



AdventureRun : Ingaadi Adventure Pet Friendly Walk/Run

AdventureTails Ingaadi Spa Walk/Run on 18th January 2020



21km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2836	Tarquin	Meszaros	21km Run/Walk	Male	38	Sub-Veteran (30-39)	01:43:37
2	3	1	TA3088	Shavhani	Mutshutshu	21km Run/Walk	Male	40	Veteran (40-49)	02:11:37
3	4	1	TA3072	Michael	Smith	21km Run/Walk	Male	50	Master (50-59)	02:15:44
4	5	1	TA3131	Isak	Steyn	21km Run/Walk	Male	68	Grand-Master (60+)	02:18:26
5	6	2	TA2805	Robert	Hill	21km Run/Walk	Male	53	Master (50-59)	02:22:02
6	7	3	TA2548	Peet	Lategan	21km Run/Walk	Male	50	Master (50-59)	02:22:59
7	9	2	TA3424	Henco	Cronje	21km Run/Walk	Male	45	Veteran (40-49)	02:23:12
8	10	1	TRAIL12928	Saki	Marais	21km Run/Walk	Male	29	Senior (19-29)	02:29:10
9	11	4	TA2465	Clint	Holing	21km Run/Walk	Male	55	Master (50-59)	02:42:43
10	13	2	TA2770	Johan	Grove	21km Run/Walk	Male	37	Sub-Veteran (30-39)	02:54:00
11	14	3	TA2827	Allen	Mafokwane	21km Run/Walk	Male	43	Veteran (40-49)	03:07:57
12	16	4	TA2851	Petrus	Makgoba	21km Run/Walk	Male	49	Veteran (40-49)	03:17:54

21km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA2493	Joan	Van Wyngaard	21km Run/Walk	Female	43	Veteran (40-49)	02:11:23
2	8	2	TA3095	Marche	Cronje	21km Run/Walk	Female	45	Veteran (40-49)	02:23:08
3	12	1	TA3081	Emma	Emmerich	21km Run/Walk	Female	29	Senior (19-29)	02:47:01
4	15	1	TA2801	Tamsen	Emmerich	21km Run/Walk	Female	32	Sub-Veteran (30-39)	03:10:28

15km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2413	Eddie	Kriel	15km Run/Walk	Male	45	Veteran (40-49)	01:25:08
2	2	1	TA2633	Buhle	Solomon	15km Run/Walk	Male	20	Senior (19-29)	01:32:38
3	3	2	TRAIL12184	Robert	Armstrong	15km Run/Walk	Male	40	Veteran (40-49)	01:36:01
4	4	1	TA2700	Ivan	Gibbons	15km Run/Walk	Male	59	Master (50-59)	01:40:35
5	5	2	TA2722	Hans	Temperman	15km Run/Walk	Male	26	Senior (19-29)	01:40:55
6	6	2	TRAIL20124	Guy	Fyvie	15km Run/Walk	Male	50	Master (50-59)	01:48:42
7	15	3	TRAIL12520	Charles	Muller	15km Run/Walk	Male	49	Veteran (40-49)	02:49:50
8	16	4	TA3136	Clive	Schoeman	15km Run/Walk	Male	42	Veteran (40-49)	02:49:56

15km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	7	1	TRAIL20122	Robyn	Fyvie	15km Run/Walk	Female	23	Senior (19-29)	01:49:38
2	8	1	TA2408	Gabisile	Mutshutshu	15km Run/Walk	Female	44	Veteran (40-49)	01:56:07
3	9	2	TA2786	Lerica	Schoeman	15km Run/Walk	Female	40	Veteran (40-49)	01:59:59
4	10	3	TA2499	Nolubabalo	Sidzumo	15km Run/Walk	Female	48	Veteran (40-49)	02:11:16
5	11	1	TA2893	Anisha	Panchia	15km Run/Walk	Female	38	Sub-Veteran (30-39)	02:18:07
6	12	2	TA2051	Ziska	De Jager	15km Run/Walk	Female	36	Sub-Veteran (30-39)	02:25:24
7	13	1	TA2705	Lorna	Gibbons	15km Run/Walk	Female	60	Grand-Master (60+)	02:26:09
8	14	2	TA2472	Suzan	Holden	15km Run/Walk	Female	65	Grand-Master (60+)	02:36:36

