



AdventureRun : Jeppe Quondam Sports Club

Diabetes Event 10.11.19 on 10th November 2019



5 km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0847	Mark	Chatha	5 km	Male	40	Veteran (40-49)	00:17:47
2	2	1	TA0911	Michael	Brown	5 km	Male	57	Master (50-59)	00:22:10
3	3	1	TA0727	Tyron	Vn Eyssen	5 km	Male	11	Under 11	00:22:21
4	4	1	TA0956	Ethan	Brown	5 km	Male	12	12 to 15	00:23:02
5	5	2	TA0979	Peter	Steynton	5 km	Male	46	Veteran (40-49)	00:23:08
6	7	1	TA0901	Ismaeel	Akoon	5 km	Male	30	Sub-Veteran (30-39)	00:26:03
7	8	2	TA0645	Josh	Kushner	5 km	Male	13	12 to 15	00:26:42
8	9	1	TA1103	Timothy	Lincoln	5 km	Male	17	16 to 18	00:26:50
9	10	2	TA1037	Nathan	Palmer	5 km	Male	11	Under 11	00:27:07
10	11	2	TA0715	Lorenzo	Swargasso	5 km	Male	18	16 to 18	00:27:12
11	12	3	TA0844	Richard	Du Plessis	5 km	Male	17	16 to 18	00:27:15
12	13	1	TA0753	Arieh	Esra	5 km	Male	29	Senior (19-29)	00:27:54
13	15	3	TA0893	Dave	Segal	5 km	Male	49	Veteran (40-49)	00:28:02
14	18	4	TA0763	Glen	Barbour	5 km	Male	45	Veteran (40-49)	00:28:37
15	20	4	TA1049	Aidan	Kruger	5 km	Male	17	16 to 18	00:28:48
16	21	2	TA0938	Duncan	Olivier	5 km	Male	24	Senior (19-29)	00:28:53
17	22	2	TA0932	Juan	Lurie	5 km	Male	34	Sub-Veteran (30-39)	00:29:08
18	25	3	TA1153	Pano	Frantzeskosp	5 km	Male	12	12 to 15	00:29:22
19	26	4	TA0851	Van Staden	Clive	5 km	Male	14	12 to 15	00:29:25
20	27	3	TA1137	Thebeetsile	Tshenye	5 km	Male	10	Under 11	00:29:34
21	28	5	TA1132	Derick	Palmer	5 km	Male	46	Veteran (40-49)	00:29:37
22	29	6	TA1120	Cornelius	Erasmus	5 km	Male	42	Veteran (40-49)	00:29:49
23	31	7	TA0768	Daniel	Kruger	5 km	Male	44	Veteran (40-49)	00:30:32
24	35	5	TA0703	Luca	Tomlinson	5 km	Male	14	12 to 15	00:31:20
25	37	2	TA0962	Ken	Hall	5 km	Male	58	Master (50-59)	00:31:38
26	38	8	TA0882	Micheal	Fletcher	5 km	Male	45	Veteran (40-49)	00:31:44
27	42	1	TA0641	Douglas	Phillips	5 km	Male	65	Grand-Master (60+)	00:32:24
28	43	9	TA1070	Marco	Swargasso	5 km	Male	49	Veteran (40-49)	00:32:37
29	44	3	TA0658	Jacques	Tribelhorn	5 km	Male	59	Master (50-59)	00:33:15
30	45	4	TA1129	Felix	Doherty	5 km	Male	11	Under 11	00:33:26
31	46	5	TA0824	Daniel	Tomlinson	5 km	Male	11	Under 11	00:33:31
32	50	4	TA1125	Kobus	Hamilton	5 km	Male	56	Master (50-59)	00:34:19
33	51	6	TA0720	Nathan	Aldhouse	5 km	Male	14	12 to 15	00:34:23

34	52	2	TA1027	William	Croxton	5 km	Male	63	Grand-Master (60+)	00:34:29
35	57	6	TA1167	Reagiole	Tshenye	5 km	Male	8	Under 11	00:36:19
36	60	5	TA0813	Johan	Curtis	5 km	Male	55	Master (50-59)	00:37:09
37	61	6	TA0849	Brain	Curtis	5 km	Male	51	Master (50-59)	00:37:14
