



AdventureRun : Virtual Run

September Virtual AdventureRun #4 on 21st September 2020



90km Multi-Day Ride:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL20999	Shane	Gouldie	90km Multi-Day Ride	Male	60	Grand-Master (60+)	05:32:35

90km Multi-Day Ride:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10062	Nicky	Booyens	90km Multi-Day Ride	Female	41	Veteran (40-49)	03:10:34

42km Multi-Day Run / Walks:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10171	Hennie	Prinsloo	42km Multi-Day Run / Walks	Male	65	Grand-Master (60+)	04:19:33
2	3	1	TA003	Leon	Limper	42km Multi-Day Run / Walks	Male	54	Master (50-59)	07:55:21

42km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL10053	Adele	Sutherland	42km Multi-Day Run / Walks	Female	42	Veteran (40-49)	07:39:54

30km Multi-Day Run / Walks:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA002	Manoko Patrick	Mashala	30km Multi-Day Run / Walks	Male	40	Veteran (40-49)	02:40:05

30km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0987	Leocardia	Kamanga	30km Multi-Day Run / Walks	Female	38	Sub-Veteran (30-39)	03:29:27

21km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA00981	Iona	Redelinghuys	21km Single Day Run / Walk	Female	54	Master (50-59)	03:00:03

20km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA004	Amanda	Geldenhuys	20km Multi-Day Run / Walks	Female	51	Master (50-59)	04:28:02

15km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0125	Juanita	Barron	15km Single Day Run / Walk	Female	40	Veteran (40-49)	02:14:59

10km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0087	Chantell	Potgieter	10km Single Day Run / Walk	Female	39	Sub-Veteran (30-39)	01:02:00
2	2	1	TA0078	Constance	Sebatane	10km Single Day Run / Walk	Female	43	Veteran (40-49)	01:09:23
3	3	1	TA0981	Silvana	Carraggi	10km Single Day Run / Walk	Female	50	Master (50-59)	01:30:00

5km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0092	Sophia	Hislop	5km Single Day Run / Walk	Female	39	Sub-Veteran (30-39)	00:40:53
2	2	2	TA006	Maureen	Rauch	5km Single Day Run / Walk	Female	34	Sub-Veteran (30-39)	00:58:13
3	3	3	TRAIL20332	Lynette	Van Jaarsveldt	5km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	01:29:58