



AdventureRun : Ingaadi Adventure Pet Friendly Walk/Run

AdventureTails Ingaadi Spa Walk/Run on 22nd February 2020



21km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2418	Johann	Schoeman	21km Run/Walk	Male	30	Sub-Veteran (30-39)	01:50:24
2	3	1	TA2669	Leon	Grobler	21km Run/Walk	Male	40	Veteran (40-49)	01:58:20
3	5	2	TA2482	Roux	Janse Van Rensburg	21km Run/Walk	Male	49	Veteran (40-49)	02:10:04
4	6	3	TA2957	Abram	Phahlamohlaka	21km Run/Walk	Male	45	Veteran (40-49)	02:15:13
5	7	4	TA3012	Marius	Potgieter	21km Run/Walk	Male	42	Veteran (40-49)	02:19:43
6	10	5	TA3004	Allen	Mafokwane	21km Run/Walk	Male	43	Veteran (40-49)	02:26:45
7	11	1	TA3409	Henk	Basson	21km Run/Walk	Male	64	Grand-Master (60+)	02:27:51
8	12	2	TA3044	Hannes	Vosloo	21km Run/Walk	Male	32	Sub-Veteran (30-39)	02:28:12
9	14	2	TRAIL20578	Francois	Steyl	21km Run/Walk	Male	70	Grand-Master (60+)	02:28:38
10	16	1	TRAIL12255	Johan	Scheepers	21km Run/Walk	Male	56	Master (50-59)	02:41:40
11	17	6	TA3036	Leonardo	Farrao	21km Run/Walk	Male	46	Veteran (40-49)	02:58:26

21km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2613	Luzelle	Van Niekerk	21km Run/Walk	Female	28	Senior (19-29)	01:50:19
2	4	1	TA2683	Denise	Van Zyl	21km Run/Walk	Female	44	Veteran (40-49)	02:08:59
3	8	2	TA2941	Nelia	Grobler	21km Run/Walk	Female	46	Veteran (40-49)	02:20:04
4	9	1	TA2576	Naftileen	Grobler	21km Run/Walk	Female	18	16 to 18	02:20:07
5	13	1	TA2552	Carina	Swart	21km Run/Walk	Female	32	Sub-Veteran (30-39)	02:28:15
6	15	1	TRAIL20577	Zena	Kennerley	21km Run/Walk	Female	57	Master (50-59)	02:28:42
7	18	2	TA2609	Elsabe	Janse Van Rensburg	21km Run/Walk	Female	36	Sub-Veteran (30-39)	03:27:24

15km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2656	Johan	Hough	15km Run/Walk	Male	28	Senior (19-29)	01:32:09
2	2	1	TA2581	Gideon	Meiring	15km Run/Walk	Male	43	Veteran (40-49)	01:38:22
3	3	2	TA3059	Xianwang	Wu	15km Run/Walk	Male	40	Veteran (40-49)	01:40:31
4	4	3	TA2648	Naude	Enslin	15km Run/Walk	Male	40	Veteran (40-49)	01:43:34
5	5	4	TA3056	Leendert	Zietsman	15km Run/Walk	Male	44	Veteran (40-49)	01:46:35
6	6	1	TA2497	Fanie	Naude	15km Run/Walk	Male	61	Grand-Master (60+)	01:46:38
7	7	1	TA3015	Ruan	Smit	15km Run/Walk	Male	33	Sub-Veteran (30-39)	01:48:17
8	12	1	TA2979	Robert	Booth	15km Run/Walk	Male	55	Master (50-59)	02:01:38
9	14	2	TA3035	Oubaas	Smit	15km Run/Walk	Male	60	Grand-Master (60+)	02:09:22
10	16	5	TA2958	Lesiba	Matsiu	15km Run/Walk	Male	44	Veteran (40-49)	02:17:42
11	18	2	TA3002	Trevor	Tlhasi	15km Run/Walk	Male	36	Sub-Veteran (30-39)	02:30:04
12	20	3	TA3539	Trevor	Mzamba	15km Run/Walk	Male	32	Sub-Veteran (30-39)	02:40:21
13	21	3	TRAIL20034	Elbert	Loubser	15km Run/Walk	Male	63	Grand-Master (60+)	03:05:52
14	24	4	TRAIL20095	Neville	Muir	15km Run/Walk	Male	81	Grand-Master (60+)	03:50:46