38	67	3	TA1078	Wade	Stanton-jones	5 km	Male	26	Senior (19-29)	00:38:12
39	68	4	TA0964	Warren	Pyatt	5 km	Male	26	Senior (19-29)	00:38:24
40	71	5	TA0908	Heemal	Tulsi	5 km	Male	29	Senior (19-29)	00:39:08
41	72	7	TA0834	Orestis	Barbas	5 km	Male	11	Under 11	00:39:31
42	74	3	TA0659	Ebrahim	Akoojee	5 km	Male	31	Sub-Veteran (30-39)	00:39:43
43	75	8	TA0940	Oarabile	Makhubedu	5 km	Male	9	Under 11	00:40:20
44	78	6	TA0868	Muhammed	Akoojee	5 km	Male	19	Senior (19-29)	00:40:44
45	79	7	TA0803	Abdul	Chand	5 km	Male	54	Master (50-59)	00:41:02
46	80	8	TA0726	Christopher	Smith	5 km	Male	51	Master (50-59)	00:41:15
47	86	10	TA0682	Clint	Du Plessis	5 km	Male	49	Veteran (40-49)	00:42:13
48	87	4	TA0690	Richard	Keith	5 km	Male	33	Sub-Veteran (30-39)	00:42:19
49	90	7	TA0699	Justin	Croxton	5 km	Male	27	Senior (19-29)	00:42:59
50	93	7	TA1104	Leon	Moyo	5 km	Male	13	12 to 15	00:43:27
51	95	11	TA0638	George	Frantzeskos	5 km	Male	46	Veteran (40-49)	00:43:56
52	97	5	TA1020	Jonathan	Felix	5 km	Male	30	Sub-Veteran (30-39)	00:44:27
53	100	12	TA0999	Peter	Ellis	5 km	Male	49	Veteran (40-49)	00:45:15
54	106	6	TA1065	Donavin	Pieterse	5 km	Male	30	Sub-Veteran (30-39)	00:46:20
55	111	3	TA1110	Victor	Song	5 km	Male	65	Grand-Master (60+)	00:46:47
56	113	13	TA0871	James	Aldhouse	5 km	Male	42	Veteran (40-49)	00:46:56
57	128	9	TA0603	Loyiso	Chitambala	5 km	Male	9	Under 11	00:49:43
58	130	10	TA0714	Sinalo	Chitambala	5 km	Male	11	Under 11	00:49:47
59	132	5	TA0836	Avi	Cobb	5 km	Male	17	16 to 18	00:49:49
60	133	8	TA1161	Sinakho	Chitambala	5 km	Male	12	12 to 15	00:49:52
61	134	9	TA1154	Jean	De Wet	5 km	Male	15	12 to 15	00:49:55
62	141	9	TA1148	Jaque	Conradie	5 km	Male	53	Master (50-59)	00:52:13
63	145	14	TA0668	Ian	Tomlinson	5 km	Male	44	Veteran (40-49)	00:53:10
64	146	15	TA0895	Ivan	Marais	5 km	Male	46	Veteran (40-49)	00:53:13
65	147	16	TA0842	Johan	Botha	5 km	Male	49	Veteran (40-49)	00:53:15
66	149	17	TA1017	Pierre	Britz	5 km	Male	41	Veteran (40-49)	00:53:20
67	158	7	TA0945	Keegan	Hall	5 km	Male	30	Sub-Veteran (30-39)	00:54:36
68	160	10	TA0728	Michael	King	5 km	Male	56	Master (50-59)	00:54:41
69	164	8	TA0607	Wayn	Haidlinger	5 km	Male	33	Sub-Veteran (30-39)	00:54:54
70	168	8	TA1033	Hayden	Ellis	5 km	Male	20	Senior (19-29)	00:55:27
71	169	9	TA1023	Craig	Mc Donald	5 km	Male	30	Sub-Veteran (30-39)	00:55:29
72	185	18	TA1036	Aris	Barbas	5 km	Male	45	Veteran (40-49)	00:57:03
73	192	10	TA0991	Gilad	Kahn	5 km	Male	30	Sub-Veteran (30-39)	00:58:10
74	194	19	TA0930	Rudy	Whitfield	5 km	Male	41	Veteran (40-49)	00:58:34
