



AdventureRun : Irene Golf Course

Owl Night Run/Walk on 22nd August 2018



10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0673	Conrad	Watt	10km	Male	31	Sub-Veteran (30-39)	00:40:56
2	2	2	TRAIL10740	Willie	Christie	10km	Male	30	Sub-Veteran (30-39)	00:43:08
3	5	1	TRAIL12830	Paul	Norris	10km	Male	46	Veteran (40-49)	00:46:33
4	6	1	TA1880	Ulysse	Arliguies	10km	Male	24	Senior (19-29)	00:46:42
5	8	2	TA2163	Heinrich	Greve	10km	Male	23	Senior (19-29)	00:49:19
6	9	3	TRAIL12341	Charles	Norman	10km	Male	39	Sub-Veteran (30-39)	00:49:41
7	10	4	TA0803	Johann	Jacobs	10km	Male	36	Sub-Veteran (30-39)	00:49:44
8	11	3	TA1853	Jacques	Van Niekerk	10km	Male	25	Senior (19-29)	00:50:06
9	12	4	TA1038	Stefan	Ackerman	10km	Male	26	Senior (19-29)	00:50:11
10	13	2	TA2255	Paul	Cordes	10km	Male	41	Veteran (40-49)	00:50:39
11	14	5	TA0694	Mc	Du Toit	10km	Male	38	Sub-Veteran (30-39)	00:50:46
12	15	1	TA1830	Andre	Jacobs	10km	Male	52	Master (50-59)	00:50:54
13	16	3	TA0727	William	Wentzel	10km	Male	49	Veteran (40-49)	00:51:30
14	17	4	TRAIL11732	Terrence	Brink	10km	Male	45	Veteran (40-49)	00:52:43
15	18	5	TA0826	Leon	Whitlock	10km	Male	40	Veteran (40-49)	00:52:51
16	19	6	TA2126	Prince	Motswenyane	10km	Male	43	Veteran (40-49)	00:53:22
17	20	7	TRAIL12483	Leon	Van Zyl	10km	Male	47	Veteran (40-49)	00:53:25
18	21	6	TA2119	Jean-baptist	Dabezies	10km	Male	34	Sub-Veteran (30-39)	00:54:05
19	22	7	TA1179	Willie	Els	10km	Male	36	Sub-Veteran (30-39)	00:54:23
20	24	8	TA2115	Bernie	Ruthven	10km	Male	45	Veteran (40-49)	00:54:30
21	25	5	TA0847	Nicolaas	De Beer	10km	Male	21	Senior (19-29)	00:55:06
22	27	2	TA2109	Henk	Taljaard	10km	Male	53	Master (50-59)	00:56:50
23	28	9	TA1803	Phillip	Van Heerden	10km	Male	46	Veteran (40-49)	00:57:23
24	29	6	TA0714	Slahde	Seale	10km	Male	25	Senior (19-29)	00:58:09
25	30	7	TA2218	Michael	Kerr	10km	Male	29	Senior (19-29)	00:58:12
26	31	8	TA1018	Allah	Britel	10km	Male	26	Senior (19-29)	00:58:34
27	32	8	TA0226	Craig	Sampson	10km	Male	38	Sub-Veteran (30-39)	00:59:31
28	35	10	TA0654	Tebogo	Fafudi	10km	Male	44	Veteran (40-49)	01:00:06
29	37	9	TRAIL10747	Matthew	Robson	10km	Male	29	Senior (19-29)	01:00:46
30	38	10	TA1125	Grant	Zietsman	10km	Male	24	Senior (19-29)	01:01:12
31	39	11	TRAIL12158	Renier	Rossouw	10km	Male	28	Senior (19-29)	01:01:28
32	40	9	TRAIL12057	Gideon	Hugo	10km	Male	31	Sub-Veteran (30-39)	01:01:30
33	42	12	TA1165	Brendan	Dearlove	10km	Male	25	Senior (19-29)	01:01:48

34	44	3	TRAIL12255	Johan	Scheepers	10km	Male	55	Master (50-59)	01:01:56
35	45	11	TA1027	William	Shaw	10km	Male	49	Veteran (40-49)	01:02:03
36	46	12	TA1838	Niel	Jv Rensburg	10km	Male	43	Veteran (40-49)	01:02:09
37	55	4	TRAIL12627	Craig	Pheiffer	10km	Male	51	Master (50-59)	01:08:33
