



AdventureRun : Rietvlei Dam

Rietvlei Dam Night Run/Walk on 20th June 2018



10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2130	Tlou	Seloba	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:43:37
2	2	2	TRAIL10116	Craig	Metherell	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:43:38
3	3	1	TA2125	Samuel	Grobler	10km Trail Run/Walk	Male	14	12 to 15	00:44:05
4	4	3	TA1818	Nsikelelo	Mkhize	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:44:07
5	5	1	TA0839	Bernard	Coetzee	10km Trail Run/Walk	Male	48	Veteran (40-49)	00:45:38
6	8	2	TA2345	Gregory	Mufema	10km Trail Run/Walk	Male	42	Veteran (40-49)	00:47:51
7	9	1	TA2307	Melt	Von Molendorff	10km Trail Run/Walk	Male	17	16 to 18	00:48:46
8	10	3	TA1038	Paul	Cordes	10km Trail Run/Walk	Male	41	Veteran (40-49)	00:49:07
9	11	4	TA2299	Paul	Fouche	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:50:54
10	12	4	TRAIL11806	Grant	Williams	10km Trail Run/Walk	Male	43	Veteran (40-49)	00:50:58
11	17	1	TA1162	Zander	Goold	10km Trail Run/Walk	Male	24	Senior (19-29)	00:53:52
12	20	5	TRAIL12341	Charles	Norman	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:54:50
13	22	5	TRAIL11732	Terrence	Brink	10km Trail Run/Walk	Male	45	Veteran (40-49)	00:55:17
14	23	2	TA0692	Coenraad	Claassens	10km Trail Run/Walk	Male	27	Senior (19-29)	00:57:45
15	24	2	TA0751	Reinhardt	Bosch	10km Trail Run/Walk	Male	15	12 to 15	00:58:37
16	28	6	TRAIL13026	Hennie	Nel	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:00:40
17	30	7	TA2132	Wihann	Leipoldt	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:03:41
18	31	6	TA0848	Theo	Van Schalkwyk	10km Trail Run/Walk	Male	42	Veteran (40-49)	01:03:43
19	32	8	TA1900	Vaughan	Lund	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:05:32
20	33	3	TA1894	Gianluca	Patrizi	10km Trail Run/Walk	Male	21	Senior (19-29)	01:08:13
21	37	9	TA2315	Tumi	Tsholo	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:13:02
22	38	1	TA2122	Khathutshelo	Sikhitha	10km Trail Run/Walk	Male	53	Master (50-59)	01:13:29
23	40	10	TA0844	Eric	Bands	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:14:46
24	41	11	TRAIL12326	Rijako	Meintjes	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:14:52
25	43	4	TA1843	Charl	Human	10km Trail Run/Walk	Male	29	Senior (19-29)	01:18:11
26	45	5	TA0680	Johan	Pretorius	10km Trail Run/Walk	Male	28	Senior (19-29)	01:19:51
27	46	12	TA0763	Kieth Pfluxani	Mabasa	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:20:45
28	49	13	TA1156	Kobus	Kotze	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:27:51
29	50	6	TA0665	Dwayne	De Kock	10km Trail Run/Walk	Male	19	Senior (19-29)	01:27:59
30	52	1	TRAIL12270	Ric	Marini	10km Trail Run/Walk	Male	63	Grand-Master (60+)	01:37:38
31	54	14	TA0633	Stuart	Andrews	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:38:19
32	55	7	TA2157	Jacques	Van Den Berg	10km Trail Run/Walk	Male	27	Senior (19-29)	01:38:25
33	56	2	TA1801	Dean	Mcclelland	10km Trail Run/Walk	Male	65	Grand-Master (60+)	01:48:21