10km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2252	Johnie	Jonker	10km Run/Walk	Male	61	Grand-Master (60+)	00:52:56
2	2	1	TA1963	Marcus	Messeder	10km Run/Walk	Male	47	Veteran (40-49)	00:56:45
3	3	2	TRAIL12428	Geldenuys	Combrinck	10km Run/Walk	Male	46	Veteran (40-49)	00:59:41
4	5	1	TA2188	Tinustinust	Marais	10km Run/Walk	Male	54	Master (50-59)	01:03:30
5	6	3	TA2047	Nick	Latta	10km Run/Walk	Male	48	Veteran (40-49)	01:03:36
6	8	2	TRAIL20628	Geoff	Lupton-smith	10km Run/Walk	Male	62	Grand-Master (60+)	01:05:51
7	11	1	TA2042	Jacobus	Pieterse	10km Run/Walk	Male	33	Sub-Veteran (30-39)	01:10:01
8	13	2	TA2014	Jason	Benci	10km Run/Walk	Male	34	Sub-Veteran (30-39)	01:14:05
9	14	3	TA2186	Tim	Overy	10km Run/Walk	Male	31	Sub-Veteran (30-39)	01:14:54
10	17	4	TA2375	Jonathan	Harflett	10km Run/Walk	Male	48	Veteran (40-49)	01:19:14
11	19	2	TA1921	Nape	Monakedi	10km Run/Walk	Male	51	Master (50-59)	01:22:56
12	22	3	TA2394	Albert	Pretorius	10km Run/Walk	Male	58	Master (50-59)	01:26:52
13	27	3	TRAIL11476	Charles	Marais	10km Run/Walk	Male	60	Grand-Master (60+)	01:31:28
14	29	4	TA2123	Mauritz	Botha	10km Run/Walk	Male	31	Sub-Veteran (30-39)	01:33:11
15	31	5	TA0727	Willem Hendrik	Boshoff	10km Run/Walk	Male	30	Sub-Veteran (30-39)	01:33:27
16	34	1	TA2399	Jonathan	Ainscough	10km Run/Walk	Male	29	Senior (19-29)	01:33:46
17	44	4	TRAIL20179	William	Templeton	10km Run/Walk	Male	56	Master (50-59)	01:54:28
18	45	4	TA2196	Theodore	Albrecht	10km Run/Walk	Male	64	Grand-Master (60+)	02:00:13

