



AdventureRun : Sable Ranch

Sable Ranch on 22nd July 2018



15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12471	Adam	Moroko	15km	Male	40	Veteran (40-49)	01:15:41
2	2	1	TA2976	Janfrederick	Viljoen	15km	Male	31	Sub-Veteran (30-39)	01:23:24
3	3	2	TA2955	Pieter	Janse Van Rensburg	15km	Male	32	Sub-Veteran (30-39)	01:24:47
4	4	1	TA2948	Stuart	Stark	15km	Male	23	Senior (19-29)	01:27:44
5	7	1	TA3061	Clinton Craig	Valjalo	15km	Male	52	Master (50-59)	01:36:40
6	8	2	TRAIL10112	Mark	Dold	15km	Male	49	Veteran (40-49)	01:37:11
7	9	3	TA2479	Alain	Michaels	15km	Male	31	Sub-Veteran (30-39)	01:39:09
8	10	3	TA2919	Lip	Lombard	15km	Male	43	Veteran (40-49)	01:42:17
9	12	4	TA3531	Casparus	Luther	15km	Male	41	Veteran (40-49)	01:48:49
10	13	2	TA2684	Gareth	Stark	15km	Male	26	Senior (19-29)	01:50:30
11	14	3	TA2520	Gerrit	Oosthuizen	15km	Male	23	Senior (19-29)	01:51:07
12	15	4	TA2971	Marno	Grobler	15km	Male	26	Senior (19-29)	01:51:12
13	16	4	TA2931	Mike	Hutchins	15km	Male	34	Sub-Veteran (30-39)	01:53:49
14	18	5	TA3004	Paulo	Lopes	15km	Male	41	Veteran (40-49)	01:57:34
15	19	6	TRAIL11321	Frederick	Pilch	15km	Male	41	Veteran (40-49)	01:58:09
16	20	2	TA2970	Nolan	Diaz	15km	Male	52	Master (50-59)	01:58:54
17	21	5	TA2937	Renaldo	Nel	15km	Male	22	Senior (19-29)	01:59:25
18	22	5	TRAIL12755	Shaun	Pieterse	15km	Male	35	Sub-Veteran (30-39)	02:00:03
19	23	3	TA3035	Fanie	Naude	15km	Male	59	Master (50-59)	02:01:49
20	24	1	TA2617	Craig	Rasley	15km	Male	17	16 to 18	02:02:16
21	25	7	TRAIL12832	Bradley	Rustin	15km	Male	49	Veteran (40-49)	02:03:08
22	28	1	TA3463	Andre	Knobel	15km	Male	61	Grand-Master (60+)	02:06:02
23	34	1	TRAIL12462	Gareth	Saville	15km	Male	15	12 to 15	02:16:11
24	35	8	TRAIL11247	Andrew	Saville	15km	Male	47	Veteran (40-49)	02:16:27
25	36	9	TA3066	Kobus	Venter	15km	Male	45	Veteran (40-49)	02:22:02
26	38	6	TA3057	Khomotso	Teffo	15km	Male	32	Sub-Veteran (30-39)	02:30:29

15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TA3053	Carina	Janse Van Rensburg	15km	Female	33	Sub-Veteran (30-39)	01:36:00
2	6	2	TA3479	Renske	Hagg	15km	Female	30	Sub-Veteran (30-39)	01:36:26
3	11	3	TA2544	Tessa	Lefrere	15km	Female	33	Sub-Veteran (30-39)	01:47:04
4	17	1	TA2995	Melanie	Swanepoel	15km	Female	41	Veteran (40-49)	01:54:30
5	26	4	TA2528	Retha	Slabber	15km	Female	38	Sub-Veteran (30-39)	02:03:09
6	27	5	TA2913	Yolandi	Van Dyk	15km	Female	37	Sub-Veteran (30-39)	02:04:50
7	29	1	TA2623	Annemarie	Janse Van Rensburg	15km	Female	58	Master (50-59)	02:06:13
8	30	2	TA2665	Heike	Preussler	15km	Female	46	Veteran (40-49)	02:08:33
9	31	6	TA2434	Hanri	Parker	15km	Female	31	Sub-Veteran (30-39)	02:09:24
10	32	1	TA2674	Samantha	Taylor	15km	Female	23	Senior (19-29)	02:09:38
11	33	7	TRAIL12658	Zamile	Njoko	15km	Female	30	Sub-Veteran (30-39)	02:12:29
12	37	3	TA2425	Deborah	Dickson	15km	Female	43	Veteran (40-49)	02:22:07
13	39	2	TRAIL10836	Ina	Beamish	15km	Female	56	Master (50-59)	02:39:15
14	40	4	TA2503	Gerhard	Du Plessis	15km	Female	40	Veteran (40-49)	02:45:50
15	41	8	TA2432	Michelle	Du Plessis	15km	Female	36	Sub-Veteran (30-39)	02:45:53
16	42	5	TA2696	Adri	Van Heerden	15km	Female	41	Veteran (40-49)	02:45:56
17	43	6	TA2949	Werner	Kriel	15km	Female	49	Veteran (40-49)	02:46:01
18	44	9	TA2585	Belinda	Cawood	15km	Female	37	Sub-Veteran (30-39)	02:49:36
19	45	10	TA2575	Avashni	Dass	15km	Female	35	Sub-Veteran (30-39)	03:01:59