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	6	1	TRAIL11751	Yolande	Speedy	10km Trail Run/Walk	Female	41	Veteran (40-49)	00:45:46
2	7	1	TRAIL10062	Nicky	Booyens	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:47:23
3	13	1	TA1896	Laura	Beamish	10km Trail Run/Walk	Female	27	Senior (19-29)	00:50:58
4	14	2	TA2144	Liezl	Kerling	10km Trail Run/Walk	Female	26	Senior (19-29)	00:52:50
5	15	2	TA2109	Avashni	Dass	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:53:35
6	16	3	TA0713	Belinda	Cawood	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:53:37
7	18	4	TA1177	Simone	Bohr	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:54:18
8	19	5	TRAIL10041	Desiree	Du Trevou	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:54:49
9	21	1	TRAIL12842	Jeanne'	De Beer	10km Trail Run/Walk	Female	17	16 to 18	00:54:53
10	25	2	TA0996	Nelia	Grobler	10km Trail Run/Walk	Female	45	Veteran (40-49)	00:58:39
11	26	2	TA1804	Naftileen	Grobler	10km Trail Run/Walk	Female	17	16 to 18	00:58:44
12	27	6	TRAIL12299	Janeane	Watt	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:00:09
13	29	3	TA0719	Caron	Louw	10km Trail Run/Walk	Female	22	Senior (19-29)	01:02:38
14	34	4	TA0643	Marina	De Gouveia	10km Trail Run/Walk	Female	21	Senior (19-29)	01:08:17
15	35	7	TA2111	Bongiwe	Ngcobo	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:11:17
16	36	8	TRAIL12330	Candice	Van Dyk	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:12:53
17	39	5	TA1970	Callyn	Bowler	10km Trail Run/Walk	Female	26	Senior (19-29)	01:14:38
18	42	1	TA1033	Marulette	Erasmus	10km Trail Run/Walk	Female	53	Master (50-59)	01:15:00
19	44	6	TA0701	Margo	Human	10km Trail Run/Walk	Female	22	Senior (19-29)	01:18:18
20	47	1	TA0637	Rina	Naude	10km Trail Run/Walk	Female	61	Grand-Master (60+)	01:27:46
21	48	2	TA1867	Rina	Machado	10km Trail Run/Walk	Female	68	Grand-Master (60+)	01:27:49
22	51	9	TA1846	Xolislle	Ntshangase	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:28:07
23	53	2	TA1174	Karin	Van Den Berg	10km Trail Run/Walk	Female	55	Master (50-59)	01:38:16
24	57	3	TRAIL10053	Adele	Sutherland	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:48:37
25	58	4	TRAIL11798	Antoinette	Hartslief	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:48:58

