

AdventureRun : The Big Red Barn

Barn AdventureRun start 7 am on 22nd December 2019



21km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2947	Silvester	Makoasha	21km	Male	25	Senior (19-29)	01:25:21
2	2	2	TA2418	Rudolf	Rossouw	21km	Male	22	Senior (19-29)	01:29:38
3	3	1	TA2490	Henk	De Jager	21km	Male	50	Master (50-59)	01:34:23
4	4	1	TRAIL10172	Nathan	Hunt	21km	Male	37	Sub-Veteran (30-39)	01:45:08
5	6	2	TA2983	Ruan	Smit	21km	Male	33	Sub-Veteran (30-39)	01:50:15
6	8	3	TA3040	Stuart	Walsh	21km	Male	38	Sub-Veteran (30-39)	01:55:10
7	9	1	TA2906	Christiaan	Schutte	21km	Male	47	Veteran (40-49)	01:55:22
8	10	4	TA2550	Dawid	Van Coller	21km	Male	35	Sub-Veteran (30-39)	01:55:26
9	11	5	TA2991	Mathys	Redelinghuys	21km	Male	31	Sub-Veteran (30-39)	01:57:37
10	13	2	TA2663	Sibusiso	Sabela	21km	Male	44	Veteran (40-49)	02:00:57
11	18	2	TA2438	Nigel	Crocker	21km	Male	54	Master (50-59)	02:04:33
12	20	3	TA2654	Paul	Nel	21km	Male	45	Veteran (40-49)	02:14:54
13	24	1	TA3479	Andreas	Te Reh	21km	Male	70	Grand-Master (60+)	02:20:32
14	25	6	TRAIL20502	Francois	Labuschagne	21km	Male	34	Sub-Veteran (30-39)	02:21:00
15	26	4	TA2987	Thulani	Sibiya	21km	Male	42	Veteran (40-49)	02:21:26
16	27	5	TA2642	Robert	Smith	21km	Male	48	Veteran (40-49)	02:21:31
17	30	3	TA2555	Wihan	Vermeulen	21km	Male	26	Senior (19-29)	02:39:34
18	32	6	TA3016	Derick	Mostert	21km	Male	46	Veteran (40-49)	02:45:06
19	33	4	TA3045	Matome	Ramatshila	21km	Male	29	Senior (19-29)	03:29:33
20	35	3	TRAIL20148	Hans	Joythe	21km	Male	58	Master (50-59)	03:35:23

21km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TA2566	Casey	Bosman	21km	Female	18	16 to 18	01:49:18
2	7	1	TA2687	Liana	De Jager	21km	Female	44	Veteran (40-49)	01:52:46
3	12	1	TA3021	Genya	Gluckman	21km	Female	25	Senior (19-29)	01:59:37
4	14	2	TA2694	Rosemary	Brink	21km	Female	45	Veteran (40-49)	02:03:41
5	15	3	TA2915	Joan	Van Wyngaard	21km	Female	43	Veteran (40-49)	02:03:55
6	16	1	TA2958	Adri	Van Den Heever	21km	Female	39	Sub-Veteran (30-39)	02:03:58
7	17	4	TA2689	Michelle	Macfie	21km	Female	45	Veteran (40-49)	02:04:01
8	19	5	TA2970	Bernita	Bornmann	21km	Female	44	Veteran (40-49)	02:14:04
9	21	2	TA2948	Amorie	Potgieter	21km	Female	36	Sub-Veteran (30-39)	02:15:01
10	22	3	TA3011	Vicky	Sidler	21km	Female	37	Sub-Veteran (30-39)	02:16:26
11	23	4	TA3063	Sicelinhlanhla	Dlamini	21km	Female	38	Sub-Veteran (30-39)	02:20:18
12	28	6	TA3401	Samantha	Siebenhaar	21km	Female	42	Veteran (40-49)	02:21:34
13	29	7	TA3465	Hannah	Rooke	21km	Female	45	Veteran (40-49)	02:31:59
14	31	2	TRAIL10269	Jolandi	Labuschange	21km	Female	28	Senior (19-29)	02:40:27
15	34	3	TA3038	Matodzi	Nentswuni	21km	Female	29	Senior (19-29)	03:29:39
16	36	8	TRAIL10053	Adele	Sutherland	21km	Female	41	Veteran (40-49)	03:46:39
17	37	1	TRAIL12321	Dorothy	Van Heerden	21km	Female	76	Grand-Master (60+)	03:59:00
18	38	2	TRAIL12324	Frances	Steel	21km	Female	75	Grand-Master (60+)	03:59:00