15km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	8	1	TA2679	Stashia	Smit	15km Run/Walk	Female	28	Senior (19-29)	01:52:08
2	9	2	TA2914	Chwayita	Tinta	15km Run/Walk	Female	28	Senior (19-29)	01:54:34
3	10	1	TA2997	Magda	Vermaak	15km Run/Walk	Female	56	Master (50-59)	01:59:06
4	11	1	TA2540	Bongiwe	Ngcobo	15km Run/Walk	Female	38	Sub-Veteran (30-39)	01:59:38
5	13	2	TRAIL20156	Georgina	Bester	15km Run/Walk	Female	55	Master (50-59)	02:06:39
6	15	2	TRAIL12665	Adri	Slabbert	15km Run/Walk	Female	39	Sub-Veteran (30-39)	02:13:21
7	17	1	TA2518	Felicia	Modau	15km Run/Walk	Female	44	Veteran (40-49)	02:18:06
8	19	3	TRAIL12260	Molene	Scheepers	15km Run/Walk	Female	53	Master (50-59)	02:36:09
9	22	3	TA3018	Talita	Bodibe	15km Run/Walk	Female	38	Sub-Veteran (30-39)	03:06:45
10	23	2	TA2441	Tsepiso	Kekana	15km Run/Walk	Female	41	Veteran (40-49)	03:11:03

10km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0977	Werner	Durand	10km Run/Walk	Male	45	Veteran (40-49)	00:50:58
2	2	2	TA0962	Stanley	Du Toit	10km Run/Walk	Male	48	Veteran (40-49)	00:58:43
3	3	3	TA1147	Pieter	Linde	10km Run/Walk	Male	47	Veteran (40-49)	01:06:41
4	4	1	TA1028	Marius	Barnard	10km Run/Walk	Male	50	Master (50-59)	01:07:41
5	5	1	TA1110	Helder	Morais	10km Run/Walk	Male	38	Sub-Veteran (30-39)	01:08:09
6	6	4	TA0800	Roald	Eiselen	10km Run/Walk	Male	40	Veteran (40-49)	01:09:59
7	7	1	TRAIL20628	Geoff	Lupton-smith	10km Run/Walk	Male	62	Grand-Master (60+)	01:10:16
8	11	2	TRAIL20725	Gerald	Steyn	10km Run/Walk	Male	68	Grand-Master (60+)	01:12:46
9	13	3	TA1038	Arno	Koeck	10km Run/Walk	Male	60	Grand-Master (60+)	01:15:29
10	24	2	TA1137	Wik	Van Stade	10km Run/Walk	Male	33	Sub-Veteran (30-39)	01:25:06
11	28	4	TRAIL20304	Henry	Marais	10km Run/Walk	Male	64	Grand-Master (60+)	01:32:59
12	35	5	TRAIL20193	Hein	Lange	10km Run/Walk	Male	62	Grand-Master (60+)	01:41:25
13	37	2	TRAIL20177	Neil	Manson	10km Run/Walk	Male	53	Master (50-59)	01:47:00
14	39	3	TA1070	Gerhard	Vorster	10km Run/Walk	Male	51	Master (50-59)	01:47:32
15	49	6	TRAIL20914	Manie	Bosch	10km Run/Walk	Male	65	Grand-Master (60+)	01:57:09
16	55	4	TA1016	Henk	Groenewald	10km Run/Walk	Male	54	Master (50-59)	02:01:59
17	58	1	TA1154	Gerhard	Scheepers	10km Run/Walk	Male	24	Senior (19-29)	02:12:41

