km Trail Run/Walk | Female | 45 | Veteran (40-49)     | 00:52:30 |
| 69 | 117 | 16 | TA0471 | Nanette   | Murray        | 5km Trail Run/Walk | Female | 41 | Veteran (40-49)     | 00:52:55 |
| 70 | 121 | 14 | TA0161 | Heidi     | Barnard       | 5km Trail Run/Walk | Female | 37 | Sub-Veteran (30-39) | 00:54:19 |
| 71 | 125 | 1  | TA2203 | Arma      | Oberholzer    | 5km Trail Run/Walk | Female | 49 | Veteran (40-49)     | 00:55:03 |
| 72 | 127 | 22 | TA1811 | Rone      | Oberholzer    | 5km Trail Run/Walk | Female | 22 | Senior (19-29)      | 00:55:07 |
| 73 | 128 | 23 | TA1700 | Lauren    | Williams      | 5km Trail Run/Walk | Female | 27 | Senior (19-29)      | 00:55:09 |
| 74 | 130 | 17 | TA0529 | Chandra   | Noviskie      | 5km Trail Run/Walk | Female | 44 | Veteran (40-49)     | 00:55:24 |
| 75 | 131 | 24 | TA0231 | Lauren    | Frank         | 5km Trail Run/Walk | Female | 29 | Senior (19-29)      | 00:55:28 |
| 76 | 132 | 15 | TA0167 | Benita    | Bosch         | 5km Trail Run/Walk | Female | 37 | Sub-Veteran (30-39) | 00:55:35 |
| 77 | 133 | 16 | TA1775 | Nicole    | Pereira       | 5km Trail Run/Walk | Female | 31 | Sub-Veteran (30-39) | 00:55:42 |
| 78 | 135 | 8  | TA0337 | Lorraine  | Monk          | 5km Trail Run/Walk | Female | 53 | Master (50-59)      | 00:56:08 |
| 79 | 136 | 18 | TA0392 | Anette    | Joubert       | 5km Trail Run/Walk | Female | 46 | Veteran (40-49)     | 00:56:21 |
| 80 | 137 | 19 | TA0192 | Lerina    | Prinsloo      | 5km Trail Run/Walk | Female | 44 | Veteran (40-49)     | 00:56:24 |
| 81 | 138 | 9  | TA0328 | Seugnet   | Te Groen      | 5km Trail Run/Walk | Female | 54 | Master (50-59)      | 00:56:27 |

|    |     |    |        |               |               |                    |        |    |                     |          |
|----|-----|----|--------|---------------|---------------|--------------------|--------|----|---------------------|----------|
| 82 | 140 | 17 | TA0151 | Veronique     | Joubert       | 5km Trail Run/Walk | Female | 38 | Sub-Veteran (30-39) | 00:58:04 |
| 83 | 142 | 8  | TA0365 | Jenna-caitlyn | Coetzee       | 5km Trail Run/Walk | Female | 6  | Under 11            | 01:01:42 |
| 84 | 143 | 10 | TA0032 | Suzette       | Menge         | 5km Trail Run/Walk | Female | 59 | Master (50-59)      | 01:01:48 |
| 85 | 144 | 18 | TA0158 | Claudia       | Rautenbach    | 5km Trail Run/Walk | Female | 30 | Sub-Veteran (30-39) | 01:01:54 |
| 86 | 145 | 19 | TA0254 | Samantha      | Menge-coetzee | 5km Trail Run/Walk | Female | 33 | Sub-Veteran (30-39) | 01:01:57 |
| 87 | 147 | 11 | TA0086 | Michel        | Winter        | 5km Trail Run/Walk | Female | 52 | Master (50-59)      | 01:05:29 |
| 88 | 148 | 25 | TA0390 | Zante         | Winter        | 5km Trail Run/Walk | Female | 21 | Senior (19-29)      | 01:05:32 |
| 89 | 150 | 26 | TA0297 | Emma          | Dick          | 5km Trail Run/Walk | Female | 19 | Senior (19-29)      | 01:24:40 |