



AdventureRun : Rock Falls Ranch

Trail Run/Walk on 14th July 2019



21km Trail Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2678	Maichatou	Kamalou	21km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:35:30
2	2	2	TA2637	Nsamu	Moonga	21km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:40:08
3	3	1	TA2477	Tijs	Van Den Brink	21km Trail Run/Walk	Male	28	Senior (19-29)	01:45:57
4	4	3	TA2466	Gary	Ridderhof	21km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:46:35
5	5	1	TA2926	Andre	Jacobs	21km Trail Run/Walk	Male	53	Master (50-59)	01:58:21
6	6	2	TA2994	Qinghua	Xu	21km Trail Run/Walk	Male	20	Senior (19-29)	01:59:21
7	7	1	TA3515	Mu	Xutao	21km Trail Run/Walk	Male	45	Veteran (40-49)	02:01:16
8	8	2	TA3025	Sibusiso	Sabela	21km Trail Run/Walk	Male	44	Veteran (40-49)	02:04:30
9	9	4	TA3060	Corne	Mynhardt	21km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	02:09:46
10	10	3	TA2540	Roy	Clegg	21km Trail Run/Walk	Male	44	Veteran (40-49)	02:17:20
11	11	5	TA3058	Tebogo Elias	Mashitisho	21km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	02:17:41
12	12	4	TA2962	Coenraad	Claassens	21km Trail Run/Walk	Male	47	Veteran (40-49)	02:25:49
13	13	5	TA2967	Pieter Benjamin	Van Der Westhuizen	21km Trail Run/Walk	Male	47	Veteran (40-49)	02:25:50
14	14	6	TA3481	Victor	Henning	21km Trail Run/Walk	Male	42	Veteran (40-49)	02:25:58
15	15	6	TA3473	Greig	Watt	21km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	02:31:34
16	17	1	TRAIL12270	Ric	Marini	21km Trail Run/Walk	Male	64	Grand-Master (60+)	03:47:51

21km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	16	1	TA2667	Muduna	Kapumba	21km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	02:32:15

15km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12471	Adam	Moroko	15km Trail Run/Walk	Male	41	Veteran (40-49)	01:05:19
2	2	1	TA2921	Tshbang	Chauke	15km Trail Run/Walk	Male	16	16 to 18	01:07:06
3	3	2	TRAIL10013	Chris	Dorfling	15km Trail Run/Walk	Male	46	Veteran (40-49)	01:16:05
4	5	1	TA2989	Rogan	Bell	15km Trail Run/Walk	Male	24	Senior (19-29)	01:18:06
5	6	2	TA2997	Garrick	Cathrall	15km Trail Run/Walk	Male	23	Senior (19-29)	01:20:24
6	7	3	TRAIL20780	Gregory	Mufema	15km Trail Run/Walk	Male	43	Veteran (40-49)	01:22:39
7	8	1	TRAIL20119	Keith	Chihava	15km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:29:45
8	9	2	TA3035	Trevor	Towns	15km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:33:40
9	10	3	TA2560	Aldu	Duminy	15km Trail Run/Walk	Male	24	Senior (19-29)	01:33:49
10	11	4	TA2952	Vivian	Dalton	15km Trail Run/Walk	Male	45	Veteran (40-49)	01:37:01
11	12	5	TA2682	Jacques	Smith	15km Trail Run/Walk	Male	42	Veteran (40-49)	01:38:19
12	15	6	TA2692	Conrad	Langerman	15km Trail Run/Walk	Male	44	Veteran (40-49)	01:45:55
13	16	7	TRAIL12341	Charles	Norman	15km Trail Run/Walk	Male	40	Veteran (40-49)	01:45:56
14	20	3	TA3488	David	He	15km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:52:30
15	23	4	TA2675	Thabo	Malatsi	15km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:55:26
16	26	5	TA2590	Fortune	Muambadzi	15km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	02:28:11
17	27	1	TRAIL12109	Neville	Muir	15km Trail Run/Walk	Male	80	Grand-Master (60+)	03:32:01
18	28	2	TA2545	Elbert	Loubser	15km Trail Run/Walk	Male	62	Grand-Master (60+)	03:32:02