15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20995	Tshepho	Nchabeleng	15km	Male	21	Senior (19-29)	01:01:15
2	2	1	TA2111	Matthew	Mackay	15km	Male	14	12 to 15	01:03:47
3	3	1	TA3470	Niel	Van Der Merwe	15km	Male	16	16 to 18	01:06:47
4	5	1	TRAIL20054	Dewald	Engels	15km	Male	37	Sub-Veteran (30-39)	01:12:57
5	6	1	TA2969	Pieter	Venter	15km	Male	58	Master (50-59)	01:14:17
6	7	1	TA3496	John	Vermeulen	15km	Male	61	Grand-Master (60+)	01:22:57
7	8	2	TA2963	Aidan	Balshaw	15km	Male	21	Senior (19-29)	01:23:00
8	9	1	TRAIL20021	Bradley	Brand	15km	Male	42	Veteran (40-49)	01:23:54
9	10	2	TA2688	Pieter Abraham	Botha	15km	Male	50	Master (50-59)	01:24:46
10	11	2	TA3065	Xianwang	Wu	15km	Male	40	Veteran (40-49)	01:25:26
11	12	3	TA3035	Gideon	Meiring	15km	Male	43	Veteran (40-49)	01:27:43
12	13	3	TA2434	Sean	Macfie	15km	Male	51	Master (50-59)	01:31:22
13	16	4	TA3533	Henco	Cronje	15km	Male	45	Veteran (40-49)	01:34:41
14	17	4	TA2609	Bruce	Morley	15km	Male	51	Master (50-59)	01:34:43
15	19	5	TA2559	Riaan	Van Zyl	15km	Male	59	Master (50-59)	01:35:15
16	21	2	TRAIL10171	Hennie	Prinsloo	15km	Male	64	Grand-Master (60+)	01:35:49
17	28	3	TA2939	Trevor	Smythe	15km	Male	63	Grand-Master (60+)	02:06:13
18	30	6	TA2471	Andre	Janse Van Rensburg	15km	Male	51	Master (50-59)	02:08:31
19	35	4	TRAIL20983	Steve	Groeneveld	15km	Male	76	Grand-Master (60+)	02:48:17
20	37	5	TRAIL12613	Meyer Albert	Guinsberg	15km	Male	69	Grand-Master (60+)	02:51:20
21	39	6	TRAIL20034	Elbert	Loubser	15km	Male	62	Grand-Master (60+)	03:00:41
22	40	7	TRAIL20585	Dean	Mccleland	15km	Male	66	Grand-Master (60+)	03:00:41
23	41	8	TRAIL12109	Neville	Muir	15km	Male	81	Grand-Master (60+)	03:23:00

15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA2974	Minette	Naude	15km	Female	34	Sub-Veteran (30-39)	01:07:18
2	14	1	TRAIL20023	Elize	Uys	15km	Female	55	Master (50-59)	01:31:24
3	15	1	TA2941	Marche	Cronje	15km	Female	45	Veteran (40-49)	01:34:40
4	18	2	TA2540	Sharon	Jordan	15km	Female	34	Sub-Veteran (30-39)	01:34:54
5	20	2	TA3480	Linda	Calore	15km	Female	50	Master (50-59)	01:35:17
6	22	2	TRAIL20044	Lara	Bayliss	15km	Female	47	Veteran (40-49)	01:40:13
7	23	3	TRAIL20096	Lerica	Schoeman	15km	Female	40	Veteran (40-49)	01:44:37
8	24	3	TA2518	Kelly	Robinson	15km	Female	34	Sub-Veteran (30-39)	01:44:44
9	25	4	TA2537	Katherine	Steel	15km	Female	41	Veteran (40-49)	01:58:41
10	26	5	TA2996	Debbie	Janse Van Rensburg	15km	Female	44	Veteran (40-49)	01:59:22
11	27	3	TA2513	Catherine	De Villiers	15km	Female	55	Master (50-59)	02:00:00
12	29	6	TA3506	Denico	Brand	15km	Female	40	Veteran (40-49)	02:06:45
13	31	1	TA2629	Losipho	Mahlamgo	15km	Female	29	Senior (19-29)	02:12:03
14	32	4	TA3048	Desiree	Firer	15km	Female	55	Master (50-59)	02:19:07
15	33	5	TA2976	Monica	Wolfson	15km	Female	57	Master (50-59)	02:19:13
16	34	7	TA3461	Kgabo	Mashiane	15km	Female	41	Veteran (40-49)	02:48:06
17	36	1	TRAIL20269	Marie	Van Dyk	15km	Female	71	Grand-Master (60+)	02:51:00
18	38	2	TRAIL20732	Gerna	Horak	15km	Female	61	Grand-Master (60+)	02:54:36

