



AdventureRun : Virtual Run

August Virtual AdventureRun/Ride #5 on 30th August 2020



90km Multi-Day Ride:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL20999	Shane	Gouldie	90km Multi-Day Ride	Male	60	Grand-Master (60+)	05:20:16

42km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL10053	Adele	Sutherland	42km Multi-Day Run / Walks	Female	42	Veteran (40-49)	07:06:19
2	3	2	TA0080	Lile	Khuluse	42km Multi-Day Run / Walks	Female	41	Veteran (40-49)	08:45:08

21km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0013	Iona	Redelinghuys	21km Single Day Run / Walk	Female	54	Master (50-59)	03:17:50

20km Multi-Day Run / Walks:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0010	Ronel	Van Staden	20km Multi-Day Run / Walks	Female	40	Veteran (40-49)	03:25:00
2	2	1	TA008	Jani	Van Staden	20km Multi-Day Run / Walks	Female	12	12 to 15	03:25:00
3	3	1	TA009	Nina	Van Staden	20km Multi-Day Run / Walks	Female	8	Under 11	03:25:00
4	4	1	TA004	Thea	Corbett	20km Multi-Day Run / Walks	Female	62	Grand-Master (60+)	03:59:19

15km Single Day Run / Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA00001	Leon	Limper	15km Single Day Run / Walk	Male	54	Master (50-59)	01:53:04

15km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA007	Juanita	Barron	15km Single Day Run / Walk	Female	40	Veteran (40-49)	02:29:18

10km Single Day Run / Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA003	Sydwell	Nkosi	10km Single Day Run / Walk	Male	30	Sub-Veteran (30-39)	00:59:52

10km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA00031	Salome	Rheeder	10km Single Day Run / Walk	Female	35	Sub-Veteran (30-39)	01:00:00
2	3	2	TA001	Chantell	Potgieter	10km Single Day Run / Walk	Female	39	Sub-Veteran (30-39)	01:09:09

5km Single Day Run / Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA005	Megan	Marais	5km Single Day Run / Walk	Female	41	Veteran (40-49)	00:42:38
2	2	1	TA0015	Silvana	Carraggi	5km Single Day Run / Walk	Female	50	Master (50-59)	00:44:08
3	4	1	TA006	Gillian	Fowler	5km Single Day Run / Walk	Female	74	Grand-Master (60+)	01:02:45
4	5	2	TA00002	Amanda	Geldenhuys	5km Single Day Run / Walk	Female	51	Master (50-59)	01:05:00
5	6	1	TA0014	Lynette	Van Jaarsveldt	5km Single Day Run / Walk	Female	37	Sub-Veteran (30-39)	01:23:58