

AdventureRun : AdventureTails RockWalk & Run

AdventureTails Rock Walk/Run on 15th February 2020



21km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA1874	Faizel	Joseph	21km Run/Walk	Male	42	Veteran (40-49)	02:25:39
2	3	1	TA1959	Shakir	Solomons	21km Run/Walk	Male	28	Senior (19-29)	02:29:16

21km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1945	Jeanne	Havinga	21km Run/Walk	Female	40	Veteran (40-49)	02:14:03
2	4	1	TA1818	Leonie	Knoetze	21km Run/Walk	Female	33	Sub-Veteran (30-39)	02:48:27

15km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2230	Bruce	Turvey	15km Run/Walk	Male	44	Veteran (40-49)	01:22:57
2	4	2	TA1978	Pieter	Botha	15km Run/Walk	Male	47	Veteran (40-49)	01:59:45
3	5	1	TA1905	Aldyn Alec	Debbo	15km Run/Walk	Male	38	Sub-Veteran (30-39)	02:04:41

15km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA1877	Melany	Lotter	15km Run/Walk	Female	37	Sub-Veteran (30-39)	01:55:14
2	3	1	TA2123	Sharlene	Theron	15km Run/Walk	Female	47	Veteran (40-49)	01:58:50
3	6	2	TA1340	Nancy	Maketa	15km Run/Walk	Female	40	Veteran (40-49)	02:19:10
4	7	3	TA0455	Phumlile	Nkhashu	15km Run/Walk	Female	47	Veteran (40-49)	02:19:14
5	8	1	TA1516	Jessica	Vermaak	15km Run/Walk	Female	24	Senior (19-29)	02:19:20
6	9	4	TA2180	Julie	Reid	15km Run/Walk	Female	40	Veteran (40-49)	02:21:00
7	10	2	TRAIL20364	Shan	Lauryssen	15km Run/Walk	Female	32	Sub-Veteran (30-39)	02:26:21
8	11	3	TA2376	Estelle	De Beer	15km Run/Walk	Female	31	Sub-Veteran (30-39)	02:26:24

10km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10286	Frikkie	Coetzer	10km Run/Walk	Male	45	Veteran (40-49)	01:00:59
2	2	2	TRAIL12428	Geldenhuys	Combrinck	10km Run/Walk	Male	46	Veteran (40-49)	01:01:40
3	3	1	TRAIL20628	Geoff	Lupton-smith	10km Run/Walk	Male	62	Grand-Master (60+)	01:07:12
4	4	1	TA1431	Shezaad	Essop Moosa	10km Run/Walk	Male	33	Sub-Veteran (30-39)	01:07:40
5	6	2	TA1734	Jason	Weyers	10km Run/Walk	Male	34	Sub-Veteran (30-39)	01:07:55
6	7	1	TA2001	Drikus	Van Heerden	10km Run/Walk	Male	25	Senior (19-29)	01:09:01
7	10	3	TA2008	Renier	Botha	10km Run/Walk	Male	47	Veteran (40-49)	01:13:32
8	11	2	TRAIL20725	Gerald	Steyn	10km Run/Walk	Male	68	Grand-Master (60+)	01:14:41
9	12	2	TA0457	Sean	Webber	10km Run/Walk	Male	26	Senior (19-29)	01:15:15
10	13	3	TA0378	Tyron	Jacobsen	10km Run/Walk	Male	32	Sub-Veteran (30-39)	01:21:48
11	16	3	TRAIL20877	Dewald	Van Biljon	10km Run/Walk	Male	60	Grand-Master (60+)	01:24:56
12	19	4	TA2255	Mphathi	Ngcamu	10km Run/Walk	Male	31	Sub-Veteran (30-39)	01:28:02
13	24	4	TRAIL20193	Hein	Lange	10km Run/Walk	Male	62	Grand-Master (60+)	01:42:20
14	27	5	TA1940	Brenton	Conway	10km Run/Walk	Male	34	Sub-Veteran (30-39)	02:02:05
15	31	4	TA1799	Kader	D'sa	10km Run/Walk	Male	40	Veteran (40-49)	03:30:39