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0984	Heino	Prinsloo	10km	Male	16	16 to 18	00:45:00
2	2	1	TA2149	Shaun	Kinmont	10km	Male	27	Senior (19-29)	00:45:49
3	3	1	TRAIL10230	Pierre	Du Preez	10km	Male	34	Sub-Veteran (30-39)	00:47:19
4	4	1	TRAIL20628	Geoff	Lupton-smith	10km	Male	61	Grand-Master (60+)	00:47:55
5	5	1	TA1850	Graham	Burnett	10km	Male	51	Master (50-59)	00:48:22
6	6	2	TA1031	Karel	Kapp	10km	Male	38	Sub-Veteran (30-39)	00:48:44
7	7	3	TRAIL13030	Dj	Pieterse	10km	Male	31	Sub-Veteran (30-39)	00:49:29
8	8	4	TA2232	Matthew	Saunders	10km	Male	32	Sub-Veteran (30-39)	00:52:39
9	10	5	TA1873	Matthew	Bolus	10km	Male	32	Sub-Veteran (30-39)	00:52:42
10	11	1	TA1894	Lourens	Koekemoer	10km	Male	45	Veteran (40-49)	00:52:56
11	14	6	TA0956	Chien-fu	Lu	10km	Male	37	Sub-Veteran (30-39)	00:54:04
12	16	7	TA1156	David	Pretorius	10km	Male	33	Sub-Veteran (30-39)	00:54:07
13	17	2	TRAIL11732	Terrence	Brink	10km	Male	46	Veteran (40-49)	00:54:44
14	20	2	TA2109	Gideon	Langeveld	10km	Male	56	Master (50-59)	00:56:36
15	22	8	TA2979	Carel	Buitendach	10km	Male	36	Sub-Veteran (30-39)	00:57:28
16	23	9	TA1024	Clive	Jordan	10km	Male	34	Sub-Veteran (30-39)	00:58:59
17	25	3	TA0844	Micheal	Van Der Merwe	10km	Male	59	Master (50-59)	00:59:17
18	29	10	TA1120	Christopher	Bishop	10km	Male	30	Sub-Veteran (30-39)	00:59:56
19	30	11	TA1137	Corne	Mynhardt	10km	Male	38	Sub-Veteran (30-39)	00:59:59
20	32	3	TA1899	Marius	Scheepers	10km	Male	47	Veteran (40-49)	01:01:58
21	33	12	TA1817	Lukhano	Ziphethe	10km	Male	33	Sub-Veteran (30-39)	01:02:05
22	34	2	TA2119	Takura	Wekwete	10km	Male	28	Senior (19-29)	01:02:27
23	35	13	TA1040	Daihong	Wang	10km	Male	34	Sub-Veteran (30-39)	01:02:31
24	37	14	TA2218	Etienne	Jordaan	10km	Male	35	Sub-Veteran (30-39)	01:02:48
25	38	4	TA0713	Werner	Burger	10km	Male	49	Veteran (40-49)	01:02:49
26	39	15	TRAIL12522	Jacques	Du Preez	10km	Male	32	Sub-Veteran (30-39)	01:03:28
27	40	2	TA1752	Cameron	Tonkin	10km	Male	17	16 to 18	01:03:43
28	41	5	TA0794	David	Innes	10km	Male	43	Veteran (40-49)	01:03:44
29	42	3	TA2290	Kyle	Mcadam	10km	Male	25	Senior (19-29)	01:03:57
30	45	4	TA2121	Solomon	De Beer	10km	Male	53	Master (50-59)	01:04:01
31	46	5	TA0873	Willem	Obbes	10km	Male	51	Master (50-59)	01:04:20
32	47	6	TA1069	Donald	Young	10km	Male	50	Master (50-59)	01:05:09
33	49	16	TA2132	Bandile	Nkuhlu	10km	Male	32	Sub-Veteran (30-39)	01:06:24
34	50	17	TA0641	Hennie	Vorster	10km	Male	39	Sub-Veteran (30-39)	01:06:40
35	53	7	TA0932	Gunther	Grune	10km	Male	50	Master (50-59)	01:08:26
36	57	18	TA1843	Werner	Greyvensteyn	10km	Male	37	Sub-Veteran (30-39)	01:11:09
37	58	5	TA1874	Eurico	Van Der Walt	10km	Male	29	Senior (19-29)	01:11:17
38	61	8	TA0763	Marcus	Gooderham	10km	Male	51	Master (50-59)	01:11:24
39	62	3	TA0754	Lorenzo	Smargiassi	10km	Male	18	16 to 18	01:11:27
40	69	9	TA1803	Arthur	Neale	10km	Male	59	Master (50-59)	01:13:02

41	70	6	TA0962	Tony	Wade	10km	Male	43	Veteran (40-49)	01:13:35
42	71	10	TRAIL12643	Bryan	Mccourt	10km	Male	53	Master (50-59)	01:14:00
43	74	2	TA1068	Oubaas	Smit	10km	Male	60	Grand-Master (60+)	01:15:06
44	75	6	TRAIL12799	Andrew	Noakes	10km	Male	25	Senior (19-29)	01:15:47
45	77	11	TRAIL20045	Gary	Noakes	10km	Male	59	Master (50-59)	01:15:55
46	80	19	TA0742	Marius	Snyders	10km	Male	35	Sub-Veteran (30-39)	01:16:32
47	81	20	TA1023	Yongqing	Liu	10km	Male	37	Sub-Veteran (30-39)	01:16:54
48	84	21	TA0704	Wessel	Pretorius	10km	Male	39	Sub-Veteran (30-39)	01:17:38
49	85	7	TA0995	Jean	Louw	10km	Male	44	Veteran (40-49)	01:17:40
50	86	3	TRAIL11892	Thomas	Groenewald	10km	Male	60	Grand-Master (60+)	01:18:01
51	88	7	TA0990	Grant	Leong	10km	Male	22	Senior (19-29)	01:18:40
52	90	4	TRAIL20152	Tony	Taljaard	10km	Male	64	Grand-Master (60+)	01:18:53
53	91	12	TRAIL20022	Martin	Uys	10km	Male	58	Master (50-59)	01:18:55
54	94	8	TA2333	Samkelengovuyo	Koti	10km	Male	42	Veteran (40-49)	01:19:20
55	101	13	TRAIL20788	Werner	Kriel	10km	Male	50	Master (50-59)	01:26:14
56	106	9	TA2166	Francois	Nel	10km	Male	46	Veteran (40-49)	01:27:29
57	107	22	TA0871	Nick	De Klerk	10km	Male	30	Sub-Veteran (30-39)	01:27:48
58	109	10	TA0659	Jonathan	Russell	10km	Male	47	Veteran (40-49)	01:29:19
59	118	5	TA0820	Hendri	Marais	10km	Male	64	Grand-Master (60+)	01:32:56
60	125	8	TA0804	Waseem	Carrim	10km	Male	28	Senior (19-29)	01:44:46
61	127	11	TRAIL12520	Charles	Muller	10km	Male	49	Veteran (40-49)	01:46:09
62	128	12	TRAIL20055	Clive	Schoeman	10km	Male	42	Veteran (40-49)	01:46:37
63	130	6	TA1861	Schalk	Van Coller	10km	Male	62	Grand-Master (60+)	01:48:56
64	134	14	TA2146	William	Templeton	10km	Male	56	Master (50-59)	01:54:20
65	137	7	TRAIL20914	Manie	Bosch	10km	Male	64	Grand-Master (60+)	01:57:00
66	140	23	TA2161	Waldo	De Beer	10km	Male	33	Sub-Veteran (30-39)	01:59:42