10km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA1904	Lindsay	Ward	10km Run/Walk	Female	31	Sub-Veteran (30-39)	01:02:00
2	7	1	TA2049	Diane	Shearer	10km Run/Walk	Female	29	Senior (19-29)	01:04:44
3	9	2	TA2097	Stephanie	Cliff	10km Run/Walk	Female	38	Sub-Veteran (30-39)	01:06:18
4	10	2	TA1990	Luciani	Berdesilva	10km Run/Walk	Female	22	Senior (19-29)	01:08:59
5	12	3	TA2066	Somande	Brown	10km Run/Walk	Female	39	Sub-Veteran (30-39)	01:10:29
6	15	3	TA2351	Marise	Rust	10km Run/Walk	Female	29	Senior (19-29)	01:15:07
7	16	4	TA2009	Nicola	Klue	10km Run/Walk	Female	30	Sub-Veteran (30-39)	01:16:30
8	18	5	TA1973	Bukelwa	Sibobi	10km Run/Walk	Female	36	Sub-Veteran (30-39)	01:21:05
9	20	6	TA2004	Vuyo	Ludidi	10km Run/Walk	Female	35	Sub-Veteran (30-39)	01:23:58
10	21	7	TA2038	Kgothatso	Mohulatsi	10km Run/Walk	Female	32	Sub-Veteran (30-39)	01:25:32
11	23	1	TA1915	Julie	Symms	10km Run/Walk	Female	54	Master (50-59)	01:27:30
12	24	1	TA2280	Mariette	Smit	10km Run/Walk	Female	47	Veteran (40-49)	01:29:27
13	25	1	TA2353	Kaylee	Smit	10km Run/Walk	Female	16	16 to 18	01:29:30
14	26	8	TA1911	Erika	De Bruin	10km Run/Walk	Female	36	Sub-Veteran (30-39)	01:30:39
15	28	4	TA2024	Erika	Botha	10km Run/Walk	Female	28	Senior (19-29)	01:32:06
16	30	5	TA1993	Angele	Botha	10km Run/Walk	Female	29	Senior (19-29)	01:33:16
17	32	6	TA1056	Martha Maria Jacoba	Boshoff	10km Run/Walk	Female	27	Senior (19-29)	01:33:32
18	33	9	TA2052	Lee-anne	Olsen	10km Run/Walk	Female	32	Sub-Veteran (30-39)	01:33:43
19	35	2	TA2258	Carika	Smith	10km Run/Walk	Female	46	Veteran (40-49)	01:34:49
20	36	3	TA2152	Susie	Latta	10km Run/Walk	Female	48	Veteran (40-49)	01:35:46
21	37	2	TA1974	Sue	Pretorius	10km Run/Walk	Female	53	Master (50-59)	01:39:55
22	38	4	TRAIL20144	Shauna	Costley	10km Run/Walk	Female	47	Veteran (40-49)	01:40:06
23	39	10	TRAIL20131	Mariet	Lange	10km Run/Walk	Female	38	Sub-Veteran (30-39)	01:40:47
24	40	5	TA2534	Ming-yu	Hu	10km Run/Walk	Female	49	Veteran (40-49)	01:44:48
25	41	3	TA1920	Lucille	Pretorius	10km Run/Walk	Female	51	Master (50-59)	01:45:08
26	42	6	TA1886	Retha	Nienaber	10km Run/Walk	Female	40	Veteran (40-49)	01:48:51
27	43	11	TA2095	Monica	Du Plessis	10km Run/Walk	Female	39	Sub-Veteran (30-39)	01:48:58
28	46	1	TA2182	Reinette	Albrecht	10km Run/Walk	Female	61	Grand-Master (60+)	02:00:45
29	47	4	TA1968	Liesel	Neubrech	10km Run/Walk	Female	50	Master (50-59)	02:03:39
30	48	5	TA2242	Charmaine	Chaplog	10km Run/Walk	Female	54	Master (50-59)	02:03:53
31	49	6	TA2045	Joanne	Owers	10km Run/Walk	Female	54	Master (50-59)	02:04:05

5km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1797	Shaun	Farrell	5km Run/Walk	Male	21	Senior (19-29)	00:27:22
2	3	1	TA1440	Olaf	Smit	5km Run/Walk	Male	46	Veteran (40-49)	00:30:28
3	4	2	TA1309	Luke	Powell	5km Run/Walk	Male	29	Senior (19-29)	00:30:59
4	5	1	TA0490	Jacobus	Jonker	5km Run/Walk	Male	30	Sub-Veteran (30-39)	00:32:54
5	6	2	TA1478	Anthony	Cousins	5km Run/Walk	Male	41	Veteran (40-49)	00:33:31
6	8	1	TA1277	Wessel	Vermeulen	5km Run/Walk	Male	10	Under 11	00:35:10
7	10	3	TA1358	Wessel	Vermeulen	5km Run/Walk	Male	42	Veteran (40-49)	00:35:15
8	11	2	TA1299	Vumani	Sibiya	5km Run/Walk	Male	33	Sub-Veteran (30-39)	00:39:48
9	12	3	TA1356	Eric	Danielz	5km Run/Walk	Male	33	Sub-Veteran (30-39)	00:41:39
10	21	1	TRAIL11168	Glyn	Boddy	5km Run/Walk	Male	55	Master (50-59)	00:45:10
11	23	4	TA2183	Werner	De Wet	5km Run/Walk	Male	35	Sub-Veteran (30-39)	00:46:25
12	25	2	TA1413	Mike	Doman	5km Run/Walk	Male	59	Master (50-59)	00:46:53
13	30	2	TA0223	Neil	Landman	5km Run/Walk	Male	9	Under 11	00:51:03
14	31	4	TA1386	Makbongwe	Nciza	5km Run/Walk	Male	46	Veteran (40-49)	00:51:31
15	33	5	TA1259	Quentin	Adendorff	5km Run/Walk	Male	38	Sub-Veteran (30-39)	00:52:30
16	34	6	TA0254	Thapelo	Mmushi	5km Run/Walk	Male	30	Sub-Veteran (30-39)	00:53:42
17	47	7	TA1334	Erik	Pieterse	5km Run/Walk	Male	32	Sub-Veteran (30-39)	01:02:54
18	51	8	TA1378	Tylon	Van Veenhuyzen	5km Run/Walk	Male	33	Sub-Veteran (30-39)	01:05:17
19	58	3	TA1505	Tiaan	Delpport	5km Run/Walk	Male	20	Senior (19-29)	01:22:29
20	60	5	TRAIL20168	Melt	Morrison	5km Run/Walk	Male	41	Veteran (40-49)	01:24:55
21	61	6	TA1308	Danie	Delpport	5km Run/Walk	Male	49	Veteran (40-49)	01:27:03

