



# AdventureRun : Copperleaf Golf Course

## Copperleaf RunWalk on 18th August 2021



### 10km Trail Run/Walk:Male

| Gender | Overall | Category | Race Number | Name      | Surname  | Activity            | Gender | Age | Category        | Duration |
|--------|---------|----------|-------------|-----------|----------|---------------------|--------|-----|-----------------|----------|
| 1      | 1       | 1        | TRAIL20431  | Trevor    | Charters | 10km Trail Run/Walk | Male   | 50  | Master (50-59)  | 00:55:57 |
| 2      | 4       | 1        | TA2027      | Nkululeko | Nyawose  | 10km Trail Run/Walk | Male   | 44  | Veteran (40-49) | 01:32:55 |

| 10km Trail Run/Walk:Female |         |          |             |         |          |                     |        |     |                     |          |
|----------------------------|---------|----------|-------------|---------|----------|---------------------|--------|-----|---------------------|----------|
| Gender                     | Overall | Category | Race Number | Name    | Surname  | Activity            | Gender | Age | Category            | Duration |
| 1                          | 2       | 1        | TRAIL20453  | Lee-ann | Charters | 10km Trail Run/Walk | Female | 50  | Master (50-59)      | 00:56:05 |
| 2                          | 3       | 1        | TA2004      | Bongeka | Masinga  | 10km Trail Run/Walk | Female | 36  | Sub-Veteran (30-39) | 01:32:49 |

| 5k Run/Walk:Male |         |          |             |         |              |             |        |     |                    |          |
|------------------|---------|----------|-------------|---------|--------------|-------------|--------|-----|--------------------|----------|
| Gender           | Overall | Category | Race Number | Name    | Surname      | Activity    | Gender | Age | Category           | Duration |
| 1                | 1       | 1        | TA1976      | Louis   | Withfield    | 5k Run/Walk | Male   | 53  | Master (50-59)     | 00:33:30 |
| 2                | 2       | 1        | TRAIL20045  | Gary    | Noakes       | 5k Run/Walk | Male   | 60  | Grand-Master (60+) | 00:39:37 |
| 3                | 3       | 1        | TA2121      | Andrew  | Noakes       | 5k Run/Walk | Male   | 27  | Senior (19-29)     | 00:39:42 |
| 4                | 5       | 1        | TA1981      | Leon    | Vuyk         | 5k Run/Walk | Male   | 49  | Veteran (40-49)    | 00:47:15 |
| 5                | 7       | 2        | TA2058      | Vic     | Pitro        | 5k Run/Walk | Male   | 62  | Grand-Master (60+) | 00:51:08 |
| 6                | 8       | 1        | TA2361      | Dianvio | Peyper       | 5k Run/Walk | Male   | 15  | 12 to 15           | 00:51:11 |
| 7                | 10      | 2        | TA1913      | Roberto | Pasteris     | 5k Run/Walk | Male   | 57  | Master (50-59)     | 00:56:11 |
| 8                | 12      | 3        | TA1908      | Adriaan | Van Der Berg | 5k Run/Walk | Male   | 56  | Master (50-59)     | 01:04:28 |
| 9                | 13      | 3        | TA1951      | Shane   | Gouldie      | 5k Run/Walk | Male   | 61  | Grand-Master (60+) | 02:08:17 |

| 5k Run/Walk:Female |         |          |             |       |              |             |        |     |                 |          |
|--------------------|---------|----------|-------------|-------|--------------|-------------|--------|-----|-----------------|----------|
| Gender             | Overall | Category | Race Number | Name  | Surname      | Activity    | Gender | Age | Category        | Duration |
| 1                  | 4       | 1        | TA2240      | Paula | Venzke       | 5k Run/Walk | Female | 41  | Veteran (40-49) | 00:40:13 |
| 2                  | 6       | 2        | TRAIL20061  | Tanja | Van Splunter | 5k Run/Walk | Female | 42  | Veteran (40-49) | 00:50:53 |
| 3                  | 9       | 3        | TRAIL20071  | Karen | Koch         | 5k Run/Walk | Female | 48  | Veteran (40-49) | 00:51:42 |
| 4                  | 11      | 1        | TA1804      | Paolo | Pasteris     | 5k Run/Walk | Female | 54  | Master (50-59)  | 00:56:15 |