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	9	1	TRAIL10062	Nicky	Booyens	10km	Female	41	Veteran (40-49)	00:52:40
2	12	1	TA2155	Jamie	Kinmont	10km	Female	25	Senior (19-29)	00:52:57
3	13	1	TA2303	Elzaan	Cook	10km	Female	33	Sub-Veteran (30-39)	00:53:22
4	15	2	TA1236	Marge	Raijmakers	10km	Female	43	Veteran (40-49)	00:54:06
5	18	1	TA1168	Tayla	Bosman	10km	Female	15	12 to 15	00:55:31
6	19	2	TA0809	Sonja	Bierman	10km	Female	36	Sub-Veteran (30-39)	00:56:25
7	21	2	TA0857	Minke	Shutte	10km	Female	14	12 to 15	00:57:12
8	24	3	TA0667	Marike	Van Der Merwe	10km	Female	37	Sub-Veteran (30-39)	00:59:02
9	26	4	TA1837	Janine	Smythe	10km	Female	33	Sub-Veteran (30-39)	00:59:21
10	27	2	TA0803	Michelle	Louw	10km	Female	27	Senior (19-29)	00:59:27
11	28	3	TA0623	Elizabeth	Ashmore	10km	Female	40	Veteran (40-49)	00:59:50
12	31	4	TA2215	Tracy	Scheepers	10km	Female	42	Veteran (40-49)	01:01:55
13	36	5	TA1185	Tanja	Schutte	10km	Female	44	Veteran (40-49)	01:02:35
14	43	3	TA1860	Shanel	De Beer	10km	Female	15	12 to 15	01:03:58
15	44	5	TRAIL12112	Tessa	Abrahamson	10km	Female	37	Sub-Veteran (30-39)	01:04:00
16	48	6	TRAIL20749	Joanna	Barnard	10km	Female	40	Veteran (40-49)	01:06:17
17	51	6	TA0882	Nicolette	Pearson	10km	Female	38	Sub-Veteran (30-39)	01:06:42
18	52	7	TA0996	Tamara	Durand	10km	Female	38	Sub-Veteran (30-39)	01:07:42
19	54	8	TA1078	Tanya	Smith	10km	Female	30	Sub-Veteran (30-39)	01:09:37
20	55	7	TA1825	Khadija	Kadodia	10km	Female	40	Veteran (40-49)	01:10:17
21	56	8	TA1828	Heidi	Botha	10km	Female	41	Veteran (40-49)	01:10:37
22	59	3	TA0848	Sandra	Van Der Walt	10km	Female	29	Senior (19-29)	01:11:18
23	60	9	TA1165	Shaneera	Thavalal	10km	Female	43	Veteran (40-49)	01:11:21
24	63	10	TA2210	Claire	Gooderham	10km	Female	46	Veteran (40-49)	01:11:35
25	64	11	TA0707	Charmiane	Van Rensburg	10km	Female	48	Veteran (40-49)	01:11:45
26	65	12	TA0828	Natascha	Van Der Westhuizen	10km	Female	40	Veteran (40-49)	01:12:09
27	66	9	TA0654	Madelein	Clarke	10km	Female	39	Sub-Veteran (30-39)	01:12:34
28	67	1	TA2230	Thino	Rajab	10km	Female	54	Master (50-59)	01:12:48
29	68	10	TA1818	Georgia	Hayward	10km	Female	38	Sub-Veteran (30-39)	01:12:55
30	72	11	TRAIL12328	Natasha	Botha	10km	Female	34	Sub-Veteran (30-39)	01:14:44
31	73	12	TRAIL12330	Candice	Van Dyk	10km	Female	31	Sub-Veteran (30-39)	01:14:46
32	76	13	TA2150	Kara	Gogotya	10km	Female	38	Sub-Veteran (30-39)	01:15:51
33	78	14	TA2157	Helen	Doumanis	10km	Female	38	Sub-Veteran (30-39)	01:16:01
34	79	15	TA2158	Amanda	Blankfield	10km	Female	36	Sub-Veteran (30-39)	01:16:04
35	82	13	TA2159	Bernice	Van Der Merwe	10km	Female	46	Veteran (40-49)	01:16:58
36	83	14	TA2345	Maryke	Hudson	10km	Female	48	Veteran (40-49)	01:17:36
37	87	16	TA2180	Tarryn	Smith	10km	Female	35	Sub-Veteran (30-39)	01:18:02
38	89	1	TA0775	Beverley	Leong	10km	Female	62	Grand-Master (60+)	01:18:42
39	92	15	TA0642	Jolande	Jansen Van Rensburg	10km	Female	48	Veteran (40-49)	01:19:03
40	93	16	TA0618	Aileen	Campbell	10km	Female	48	Veteran (40-49)	01:19:04

