



AdventureRun : Royal Johannesburg & Kensington Country Club

Hero Night AdventureRun/Walk on 15th November 2019



10km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2243	Brandon	Grant	10km Run/Walk	Male	19	Senior (19-29)	00:53:07
2	2	2	TA1169	Matthew	De Barros	10km Run/Walk	Male	24	Senior (19-29)	00:58:05
3	3	3	TRAIL20165	Pc	Meyer	10km Run/Walk	Male	27	Senior (19-29)	00:58:18
4	6	1	TRAIL20538	Gerhard	Du Plessis	10km Run/Walk	Male	42	Veteran (40-49)	01:07:47
5	7	1	TA1894	Chris	Naude	10km Run/Walk	Male	51	Master (50-59)	01:08:08
6	8	1	TRAIL20603	Kosie	Van Vuuren	10km Run/Walk	Male	65	Grand-Master (60+)	01:08:19
7	10	2	TA1836	Ryan	Valjoen	10km Run/Walk	Male	46	Veteran (40-49)	01:09:25
8	13	2	TA1867	John	Tringham	10km Run/Walk	Male	77	Grand-Master (60+)	01:41:36
9	19	3	TRAIL12270	Ric	Marini	10km Run/Walk	Male	64	Grand-Master (60+)	01:53:41
10	21	2	TRAIL10011	Graham	Hutchins	10km Run/Walk	Male	56	Master (50-59)	01:54:24
11	23	4	TRAIL20584	Luc	Van Goidsenhoven	10km Run/Walk	Male	63	Grand-Master (60+)	02:07:00

10km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA1176	Lara	Bayliss	10km Run/Walk	Female	46	Veteran (40-49)	01:06:26
2	5	1	TRAIL20787	Michelle	Du Plessis	10km Run/Walk	Female	38	Sub-Veteran (30-39)	01:07:42
3	9	1	TA2333	Julie	Ezendam	10km Run/Walk	Female	29	Senior (19-29)	01:08:54
4	11	2	TA2128	Esmane	Minnie	10km Run/Walk	Female	25	Senior (19-29)	01:17:40
5	12	2	TA1808	Gugu	Sidambe	10km Run/Walk	Female	33	Sub-Veteran (30-39)	01:30:42
6	14	1	TA1173	Lieve	Geuens	10km Run/Walk	Female	67	Grand-Master (60+)	01:41:40
7	15	2	TA1801	Phumzile	Njoko	10km Run/Walk	Female	41	Veteran (40-49)	01:44:44
8	16	3	TA1843	Nomsa	Njoko	10km Run/Walk	Female	28	Senior (19-29)	01:44:45
9	17	2	TRAIL12321	Dorothy	Van Heerden	10km Run/Walk	Female	76	Grand-Master (60+)	01:51:00
10	18	3	TRAIL12324	Frances	Steel	10km Run/Walk	Female	75	Grand-Master (60+)	01:51:00
11	20	1	TRAIL10052	Lesley	Hutchins	10km Run/Walk	Female	57	Master (50-59)	01:54:24
12	22	2	TRAIL20583	May	Van Der Walt	10km Run/Walk	Female	57	Master (50-59)	02:07:00
13	24	3	TRAIL10836	Ina	Beamish	10km Run/Walk	Female	57	Master (50-59)	02:07:00

5km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0330	Barry	Carstens	5km Run/Walk	Male	58	Master (50-59)	00:26:51
2	2	1	TA1673	Mubeen	Khan	5km Run/Walk	Male	27	Senior (19-29)	00:27:34
3	3	2	TA0457	Jarred	Berg	5km Run/Walk	Male	29	Senior (19-29)	00:30:16
4	4	1	TRAIL12467	Andre	Portelli	5km Run/Walk	Male	49	Veteran (40-49)	00:31:29
5	9	2	TA0231	Robert	Murphy	5km Run/Walk	Male	43	Veteran (40-49)	00:35:51
6	10	1	TA1700	Thinus	Naude	5km Run/Walk	Male	15	12 to 15	00:38:33
7	15	1	TA0215	Abdullah	Nagdee	5km Run/Walk	Male	35	Sub-Veteran (30-39)	00:43:19
8	16	1	TA0169	Zuhayr	Nagdee	5km Run/Walk	Male	7	Under 11	00:43:28
9	18	3	TA0291	Basil	Mackenzie	5km Run/Walk	Male	45	Veteran (40-49)	00:43:44
10	19	3	TA0370	Talha	Khan	5km Run/Walk	Male	21	Senior (19-29)	00:43:51
11	24	4	TA0303	Bredan	Rakusin	5km Run/Walk	Male	29	Senior (19-29)	00:45:28
12	26	2	TA0570	Steven	James	5km Run/Walk	Male	54	Master (50-59)	00:46:24
13	33	2	TA0345	Johan	Etsebeth	5km Run/Walk	Male	39	Sub-Veteran (30-39)	01:02:45
14	36	4	TA0357	Lloyd	Moodley	5km Run/Walk	Male	42	Veteran (40-49)	01:03:04