75	197	20	TA0825	Justin	Chipunza	5 km	Male	40	Veteran (40-49)	00:59:26

76	198	21	TA1018	Wayne	Jeffrey	5 km	Male	46	Veteran (40-49)	01:00:11
77	202	11	TA0817	Michael	Roberts	5 km	Male	7	Under 11	01:00:28
78	203	22	TA1034	Gareth	Roberts	5 km	Male	43	Veteran (40-49)	01:00:29
79	209	23	TA0823	Yasin	Hendricks	5 km	Male	44	Veteran (40-49)	01:02:15
80	212	24	TA0688	Anton	De Wet	5 km	Male	46	Veteran (40-49)	01:04:32

5 km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	6	1	TA1088	Natalie	Hinton	5 km	Female	28	Senior (19-29)	00:25:18
2	14	1	TA0981	Vanessa	Brown	5 km	Female	47	Veteran (40-49)	00:27:58
3	16	1	TA1035	Linda	Croxton	5 km	Female	58	Master (50-59)	00:28:06
4	17	2	TA0613	Charmaine	Stainton	5 km	Female	50	Master (50-59)	00:28:15
5	19	2	TA1162	Caitlin	Ellis	5 km	Female	20	Senior (19-29)	00:28:40
6	23	1	TA0785	Melissa	King	5 km	Female	33	Sub-Veteran (30-39)	00:29:15
7	24	2	TA1004	Jinty	Segal	5 km	Female	47	Veteran (40-49)	00:29:17
8	30	3	TA0620	Laila	Tribelhorn	5 km	Female	27	Senior (19-29)	00:29:57
9	32	4	TA0850	Mathilda	Steyn	5 km	Female	27	Senior (19-29)	00:30:36
10	33	2	TA0946	Stephanie	Hurry	5 km	Female	34	Sub-Veteran (30-39)	00:30:44
11	34	1	TA0933	Olivia	Smargiasso	5 km	Female	16	16 to 18	00:30:46
12	36	3	TA1073	Christine	Manga	5 km	Female	44	Veteran (40-49)	00:31:23
13	39	5	TA0929	Sarah	Tribelhorn	5 km	Female	28	Senior (19-29)	00:32:00
14	40	2	TA0809	Mel	Greyling	5 km	Female	17	16 to 18	00:32:03
15	41	4	TA0716	Susann	Greyling	5 km	Female	47	Veteran (40-49)	00:32:11
16	47	5	TA0756	Angela	Zeegers	5 km	Female	49	Veteran (40-49)	00:33:44
17	48	6	TA0627	Lelitia	Palmer	5 km	Female	47	Veteran (40-49)	00:34:14
18	49	1	TA0800	Teneal	Palmer	5 km	Female	14	12 to 15	00:34:15
19	53	7	TA1055	Margot	Doherty	5 km	Female	45	Veteran (40-49)	00:34:53
20	54	6	TA1058	Batya	Kahn	5 km	Female	21	Senior (19-29)	00:35:23
21	55	3	TA1119	Imke	Erasmus	5 km	Female	39	Sub-Veteran (30-39)	00:35:28
22	56	7	TA1046	Amy	Sundstrom	5 km	Female	19	Senior (19-29)	00:35:39
23	58	8	TA1013	Caron	Crawford	5 km	Female	45	Veteran (40-49)	00:36:34
24	59	3	TA0968	Jenny Elizabeth	Lincoln	5 km	Female	51	Master (50-59)	00:37:06
25	62	4	TA1165	Laura	Byrne	5 km	Female	30	Sub-Veteran (30-39)	00:37:31
26	63	5	TA0662	Sasha	Schwendenwein	5 km	Female	32	Sub-Veteran (30-39)	00:37:36
27	64	9	TA1123	Colette	Du Plessis	5 km	Female	43	Veteran (40-49)	00:37:39
28	65	6	TA0888	Samantha	Barnard	5 km	Female	35	Sub-Veteran (30-39)	00:37:59
29	66	8	TA0614	Nicole	Cornelius	5 km	Female	24	Senior (19-29)	00:38:11