41	95	17	TA2318	Estã©an	Stirrat	10km	Female	47	Veteran (40-49)	01:19:49
42	96	2	TA2116	Lynn	Fisher	10km	Female	58	Master (50-59)	01:21:32
43	97	2	TA0780	Adoree	Louw	10km	Female	60	Grand-Master (60+)	01:22:55
44	98	18	TA0812	Bets	Warden	10km	Female	49	Veteran (40-49)	01:24:23
45	99	3	TA0752	Lieve	Geuens	10km	Female	67	Grand-Master (60+)	01:24:40
46	100	19	TRAIL20790	Adri	Van Heerden	10km	Female	42	Veteran (40-49)	01:26:12
47	102	17	TRAIL20787	Michelle	Du Plessis	10km	Female	38	Sub-Veteran (30-39)	01:26:16
48	103	4	TRAIL12545	Nicole	Austin	10km	Female	24	Senior (19-29)	01:26:20
49	104	3	TRAIL11337	Sandra	Austin	10km	Female	51	Master (50-59)	01:26:24
50	105	4	TA3037	Desire	Armstrong	10km	Female	53	Master (50-59)	01:26:57
51	108	20	TA1147	Mignon	Russell	10km	Female	44	Veteran (40-49)	01:29:15
52	110	21	TA1888	Madelein	Pienaar	10km	Female	43	Veteran (40-49)	01:29:35
53	111	18	TA1090	Cherese	Begemann	10km	Female	37	Sub-Veteran (30-39)	01:29:45
54	112	5	TRAIL12331	Caroline	Uys	10km	Female	50	Master (50-59)	01:30:52
55	113	6	TRAIL11090	Rencia	Davies	10km	Female	54	Master (50-59)	01:30:53
56	114	4	TA1169	Mariet	Louw	10km	Female	69	Grand-Master (60+)	01:31:30
57	115	19	TA1836	Chantel	Van Der Leeuw	10km	Female	32	Sub-Veteran (30-39)	01:32:32
58	116	1	TA1017	Olivia	Smargiasso	10km	Female	16	16 to 18	01:32:45
59	117	20	TA1088	Debbie	Murphy	10km	Female	37	Sub-Veteran (30-39)	01:32:51
60	119	21	TRAIL20163	Isabel	Nel	10km	Female	38	Sub-Veteran (30-39)	01:33:11
61	120	22	TA0781	Carla	Van Coller	10km	Female	30	Sub-Veteran (30-39)	01:34:36
62	121	5	TA0726	Erika	Jarvis	10km	Female	60	Grand-Master (60+)	01:34:51
63	122	6	TRAIL12621	Petro	Pieterse	10km	Female	64	Grand-Master (60+)	01:37:46
64	123	23	TA2130	Alexandra	Sly	10km	Female	32	Sub-Veteran (30-39)	01:38:41
65	124	24	TA0825	Ashleigh	Fisher	10km	Female	33	Sub-Veteran (30-39)	01:39:33
66	126	5	TRAIL20198	Mahlako	Malanlela	10km	Female	26	Senior (19-29)	01:45:58
67	129	25	TA1038	Chantel	Swartz	10km	Female	34	Sub-Veteran (30-39)	01:48:35
68	131	7	TA1173	Freda	Van Coller	10km	Female	60	Grand-Master (60+)	01:49:55
69	132	22	TA1144	Ninette	Eckard	10km	Female	45	Veteran (40-49)	01:51:17
70	133	23	TA2247	Anita	Lamprecht	10km	Female	43	Veteran (40-49)	01:51:19
71	135	8	TA1043	Jannie	Du Plessis	10km	Female	77	Grand-Master (60+)	01:55:01
72	136	9	TA2168	Hermien	Velleman	10km	Female	68	Grand-Master (60+)	01:55:04
73	138	10	TRAIL20915	Dot	Johnson	10km	Female	72	Grand-Master (60+)	01:57:00
74	139	26	TA2147	Jolette	De Beer	10km	Female	30	Sub-Veteran (30-39)	01:59:39
75	141	24	TA1882	Chandra	Booysen	10km	Female	48	Veteran (40-49)	02:01:34