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0863	Reatlegile	Mosweu	10km	Male	13	12 to 15	00:45:20
2	2	1	TA1900	Matthew	Aiken	10km	Male	31	Sub-Veteran (30-39)	00:45:49
3	8	2	TA0806	Shawn	Bekker	10km	Male	38	Sub-Veteran (30-39)	01:12:20
4	10	1	TA1174	Werner	Henning	10km	Male	48	Veteran (40-49)	01:17:11
5	11	2	TA1873	Tobie	Venter	10km	Male	42	Veteran (40-49)	01:17:13
6	12	1	TA0673	Niekie	Pretorius	10km	Male	57	Master (50-59)	01:17:16
7	15	3	TA3471	Etienne	Marx	10km	Male	44	Veteran (40-49)	01:19:19
8	16	2	TA1850	Jaydon	Smuts	10km	Male	12	12 to 15	01:19:38
9	21	3	TA2153	Gavin	Smuts	10km	Male	36	Sub-Veteran (30-39)	01:23:26
10	22	3	TA0817	Matthew	Henn	10km	Male	12	12 to 15	01:24:15
11	23	4	TA0666	Dale	Riches	10km	Male	34	Sub-Veteran (30-39)	01:25:28
12	28	1	TRAIL12320	Trevor	Smythe	10km	Male	62	Grand-Master (60+)	01:28:23
13	30	4	TA1046	John	Eigelaar	10km	Male	43	Veteran (40-49)	01:28:52
14	35	2	TA1072	Marius	Van Rensburg	10km	Male	52	Master (50-59)	01:34:56
15	36	3	TA2147	Paul	Hammerton	10km	Male	55	Master (50-59)	01:36:59
16	38	5	TA2285	Prince	Motswenyane	10km	Male	43	Veteran (40-49)	01:38:25
17	43	4	TRAIL11238	Nathan	Saville	10km	Male	12	12 to 15	02:05:10
18	47	4	TA2291	Ludolf	Diedericks	10km	Male	55	Master (50-59)	02:08:03
19	52	5	TA1812	Nick	Van Rooyen	10km	Male	57	Master (50-59)	02:09:31

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA2252	Basetsana	Maphosa	10km	Female	13	12 to 15	00:59:30
2	4	2	TRAIL12476	Koketso	Thejane	10km	Female	13	12 to 15	00:59:42
3	5	3	TA0637	Melissa	Van Niekerk	10km	Female	12	12 to 15	01:00:08
4	6	1	TRAIL11692	Estelle	Jansen Van Vuuren	10km	Female	47	Veteran (40-49)	01:10:54
5	7	1	TRAIL12299	Janeane	Watt	10km	Female	36	Sub-Veteran (30-39)	01:12:19
6	9	2	TA1836	Tanya	Alberts	10km	Female	32	Sub-Veteran (30-39)	01:16:29
7	13	2	TA0739	Alita	Swanepoel	10km	Female	47	Veteran (40-49)	01:19:03
8	14	3	TA3054	Annemarie	Marx	10km	Female	41	Veteran (40-49)	01:19:16
9	17	3	TA1876	Amanda	Van Heerden	10km	Female	35	Sub-Veteran (30-39)	01:19:39
10	18	4	TA0999	Letitia	Swartz	10km	Female	37	Sub-Veteran (30-39)	01:20:10
11	19	4	TA2149	Dina	Valjalo	10km	Female	48	Veteran (40-49)	01:20:11
12	20	1	TA0674	Magda	Vermaak	10km	Female	54	Master (50-59)	01:20:59
13	24	2	TA1162	Annetjie	Strydom	10km	Female	56	Master (50-59)	01:25:58
14	25	5	TA1830	Tania	Van Der Nest	10km	Female	37	Sub-Veteran (30-39)	01:28:08
15	26	6	TA0705	Rozahn	Swanepoel	10km	Female	35	Sub-Veteran (30-39)	01:28:09
16	27	7	TA0713	Elsje	Venter	10km	Female	37	Sub-Veteran (30-39)	01:28:22
17	29	8	TA1033	Kerry	Matthysen	10km	Female	35	Sub-Veteran (30-39)	01:28:51
18	31	5	TRAIL10119	Nicky	Dold	10km	Female	48	Veteran (40-49)	01:30:02
19	32	6	TA1882	Conita	Van Rensburg	10km	Female	47	Veteran (40-49)	01:30:08
20	33	9	TA1877	Nikki	Kloppers	10km	Female	35	Sub-Veteran (30-39)	01:33:42
21	34	1	TA0850	Helen	Halford	10km	Female	62	Grand-Master (60+)	01:34:26
22	37	7	TA1025	Karien	Viviers	10km	Female	48	Veteran (40-49)	01:38:19
23	39	10	TA2345	Susan	Green	10km	Female	30	Sub-Veteran (30-39)	01:47:32
24	40	3	TRAIL11880	Luitha	Dafel	10km	Female	58	Master (50-59)	01:53:47
25	41	8	TA1899	Gerda	Henn	10km	Female	40	Veteran (40-49)	01:55:41
26	42	1	TA0001	Mercy	Moloto	10km	Female	25	Senior (19-29)	01:59:08
27	44	4	TA2314	Molene	Scheepers	10km	Female	52	Master (50-59)	02:06:09
28	45	5	TRAIL12290	Georgina	Bester	10km	Female	54	Master (50-59)	02:07:53
29	46	11	TRAIL12665	Adri	Slabbert	10km	Female	38	Sub-Veteran (30-39)	02:07:53
30	48	6	TA2125	Helena	Van Rooyen	10km	Female	57	Master (50-59)	02:08:44
31	49	7	TA0608	Sarina	Diedericks	10km	Female	51	Master (50-59)	02:08:55
32	50	2	TRAIL12076	Rita	Konig	10km	Female	60	Grand-Master (60+)	02:09:01
33	51	12	TA2214	Helena	Smith	10km	Female	34	Sub-Veteran (30-39)	02:09:03

