

## AdventureRun : Virtual Run

September Virtual AdventureRun #3 on 14th September 2020



	90km Multi-Day Ride:Male											
Gender	Gender Overall Category Race Number Name Surname Activity Gender Age Category Duration											
1	2	1	TRAIL20999	Shane	Gouldie	90km Multi-Day Ride	Male	60	Grand-Master (60+)	04:30:24		

	90km Multi-Day Ride:Female												
Gender	Gender Overall Category Race Number Name Surname Activity Gender Age Category Duration												
1	1	1	TRAIL10062	Nicky	Booyens	90km Multi-Day Ride	Female	41	Veteran (40-49)	02:30:27			

	42km Multi-Day Run / Walks:Male												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	2	1	TA096	Leon	Limper	42km Multi-Day Run / Walks	Male	54	Master (50-59)	04:13:08			
2	3	1	TRAIL10171	Hennie	Prinsloo	42km Multi-Day Run / Walks	Male	65	Grand-Master (60+)	04:32:24			

	42km Multi-Day Run / Walks:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TA099	Megan	Marais	42km Multi-Day Run / Walks	Female	41	Veteran (40-49)	01:55:28			
2	4	2	TRAIL10053	Adele	Sutherland	42km Multi-Day Run / Walks	Female	42	Veteran (40-49)	07:44:44			

	30km Multi-Day Run / Walks:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TA003	Leocardia	Kamanga	30km Multi-Day Run / Walks	Female	38	Sub-Veteran (30-39)	03:12:28			
2	2	1	TA002	Frieda	Blignaut	30km Multi-Day Run / Walks	Female	70	Grand-Master (60+)	03:59:16			

	21km Single Day Run / Walk:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TA0043	Iona	Redelinghuys	21km Single Day Run / Walk	Female	54	Master (50-59)	03:07:21			

	15km Single Day Run / Walk:Male												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TA001	Manoko Patrick	Mashala	15km Single Day Run / Walk	Male	40	Veteran (40-49)	01:10:34			
2	2	1	TRAIL20194	Mbuso	Xaba	15km Single Day Run / Walk	Male	50	Master (50-59)	01:38:45			

	15km Single Day Run / Walk:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	3	1	TA090	Amanda	Geldenhuys	15km Single Day Run / Walk	Female	51	Master (50-59)	01:50:25			
2	4	1	TA023	Juanita	Barron	15km Single Day Run / Walk	Female	40	Veteran (40-49)	02:15:55			

	10km Single Day Run / Walk:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TA0023	Chantell	Potgieter	10km Single Day Run / Walk	Female	39	Sub-Veteran (30-39)	01:08:46			
2	2	1	TA098	Gillian	Fowler	10km Single Day Run / Walk	Female	74	Grand-Master (60+)	01:55:30			

10km Single Day Ride:Female											
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration	
1	1	1	TA0932	Matshidiso	Modimoeng	10km Single Day Ride	Female	36	Sub-Veteran (30-39)	00:22:59	
2	2	2	TA0039	Sophia	Hislop	10km Single Day Ride	Female	39	Sub-Veteran (30-39)	01:08:35	

	5km Single Day Run / Walk:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TA01010	Maureen	Rauch	5km Single Day Run / Walk	Female	34	Sub-Veteran (30-39)	01:00:56			
2	2	2	TRAIL20332	Lynette	Van Jaarsveldt	5km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	01:21:08			