10km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	8	1	TA1144	Heidi	Botha	10km Run/Walk	Female	41	Veteran (40-49)	01:10:36
2	9	1	TA0794	Ellie & Missy	Olivier	10km Run/Walk	Female	50	Master (50-59)	01:11:43
3	10	2	TA1031	Margare	Du Toit	10km Run/Walk	Female	46	Veteran (40-49)	01:11:48
4	12	1	TA2959	Elza	Diedericks	10km Run/Walk	Female	61	Grand-Master (60+)	01:14:45
5	14	1	TA0623	Sarina	Durand	10km Run/Walk	Female	37	Sub-Veteran (30-39)	01:15:44
6	15	3	TA0910	Heloise	Brink	10km Run/Walk	Female	42	Veteran (40-49)	01:16:01
7	16	1	TA0627	Leila	Lister	10km Run/Walk	Female	10	Under 11	01:17:30
8	17	2	TA1049	Alet	Lister	10km Run/Walk	Female	32	Sub-Veteran (30-39)	01:17:32
9	18	3	TA0667	Colette	Ferreira	10km Run/Walk	Female	30	Sub-Veteran (30-39)	01:18:32
10	19	4	TA0748	Seipei	Diremelo	10km Run/Walk	Female	48	Veteran (40-49)	01:22:01
11	20	4	TA0732	Priscilla	Phahlamohlaka	10km Run/Walk	Female	38	Sub-Veteran (30-39)	01:22:25
12	21	5	TA3058	Marcelle	Bakker	10km Run/Walk	Female	43	Veteran (40-49)	01:23:30
13	22	5	TA0837	Mari-louise	Bezuidenhout	10km Run/Walk	Female	36	Sub-Veteran (30-39)	01:24:16
14	23	1	TA0995	Marion	Van Staden	10km Run/Walk	Female	23	Senior (19-29)	01:24:59
15	25	2	TA1041	Thandeka	Diremelo	10km Run/Walk	Female	26	Senior (19-29)	01:29:11
16	26	6	TA1143	Ofentse	Maduse	10km Run/Walk	Female	33	Sub-Veteran (30-39)	01:31:07
17	27	2	TA0756	Helena	Ras	10km Run/Walk	Female	54	Master (50-59)	01:32:16
18	29	3	TA1141	Lillian	Machaba	10km Run/Walk	Female	51	Master (50-59)	01:33:06
19	30	7	TA0726	Michelle	Burger	10km Run/Walk	Female	39	Sub-Veteran (30-39)	01:33:18
20	31	8	TA0906	Mariza	Scheepers	10km Run/Walk	Female	36	Sub-Veteran (30-39)	01:33:21
21	32	9	TA0699	Annerie	De Beer	10km Run/Walk	Female	39	Sub-Veteran (30-39)	01:33:23
22	33	10	TA0681	Nandipha	Thabeng	10km Run/Walk	Female	37	Sub-Veteran (30-39)	01:37:34
23	34	4	TA0642	Marinda	Reynecke	10km Run/Walk	Female	50	Master (50-59)	01:39:00
24	36	6	TA1017	Christina	Maluleke	10km Run/Walk	Female	41	Veteran (40-49)	01:43:19
25	38	5	TRAIL20176	Lynne	Manson	10km Run/Walk	Female	53	Master (50-59)	01:47:05
26	40	1	TA1156	Larette	Vorster	10km Run/Walk	Female	16	16 to 18	01:47:35
27	41	7	TA1025	Zanele	Mahlaba	10km Run/Walk	Female	40	Veteran (40-49)	01:48:46
28	42	8	TA1111	Linda	Clough	10km Run/Walk	Female	44	Veteran (40-49)	01:51:20
29	43	9	TRAIL12674	Cindy	Thomas	10km Run/Walk	Female	49	Veteran (40-49)	01:52:27
30	44	2	TRAIL20269	Marie	Van Dyk	10km Run/Walk	Female	71	Grand-Master (60+)	01:56:13
31	45	11	TA1153	Leana	Janse Van Rensburg	10km Run/Walk	Female	35	Sub-Veteran (30-39)	01:56:20
32	46	6	TA2538	Susan	Blignaut	10km Run/Walk	Female	52	Master (50-59)	01:56:21
33	47	7	TA1020	Cecelia	Van Tonder	10km Run/Walk	Female	59	Master (50-59)	01:56:23
34	48	3	TRAIL20915	Dot	Johnson	10km Run/Walk	Female	72	Grand-Master (60+)	01:56:51
35	50	10	TA1159	Tshifhiwa	Ramaliba	10km Run/Walk	Female	40	Veteran (40-49)	01:57:26
36	51	11	TA0753	Sonwabile	Patricia Xaba	10km Run/Walk	Female	46	Veteran (40-49)	01:58:54
37	52	12	TA0888	Tshifhiwa	Nemutudi	10km Run/Walk	Female	41	Veteran (40-49)	02:01:18
38	53	8	TRAIL20101	Liesel	Neubrech	10km Run/Walk	Female	50	Master (50-59)	02:01:29
39	54	13	TA0828	Martie	Schoeman	10km Run/Walk	Female	44	Veteran (40-49)	02:01:55