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0293	Thato	Thejane	5km	Male	11	Under 11	00:27:25
2	2	1	TA1743	Johnie	Jonker	5km	Male	60	Grand-Master (60+)	00:30:52
3	6	1	TA0333	Shaun	Swanepoel	5km	Male	34	Sub-Veteran (30-39)	00:45:04
4	7	2	TA0514	Roy	Aiken	5km	Male	61	Grand-Master (60+)	00:46:34
5	11	1	TA1672	Lucas	Van Aaswegen	5km	Male	56	Master (50-59)	00:53:49
6	12	1	TA0238	Bevan	Gouldie	5km	Male	27	Senior (19-29)	01:00:07
7	13	2	TA1620	Philip	Diedericks	5km	Male	23	Senior (19-29)	01:09:51
8	18	2	TA0330	Marinus	Lippens	5km	Male	57	Master (50-59)	01:14:32
9	19	3	TRAIL10173	Keith	Opperman	5km	Male	64	Grand-Master (60+)	01:14:35
10	21	2	TA1724	Thavi	Ellary	5km	Male	34	Sub-Veteran (30-39)	01:21:44
11	22	2	TA0254	Wian	Smuts	5km	Male	9	Under 11	01:23:22
12	23	3	TA0010	Ruben	Van Dyk	5km	Male	8	Under 11	01:23:38
13	25	4	TA0537	Gordon	Halford	5km	Male	73	Grand-Master (60+)	01:34:32
14	28	1	TA1657	Gabriel	Melaia	5km	Male	14	12 to 15	01:41:32

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0380	Natascha	Hammerton	5km	Female	13	12 to 15	00:36:03
2	4	2	TA0357	Thina	Makapela	5km	Female	14	12 to 15	00:36:18
3	5	1	TA0272	Jacques	Van Der Nest	5km	Female	38	Sub-Veteran (30-39)	00:44:54
4	8	1	TA0445	Abigail	Van Heerden	5km	Female	11	Under 11	00:51:51
5	9	2	TA0409	Cecile	Masuret	5km	Female	34	Sub-Veteran (30-39)	00:52:33
6	10	3	TA1799	Ndumi	Nkosi	5km	Female	30	Sub-Veteran (30-39)	00:53:44
7	14	1	TA0161	Chantel	Diedericks	5km	Female	22	Senior (19-29)	01:09:56
8	15	2	TA0247	Zandile	Ndimande	5km	Female	29	Senior (19-29)	01:10:28
9	16	1	TA2318	Alida	Holtzhauzen	5km	Female	41	Veteran (40-49)	01:13:29
10	17	1	TA0796	Hester	Du Plessis	5km	Female	51	Master (50-59)	01:13:31
11	20	2	TA1636	Barbara	Lippens	5km	Female	51	Master (50-59)	01:14:36
12	24	2	TA0362	Chandra	Booyesen	5km	Female	47	Veteran (40-49)	01:33:12
13	26	2	TA1727	Nicola	Melaia	5km	Female	10	Under 11	01:41:23
14	27	3	TA0486	Raelean	Melaia	5km	Female	43	Veteran (40-49)	01:41:24
15	29	4	TA1775	Yolande	Smuts	5km	Female	39	Sub-Veteran (30-39)	01:42:25
16	30	3	TRAIL12642	Dini	Swanepoel	5km	Female	57	Master (50-59)	02:08:58