38	56	13	TA1173	Eugene	Nel	10km	Male	40	Veteran (40-49)	01:09:29
39	58	14	TA0682	Jacques	Le Grange	10km	Male	49	Veteran (40-49)	01:09:37
40	60	13	TA2159	Jacques	Le Grange	10km	Male	21	Senior (19-29)	01:11:32
41	61	15	TA1130	Clayton	Greer	10km	Male	45	Veteran (40-49)	01:13:19
42	63	10	TA0662	Riaan	Jacobs	10km	Male	34	Sub-Veteran (30-39)	01:13:31
43	64	16	TA1128	Roy	Grunewald	10km	Male	45	Veteran (40-49)	01:13:35
44	68	11	TA2345	Pierre	Rousseau	10km	Male	37	Sub-Veteran (30-39)	01:15:47
45	71	12	TA2314	Musa	Tsotetsi	10km	Male	30	Sub-Veteran (30-39)	01:21:40
46	75	13	TA1725	Stegman	Coetser	10km	Male	38	Sub-Veteran (30-39)	01:25:06
47	78	5	TRAIL10533	Frik	Du Preez	10km	Male	59	Master (50-59)	01:45:56
48	79	6	TRAIL10011	Graham	Hutchins	10km	Male	54	Master (50-59)	01:45:56
49	81	1	TRAIL12270	Ric	Marini	10km	Male	63	Grand-Master (60+)	02:01:16
50	82	2	TRAIL12109	Neville	Muir	10km	Male	79	Grand-Master (60+)	02:10:00

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0711	Liza	Maritz	10km	Female	39	Sub-Veteran (30-39)	00:43:42
2	4	2	TRAIL10062	Nicky	Booyens	10km	Female	39	Sub-Veteran (30-39)	00:45:36
3	7	1	TRAIL11751	Yolande	Speedy	10km	Female	41	Veteran (40-49)	00:47:55
4	23	1	TRAIL10052	Lesley	Hutchins	10km	Female	56	Master (50-59)	00:54:26
5	26	3	TA2125	Cherie	Siebert	10km	Female	30	Sub-Veteran (30-39)	00:56:48
6	33	1	TA1873	Christelle	Van Niekerk	10km	Female	25	Senior (19-29)	00:59:48
7	34	4	TRAIL12299	Janeane	Watt	10km	Female	36	Sub-Veteran (30-39)	01:00:00
8	36	2	TA0751	Mirike	Loedolff	10km	Female	22	Senior (19-29)	01:00:08
9	41	3	TA0768	Alicha	Van Heerder	10km	Female	22	Senior (19-29)	01:01:47
10	43	2	TRAIL12484	Anita	Blount	10km	Female	40	Veteran (40-49)	01:01:51
11	47	4	TA0795	Siphumelele	Singwane	10km	Female	27	Senior (19-29)	01:03:43
12	48	5	TA1129	Anne-gaëlle	Guérin	10km	Female	21	Senior (19-29)	01:03:48
13	49	5	TA2233	Alicia	Willemse	10km	Female	31	Sub-Veteran (30-39)	01:03:53
14	50	6	TA0692	Philile	Makhaye	10km	Female	30	Sub-Veteran (30-39)	01:04:16
15	51	6	TA2232	Mercy	Moloto	10km	Female	26	Senior (19-29)	01:04:41
16	52	7	TA1199	Kimberley	Beyl	10km	Female	24	Senior (19-29)	01:06:02
17	53	7	TA1176	Amanda	Van Heerden	10km	Female	35	Sub-Veteran (30-39)	01:06:39
18	54	3	TA1156	Sandi	Maqoqa	10km	Female	43	Veteran (40-49)	01:08:24
19	57	8	TA1168	Emilia	Du Preez	10km	Female	37	Sub-Veteran (30-39)	01:09:31
20	59	4	TA1889	Lara	Bayliss	10km	Female	45	Veteran (40-49)	01:09:39
21	62	9	TA0850	Elaine	Jacobs	10km	Female	30	Sub-Veteran (30-39)	01:13:25
22	65	5	TA2168	Hanlie	Miller	10km	Female	44	Veteran (40-49)	01:13:37
23	66	8	TA1039	Megan	Ducasse	10km	Female	28	Senior (19-29)	01:13:43