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10690	Dian	Marais	5km Trail Run/Walk	Male	10	Under 11	00:22:16
2	2	1	TA0403	Mc	Du Toit	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:25:30
3	3	1	TA0380	Machiel	Bezuidenhout	5km Trail Run/Walk	Male	42	Veteran (40-49)	00:26:38
4	4	2	TRAIL11871	Alwyn	Van Jaarsveld	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:26:55
5	6	3	TA0434	Jean-baptiste	Dabezies	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:27:51
6	7	2	TA1671	Werner	Van Brakel	5km Trail Run/Walk	Male	46	Veteran (40-49)	00:28:04
7	8	2	TA1693	Jeandre	Bouwer	5km Trail Run/Walk	Male	9	Under 11	00:28:28
8	9	3	TA0504	Louis	Lange	5km Trail Run/Walk	Male	46	Veteran (40-49)	00:28:34
9	10	4	TRAIL11026	Jaicee	Bam	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:28:44
10	11	4	TA0122	Roelof	Wehmeyer	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:28:45
11	12	1	TA1724	Brandon	Clifford	5km Trail Run/Walk	Male	23	Senior (19-29)	00:28:47
12	17	2	TA0864	Brett	Kent	5km Trail Run/Walk	Male	27	Senior (19-29)	00:31:23
13	18	1	TRAIL12982	Rufan	Palm	5km Trail Run/Walk	Male	61	Grand-Master (60+)	00:31:25
14	19	2	TRAIL10759	Allen	West	5km Trail Run/Walk	Male	63	Grand-Master (60+)	00:31:29
15	20	5	TA1811	Jean-pierre	Pitout	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:31:38
16	22	3	TA1620	Wynand	Bezuidenhout	5km Trail Run/Walk	Male	28	Senior (19-29)	00:32:38
17	30	5	TA0381	Graeme	Coetzee	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:33:40
18	33	6	TA0318	Lineshan	Govender	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:34:08
19	37	6	TA1767	Anthony	Cousins	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:34:18
20	40	7	TA0009	Nico	Bos	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:34:28
21	41	8	TA0269	Dustin	Hughes	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:34:30
22	43	1	TRAIL13017	Johan	Snyman	5km Trail Run/Walk	Male	51	Master (50-59)	00:34:35
23	47	7	TA1765	Jean	Coetzee	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:35:09
24	51	4	TA0415	Braam	Maree	5km Trail Run/Walk	Male	28	Senior (19-29)	00:35:52
25	53	2	TRAIL11002	Pierre	Fourie	5km Trail Run/Walk	Male	54	Master (50-59)	00:36:09
26	55	5	TA1636	Gerhard	Snyman	5km Trail Run/Walk	Male	21	Senior (19-29)	00:36:18
27	65	6	TA1728	Hermann	Post	5km Trail Run/Walk	Male	28	Senior (19-29)	00:38:12
28	66	7	TA1680	Kyle	Cassim	5km Trail Run/Walk	Male	29	Senior (19-29)	00:38:18
29	72	3	TA0351	Daniel	Bester	5km Trail Run/Walk	Male	7	Under 11	00:40:21
30	76	3	TRAIL12985	Gary	Noakes	5km Trail Run/Walk	Male	57	Master (50-59)	00:40:37
31	82	4	TRAIL12439	Derek	Nell	5km Trail Run/Walk	Male	54	Master (50-59)	00:41:01
32	84	8	TA0254	Wilter	Pretorius	5km Trail Run/Walk	Male	29	Senior (19-29)	00:41:03
33	92	4	TA1612	Joshua-alon	Bouwer	5km Trail Run/Walk	Male	6	Under 11	00:43:45
34	97	9	TA0453	Christiaan	Botha	5km Trail Run/Walk	Male	27	Senior (19-29)	00:44:23
35	98	9	TA1700	Christo	Lyhm	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:44:25
36	100	1	TA1571	Jaundre	Davis	5km Trail Run/Walk	Male	12	12 to 15	00:44:35
37	101	8	TA0436	Jacques	Davis	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:44:39
38	105	9	TA1593	Ryan	Mcmeeking	5km Trail Run/Walk	Male	46	Veteran (40-49)	00:45:19
39	110	3	TA1071	Kobus	Botes	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:48:22
40	112	10	TA0192	Phillip	Van Heerden	5km Trail Run/Walk	Male	46	Veteran (40-49)	00:48:49

41	113	4	TA0369	John	Tringham	5km Trail Run/Walk	Male	76	Grand-Master (60+)	00:48:51
42	120	5	TRAIL13009	Russell	Thornton	5km Trail Run/Walk	Male	52	Master (50-59)	00:49:28
43	129	10	TA0033	Gerrit	Penning	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:56:13
44	133	11	TA0298	Jaco	De Beer	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:59:39
45	137	10	TA0425	Duncun	Putter	5km Trail Run/Walk	Male	29	Senior (19-29)	01:00:43