5km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA1291	Mia	Truter	5km Run/Walk	Female	21	Senior (19-29)	00:30:22
2	7	1	TA1376	Colette	Ferreira	5km Run/Walk	Female	30	Sub-Veteran (30-39)	00:34:28
3	9	2	TA1222	Inge	Cousins	5km Run/Walk	Female	38	Sub-Veteran (30-39)	00:35:13
4	13	3	TA1436	Estie	Van Der Watt	5km Run/Walk	Female	32	Sub-Veteran (30-39)	00:41:41
5	14	2	TA0429	Gizelle	Stobrawe	5km Run/Walk	Female	26	Senior (19-29)	00:42:16
6	15	1	TRAIL20777	Janine	Rust	5km Run/Walk	Female	61	Grand-Master (60+)	00:42:23
7	16	2	TA1221	Karien	Van Deventer	5km Run/Walk	Female	61	Grand-Master (60+)	00:43:22
8	17	1	TA1239	Brenda	Bleiker	5km Run/Walk	Female	44	Veteran (40-49)	00:43:50
9	18	4	TA2389	Chantell	De Beer	5km Run/Walk	Female	36	Sub-Veteran (30-39)	00:44:19
10	19	2	TA1986	Adele	Barkley	5km Run/Walk	Female	41	Veteran (40-49)	00:44:27
11	20	1	TA1326	Jackie	Nolte	5km Run/Walk	Female	55	Master (50-59)	00:45:01
12	22	5	TA2281	Shan	Lauryszen	5km Run/Walk	Female	32	Sub-Veteran (30-39)	00:46:18
13	24	3	TA0099	Holly	Latta	5km Run/Walk	Female	20	Senior (19-29)	00:46:35
14	26	2	TA0322	Annemarie	Nieuwenhuizen	5km Run/Walk	Female	58	Master (50-59)	00:47:15
15	27	6	TA1290	Lungile	Hlophe	5km Run/Walk	Female	32	Sub-Veteran (30-39)	00:49:41
16	28	4	TA1371	Tanya	Kritzinger	5km Run/Walk	Female	29	Senior (19-29)	00:49:49
17	29	1	TA1310	Karla	Pretorius	5km Run/Walk	Female	8	Under 11	00:50:57
18	32	7	TA0404	Chanelle	Adendorff	5km Run/Walk	Female	30	Sub-Veteran (30-39)	00:52:26
19	35	5	TA1240	Sibulele	Mmushi	5km Run/Walk	Female	28	Senior (19-29)	00:53:44
20	36	8	TA1392	Juanita	Van Der Jonelt	5km Run/Walk	Female	36	Sub-Veteran (30-39)	00:55:11
21	37	9	TA1451	Lerato	Aghimien	5km Run/Walk	Female	31	Sub-Veteran (30-39)	00:55:23
22	38	10	TA1390	Misa	Jojwana	5km Run/Walk	Female	33	Sub-Veteran (30-39)	00:55:25
23	39	3	TA1443	Marietjie	Steyn	5km Run/Walk	Female	66	Grand-Master (60+)	00:56:40
24	40	3	TA1407	Marilette	Pretorius	5km Run/Walk	Female	40	Veteran (40-49)	00:57:24
25	41	4	TA1325	Elanie	Broekman	5km Run/Walk	Female	40	Veteran (40-49)	00:57:28
26	42	5	TA1472	Stephanie	Landman	5km Run/Walk	Female	40	Veteran (40-49)	00:57:36
27	43	4	TA0299	Alida	De Bruine	5km Run/Walk	Female	77	Grand-Master (60+)	00:59:58
28	44	3	TA1526	Shan	Kriel	5km Run/Walk	Female	51	Master (50-59)	01:00:35
29	45	4	TA1481	Maryke	Hanger	5km Run/Walk	Female	53	Master (50-59)	01:00:39
30	46	6	TA0045	Ashley	Stander	5km Run/Walk	Female	28	Senior (19-29)	01:02:51
31	48	7	TA1575	Jenique	De Lange	5km Run/Walk	Female	23	Senior (19-29)	01:03:12
32	49	5	TA1355	Sanet	Lombard	5km Run/Walk	Female	54	Master (50-59)	01:03:15
33	50	11	TA0031	Sephra	Duncan	5km Run/Walk	Female	33	Sub-Veteran (30-39)	01:05:12
34	52	1	TA1503	Shannie	Hu	5km Run/Walk	Female	13	12 to 15	01:05:59
35	53	8	TA1394	Sandra	Hu	5km Run/Walk	Female	20	Senior (19-29)	01:06:03
36	54	6	TA0197	Ilyn	Steyn	5km Run/Walk	Female	51	Master (50-59)	01:16:14
37	55	9	TA0397	Kuschke	Goss	5km Run/Walk	Female	27	Senior (19-29)	01:16:40
38	56	7	TA1489	Engela	Goss	5km Run/Walk	Female	54	Master (50-59)	01:16:42
39	57	6	TA1381	Andrea	Delport	5km Run/Walk	Female	47	Veteran (40-49)	01:22:25
40	59	7	TRAIL20164	Juanita	Pekeur	5km Run/Walk	Female	40	Veteran (40-49)	01:24:52