24	67	9	TA1850	Sulet	Christie	10km	Female	29	Senior (19-29)	01:15:42
25	69	10	TA0815	Theodore	Leso	10km	Female	34	Sub-Veteran (30-39)	01:20:28
26	70	2	TA1154	Debbie	Parker	10km	Female	51	Master (50-59)	01:20:35
27	72	11	TA1877	Nonhlanhla	Mdletshe	10km	Female	35	Sub-Veteran (30-39)	01:23:11
28	73	3	TA2166	Rounelle	Venter	10km	Female	55	Master (50-59)	01:24:03
29	74	1	TA0754	Anne Marie	Breytenbach	10km	Female	60	Grand-Master (60+)	01:24:08
30	76	4	TA0675	Reinie	Van Dijk	10km	Female	58	Master (50-59)	01:36:02
31	77	5	TA1047	Janine	Hechter	10km	Female	52	Master (50-59)	01:36:09
32	80	6	TRAIL10053	Adele	Sutherland	10km	Female	40	Veteran (40-49)	01:45:56

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0380	Johnie	Jonker	5km	Male	60	Grand-Master (60+)	00:23:04
2	3	1	TA1566	Jc	Botha	5km	Male	10	Under 11	00:23:08
3	4	1	TA0600	Calym	Greer	5km	Male	14	12 to 15	00:23:15
4	5	1	TA0198	William	Collatz	5km	Male	30	Sub-Veteran (30-39)	00:24:48
5	6	2	TA1112	Gavin	Wiggill	5km	Male	38	Sub-Veteran (30-39)	00:25:37
6	7	1	TA0378	Machiel	Bezuidenhout	5km	Male	42	Veteran (40-49)	00:26:42
7	8	1	TA0002	Stephen	Erasmus	5km	Male	52	Master (50-59)	00:26:53
8	9	2	TA0345	Jeandre	Bouwer	5km	Male	9	Under 11	00:27:09
9	12	3	TRAIL11696	Francois	Labuschagne	5km	Male	33	Sub-Veteran (30-39)	00:27:45
10	13	4	TA0570	Thyszen	Burger	5km	Male	32	Sub-Veteran (30-39)	00:27:48
11	16	2	TA0404	Morne	Eloff	5km	Male	44	Veteran (40-49)	00:29:13
12	20	3	TA1552	Anthony	Cousins	5km	Male	40	Veteran (40-49)	00:30:04
13	22	2	TRAIL10759	Allen	West	5km	Male	63	Grand-Master (60+)	00:30:23
14	25	4	TA0247	Marius	Potgieter	5km	Male	40	Veteran (40-49)	00:30:50
15	26	5	TA1752	Lee	Herrmann	5km	Male	40	Veteran (40-49)	00:31:17
16	30	1	TA0312	Johnavon	Klopper	5km	Male	25	Senior (19-29)	00:31:35
17	31	2	TA0311	Regardt	Van Vuuren	5km	Male	29	Senior (19-29)	00:31:43
18	33	5	TA0098	Luyanda	Gidini	5km	Male	33	Sub-Veteran (30-39)	00:31:51
19	37	2	TA1132	Pieter	Vosloo	5km	Male	51	Master (50-59)	00:32:04
20	39	3	TA0253	Marius	Pienaar	5km	Male	51	Master (50-59)	00:32:16
21	40	3	TA2213	Gerhard	Scheepers	5km	Male	23	Senior (19-29)	00:32:36
22	42	3	TRAIL12752	Alex	Zaayman	5km	Male	10	Under 11	00:32:45
23	43	6	TRAIL10441	Dolf	Groenewald	5km	Male	40	Veteran (40-49)	00:32:50
24	44	6	TA0384	Alexander	Duys	5km	Male	33	Sub-Veteran (30-39)	00:32:55
25	45	7	TA0379	Melcolm	Feldman	5km	Male	31	Sub-Veteran (30-39)	00:33:28
26	46	8	TA0515	Morne	Nel	5km	Male	31	Sub-Veteran (30-39)	00:33:29
27	47	4	TRAIL13017	Johan	Snyman	5km	Male	51	Master (50-59)	00:33:33
28	50	7	TA0237	Wim	Vorster	5km	Male	49	Veteran (40-49)	00:33:51
29	54	2	TA0232	Troy	Steenlanp	5km	Male	13	12 to 15	00:34:32