10km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TA1566	Herma	Fouche	10km Run/Walk	Female	29	Senior (19-29)	01:07:52
2	8	2	TA1691	Ammarah	Vally	10km Run/Walk	Female	26	Senior (19-29)	01:09:36
3	9	1	TA0096	Shannon	Maclean	10km Run/Walk	Female	32	Sub-Veteran (30-39)	01:11:25
4	14	2	TA2059	Philip	Vonbee	10km Run/Walk	Female	35	Sub-Veteran (30-39)	01:24:12
5	15	3	TA1981	Rienie	Vonbelou	10km Run/Walk	Female	32	Sub-Veteran (30-39)	01:24:28
6	17	1	TA0357	Liezel	Barnard	10km Run/Walk	Female	40	Veteran (40-49)	01:26:27
7	18	4	TA1785	Stephanie	Aken	10km Run/Walk	Female	37	Sub-Veteran (30-39)	01:26:43
8	20	2	TA0479	Helena	Bosch	10km Run/Walk	Female	42	Veteran (40-49)	01:30:31
9	21	1	TA1727	Mary	Botha	10km Run/Walk	Female	51	Master (50-59)	01:34:11
10	22	3	TA1225	Hannelie	Millies	10km Run/Walk	Female	41	Veteran (40-49)	01:37:23
11	23	2	TA2116	Jenny	Tomlinson	10km Run/Walk	Female	56	Master (50-59)	01:37:33
12	25	5	TA0233	Leana	Rossouw	10km Run/Walk	Female	32	Sub-Veteran (30-39)	01:55:25
13	26	6	TA1937	Lize-marie	Smit	10km Run/Walk	Female	33	Sub-Veteran (30-39)	02:02:01
14	28	7	TRAIL20131	Mariet	Lange	10km Run/Walk	Female	38	Sub-Veteran (30-39)	02:04:01
15	29	4	TA2136	Kebo	Mosweusweu	10km Run/Walk	Female	43	Veteran (40-49)	02:06:25
16	30	5	TA1317	Desir[illegible]	Dsa	10km Run/Walk	Female	42	Veteran (40-49)	03:30:26

5km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0416	Clarke	Holliday	5km Run/Walk	Male	26	Senior (19-29)	00:33:14
2	2	1	TA0210	Anthony	Cousins	5km Run/Walk	Male	41	Veteran (40-49)	00:33:35
3	3	2	TA1350	Martin	Jooste	5km Run/Walk	Male	46	Veteran (40-49)	00:37:13
4	6	1	TA0304	Vumani	Sibiya	5km Run/Walk	Male	33	Sub-Veteran (30-39)	00:42:48
5	12	1	TRAIL20083	Ben	Pieterse	5km Run/Walk	Male	63	Grand-Master (60+)	00:49:32
6	13	3	TA0317	Riaan	Swart	5km Run/Walk	Male	43	Veteran (40-49)	00:50:25
7	16	1	TA1438	Selwyn	Wrede	5km Run/Walk	Male	58	Master (50-59)	00:51:11
8	18	4	TRAIL20354	Gerhard	Van Huyssteen	5km Run/Walk	Male	49	Veteran (40-49)	00:53:23
9	19	5	TA0369	Lloyd	Barkhuizen	5km Run/Walk	Male	47	Veteran (40-49)	00:53:26
10	20	6	TA1385	Samuel	Herman	5km Run/Walk	Male	41	Veteran (40-49)	00:53:27
11	21	7	TA1468	Henry	Boyce	5km Run/Walk	Male	45	Veteran (40-49)	00:53:29
12	22	8	TA1389	Fanie	Venter	5km Run/Walk	Male	44	Veteran (40-49)	00:53:58
13	25	2	TA1342	Andre	Steele	5km Run/Walk	Male	53	Master (50-59)	00:56:12
14	29	2	TA1368	Johan	Bosch	5km Run/Walk	Male	39	Sub-Veteran (30-39)	00:56:20
15	30	1	TA1446	Khaya	Maketa	5km Run/Walk	Male	15	12 to 15	00:57:28
16	38	3	TA1542	Anton	Kieck	5km Run/Walk	Male	59	Master (50-59)	01:00:31
17	42	3	TA1325	Stephan	Van Der Merwe	5km Run/Walk	Male	39	Sub-Veteran (30-39)	01:01:48
18	43	9	TA1353	Danie	Delport	5km Run/Walk	Male	49	Veteran (40-49)	01:01:54
19	44	4	TA0242	David	Fichman	5km Run/Walk	Male	39	Sub-Veteran (30-39)	01:04:26
20	49	2	TA0537	Dirk	Van Papendorp	5km Run/Walk	Male	70	Grand-Master (60+)	01:09:17
21	52	1	TA1360	Lethabo	Dikobe	5km Run/Walk	Male	8	Under 11	01:11:32
22	53	2	TA0434	Tiaan	Delport	5km Run/Walk	Male	20	Senior (19-29)	01:20:28
23	56	3	TA1213	Rikus	De Beer	5km Run/Walk	Male	28	Senior (19-29)	01:25:14
24	60	10	TRAIL20168	Melt	Morrison	5km Run/Walk	Male	41	Veteran (40-49)	01:40:38