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1326	Matthew	Burnett	5km	Male	14	12 to 15	00:23:36
2	2	2	TA0288	Leendert	Koekemoer	5km	Male	12	12 to 15	00:24:00
3	5	1	TA1460	Menno	Fokkens	5km	Male	11	Under 11	00:26:09
4	6	1	TA1489	Johan	Meintjes	5km	Male	16	16 to 18	00:27:21
5	8	1	TA1457	Trevor	Charters	5km	Male	49	Veteran (40-49)	00:28:10
6	9	1	TA0242	Kirill	Konecskikh	5km	Male	38	Sub-Veteran (30-39)	00:30:30
7	10	2	TA1442	Jc	Schutte	5km	Male	16	16 to 18	00:30:41
8	11	2	TA1524	Deronne	Meiring	5km	Male	10	Under 11	00:32:08
9	12	2	TA2312	Rudi	Brits	5km	Male	44	Veteran (40-49)	00:32:41
10	13	1	TA1399	Patrick	Lovell	5km	Male	54	Master (50-59)	00:32:56
11	16	3	TRAIL20778	Riaan	Barnard	5km	Male	43	Veteran (40-49)	00:33:51
12	18	1	TA0185	Chad	Kan	5km	Male	25	Senior (19-29)	00:35:28
13	21	2	TA1206	Deon	Sabatta	5km	Male	37	Sub-Veteran (30-39)	00:36:37
14	23	2	TA1208	Paul	Meintjies	5km	Male	51	Master (50-59)	00:37:05
15	24	3	TA0086	William Francis	Collatz	5km	Male	53	Master (50-59)	00:37:09
16	28	3	TA1397	William	Collatz	5km	Male	31	Sub-Veteran (30-39)	00:38:47
17	30	2	TA1544	Stephen	Liebenberg	5km	Male	28	Senior (19-29)	00:38:53
18	32	4	TA1300	Jan	Fokkens	5km	Male	52	Master (50-59)	00:39:14
19	33	3	TRAIL11220	Wahldo	Warden	5km	Male	18	16 to 18	00:39:43
20	34	4	TA1257	Marco	Swargasso	5km	Male	49	Veteran (40-49)	00:39:50
21	38	3	TA1289	Philip	De Jager	5km	Male	9	Under 11	00:42:35
22	53	4	TA1349	Thomas	Gooderham	5km	Male	7	Under 11	00:47:07
23	54	5	TA1286	William	Goodham	5km	Male	8	Under 11	00:47:13
24	55	5	TA1392	Gary	Kenyon	5km	Male	54	Master (50-59)	00:47:21
25	56	6	TA1256	Blak	Kenyon	5km	Male	6	Under 11	00:47:23
26	59	5	TA0427	Jacques	Botha	5km	Male	49	Veteran (40-49)	00:48:41
27	62	6	TRAIL10380	Walter	Warden	5km	Male	51	Master (50-59)	00:49:05
28	63	1	TA0490	Roy	Du Trevou	5km	Male	67	Grand-Master (60+)	00:49:37
29	65	4	TA0515	Bryan	Noakes	5km	Male	33	Sub-Veteran (30-39)	00:50:02
30	69	5	TA2296	Ewan	Badenhorst	5km	Male	38	Sub-Veteran (30-39)	00:51:50
31	71	3	TA1321	Karl	Collatz	5km	Male	15	12 to 15	00:51:57
32	74	2	TA1503	Greg	Saar	5km	Male	69	Grand-Master (60+)	00:53:07
33	75	3	TRAIL20083	Ben	Pieterse	5km	Male	63	Grand-Master (60+)	00:53:12
34	76	6	TA1407	Christopher	Ueckermann	5km	Male	46	Veteran (40-49)	00:53:15
35	81	7	TA1541	Greg	Hayward	5km	Male	43	Veteran (40-49)	00:54:14
36	83	8	TA1485	Henry	Boyce	5km	Male	44	Veteran (40-49)	00:54:39
37	85	7	TA1484	Ryan	Morley	5km	Male	11	Under 11	00:55:04
38	86	9	TA1237	Pierro	Louw	5km	Male	42	Veteran (40-49)	00:55:17
39	90	8	TA1359	Liam	Du Plessis	5km	Male	6	Under 11	00:56:58
40	91	10	TRAIL20538	Gerhard	Du Plessis	5km	Male	42	Veteran (40-49)	00:57:08

41	92	9	TA1370	Kian	Pretorius	5km	Male	8	Under 11	00:57:10
42	93	11	TA1532	Barend	Pretorius	5km	Male	42	Veteran (40-49)	00:57:12
43	94	4	TA0429	Andrzej	Kijko	5km	Male	71	Grand-Master (60+)	00:57:26
44	102	3	TA1201	Jonathan	Horn	5km	Male	19	Senior (19-29)	01:00:12
45	103	7	TA1488	Michael	Horn	5km	Male	53	Master (50-59)	01:00:14
46	110	6	TA1436	Claude	Truter	5km	Male	36	Sub-Veteran (30-39)	01:01:23
47	112	7	TA1285	Retief	Heydenrych	5km	Male	36	Sub-Veteran (30-39)	01:01:29
48	113	8	TA1424	Ralph	Siebenhaar	5km	Male	39	Sub-Veteran (30-39)	01:02:19
49	114	5	TA1707	Ewan	Jarvis	5km	Male	69	Grand-Master (60+)	01:02:22
50	116	4	TA1338	Henrico	Cronje	5km	Male	16	16 to 18	01:02:44
51	121	4	TA0565	Duncan	Swartz	5km	Male	14	12 to 15	01:03:55
52	129	12	TA1481	Clint	Heffer	5km	Male	49	Veteran (40-49)	01:05:41
53	133	4	TA1473	Shuaib	Carrim	5km	Male	19	Senior (19-29)	01:06:30
54	136	10	TRAIL20025	Zandre	Jansen Van Nieuwenhuizen	5km	Male	3	Under 11	01:09:59
55	144	8	TA1540	Johann	Pretorius	5km	Male	55	Master (50-59)	01:12:27
56	145	11	TA1299	Liam	Jordan	5km	Male	7	Under 11	01:12:38
57	148	12	TA0405	Rezano	Barendse	5km	Male	6	Under 11	01:14:27
58	150	13	TA1500	Jayden	Venter	5km	Male	7	Under 11	01:14:34
59	155	9	TA1244	Justin	Cook	5km	Male	34	Sub-Veteran (30-39)	01:15:36
60	156	14	TA1207	Jesse-shiloh	Cook	5km	Male	1	Under 11	01:15:37
61	158	15	TA0299	Jordan-joy	Cook	5km	Male	3	Under 11	01:15:44
62	160	13	TA1260	Tebogo	Segola	5km	Male	43	Veteran (40-49)	01:17:05
63	165	5	TA1437	Tiaan	Delport	5km	Male	20	Senior (19-29)	01:27:18