30	58	9	TA1467	Paul	Stevens	5km	Male	36	Sub-Veteran (30-39)	00:34:45
31	61	5	TRAIL11168	Glyn	Boddy	5km	Male	53	Master (50-59)	00:35:24
32	63	10	TA0464	Morne	Steyn	5km	Male	30	Sub-Veteran (30-39)	00:35:45
33	65	8	TA0397	Lovemore	Seveni	5km	Male	40	Veteran (40-49)	00:35:52
34	68	4	TA1557	Ian	Vd Spuy	5km	Male	27	Senior (19-29)	00:36:01
35	69	4	TA1784	Benjamin	Prinsloo	5km	Male	9	Under 11	00:36:03
36	71	9	TA1629	Johannes	Prinsloo	5km	Male	49	Veteran (40-49)	00:36:08
37	72	6	TA0030	Bernard	Richard	5km	Male	58	Master (50-59)	00:36:10
38	77	7	TA0514	William Francis	Collatz	5km	Male	52	Master (50-59)	00:36:44
39	78	3	TA0280	Marios	Joseph	5km	Male	61	Grand-Master (60+)	00:36:48

40	87	5	TA1693	Bevan	Gouldie	5km	Male	27	Senior (19-29)	00:37:19
41	88	11	TA1613	Olebogeng	Sereme	5km	Male	37	Sub-Veteran (30-39)	00:37:23
42	89	10	TA0365	Wiets	Nienaber	5km	Male	49	Veteran (40-49)	00:37:29
43	90	12	TA0425	Thys	Roodt	5km	Male	32	Sub-Veteran (30-39)	00:37:46
44	92	5	TRAIL12750	Adam	Zaayman	5km	Male	9	Under 11	00:37:52
45	93	11	TRAIL12287	Phil	Zaayman	5km	Male	48	Veteran (40-49)	00:37:55
46	95	12	TA0369	Jacques	Pottas	5km	Male	45	Veteran (40-49)	00:38:04
47	96	6	TA1064	Dean	Pottas	5km	Male	11	Under 11	00:38:06
48	102	7	TA1673	Neo	Van Der Walt	5km	Male	11	Under 11	00:38:58
49	103	8	TA1620	Kedibone	Malatzi	5km	Male	54	Master (50-59)	00:39:14
50	110	13	TA0333	Antonie	Bornman	5km	Male	41	Veteran (40-49)	00:39:42
51	111	14	TA0463	Roland	Van Der Walt	5km	Male	40	Veteran (40-49)	00:39:45
52	112	6	TA0444	Delano	Viljoen	5km	Male	24	Senior (19-29)	00:39:47
53	114	8	TA0119	Joshua-alon	Bouwer	5km	Male	6	Under 11	00:40:01
54	123	15	TA0168	Murray	Strauss	5km	Male	43	Veteran (40-49)	00:42:02
55	127	3	TA0161	Karl	Collatz	5km	Male	15	12 to 15	00:42:44
56	129	13	TA0266	Jacques	Oberholzer	5km	Male	39	Sub-Veteran (30-39)	00:42:50
57	130	4	TRAIL12982	Rufan	Palm	5km	Male	62	Grand-Master (60+)	00:43:47
58	140	7	TA0282	Logan	Steenkamp	5km	Male	19	Senior (19-29)	00:45:39
59	141	9	TA0415	Anton	Katzke	5km	Male	54	Master (50-59)	00:45:46
60	142	8	TA0216	Brendan	Katzke	5km	Male	23	Senior (19-29)	00:45:48
61	143	5	TA0529	John	Tringham	5km	Male	76	Grand-Master (60+)	00:45:52
62	145	14	TA0245	Robert	Stanton	5km	Male	33	Sub-Veteran (30-39)	00:46:07
63	148	9	TRAIL12794	Joshua	Roos	5km	Male	9	Under 11	00:46:27
64	150	16	TA0417	Michael	Mare	5km	Male	43	Veteran (40-49)	00:46:36
65	152	15	TA0041	Rutger	Peters	5km	Male	30	Sub-Veteran (30-39)	00:47:14
66	160	10	TA0346	Brendon	Shaw	5km	Male	10	Under 11	00:48:13
67	162	17	TA1724	Anton	Augustyn	5km	Male	49	Veteran (40-49)	00:48:43
68	166	9	TA0574	Cherice	Christie	5km	Male	28	Senior (19-29)	00:49:48
69	169	10	TA0391	Morne	Engelbreght	5km	Male	28	Senior (19-29)	00:50:20
