



AdventureRun : Ingaadi Spa and Events

Ingaadi Run on 1st November 2020



10km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2707	Klaus	Herrmann	10km	Male	40	Veteran (40-49)	00:58:08
2	2	1	TA2742	Phil	Zaayman	10km	Male	50	Master (50-59)	01:11:28

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA2783	Elmi	Smith	10km	Female	55	Master (50-59)	01:45:16
2	4	1	TA3512	Wilna	Van Schoor	10km	Female	64	Grand-Master (60+)	02:17:47
3	5	2	TA3135	Maggie	Vermaak	10km	Female	59	Master (50-59)	02:17:56
4	6	2	TA2809	Magdalena	Barnard	10km	Female	63	Grand-Master (60+)	02:18:05
5	7	1	TA2463	Anneleen	Barnard	10km	Female	36	Sub-Veteran (30-39)	02:18:24

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2642	Anthony	Cousins	5km	Male	42	Veteran (40-49)	00:30:18
2	2	1	TA3144	Ben	Pieterse	5km	Male	63	Grand-Master (60+)	00:54:00
3	3	2	TA2498	Danie	Delport	5km	Male	49	Veteran (40-49)	00:57:21

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA3424	Inge	Cousins	5km	Female	39	Sub-Veteran (30-39)	00:59:09
2	5	1	TA2560	Hermarie	Prozesky	5km	Female	40	Veteran (40-49)	00:59:12
3	6	1	TRAIL20090	Mbali	Simelane	5km	Female	29	Senior (19-29)	01:03:53
4	7	1	TRAIL20089	Getty	Simelane	5km	Female	61	Grand-Master (60+)	01:04:08
5	8	1	TRAIL20088	Zandile	Mokgatle	5km	Female	59	Master (50-59)	01:04:32