5km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TA0293	Theresa	Ashdown	5km Run/Walk	Female	60	Grand-Master (60+)	00:31:59
2	6	1	TA1748	Pakeezah	Nagdee	5km Run/Walk	Female	28	Senior (19-29)	00:33:05
3	7	1	TRAIL20038	Samantha	Casling	5km Run/Walk	Female	39	Sub-Veteran (30-39)	00:34:50
4	8	1	TRAIL20050	Kiara	Casling	5km Run/Walk	Female	13	12 to 15	00:34:52
5	11	2	TA1612	Doerte	Van Der Walt	5km Run/Walk	Female	33	Sub-Veteran (30-39)	00:38:55
6	12	3	TA0286	Simone	Capazorio	5km Run/Walk	Female	33	Sub-Veteran (30-39)	00:39:00
7	13	4	TA0374	Tabassum	Khan	5km Run/Walk	Female	36	Sub-Veteran (30-39)	00:43:11
8	14	1	TA1747	Zahra	Nagdee	5km Run/Walk	Female	10	Under 11	00:43:15
9	17	2	TA0096	Mia	Mackenzie	5km Run/Walk	Female	5	Under 11	00:43:42
10	20	2	TA1787	Afroze	Bholat	5km Run/Walk	Female	24	Senior (19-29)	00:44:09
11	21	2	TA1882	Erika	Jarvis	5km Run/Walk	Female	60	Grand-Master (60+)	00:44:43
12	22	1	TA1610	Lizelle	Naude	5km Run/Walk	Female	48	Veteran (40-49)	00:45:00
13	23	3	TA1838	Magdalena	Barnard	5km Run/Walk	Female	62	Grand-Master (60+)	00:45:10
14	25	3	TA1604	Mulalo	Madula	5km Run/Walk	Female	29	Senior (19-29)	00:45:42
15	27	4	TA0047	Shannon	James	5km Run/Walk	Female	26	Senior (19-29)	00:46:29
16	28	1	TA1754	Lauren	James	5km Run/Walk	Female	55	Master (50-59)	00:46:31
17	29	2	TRAIL12883	Debra	Crawley	5km Run/Walk	Female	46	Veteran (40-49)	00:47:20
18	30	5	TA0488	Mokgethoa	Makola	5km Run/Walk	Female	32	Sub-Veteran (30-39)	00:47:27
19	31	6	TA2155	Charmaine	Jarvis	5km Run/Walk	Female	34	Sub-Veteran (30-39)	00:59:09
20	32	7	TA0386	Lea	Etsebeth	5km Run/Walk	Female	30	Sub-Veteran (30-39)	01:02:42
21	34	3	TA0559	Isla	Mackenzie	5km Run/Walk	Female	3	Under 11	01:02:51
22	35	8	TA0120	Lois	Moodley	5km Run/Walk	Female	38	Sub-Veteran (30-39)	01:02:57
23	37	9	TA0153	Kershnee Selvanathan	Govender	5km Run/Walk	Female	38	Sub-Veteran (30-39)	01:03:06
24	38	2	TA0390	Carmina	Mennen	5km Run/Walk	Female	53	Master (50-59)	01:03:29
25	39	3	TA0312	Arafka	Mennen	5km Run/Walk	Female	55	Master (50-59)	01:03:31
26	40	5	TA0596	Tumelo	Mahange	5km Run/Walk	Female	27	Senior (19-29)	01:07:06
27	41	6	TA0358	Rena	Malema	5km Run/Walk	Female	29	Senior (19-29)	01:19:18