70	173	16	TA0126	Maurice	De Vries	5km	Male	39	Sub-Veteran (30-39)	00:51:06
71	174	10	TA1103	Adam	Bekker	5km	Male	57	Master (50-59)	00:52:10
72	175	18	TRAIL10187	Kevin	Joffe	5km	Male	45	Veteran (40-49)	00:52:33
73	179	11	TA1743	Rohan	Shaw	5km	Male	11	Under 11	00:53:38
74	188	11	TRAIL12985	Gary	Noakes	5km	Male	57	Master (50-59)	00:54:18
75	191	12	TA0009	Pieter	Arlow	5km	Male	53	Master (50-59)	00:55:10
76	197	17	TA1030	Vincent	Qwabe	5km	Male	35	Sub-Veteran (30-39)	00:57:02
77	201	19	TA0268	Eugene	Van Der Berg	5km	Male	46	Veteran (40-49)	00:58:26
78	202	12	TA1548	Rynard	Van Der Poll	5km	Male	6	Under 11	00:58:30
79	205	13	TA0436	Joseph	Robbertse	5km	Male	5	Under 11	00:59:20
80	206	14	TA1799	Nico	Van Der Poll	5km	Male	4	Under 11	00:59:23
81	207	13	TA1536	Arno	Van Der Poll	5km	Male	55	Master (50-59)	00:59:25

82	208	18	TA0358	Joseph	Robbertse	5km	Male	34	Sub-Veteran (30-39)	00:59:29
83	209	20	TA1708	George	Scoeman	5km	Male	44	Veteran (40-49)	00:59:46
84	210	21	TA0195	Lucas	Malatji	5km	Male	45	Veteran (40-49)	00:59:50
85	213	6	TA0087	George	Sanderson	5km	Male	65	Grand-Master (60+)	01:00:01
86	216	19	TA0588	Pitso	Mashangwane	5km	Male	33	Sub-Veteran (30-39)	01:04:26

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1797	Odelia	Kleynhans	5km	Female	10	Under 11	00:22:00
2	10	1	TA0234	Helena	Strijdom	5km	Female	49	Veteran (40-49)	00:27:14
3	11	1	TA0402	Karli	Le Roux	5km	Female	21	Senior (19-29)	00:27:42
4	14	1	TA1748	Rika	Van Vuuren	5km	Female	39	Sub-Veteran (30-39)	00:29:07
5	15	2	TA0477	Monique	Eloff	5km	Female	32	Sub-Veteran (30-39)	00:29:11
6	17	2	TRAIL13015	Nadia	Bosch	5km	Female	47	Veteran (40-49)	00:29:37
7	18	2	TA0527	Abigail	Van Heerden	5km	Female	11	Under 11	00:29:40
8	19	2	TRAIL10269	Jolandi	Labuschange	5km	Female	27	Senior (19-29)	00:29:45
9	21	1	TA0500	Robin	Stewart	5km	Female	17	16 to 18	00:30:18
10	23	3	TA0332	Caron	Louw	5km	Female	22	Senior (19-29)	00:30:25
11	24	3	TA0408	Juliette	Sampson	5km	Female	33	Sub-Veteran (30-39)	00:30:40
12	27	4	TA0351	Senade	Haupt	5km	Female	28	Senior (19-29)	00:31:18
13	28	4	TA0051	Marisa	Botes	5km	Female	33	Sub-Veteran (30-39)	00:31:24
14	29	5	TA1604	Francis	Els	5km	Female	27	Senior (19-29)	00:31:31
15	32	3	TA1674	Amy	Kruger	5km	Female	11	Under 11	00:31:49
16	34	5	TA0042	Phindile	Molefe	5km	Female	31	Sub-Veteran (30-39)	00:31:53
17	35	6	TA1774	Denise	Nelson	5km	Female	28	Senior (19-29)	00:31:54
18	36	6	TA0084	Erika	De Bruin	5km	Female	34	Sub-Veteran (30-39)	00:31:55
19	38	7	TA0244	Natascha	Olivier	5km	Female	37	Sub-Veteran (30-39)	00:32:10
20	41	7	TA0293	Karisma	Erasmus	5km	Female	24	Senior (19-29)	00:32:41
21	48	8	TA1707	Jumarie	Botha	5km	Female	37	Sub-Veteran (30-39)	00:33:39