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA1415	Jackie	Coetzee	5km	Female	13	12 to 15	00:25:43
2	4	1	TA1372	Leandri	Botha	5km	Female	10	Under 11	00:25:48
3	7	1	TA0188	Caitlin	Burnett	5km	Female	16	16 to 18	00:27:32
4	14	1	TA1465	Emma	Strydom	5km	Female	37	Sub-Veteran (30-39)	00:33:24
5	15	2	TA1327	Talitha	Human	5km	Female	31	Sub-Veteran (30-39)	00:33:39
6	17	1	TA1337	Josi	Badenhorst	5km	Female	24	Senior (19-29)	00:34:14
7	19	1	TA0462	Cindy	Burnett	5km	Female	49	Veteran (40-49)	00:36:30
8	20	3	TA1495	Anria	Clarke	5km	Female	32	Sub-Veteran (30-39)	00:36:33
9	22	2	TA1277	Lee-ann	Charters	5km	Female	48	Veteran (40-49)	00:36:58
10	25	2	TA1539	Kelly	Charters	5km	Female	8	Under 11	00:37:12
11	26	2	TA0252	Danielle	Bishop	5km	Female	26	Senior (19-29)	00:38:27
12	27	4	TA1470	Melanie	Van Schalkwyk	5km	Female	31	Sub-Veteran (30-39)	00:38:40
13	29	5	TA1036	Janine	Harrison	5km	Female	37	Sub-Veteran (30-39)	00:38:51
14	31	6	TA1284	Carla	Vd Walt	5km	Female	33	Sub-Veteran (30-39)	00:38:58
15	35	7	TA0267	Alicia	Crerar	5km	Female	34	Sub-Veteran (30-39)	00:39:55
16	36	8	TA1253	Ruby	Bothma	5km	Female	32	Sub-Veteran (30-39)	00:40:02
17	37	3	TA1531	Cyndy	Obbes	5km	Female	48	Veteran (40-49)	00:41:29
18	39	2	TA1245	Lize	De Jager	5km	Female	15	12 to 15	00:42:36
19	40	9	TA1431	Kavwe	Mullolo	5km	Female	30	Sub-Veteran (30-39)	00:43:19
20	41	3	TA1353	Julia	Smargiasso	5km	Female	13	12 to 15	00:43:22
21	42	1	TA0414	Hannelie	Collatz	5km	Female	52	Master (50-59)	00:43:51
22	43	2	TRAIL12359	Linda	Fourie	5km	Female	53	Master (50-59)	00:43:57
23	44	10	TA0276	Rosa-lee	Fourie	5km	Female	31	Sub-Veteran (30-39)	00:44:10
24	45	1	TRAIL20197	Rina	Buitendach	5km	Female	64	Grand-Master (60+)	00:44:25
25	46	11	TA1364	Jane	Bredenkamp	5km	Female	33	Sub-Veteran (30-39)	00:44:36
26	47	3	TA1354	Liane	Koekemoer	5km	Female	9	Under 11	00:45:15
27	48	3	TA1325	Anuschca	Vonvrandis	5km	Female	29	Senior (19-29)	00:45:18
28	49	12	TA0508	Cherise	Meadows	5km	Female	35	Sub-Veteran (30-39)	00:45:21
29	50	4	TA1512	Vanessa	Van Heerden	5km	Female	46	Veteran (40-49)	00:45:30
30	51	5	TA0227	Liza	Koekemoer	5km	Female	43	Veteran (40-49)	00:45:53
31	52	13	TA1462	Jonel	Powell	5km	Female	33	Sub-Veteran (30-39)	00:46:15
32	57	14	TRAIL12920	Veronica	Rowswell	5km	Female	34	Sub-Veteran (30-39)	00:48:35
33	58	15	TA1317	Claire	Van Vreden	5km	Female	32	Sub-Veteran (30-39)	00:48:38
34	60	6	TA1575	Johanni	Meiring	5km	Female	43	Veteran (40-49)	00:48:50
35	61	7	TA1351	Wendy	Jordaan	5km	Female	42	Veteran (40-49)	00:48:52
36	64	3	TA1486	Benita	Reynders	5km	Female	55	Master (50-59)	00:49:53
37	66	4	TRAIL13008	Sonja	Petzer	5km	Female	54	Master (50-59)	00:50:08
38	67	16	TA1672	Helene	Pieterse	5km	Female	32	Sub-Veteran (30-39)	00:51:06
39	68	8	TA2273	Naomi	Erasmus	5km	Female	40	Veteran (40-49)	00:51:49
40	70	4	TA1274	Ume	De Jager	5km	Female	14	12 to 15	00:51:53