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TA0667	Michelle	Du Toit	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:27:26
2	13	2	TA0145	Helena	Strijdom	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:28:49
3	14	1	TA0283	Izaldi-lee	Van Zyl	5km Trail Run/Walk	Female	19	Senior (19-29)	00:30:51
4	15	1	TA0600	Zarhite	Heath	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:31:14
5	16	3	TRAIL13015	Nadia	Bosch	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:31:21
6	21	1	TA0325	Carien	Pienaar	5km Trail Run/Walk	Female	17	16 to 18	00:32:13
7	23	2	TA0578	Hermien	Pienaar	5km Trail Run/Walk	Female	26	Senior (19-29)	00:32:40
8	24	2	TA0031	Lara	Snyman	5km Trail Run/Walk	Female	16	16 to 18	00:32:44
9	25	3	TA0005	Lydia	De Bruyn	5km Trail Run/Walk	Female	21	Senior (19-29)	00:33:07
10	26	4	TA0227	Simone	De Bruyn	5km Trail Run/Walk	Female	19	Senior (19-29)	00:33:10
11	27	5	TA0408	Jocelyn	Duminy	5km Trail Run/Walk	Female	19	Senior (19-29)	00:33:17
12	28	2	TA1516	Lisinda	Van Zyl	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:33:22
13	29	4	TA0424	Hope	Lange	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:33:28
14	31	5	TA1799	Gerda	Van Brakel	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:33:45
15	32	1	TRAIL12290	Georgina	Bester	5km Trail Run/Walk	Female	54	Master (50-59)	00:34:00
16	34	6	TA0409	Helen	Bosma	5km Trail Run/Walk	Female	24	Senior (19-29)	00:34:10
17	35	3	TA1629	Raine	Fouche	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:34:11
18	36	1	TA0487	Hailey	Muller	5km Trail Run/Walk	Female	9	Under 11	00:34:14
19	38	4	TA1550	Rosemari	Muller	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:34:20
20	39	6	TA0477	Charlene	Olivier	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:34:24
21	42	7	TA0244	Vanessa	Bowman	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:34:32
22	44	5	TA0500	Chantal	Van Antwerpen	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:34:51
23	45	7	TA0304	Alyssa	Sparke	5km Trail Run/Walk	Female	26	Senior (19-29)	00:35:03
24	46	8	TA0331	Lisa Hannah	Van Der Merwe	5km Trail Run/Walk	Female	26	Senior (19-29)	00:35:04
25	48	6	TA0023	Alicia	Crerar	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:35:36
26	49	7	TA0272	Karolien	Muller	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:35:45
27	50	8	TA0250	Janet	Stolp	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:35:48
28	52	9	TA0193	Didi	Pienaar	5km Trail Run/Walk	Female	22	Senior (19-29)	00:35:55
29	54	2	TA0330	Surina	Pienaar	5km Trail Run/Walk	Female	53	Master (50-59)	00:36:16
30	56	10	TA0176	Carolynn	Raw	5km Trail Run/Walk	Female	25	Senior (19-29)	00:36:59
31	57	11	TA0084	Surita	Nel	5km Trail Run/Walk	Female	26	Senior (19-29)	00:37:01
32	58	9	TA1617	Inge	Cousins	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:37:21
33	59	10	TA0223	Mari-louise	Bezuidenhout	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:37:22
34	60	11	TA0311	Hermarie	Prozesky	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:37:30
35	61	12	TA0479	Charne	Van Jaarsveld	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:37:33
36	62	3	TRAIL12359	Linda	Fourie	5km Trail Run/Walk	Female	51	Master (50-59)	00:37:45
37	63	12	TA1691	Elizna	Meintjes	5km Trail Run/Walk	Female	27	Senior (19-29)	00:38:05
38	64	13	TA0312	Simoné	Lourens	5km Trail Run/Walk	Female	26	Senior (19-29)	00:38:10
39	67	14	TA0576	Jessie	Napier	5km Trail Run/Walk	Female	20	Senior (19-29)	00:38:25
40	68	15	TRAIL12545	Nicole	Austin	5km Trail Run/Walk	Female	22	Senior (19-29)	00:38:28