22	49	9	TA0310	Petro	Kotze	5km	Female	37	Sub-Veteran (30-39)	00:33:47
23	51	3	TA0445	Aileen	Gouws	5km	Female	42	Veteran (40-49)	00:34:02
24	52	4	TA0145	Angela	Steenkamp	5km	Female	45	Veteran (40-49)	00:34:14
25	53	5	TA0047	Liesel	Harper	5km	Female	40	Veteran (40-49)	00:34:20
26	55	10	TA0217	Tanja	Els	5km	Female	36	Sub-Veteran (30-39)	00:34:34
27	56	8	TA1727	Andile	Zulu	5km	Female	26	Senior (19-29)	00:34:39
28	57	11	TA0490	Courtney	Stevens	5km	Female	31	Sub-Veteran (30-39)	00:34:42
29	59	1	TA0036	Magdaleen	Smuts	5km	Female	59	Master (50-59)	00:34:47
30	60	2	TA0170	Hanlie	Richard	5km	Female	55	Master (50-59)	00:34:49
31	62	3	TA1737	Hannelie	Collatz	5km	Female	51	Master (50-59)	00:35:31
32	64	6	TA0424	Ninette	Eckard	5km	Female	44	Veteran (40-49)	00:35:47
33	66	12	TA0276	Inge	Cousins	5km	Female	37	Sub-Veteran (30-39)	00:35:55
34	67	13	TA1672	Hermarie	Prozesky	5km	Female	37	Sub-Veteran (30-39)	00:35:56
35	70	9	TA1684	Tishanya	Naidoo	5km	Female	29	Senior (19-29)	00:36:04
36	73	10	TA0229	Kerstin Lisa	Hall	5km	Female	27	Senior (19-29)	00:36:30
37	74	11	TA0251	Lané	Werner	5km	Female	23	Senior (19-29)	00:36:34
38	75	4	TA1655	Katelyn	Kruger	5km	Female	7	Under 11	00:36:35
39	76	7	TA0043	Anna	Kruger	5km	Female	43	Veteran (40-49)	00:36:41

40	79	1	TA1863	Lyn	De Bruin	5km	Female	65	Grand-Master (60+)	00:36:50
41	80	14	TA0416	Marina	Janse Van Vuren	5km	Female	35	Sub-Veteran (30-39)	00:37:00
42	81	15	TA1527	Anzel	Van Der Schyff	5km	Female	31	Sub-Veteran (30-39)	00:37:03
43	82	12	TRAIL12545	Nicole	Austin	5km	Female	23	Senior (19-29)	00:37:05
44	83	4	TRAIL11337	Sandra	Austin	5km	Female	50	Master (50-59)	00:37:09
45	84	16	TRAIL12665	Adri	Slabbert	5km	Female	38	Sub-Veteran (30-39)	00:37:12
46	85	5	TRAIL12290	Georgina	Bester	5km	Female	54	Master (50-59)	00:37:14
47	86	13	TA1692	Robyn	Donald	5km	Female	29	Senior (19-29)	00:37:16
48	91	17	TA1550	Alta (bettie)	Roodt	5km	Female	32	Sub-Veteran (30-39)	00:37:48
49	94	18	TA0468	Chantal	Wiggill	5km	Female	37	Sub-Veteran (30-39)	00:37:57
50	97	19	TRAIL11074	Larissa	West	5km	Female	34	Sub-Veteran (30-39)	00:38:08
51	98	14	TA1765	Lounett	Heymans	5km	Female	28	Senior (19-29)	00:38:11
52	99	20	TA0807	Carla	Pottas	5km	Female	34	Sub-Veteran (30-39)	00:38:15
53	100	6	TA0085	Marianne	Katzke	5km	Female	50	Master (50-59)	00:38:45
54	101	21	TA0211	Gugulethu	Malutsi	5km	Female	30	Sub-Veteran (30-39)	00:38:47
55	104	8	TA0287	Elzabe	Heymans	5km	Female	43	Veteran (40-49)	00:39:16
56	105	7	TA0483	Riana	Ehlers	5km	Female	57	Master (50-59)	00:39:20
57	106	8	TRAIL13061	Benita	Fisher	5km	Female	56	Master (50-59)	00:39:22
58	107	9	TA0096	Lucy	Erasmus	5km	Female	48	Veteran (40-49)	00:39:31
