



# AdventureRun : Virtual Run

## Barn Virtual AdventureRun or Cycle on 28th June 2020



### 21km Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA002	Mpogeng	Kgoedi	21km Run/Walk	Female	40	Veteran (40-49)	02:45:22
2	2	1	TA0101	Frieda	Blignaut	21km Run/Walk	Female	70	Grand-Master (60+)	02:55:45

15km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12695	Gert	Pelser	15km Run/Walk	Male	35	Sub-Veteran (30-39)	01:16:48

10km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA009	Albert	Van Der Merwe	10km Run/Walk	Male	40	Veteran (40-49)	01:49:46

10km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA007	Anthea	Corbett	10km Run/Walk	Female	37	Sub-Veteran (30-39)	01:42:00
2	2	1	TA004	Thea	Corbett	10km Run/Walk	Female	62	Grand-Master (60+)	01:48:34

5km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA001	Quintus	Nel	5km Run/Walk	Male	39	Sub-Veteran (30-39)	00:26:07
2	2	1	TA006	Morne	Heyneke	5km Run/Walk	Male	29	Senior (19-29)	00:30:52

5km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA003	Liesl	Van Rooyen	5km Run/Walk	Female	34	Sub-Veteran (30-39)	00:31:40
2	4	1	TA005	Silvana	Carraggi	5km Run/Walk	Female	49	Veteran (40-49)	00:45:30
3	5	2	TRAIL10053	Adele	Sutherland	5km Run/Walk	Female	42	Veteran (40-49)	00:47:31