



AdventureRun : Virtual Run

Rock Falls Virtual AdventureRun on 19th April 2020



21km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0012	Leon	Limper	21km	Male	54	Master (50-59)	02:06:15
1	2	1	TRAIL20165	Pc	Meyer	21km	Male	28	Senior (19-29)	02:27:22
2	3	1	TA0008	Jean	Nepgen	21km	Male	75	Grand-Master (60+)	03:19:00

15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0019	Marthinus Petrus	Pienaar	15km	Male	26	Senior (19-29)	01:10:22
2	2	1	TA0001	Hennie	Coetzer	15km	Male	61	Grand-Master (60+)	01:33:21

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0014	Hamilton	Sithole	10km	Male	54	Master (50-59)	01:25:48

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10062	Nicky	Booyens	10km	Female	41	Veteran (40-49)	00:57:03
2	2	2	TA0025	Cornea	Esterhuizen	10km	Female	44	Veteran (40-49)	01:11:54
3	4	1	TA0013	Amanda	Geldenhuys	10km	Female	51	Master (50-59)	01:31:28
4	5	3	TRAIL10053	Adele	Sutherland	10km	Female	42	Veteran (40-49)	01:42:26

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20995	Tshepho	Nchabeleng	5km	Male	22	Senior (19-29)	00:19:16
2	2	1	TRAIL10171	Hennie	Prinsloo	5km	Male	65	Grand-Master (60+)	00:25:59
3	4	1	TRAIL12341	Charles	Norman	5km	Male	41	Veteran (40-49)	00:34:10
4	7	2	TA0027	Jonathan	Harflett	5km	Male	48	Veteran (40-49)	00:46:00

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0021	Raquel	Mendes	5km	Female	28	Senior (19-29)	00:26:21
2	5	1	TA0006	Laura	Kapelari	5km	Female	32	Sub-Veteran (30-39)	00:34:18
3	6	1	TA0007	Thea	Corbett	5km	Female	62	Grand-Master (60+)	00:46:00
4	8	1	TA0009	Brenda	Bleiker	5km	Female	44	Veteran (40-49)	00:46:58
5	9	2	TA0015	Megan	Marais	5km	Female	41	Veteran (40-49)	00:48:19
6	10	3	TRAIL12786	Natasja	Holtzhausen	5km	Female	47	Veteran (40-49)	00:54:00
7	11	2	TA0016	Gillian	Fowler	5km	Female	74	Grand-Master (60+)	01:14:10
8	12	4	TA0017	Silvana	Carraggi	5km	Female	49	Veteran (40-49)	01:26:26

3km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0004	Marius	Mentz	3km	Male	44	Veteran (40-49)	00:34:39
2	3	1	TRAIL20083	Ben	Pieterse	3km	Male	63	Grand-Master (60+)	00:36:03

3km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0002	Judith	Rix	3km	Female	35	Sub-Veteran (30-39)	00:31:29
2	4	1	TRAIL20024	Vreda	Pieterse	3km	Female	65	Grand-Master (60+)	00:43:48

2km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0022	Amanda	Da Silva	2km	Female	48	Veteran (40-49)	00:17:03
2	2	1	TA0005	Penelope	Ellmore	2km	Female	67	Grand-Master (60+)	00:17:16
3	3	2	TA0023	Lorraine	Boyd	2km	Female	64	Grand-Master (60+)	00:19:47
4	4	1	TA0003	Suretha	Snyman	2km	Female	50	Master (50-59)	00:23:31
5	5	2	TA0010	Fiona	Smith	2km	Female	52	Master (50-59)	00:28:00
6	6	1	TA0011	Heidi	Smith	2km	Female	25	Senior (19-29)	00:28:08