59	108	9	TA1653	Molene	Scheepers	5km	Female	52	Master (50-59)	00:39:37
60	109	10	TA0156	Liezil	Pienaar	5km	Female	48	Veteran (40-49)	00:39:40
61	113	2	TA0172	Danielle	Van Vuuren	5km	Female	16	16 to 18	00:39:54
62	115	15	TA1785	Emmerentia	Burger	5km	Female	27	Senior (19-29)	00:40:11
63	116	22	TA2204	Marese	Herbst	5km	Female	38	Sub-Veteran (30-39)	00:40:22
64	117	23	TA1767	Martelie	Laney	5km	Female	38	Sub-Veteran (30-39)	00:40:36
65	118	24	TA0192	Johanni	Smit	5km	Female	30	Sub-Veteran (30-39)	00:40:41
66	119	16	TA0147	Chine	O Brien	5km	Female	26	Senior (19-29)	00:41:29
67	120	10	TA0364	Erika	Bester	5km	Female	53	Master (50-59)	00:41:45
68	121	25	TA1659	Morganmorgan	Preston	5km	Female	32	Sub-Veteran (30-39)	00:41:55
69	122	26	TA1699	Donna	Hornigold	5km	Female	32	Sub-Veteran (30-39)	00:41:58
70	124	11	TA1622	Rene	Van Zyl	5km	Female	42	Veteran (40-49)	00:42:08
71	125	11	TRAIL11880	Luitha	Dafel	5km	Female	58	Master (50-59)	00:42:39
72	126	12	TRAIL10200	Rhona	Avierinos	5km	Female	48	Veteran (40-49)	00:42:42
73	128	5	TA0407	Kaira	Oberholzer	5km	Female	5	Under 11	00:42:48
74	131	12	TRAIL12853	Junita	Palm	5km	Female	58	Master (50-59)	00:43:48
75	132	27	TA0262	Zandile	Mabaso	5km	Female	32	Sub-Veteran (30-39)	00:43:52
76	133	13	TA0189	Petra	Le Roux	5km	Female	57	Master (50-59)	00:44:14
77	134	13	TA0298	Hannelie	Van Heerden	5km	Female	42	Veteran (40-49)	00:44:17
78	135	14	TA0524	Riema	Marais	5km	Female	53	Master (50-59)	00:44:21
79	136	15	TA0094	Linda	Graae	5km	Female	50	Master (50-59)	00:44:24
80	137	17	TA0218	Nedine	Du Plessis	5km	Female	26	Senior (19-29)	00:44:31
81	138	28	TA0171	Cleopatra	Silaule	5km	Female	33	Sub-Veteran (30-39)	00:44:48

82	139	29	TA0554	Megan	Marais	5km	Female	39	Sub-Veteran (30-39)	00:45:30
83	144	18	TA0320	Caroline	Marokane	5km	Female	26	Senior (19-29)	00:46:02
84	146	30	TA0288	Malgosia	Kijko	5km	Female	32	Sub-Veteran (30-39)	00:46:07
85	147	31	TA1573	Cara	Lee	5km	Female	33	Sub-Veteran (30-39)	00:46:10
86	149	14	TA0291	Karin	Smit	5km	Female	44	Veteran (40-49)	00:46:28
87	151	32	TA0394	Alicia	Schoeman	5km	Female	35	Sub-Veteran (30-39)	00:46:38
88	153	19	TA0337	Stephanie	De Beer	5km	Female	29	Senior (19-29)	00:47:20
89	154	20	TA1558	Hloniphile	Luthuli	5km	Female	26	Senior (19-29)	00:47:23
90	155	21	TA0357	Whitney	Mkoanazi	5km	Female	24	Senior (19-29)	00:47:25
91	156	16	TA0086	Zoe	Joseph	5km	Female	53	Master (50-59)	00:47:59
92	157	22	TA0348	Michelle	Opperman	5km	Female	29	Senior (19-29)	00:48:02
93	158	17	TA0155	Marietha	Kotze	5km	Female	55	Master (50-59)	00:48:08
94	159	2	TRAIL13033	Wendy	Pepler	5km	Female	60	Grand-Master (60+)	00:48:10
95	161	15	TA0258	Thiana	Augustyn	5km	Female	42	Veteran (40-49)	00:48:40