40	56	12	TA1068	Mbalenhle	Yaka	10km Run/Walk	Female	35	Sub-Veteran (30-39)	02:02:35
41	57	13	TRAIL20131	Mariet	Lange	10km Run/Walk	Female	38	Sub-Veteran (30-39)	02:04:12
42	59	14	TA3085	Matumelo	Msomi	10km Run/Walk	Female	32	Sub-Veteran (30-39)	02:17:27

5km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1245	Lucas	Motshabi	5km Run/Walk	Male	36	Sub-Veteran (30-39)	00:29:35
2	4	1	TA1405	Anthony	Cousins	5km Run/Walk	Male	41	Veteran (40-49)	00:39:54
3	5	1	TA1319	Luan	Smit	5km Run/Walk	Male	7	Under 11	00:43:57
4	8	2	TA1622	Bradley	Brand	5km Run/Walk	Male	42	Veteran (40-49)	00:46:07
5	9	1	TA0042	Johannes	Meiring	5km Run/Walk	Male	14	12 to 15	00:46:31
6	17	2	TA1392	Deronne	Meiring	5km Run/Walk	Male	10	Under 11	00:53:41
7	19	1	TRAIL20083	Ben	Pieterse	5km Run/Walk	Male	63	Grand-Master (60+)	00:55:27
8	20	3	TRAIL20354	Gerhard	Van Huyssteen	5km Run/Walk	Male	49	Veteran (40-49)	00:56:50
9	21	4	TA1752	Riaan	Swart	5km Run/Walk	Male	43	Veteran (40-49)	00:57:38
10	25	2	TA1461	Matthew	Linde	5km Run/Walk	Male	14	12 to 15	01:02:41
11	27	2	TA1336	Okkie	Olckers	5km Run/Walk	Male	67	Grand-Master (60+)	01:04:19
12	36	5	TA0486	Willie	Pavier	5km Run/Walk	Male	49	Veteran (40-49)	01:17:27
13	38	2	TRAIL20309	Tylon	Van Veenhuyzen	5km Run/Walk	Male	33	Sub-Veteran (30-39)	01:20:05
14	45	6	TA1484	Danie	Delport	5km Run/Walk	Male	49	Veteran (40-49)	01:22:15
15	50	1	TA1429	Franco	Wallis	5km Run/Walk	Male	21	Senior (19-29)	01:29:04
16	51	2	TA1237	Johan	Van Wyk	5km Run/Walk	Male	21	Senior (19-29)	01:29:24
17	53	3	TA1508	Tiaan	Delport	5km Run/Walk	Male	20	Senior (19-29)	01:36:03