41	72	4	TRAIL12890	Sherilyn	Van Wyk	5km	Female	23	Senior (19-29)	00:52:35
42	73	5	TA0391	Sue	Bowen	5km	Female	59	Master (50-59)	00:52:38
43	77	9	TA1376	Ilze	Ueckermann	5km	Female	49	Veteran (40-49)	00:53:17
44	78	5	TA1535	Tessa	De Klerk	5km	Female	29	Senior (19-29)	00:53:23
45	79	4	TA1369	Kirsten	Louw	5km	Female	10	Under 11	00:54:10
46	80	5	TA1290	Tayla	Hayward	5km	Female	9	Under 11	00:54:11
47	82	6	TA1362	Kathryn	Louw	5km	Female	9	Under 11	00:54:15
48	84	2	TRAIL20024	Vreda	Pieterse	5km	Female	65	Grand-Master (60+)	00:54:56
49	87	10	TA1403	Nadine	Morley	5km	Female	49	Veteran (40-49)	00:56:23
50	88	5	TA1340	Emma	Morley	5km	Female	14	12 to 15	00:56:28
51	89	11	TA1427	Debbie	Louw	5km	Female	43	Veteran (40-49)	00:56:38
52	95	12	TRAIL12883	Debra	Crawley	5km	Female	46	Veteran (40-49)	00:57:35
53	96	6	TA1271	Nonhlanhla	Maisela	5km	Female	27	Senior (19-29)	00:58:05
54	97	6	TA1558	Alwande	Memani	5km	Female	14	12 to 15	00:58:07
55	98	3	TRAIL20199	Grazyna	Kijko	5km	Female	69	Grand-Master (60+)	00:58:42
56	99	6	TA1319	Angela	Murphy	5km	Female	51	Master (50-59)	00:59:22
57	100	7	TA1718	Nsuku	Maisela	5km	Female	13	12 to 15	00:59:28
58	101	13	TA1301	Rae	Horn	5km	Female	47	Veteran (40-49)	01:00:08
59	104	14	TA1258	Simone	Howarth	5km	Female	45	Veteran (40-49)	01:00:27
60	105	7	TA1725	Mia	Opperman	5km	Female	20	Senior (19-29)	01:00:48
61	106	4	TRAIL20196	Marthi	Du Rantddt	5km	Female	60	Grand-Master (60+)	01:00:53
62	107	7	TA1446	Daniela	De Beer	5km	Female	10	Under 11	01:00:57
63	108	8	TA1292	Jaimee	De Beerta1292	5km	Female	8	Under 11	01:01:01
64	109	15	TA0169	Elizabeth	Moore	5km	Female	40	Veteran (40-49)	01:01:04
65	111	9	TA1272	Clement	Truter	5km	Female	4	Under 11	01:01:29
66	115	16	TA1280	Wanda	Ford	5km	Female	41	Veteran (40-49)	01:02:43
67	117	17	TA1226	Wilma	Liebenberg	5km	Female	46	Veteran (40-49)	01:02:45
68	118	18	TA1523	Yolanda	Muller	5km	Female	43	Veteran (40-49)	01:02:46
69	119	10	TA0479	Caleb	Truter	5km	Female	7	Under 11	01:03:04
70	120	17	TA0285	Andrea	Du Preez	5km	Female	30	Sub-Veteran (30-39)	01:03:34
71	122	8	TA1371	Tori	Cooper	5km	Female	24	Senior (19-29)	01:04:05
72	123	8	TA1278	Megan	Innes	5km	Female	13	12 to 15	01:04:23
73	124	9	TA1432	Olivia	Van Zyl	5km	Female	21	Senior (19-29)	01:04:37
74	125	7	TA1448	Magda	Van Zyl	5km	Female	57	Master (50-59)	01:04:39
75	126	9	TA1620	Lille Beth	Heffer	5km	Female	12	12 to 15	01:05:27
76	127	11	TA1400	Gita Lynn	Heffer	5km	Female	9	Under 11	01:05:33
77	128	19	TA1381	Yolande	Strydom	5km	Female	41	Veteran (40-49)	01:05:37
78	130	8	TA1339	Corrie	Van Niekerk	5km	Female	55	Master (50-59)	01:05:41
79	131	20	TA1472	Tanya	Baird	5km	Female	44	Veteran (40-49)	01:05:43
80	132	18	TA1394	Michelle	Boyce	5km	Female	30	Sub-Veteran (30-39)	01:05:47
81	134	12	TA1428	Kayleigh	Dewar	5km	Female	7	Under 11	01:09:20
82	135	5	TA0293	Valerie	Geldenhuys	5km	Female	61	Grand-Master (60+)	01:09:22

83	137	19	TRAIL20244	Liesel	Jansen Van Nieuwenhuizen	5km	Female	35	Sub-Veteran (30-39)	01:10:02
84	138	20	TA1700	Nadia	Marais	5km	Female	39	Sub-Veteran (30-39)	01:10:11
85	139	21	TRAIL20016	Leoni	Mc Donald	5km	Female	36	Sub-Veteran (30-39)	01:10:23
86	140	6	TA0331	Thea	Heydenrych	5km	Female	68	Grand-Master (60+)	01:11:16
87	141	22	TA1223	Veronique	Joubert	5km	Female	39	Sub-Veteran (30-39)	01:11:30
88	142	21	TA1557	Karen	Landsberg	5km	Female	41	Veteran (40-49)	01:11:38
89	143	22	TA1487	Claudia	Cloete	5km	Female	42	Veteran (40-49)	01:12:24
90	146	13	TA1318	Jocelyn	Dewar	5km	Female	8	Under 11	01:13:00
91	147	23	TA1255	Cornelle	Dewar	5km	Female	37	Sub-Veteran (30-39)	01:13:03
92	149	24	TA1416	Yzelle	Venter	5km	Female	32	Sub-Veteran (30-39)	01:14:29
93	151	25	TA0346	Zenobia	Jordaan	5km	Female	37	Sub-Veteran (30-39)	01:14:37
94	152	26	TA1501	Helga	De Meyer	5km	Female	39	Sub-Veteran (30-39)	01:14:39
95	153	23	TA1291	Zelda	Swart	5km	Female	44	Veteran (40-49)	01:15:23
96	154	9	TA1314	Michelle	Heuer	5km	Female	54	Master (50-59)	01:15:27
97	157	14	TA1269	Leiya-love	Cook	5km	Female	4	Under 11	01:15:39
98	159	24	TA1767	Anita	Van Wyk	5km	Female	40	Veteran (40-49)	01:17:01
99	161	10	TA1404	Tannith	Heuer	5km	Female	21	Senior (19-29)	01:17:18
100	162	27	TA1215	Lizette	Heydenrych	5km	Female	30	Sub-Veteran (30-39)	01:20:17
101	163	15	TA1478	Emmi	Heydenrych	5km	Female	3	Under 11	01:20:34
102	164	28	TA1513	Christine	Heydenrych	5km	Female	30	Sub-Veteran (30-39)	01:21:11
103	166	25	TA1391	Andrea	Delport	5km	Female	47	Veteran (40-49)	01:27:22
104	167	7	TRAIL20913	Lana	Bosch	5km	Female	61	Grand-Master (60+)	01:57:00