30	69	10	TA0767	Kim	Gramgham	5 km	Female	46	Veteran (40-49)	00:38:35
31	70	9	TA0820	Sarah	Ebben	5 km	Female	24	Senior (19-29)	00:39:06
32	73	3	TA0947	Electra	Barbas	5 km	Female	16	16 to 18	00:39:33
33	76	4	TA0990	Tracy	Bolleurs	5 km	Female	53	Master (50-59)	00:40:32
34	77	10	TA0667	Talyn	Vassiliadis	5 km	Female	21	Senior (19-29)	00:40:41
35	81	11	TA1040	Robyn	Henderson	5 km	Female	23	Senior (19-29)	00:41:24
36	82	5	TA0669	Linda	Henderson	5 km	Female	52	Master (50-59)	00:41:28
37	83	1	TA0846	Wynona	Watt	5 km	Female	66	Grand-Master (60+)	00:41:35
38	84	6	TA1026	Hazel	Mason	5 km	Female	52	Master (50-59)	00:41:38
39	85	1	TA0918	Melina	Frantzeskos	5 km	Female	7	Under 11	00:42:04
40	88	11	TA0795	Aliki	Frantzeskos	5 km	Female	42	Veteran (40-49)	00:42:52

41	89	2	TA0861	Pamela	Bure	5 km	Female	65	Grand-Master (60+)	00:42:54
42	91	12	TA1076	Alexandra	Chalwin-milton	5 km	Female	26	Senior (19-29)	00:43:00
43	92	2	TA1061	Lesedi	Mashiloawe	5 km	Female	13	12 to 15	00:43:02
44	94	13	TA0742	Natasha	Milner	5 km	Female	26	Senior (19-29)	00:43:51
45	96	2	TA1134	Demi	Frantzeskos	5 km	Female	9	Under 11	00:44:05
46	98	7	TA1159	Prashika	Nagar	5 km	Female	39	Sub-Veteran (30-39)	00:44:59
47	99	3	TA0643	Priyal	Nagar	5 km	Female	9	Under 11	00:44:59
48	101	14	TA1056	Alka	Chunilal	5 km	Female	27	Senior (19-29)	00:45:19
49	102	7	TA0928	Evangela	Woodard	5 km	Female	51	Master (50-59)	00:45:52
50	103	15	TA0996	Susana	Sanchez Balenciaga	5 km	Female	28	Senior (19-29)	00:46:13
51	104	16	TA0926	Georgina	Wilson	5 km	Female	28	Senior (19-29)	00:46:18
52	105	8	TA0761	Liana	Grobbellaar	5 km	Female	32	Sub-Veteran (30-39)	00:46:18
53	107	3	TA0775	Katelyn	Cornelius	5 km	Female	14	12 to 15	00:46:28
54	108	12	TA0815	Brenda-lee	Cornelius	5 km	Female	45	Veteran (40-49)	00:46:29
55	109	3	TA1028	Mary	Ortlepp	5 km	Female	65	Grand-Master (60+)	00:46:40
56	110	8	TA0848	Bo	Song	5 km	Female	59	Master (50-59)	00:46:40
57	112	17	TA0837	Alison	Warburton	5 km	Female	24	Senior (19-29)	00:46:54
58	114	13	TA0674	Irma	Egan	5 km	Female	46	Veteran (40-49)	00:46:57
59	115	9	TA0732	Lisa	Van Emmenis	5 km	Female	38	Sub-Veteran (30-39)	00:47:00
60	116	18	TA0748	Bernadice	Egan	5 km	Female	24	Senior (19-29)	00:47:01
61	117	19	TA0751	Natasha	Ndlove	5 km	Female	20	Senior (19-29)	00:47:14
62	118	14	TA0910	Nelisiwe	Moyo	5 km	Female	44	Veteran (40-49)	00:47:14
63	119	4	TA0640	Brendon	Moyo	5 km	Female	7	Under 11	00:47:17
64	120	20	TA1141	Neechell	Langenstein	5 km	Female	21	Senior (19-29)	00:47:19
