



AdventureRun : Smuts Irene River

Womans' Day Stage Race 8 - 10 August on 8th August 2020



Mini Challenge 20km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2498	Bruce	Bond	Mini Challenge 20km	Male	39	Sub-Veteran (30-39)	02:45:32

Mini Challenge 20km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL10053	Adele	Sutherland	Mini Challenge 20km	Female	42	Veteran (40-49)	03:44:33
2	3	1	TA2740	Joy	Meyer	Mini Challenge 20km	Female	27	Senior (19-29)	04:04:14
3	4	2	TRAIL20254	Monique	Boshoff	Mini Challenge 20km	Female	28	Senior (19-29)	04:32:31
4	5	2	TA2539	Dawn	Smith	Mini Challenge 20km	Female	49	Veteran (40-49)	05:06:39
5	6	3	TA2499	Eloise	Farlam	Mini Challenge 20km	Female	48	Veteran (40-49)	05:06:39

Midway Challenge 30km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA3470	Cobus	Visser	Midway Challenge 30km	Male	42	Veteran (40-49)	03:12:05
2	3	1	TRAIL11023	Grant	Hall	Midway Challenge 30km	Male	50	Master (50-59)	03:37:52
3	4	1	TA3079	Rynhard	Beneke	Midway Challenge 30km	Male	29	Senior (19-29)	04:09:38
4	6	2	TA2482	Nelis	Van Niekerk	Midway Challenge 30km	Male	50	Master (50-59)	04:45:06

Midway Challenge 30km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2647	Anri	Visser	Midway Challenge 30km	Female	39	Sub-Veteran (30-39)	03:13:56
2	5	1	TA2732	Annali	Van Der Walt	Midway Challenge 30km	Female	48	Veteran (40-49)	04:45:01

Extreme Challenge 46km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA3083	Louis	Beneke	Extreme Challenge 46km	Male	56	Master (50-59)	04:59:28
2	4	1	TA3536	Fanie	Naude	Extreme Challenge 46km	Male	61	Grand-Master (60+)	06:11:12

Extreme Challenge 46km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL12658	Zamile	Njoko	Extreme Challenge 46km	Female	32	Sub-Veteran (30-39)	05:37:29
2	3	1	TA3105	Elza	Diedericks	Extreme Challenge 46km	Female	62	Grand-Master (60+)	06:08:12