





	90km Multi-Day Ride:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TRAIL10062	Nicky	Booyens	90km Multi-Day Ride	Female	41	Veteran (40-49)	02:52:51			

	42km Multi-Day Run / Walks:Male												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TRAIL10171	Hennie	Prinsloo	42km Multi-Day Run / Walks	Male	65	Grand-Master (60+)	04:19:52			
2	2	1	TA0013	Leon	Limper	42km Multi-Day Run / Walks	Male	54	Master (50-59)	04:35:19			

	42km Multi-Day Run / Walks:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	3	1	TRAIL10053	Adele	Sutherland	42km Multi-Day Run / Walks	Female	42	Veteran (40-49)	07:18:31			

	30km Multi-Day Run / Walks:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TA004	Leocardia	Kamanga	30km Multi-Day Run / Walks	Female	38	Sub-Veteran (30-39)	03:08:48			

	21km Single Day Run / Walk:Male												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TA005	Manoko Patrick	Mashala	21km Single Day Run / Walk	Male	40	Veteran (40-49)	01:53:58			
2	2	1	TA0030	Kgothatso	Makau	21km Single Day Run / Walk	Male	23	Senior (19-29)	03:46:33			

	21km Single Day Run / Walk:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	3	1	TA0010	Mamphake	Rachidi	21km Single Day Run / Walk	Female	51	Master (50-59)	05:59:08			
2	4	2	TA0011	Mapholo	Ratau	21km Single Day Run / Walk	Female	50	Master (50-59)	07:44:45			

	20km Multi-Day Run / Walks:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TA00100	Amanda	Geldenhuys	20km Multi-Day Run / Walks	Female	51	Master (50-59)	02:41:40			

	15km Single Day Run / Walk:Female											
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration		
1	1	1	TA0012	Juanita	Barron	15km Single Day Run / Walk	Female	40	Veteran (40-49)	02:22:00		

	10km Single Day Run / Walk:Male											
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration		
1	1	1	TA002	Vuledzani	Nemutavhanani	10km Single Day Run / Walk	Male	40	Veteran (40-49)	00:59:32		
2	4	1	TRAIL12109	Neville	Muir	10km Single Day Run / Walk	Male	81	Grand-Master (60+)	02:17:32		

	10km Single Day Run / Walk:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	2	1	TA003	Chantell	Potgieter	10km Single Day Run / Walk	Female	39	Sub-Veteran (30-39)	01:05:01			
2	3	1	TA00345	Iona	Redelinghuys	10km Single Day Run / Walk	Female	54	Master (50-59)	01:29:24			

	5km Single Day Run / Walk:Female												
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration			
1	1	1	TA001	Maureen	Rauch	5km Single Day Run / Walk	Female	34	Sub-Veteran (30-39)	00:59:09			
2	2	1	TA006	Megan	Marais	5km Single Day Run / Walk	Female	41	Veteran (40-49)	01:10:36			
3	3	1	TA008	Gillian	Fowler	5km Single Day Run / Walk	Female	74	Grand-Master (60+)	01:18:21			
4	4	2	TRAIL20332	Lynette	Van Jaarsveldt	5km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	01:23:05			