41	69	13	TRAIL12665	Adri	Slabbert	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:38:56
42	70	14	TA2143	Trudie	Burger	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:40:10
43	71	1	TA0573	Kaylee	Smit	5km Trail Run/Walk	Female	14	12 to 15	00:40:16
44	73	8	TA1737	Mariette	Smit	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:40:24
45	74	4	TRAIL11337	Sandra	Austin	5km Trail Run/Walk	Female	50	Master (50-59)	00:40:29
46	75	15	TA0032	Celeste	Van Den Berg	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:40:34
47	77	16	TA0218	Elne	Gerber	5km Trail Run/Walk	Female	29	Senior (19-29)	00:40:40
48	78	9	TA0203	Elzabe	Heymans	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:40:44
49	79	17	TA1604	Caylin	Nell	5km Trail Run/Walk	Female	23	Senior (19-29)	00:40:49
50	80	5	TRAIL10777	Doreen	Nell	5km Trail Run/Walk	Female	51	Master (50-59)	00:40:53
51	81	6	TRAIL10836	Ina	Beamish	5km Trail Run/Walk	Female	56	Master (50-59)	00:40:55
52	83	18	TA0352	Wilmarie	Pretorius	5km Trail Run/Walk	Female	27	Senior (19-29)	00:41:02
53	85	19	TA0992	Melinda	Roberts	5km Trail Run/Walk	Female	21	Senior (19-29)	00:41:11
54	86	7	TRAIL13008	Sonja	Petzer	5km Trail Run/Walk	Female	53	Master (50-59)	00:41:55
55	87	16	TA0124	Cecile	Masuret	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:42:15
56	88	10	TA1726	Jana	Van Aardt	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:42:18
57	89	20	TA0427	Chanelle	Burger	5km Trail Run/Walk	Female	26	Senior (19-29)	00:42:25
58	90	21	TA0476	Lize	Kroon	5km Trail Run/Walk	Female	28	Senior (19-29)	00:42:59
59	91	17	TA0292	Cleopatra	Silaule	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:43:42
60	93	8	TA1666	Angelica	Burger	5km Trail Run/Walk	Female	57	Master (50-59)	00:43:46
61	94	18	TA1547	Mariska	Van Zyl	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:43:48
62	95	9	TA1661	Erika	Bester	5km Trail Run/Walk	Female	53	Master (50-59)	00:44:10
63	96	22	TA0156	Lizanda	Botha	5km Trail Run/Walk	Female	24	Senior (19-29)	00:44:14
64	99	10	TA0300	Dawn	Fryer	5km Trail Run/Walk	Female	53	Master (50-59)	00:44:33
65	102	23	TRAIL12852	Charnay	Du Plessis	5km Trail Run/Walk	Female	25	Senior (19-29)	00:44:41
66	103	11	TRAIL13068	Ronelle	Van Heerden	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:44:42
67	104	19	TA0440	Martelie	Laney	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:44:45
68	106	11	TA0094	Alice	Boyd	5km Trail Run/Walk	Female	51	Master (50-59)	00:45:21
69	107	20	TA1529	Lucinda	Evert	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:48:10
70	108	21	TA1519	Ronell	Van Niekerk	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:48:11
71	109	22	TRAIL11074	Larissa	West	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:48:13
72	111	12	TA1674	Hannelie	Van Heerden	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:48:47
73	114	13	TA1567	Juanita	Mawer	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:48:54
74	115	24	TA0341	Cassandra	Zipp	5km Trail Run/Walk	Female	22	Senior (19-29)	00:48:56
75	116	2	TA1796	Nia	Postma	5km Trail Run/Walk	Female	12	12 to 15	00:49:02
76	117	3	TA0362	Simone	Malan	5km Trail Run/Walk	Female	17	16 to 18	00:49:06
77	118	23	TA1754	Nadia	Postma	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:49:11
78	119	14	TRAIL13012	Colette	Thornton	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:49:24
79	121	12	TA1527	Antoinette	Wehmeyer	5km Trail Run/Walk	Female	51	Master (50-59)	00:51:15
80	122	25	TA0570	Michelle	Wehmeyer	5km Trail Run/Walk	Female	26	Senior (19-29)	00:51:16
81	123	15	TRAIL10121	Liesle	Joubert	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:53:03
82	124	1	TA0358	Meisie	Strydom	5km Trail Run/Walk	Female	73	Grand-Master (60+)	00:54:34

83	125	13	TA0163	Mariaan	Marx	5km Trail Run/Walk	Female	53	Master (50-59)	00:54:55
84	126	16	TA1575	Maureen	Fourie	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:54:56
85	127	17	TA0047	Suzette	Van Heerden	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:55:43
86	128	18	TA0514	Cathy	Bezuidenhout	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:55:46
87	130	24	TRAIL12793	Vanessa	Kotze	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:56:19
88	131	2	TRAIL12321	Dorothy	Van Heerden	5km Trail Run/Walk	Female	74	Grand-Master (60+)	00:58:46
89	132	19	TA0494	Liziwe	Nkonyana	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:59:30
90	134	20	TA0515	Denise	Caripis	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:59:44
91	135	14	TRAIL10339	Busi	Ngwenya	5km Trail Run/Walk	Female	50	Master (50-59)	00:59:46
92	136	21	TRAIL11923	Mathilda	Williams	5km Trail Run/Walk	Female	49	Veteran (40-49)	01:00:29
93	138	26	TA0041	Lindie	Putter	5km Trail Run/Walk	Female	29	Senior (19-29)	01:00:45
94	139	15	TA0407	Rene	Jose	5km Trail Run/Walk	Female	57	Master (50-59)	01:06:40
95	140	16	TA1759	Jenny	Demmers	5km Trail Run/Walk	Female	57	Master (50-59)	01:06:41