96	163	33	TA1587	Avashni	Dass	5km	Female	35	Sub-Veteran (30-39)	00:49:38
97	164	34	TA0455	Belinda	Cawood	5km	Female	37	Sub-Veteran (30-39)	00:49:40
98	165	35	TRAIL12768	Leonie	Roos	5km	Female	34	Sub-Veteran (30-39)	00:49:46
99	167	36	TA0330	Natasha	Labusgange	5km	Female	30	Sub-Veteran (30-39)	00:49:52
100	168	18	TA0272	Sonja	Van Zyl	5km	Female	56	Master (50-59)	00:49:58
101	170	16	TA0238	Suzette	Van Heerden	5km	Female	46	Veteran (40-49)	00:50:43
102	171	19	TA1546	Emily	Bekker	5km	Female	56	Master (50-59)	00:50:48
103	172	37	TA1595	Chanel	De Vries	5km	Female	30	Sub-Veteran (30-39)	00:51:04
104	176	38	TRAIL10234	Veronique	Quinnell	5km	Female	39	Sub-Veteran (30-39)	00:52:39
105	177	17	TA0565	Benita	Ruthaven	5km	Female	44	Veteran (40-49)	00:52:58
106	178	39	TA0328	Sharise	Coetser	5km	Female	39	Sub-Veteran (30-39)	00:53:13
107	180	18	TA0240	Shelley	Shaw	5km	Female	47	Veteran (40-49)	00:53:42
108	181	23	TA0567	Natalie	Shaw	5km	Female	19	Senior (19-29)	00:53:47
109	182	3	TA0233	Petra	Ackerman	5km	Female	61	Grand-Master (60+)	00:53:53
110	183	4	TA0390	Sharon	Ackermann	5km	Female	63	Grand-Master (60+)	00:53:55
111	184	5	TRAIL12321	Dorothy	Van Heerden	5km	Female	74	Grand-Master (60+)	00:54:03
112	185	40	TA0318	Anna	Webb	5km	Female	33	Sub-Veteran (30-39)	00:54:07
113	186	41	TA2124	Marinda	Van Heerden	5km	Female	34	Sub-Veteran (30-39)	00:54:11
114	187	20	TA0173	Laura	Noakes	5km	Female	58	Master (50-59)	00:54:16
115	189	42	TA0854	Ntombi	Mphahlele	5km	Female	34	Sub-Veteran (30-39)	00:54:50
116	190	21	TA1596	Sonja	Arlow	5km	Female	52	Master (50-59)	00:55:08
117	192	43	TA0331	Dina	Herrmann	5km	Female	37	Sub-Veteran (30-39)	00:55:18
118	193	19	TA1625	Jenny	Griesel	5km	Female	41	Veteran (40-49)	00:55:23
119	194	44	TA1663	Heloise	Duys	5km	Female	34	Sub-Veteran (30-39)	00:55:24
120	195	20	TRAIL10121	Liesle	Joubert	5km	Female	48	Veteran (40-49)	00:56:08
121	196	24	TRAIL13079	Danielle	Joubert	5km	Female	22	Senior (19-29)	00:56:11
122	198	1	TA0179	Angelique	Van Der Berg	5km	Female	14	12 to 15	00:58:16
123	199	6	TA1547	Nicolette	Robbertse	5km	Female	8	Under 11	00:58:20

124	200	7	TA0215	Lara	Van Der Poll	5km	Female	8	Under 11	00:58:22
125	203	21	TA0578	Isabel	Van Der Poll	5km	Female	40	Veteran (40-49)	00:58:32
126	204	45	TA1796	Colett	Robbertse	5km	Female	34	Sub-Veteran (30-39)	00:59:18
127	211	25	TA1715	Thoko	Thoko	5km	Female	26	Senior (19-29)	00:59:57
128	212	26	TA0525	Bonita	Bonita	5km	Female	27	Senior (19-29)	00:59:58
129	214	22	TA0197	Lorraine	Monk	5km	Female	52	Master (50-59)	01:00:25
130	215	23	TA0427	Seugnet	Te Groen	5km	Female	54	Master (50-59)	01:00:28
131	217	46	TA1657	Makole	Ngubane	5km	Female	35	Sub-Veteran (30-39)	01:20:30