65	121	21	TA0606	Robyn	Kahn	5 km	Female	27	Senior (19-29)	00:47:27
66	122	10	TA0681	Xolisile	Tshabange	5 km	Female	36	Sub-Veteran (30-39)	00:47:33
67	123	11	TA0615	Hlengiwe	Tshenye	5 km	Female	39	Sub-Veteran (30-39)	00:47:34
68	124	12	TA0654	Maggie	Mere	5 km	Female	38	Sub-Veteran (30-39)	00:47:35
69	125	13	TA1105	Nkalimeng	Likelso	5 km	Female	37	Sub-Veteran (30-39)	00:48:04
70	126	15	TA0778	Rosy	Sardinha	5 km	Female	47	Veteran (40-49)	00:48:33
71	127	22	TA0632	Raeesa	Chand	5 km	Female	28	Senior (19-29)	00:49:38
72	129	4	TA1130	Aliza	Cobb	5 km	Female	14	12 to 15	00:49:46
73	131	4	TA0623	Yakira	Snoyman	5 km	Female	17	16 to 18	00:49:49
74	135	4	TA0904	Lynda	Van Coller	5 km	Female	60	Grand-Master (60+)	00:50:02
75	136	16	TA0637	Punyezwa	Chitambala	5 km	Female	43	Veteran (40-49)	00:50:06
76	137	5	TA1068	Mulan	Ma	5 km	Female	64	Grand-Master (60+)	00:50:08
77	138	6	TA0916	Loretta	Hiscock	5 km	Female	66	Grand-Master (60+)	00:50:11
78	139	9	TA1077	Leon	Olivier	5 km	Female	53	Master (50-59)	00:51:42
79	140	17	TA1112	Lee	Cowan	5 km	Female	42	Veteran (40-49)	00:52:12
80	142	10	TA0749	Ellie	Rava	5 km	Female	53	Master (50-59)	00:52:57
81	143	11	TA0874	Charmaine	Olivier	5 km	Female	54	Master (50-59)	00:53:00
82	144	12	TA0951	Sanet	Botha	5 km	Female	58	Master (50-59)	00:53:00

83	148	18	TA0774	Ilse	Britz	5 km	Female	41	Veteran (40-49)	00:53:19
84	150	19	TA1168	Angela	Glick	5 km	Female	41	Veteran (40-49)	00:53:37
85	151	5	TA1072	Neriya	Glick	5 km	Female	8	Under 11	00:53:39
86	152	7	TA0959	Rosemary	Flynn	5 km	Female	68	Grand-Master (60+)	00:54:04
87	153	13	TA0958	Catherine	Young	5 km	Female	58	Master (50-59)	00:54:13
88	154	23	TA0780	Jessica	Young	5 km	Female	24	Senior (19-29)	00:54:14
89	155	14	TA0838	Thato	Mofokewg	5 km	Female	35	Sub-Veteran (30-39)	00:54:22
90	156	24	TA0864	Nokukhny	Buthelezi	5 km	Female	25	Senior (19-29)	00:54:23
91	157	25	TA0757	Michelle	Hall	5 km	Female	29	Senior (19-29)	00:54:31
92	159	14	TA1098	Cheryl	Levin	5 km	Female	50	Master (50-59)	00:54:40
93	161	15	TA0866	Angela	Murphy	5 km	Female	51	Master (50-59)	00:54:44
94	162	15	TA0854	Debbie	Murphy	5 km	Female	37	Sub-Veteran (30-39)	00:54:47
95	163	16	TA1062	Mia	Haidlinger	5 km	Female	33	Sub-Veteran (30-39)	00:54:53
96	165	6	TA1144	Stella	Haidlingwer	5 km	Female	4	Under 11	00:54:55
97	166	16	TA0898	Angela	Neto	5 km	Female	53	Master (50-59)	00:55:12
98	167	26	TA1147	Tiffany	Mc Donald	5 km	Female	29	Senior (19-29)	00:55:25
99	170	20	TA1124	Charlene Chantelle	Wax	5 km	Female	40	Veteran (40-49)	00:55:31