5km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA1452	Zahne	Durand	5km Run/Walk	Female	10	Under 11	00:34:35
2	3	2	TA0600	Nia	Durand	5km Run/Walk	Female	8	Under 11	00:39:38
3	6	1	TA1377	Michelle	Pavier	5km Run/Walk	Female	42	Veteran (40-49)	00:44:00
4	7	2	TA1595	Francine	Lamprecht	5km Run/Walk	Female	45	Veteran (40-49)	00:44:38
5	10	1	TA1500	Inge	Cousins	5km Run/Walk	Female	38	Sub-Veteran (30-39)	00:46:47
6	11	1	TRAIL20305	Margriet	Du Plooy	5km Run/Walk	Female	57	Master (50-59)	00:49:14
7	12	3	TA1249	Giuliette	Breytenbach	5km Run/Walk	Female	42	Veteran (40-49)	00:49:18
8	13	4	TA1308	Denise	Linde	5km Run/Walk	Female	45	Veteran (40-49)	00:50:42
9	14	1	TA0401	Annebell	Linde	5km Run/Walk	Female	12	12 to 15	00:51:11
10	15	1	TA1407	Mairin	Van Der Merwe	5km Run/Walk	Female	29	Senior (19-29)	00:52:15
11	16	2	TA1112	Hencha	Meyer	5km Run/Walk	Female	15	12 to 15	00:53:28
12	18	2	TA0286	Melisa	Mavhenge	5km Run/Walk	Female	34	Sub-Veteran (30-39)	00:55:21
13	22	5	TA1311	Colette	Swart	5km Run/Walk	Female	41	Veteran (40-49)	00:57:40
14	23	2	TA1224	Michelle	Van Der Schyff	5km Run/Walk	Female	27	Senior (19-29)	01:01:56
15	24	3	TA0087	Monique	Snyman	5km Run/Walk	Female	30	Sub-Veteran (30-39)	01:02:29
16	26	4	TA0297	Lisel	Viljoen	5km Run/Walk	Female	33	Sub-Veteran (30-39)	01:03:39
17	28	5	TA1540	Makgotso	Maja	5km Run/Walk	Female	30	Sub-Veteran (30-39)	01:04:22
18	29	2	TA0449	Sophie	Yaka	5km Run/Walk	Female	59	Master (50-59)	01:10:28
19	30	3	TA1259	Marianne	Joubert	5km Run/Walk	Female	54	Master (50-59)	01:10:44
20	31	4	TA1390	Frances	Stander	5km Run/Walk	Female	54	Master (50-59)	01:12:30
21	32	6	TA1433	Tracy	Dornnigton	5km Run/Walk	Female	44	Veteran (40-49)	01:15:23
22	33	5	TA1435	Corrie	Myburgh	5km Run/Walk	Female	56	Master (50-59)	01:16:26
23	34	1	TRAIL20913	Lana	Bosch	5km Run/Walk	Female	61	Grand-Master (60+)	01:16:37
24	35	3	TA1221	Zan🇳🇬	Smit	5km Run/Walk	Female	10	Under 11	01:17:22
25	37	6	TRAIL20308	Sephra	Duncan	5km Run/Walk	Female	33	Sub-Veteran (30-39)	01:20:01
26	39	7	TA1302	Petro	Lloyd	5km Run/Walk	Female	47	Veteran (40-49)	01:20:36
27	40	3	TA0331	Ashley	Lloyd	5km Run/Walk	Female	15	12 to 15	01:20:41
28	41	7	TA1229	Nadia	Marais	5km Run/Walk	Female	39	Sub-Veteran (30-39)	01:21:56
29	42	6	TA1256	Beverley	Le Roux	5km Run/Walk	Female	52	Master (50-59)	01:21:59
30	43	3	TA1358	Natasha	Lloyd	5km Run/Walk	Female	28	Senior (19-29)	01:22:04
31	44	8	TA1321	Marie-louise	Le Roux	5km Run/Walk	Female	33	Sub-Veteran (30-39)	01:22:09
32	46	7	TA0490	Leanne	Booth	5km Run/Walk	Female	54	Master (50-59)	01:23:25
33	47	8	TA1240	Erika	Kock	5km Run/Walk	Female	42	Veteran (40-49)	01:27:19
34	48	2	TRAIL20357	Elise	Loubser	5km Run/Walk	Female	67	Grand-Master (60+)	01:28:51
35	49	4	TA0404	Lisa	Jarvis	5km Run/Walk	Female	19	Senior (19-29)	01:29:01
36	52	5	TA1494	Mishka	Park	5km Run/Walk	Female	21	Senior (19-29)	01:29:28
37	54	9	TA0184	Andrea	Delpport	5km Run/Walk	Female	47	Veteran (40-49)	01:36:05
38	55	10	TRAIL20000	Glizelle	Langerman	5km Run/Walk	Female	43	Veteran (40-49)	02:35:03
39	56	6	TRAIL20912	Courtney	Malan	5km Run/Walk	Female	24	Senior (19-29)	03:21:13

2km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2317	Sharon	Van Veenhuizen	2km Run/Walk	Female	53	Master (50-59)	00:28:40
2	2	1	TA2371	Tamsin	Van Veenhuyzen	2km Run/Walk	Female	29	Senior (19-29)	00:29:08