5km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA1230	Inge	Cousins	5km Run/Walk	Female	38	Sub-Veteran (30-39)	00:37:53
2	5	1	TA1469	Martinette	Nolan	5km Run/Walk	Female	28	Senior (19-29)	00:42:11
3	7	1	TA1659	Marelize	Nolan	5km Run/Walk	Female	56	Master (50-59)	00:43:52
4	8	2	TA0291	Melisa	Mavhenge	5km Run/Walk	Female	34	Sub-Veteran (30-39)	00:46:00
5	9	1	TA1547	Karien	Van Deventer	5km Run/Walk	Female	61	Grand-Master (60+)	00:46:10
6	10	2	TA0462	Annelize	Coetze	5km Run/Walk	Female	55	Master (50-59)	00:46:45
7	11	3	TA0494	Lungile	Hlophe	5km Run/Walk	Female	32	Sub-Veteran (30-39)	00:49:06
8	14	1	TA1511	Colette	Swart	5km Run/Walk	Female	41	Veteran (40-49)	00:50:29
9	15	2	TA1475	Susan	Van Staden	5km Run/Walk	Female	61	Grand-Master (60+)	00:50:42
10	17	3	TA0167	Karin	Wrede	5km Run/Walk	Female	55	Master (50-59)	00:51:15
11	23	4	TA1725	Telana	Van Nieuwenhuizen	5km Run/Walk	Female	33	Sub-Veteran (30-39)	00:54:15
12	24	2	TA1398	Rita	Steele	5km Run/Walk	Female	46	Veteran (40-49)	00:56:09
13	26	5	TA0414	Chrisca	Bosch	5km Run/Walk	Female	37	Sub-Veteran (30-39)	00:56:14
14	27	1	TA0453	Kylie	Bosch	5km Run/Walk	Female	10	Under 11	00:56:18
15	28	1	TA1242	Jessica	Bosch	5km Run/Walk	Female	12	12 to 15	00:56:18
16	31	2	TA1451	Ashley	Rawlings	5km Run/Walk	Female	28	Senior (19-29)	00:58:50
17	32	4	TRAIL20245	Helmien	Van Biljon	5km Run/Walk	Female	58	Master (50-59)	00:59:20
18	33	3	TA1228	Jane	Steyn	5km Run/Walk	Female	66	Grand-Master (60+)	00:59:22
19	34	3	TA0440	Petro	Lloyd	5km Run/Walk	Female	47	Veteran (40-49)	00:59:29
20	35	4	TA1520	Jenny	Bester	5km Run/Walk	Female	75	Grand-Master (60+)	00:59:51
21	36	4	TA1501	Amanda	Bester	5km Run/Walk	Female	45	Veteran (40-49)	00:59:57
22	37	5	TA0511	Lynda	Kieck	5km Run/Walk	Female	60	Grand-Master (60+)	01:00:19
23	39	5	TA1201	Tanya	Baird	5km Run/Walk	Female	44	Veteran (40-49)	01:01:23
24	40	6	TA0346	Michelle	Boyce	5km Run/Walk	Female	31	Sub-Veteran (30-39)	01:01:25
25	41	7	TA1238	Shona	Van Der Merwe	5km Run/Walk	Female	32	Sub-Veteran (30-39)	01:01:45
26	45	3	TA1473	Roxanne	Scott-williams	5km Run/Walk	Female	27	Senior (19-29)	01:04:28
27	46	2	TA1234	Ashley	Lloyd	5km Run/Walk	Female	15	12 to 15	01:08:24
28	47	4	TA0283	Natasha	Lloyd	5km Run/Walk	Female	28	Senior (19-29)	01:08:25
29	48	6	TA0339	Selome	Van Papendorp	5km Run/Walk	Female	64	Grand-Master (60+)	01:09:10
30	50	8	TA1530	Marie-louise	Le Roux	5km Run/Walk	Female	33	Sub-Veteran (30-39)	01:09:26
31	51	5	TA0311	Beverley	Le Roux	5km Run/Walk	Female	52	Master (50-59)	01:09:29
32	54	6	TA0196	Andrea	Delport	5km Run/Walk	Female	47	Veteran (40-49)	01:20:30
33	55	7	TA1362	Ronel	Uys	5km Run/Walk	Female	45	Veteran (40-49)	01:24:47
34	57	9	TA1296	Leasche	De Beer	5km Run/Walk	Female	30	Sub-Veteran (30-39)	01:25:27
35	58	8	TRAIL20000	Glizelle	Langerman	5km Run/Walk	Female	43	Veteran (40-49)	01:37:17
36	59	9	TRAIL20164	Juanita	Pekeur	5km Run/Walk	Female	40	Veteran (40-49)	01:40:35

2km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0417	David	Mills	2km Run/Walk	Male	50	Master (50-59)	01:03:10
2	8	1	TA0204	Katlego	Segwapa	2km Run/Walk	Male	9	Under 11	01:10:43

2km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0312	Jade	Viviers	2km Run/Walk	Female	25	Senior (19-29)	01:03:05
2	3	1	TA1488	Millicent	Matlopela	2km Run/Walk	Female	30	Sub-Veteran (30-39)	01:09:40
3	4	1	TA0576	Karabo	Segwapa	2km Run/Walk	Female	11	Under 11	01:09:48
4	5	2	TA1521	Kayla	Matlopela	2km Run/Walk	Female	7	Under 11	01:10:00
5	6	3	TA1684	Khutso	Segwapa	2km Run/Walk	Female	4	Under 11	01:10:27
6	7	2	TA0098	Moshibudi Lorraine	Segwapa	2km Run/Walk	Female	35	Sub-Veteran (30-39)	01:10:31
7	9	2	TA1387	Gloria	Mamabolo	2km Run/Walk	Female	29	Senior (19-29)	01:11:01