100	171	21	TA0977	Anthea	Kruger	5 km	Female	49	Veteran (40-49)	00:55:34
101	172	5	TA0931	Nicole	Manga	5 km	Female	13	12 to 15	00:55:38
102	173	6	TA0754	Julia	Swargiasso	5 km	Female	13	12 to 15	00:55:40
103	174	17	TA0705	Pam	Hall	5 km	Female	57	Master (50-59)	00:56:01
104	175	22	TA1116	Jenni	Ellis	5 km	Female	47	Veteran (40-49)	00:56:05
105	176	17	TA1063	Nontokozo	Ncube	5 km	Female	39	Sub-Veteran (30-39)	00:56:33
106	177	7	TA1016	Arianna	Nagar	5 km	Female	8	Under 11	00:56:34
107	178	23	TA1038	Snehal	Nagar	5 km	Female	43	Veteran (40-49)	00:56:36
108	179	27	TA0906	Cleopatra	Ncube	5 km	Female	25	Senior (19-29)	00:56:38
109	180	7	TA1039	Catia	Neves	5 km	Female	15	12 to 15	00:56:40
110	181	8	TA1003	Gabriella	Whitfield	5 km	Female	13	12 to 15	00:56:43
111	182	18	TA0900	Natasha	Van Leeven	5 km	Female	51	Master (50-59)	00:56:49
112	183	8	TA0984	Shahieda	Joulay	5 km	Female	60	Grand-Master (60+)	00:56:51
113	184	24	TA0684	Kalliopi	Roussopoulou	5 km	Female	42	Veteran (40-49)	00:57:01
114	186	18	TA0648	Jolene	Fourie	5 km	Female	36	Sub-Veteran (30-39)	00:57:18
115	187	19	TA0821	Angelique	Kruger	5 km	Female	33	Sub-Veteran (30-39)	00:57:18
116	188	20	TA1111	Nonjabull	Lekhethoa	5 km	Female	31	Sub-Veteran (30-39)	00:57:36
117	189	21	TA0794	Seithati	Mosiane	5 km	Female	31	Sub-Veteran (30-39)	00:57:41
118	190	8	TA0845	Daniella	Whitfield	5 km	Female	11	Under 11	00:58:01
119	191	9	TA0859	Ciana	Neves	5 km	Female	11	Under 11	00:58:04
120	193	25	TA0711	Maria	Whitfield	5 km	Female	42	Veteran (40-49)	00:58:31
121	195	26	TA0909	Patricia	Neves	5 km	Female	46	Veteran (40-49)	00:58:37
122	196	22	TA0765	Sekwanele	Ngwenya	5 km	Female	37	Sub-Veteran (30-39)	00:59:24
123	199	10	TA1041	Krystil	Jeffrey	5 km	Female	4	Under 11	01:00:14
124	200	11	TA0618	L♦ah	Jeffrey	5 km	Female	5	Under 11	01:00:17

125	201	23	TA0739	Chantelle	Jeffrey	5 km	Female	33	Sub-Veteran (30-39)	01:00:18
126	204	24	TA0840	Mari	Sassenberg	5 km	Female	32	Sub-Veteran (30-39)	01:00:31
127	205	9	TA0709	Alida	Mosiane	5 km	Female	63	Grand-Master (60+)	01:00:42
128	206	25	TA0673	Megan	Felix	5 km	Female	32	Sub-Veteran (30-39)	01:01:26
129	207	26	TA0689	Candice	Gobey	5 km	Female	31	Sub-Veteran (30-39)	01:01:26
130	208	12	TA0826	Thuraiya	Hendroicks	5 km	Female	5	Under 11	01:02:14
131	210	10	TA1008	Phadia	Hendricks	5 km	Female	75	Grand-Master (60+)	01:02:22
132	211	27	TA0642	Raisa	Bhana	5 km	Female	37	Sub-Veteran (30-39)	01:02:27
133	213	27	TA1031	Michaele	Gooch	5 km	Female	46	Veteran (40-49)	01:04:39
134	214	19	TA1114	Petro	Sassenberg	5 km	Female	55	Master (50-59)	01:04:43