2km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1054	Lodewijk	Vermeulen	2km Run/Walk	Male	8	Under 11	00:16:06
2	2	2	TA0695	Jean Pierre	Vermeulen	2km Run/Walk	Male	6	Under 11	00:16:15
3	7	1	TA1063	Andre	Geldenhuis	2km Run/Walk	Male	45	Veteran (40-49)	00:31:30
4	8	3	TA0846	Jesse	Geldenhuis	2km Run/Walk	Male	6	Under 11	00:31:39
5	11	2	TA0640	Reinier	Brummelkamp	2km Run/Walk	Male	43	Veteran (40-49)	00:33:23
6	15	4	TA0694	Michael	Jones	2km Run/Walk	Male	3	Under 11	00:35:45

2km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA0991	Chantelle	Vermeulen	2km Run/Walk	Female	42	Veteran (40-49)	00:16:21
2	4	1	TA0768	Yvonne	Doman	2km Run/Walk	Female	63	Grand-Master (60+)	00:25:55
3	5	1	TA0674	Sharon	Van Veenhuizen	2km Run/Walk	Female	53	Master (50-59)	00:30:30
4	6	1	TA0979	Tamsin	Van Veenhuyzen	2km Run/Walk	Female	29	Senior (19-29)	00:30:34
5	9	1	TA1008	Marelize	Binneman	2km Run/Walk	Female	34	Sub-Veteran (30-39)	00:32:42
6	10	2	TA0767	Carmen	De Vos	2km Run/Walk	Female	31	Sub-Veteran (30-39)	00:32:45
7	12	2	TA0906	Linda	Poll-jonker	2km Run/Walk	Female	43	Veteran (40-49)	00:33:45
8	13	3	TA1016	Lana	Roux	2km Run/Walk	Female	36	Sub-Veteran (30-39)	00:33:53
9	14	2	TA1051	Christina	Marais	2km Run/Walk	Female	57	Master (50-59)	00:34:24
10	16	3	TA0863	Stephanie	Jones	2km Run/Walk	Female	44	Veteran (40-49)	00:35:47
11	17	4	TA0815	Emsie	Fuhri	2km Run/Walk	Female	38	Sub-Veteran (30-39)	00:45:41