15km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA2948	Bronwyn	Gordon	15km Trail Run/Walk	Female	27	Senior (19-29)	01:16:32
2	13	1	TRAIL12112	Tessa	Abrahamson	15km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:38:43
3	14	2	TA2609	Talita	Du Bois	15km Trail Run/Walk	Female	25	Senior (19-29)	01:41:00
4	17	2	TA2564	Hutiag	Hu	15km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:46:39
5	18	3	TA2947	Bongiwe	Ngcobo	15km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:46:49
6	19	3	TA2934	Guo	Yiral	15km Trail Run/Walk	Female	28	Senior (19-29)	01:52:27
7	21	4	TA2903	Ndumi	Nkosi	15km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:53:01
8	22	1	TA2975	Tanya	Walker	15km Trail Run/Walk	Female	45	Veteran (40-49)	01:55:00
9	24	5	TA2939	Tessa	Van Tonder	15km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:57:33
10	25	1	TA2409	Brigitte	Madlener	15km Trail Run/Walk	Female	60	Grand-Master (60+)	02:14:36
11	29	2	TA2512	Marie	Van Dyk	15km Trail Run/Walk	Female	71	Grand-Master (60+)	03:32:03

10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL13076	Reatlegile	Mosweu	10km Trail Run/Walk	Male	14	12 to 15	00:40:33
2	2	1	TA1877	Luthando	Seku	10km Trail Run/Walk	Male	27	Senior (19-29)	00:41:45
3	3	1	TA1110	Tshepo	Mtsotsho	10km Trail Run/Walk	Male	16	16 to 18	00:45:21
4	5	1	TA2217	Dshorne	Human	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:53:00
5	6	2	TA1852	Martiens	De Jager	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:53:07
6	7	1	TA1027	Bradley	Brand	10km Trail Run/Walk	Male	41	Veteran (40-49)	00:56:06
7	8	3	TA1130	James	Greyling	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:56:11
8	9	2	TA0892	Showers	Mawowa	10km Trail Run/Walk	Male	40	Veteran (40-49)	00:57:34
9	10	3	TA1162	Ted	Wood	10km Trail Run/Walk	Male	48	Veteran (40-49)	00:57:57
10	11	4	TA0618	Ashley	Keegan	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:58:06
11	12	2	TA1047	Christopher	Dott	10km Trail Run/Walk	Male	23	Senior (19-29)	00:58:14
12	13	5	TRAIL20502	Francois	Labuschagne	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:58:18
13	15	4	TA2227	James	Johnson	10km Trail Run/Walk	Male	41	Veteran (40-49)	01:03:13
14	16	6	TA2295	Christiaan Albertus	Strauss	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:05:05
15	17	1	TA1825	Gunther	Schwob	10km Trail Run/Walk	Male	57	Master (50-59)	01:05:46
16	18	5	TA1051	Prince	Motswenyane	10km Trail Run/Walk	Male	44	Veteran (40-49)	01:06:11
17	19	6	TA1054	Graham	Jennings	10km Trail Run/Walk	Male	43	Veteran (40-49)	01:06:18
18	22	2	TA0673	Deon	Lerm	10km Trail Run/Walk	Male	52	Master (50-59)	01:07:51
19	30	7	TA1880	Yin	Chen	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:12:52
20	33	3	TA0732	Kk	Zhang	10km Trail Run/Walk	Male	26	Senior (19-29)	01:16:25
21	35	4	TA0753	Jason	Boone	10km Trail Run/Walk	Male	27	Senior (19-29)	01:18:33
22	36	8	TA0860	Rhyno	Adendorf	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:19:55
23	38	5	TA2249	Richard	Liu	10km Trail Run/Walk	Male	26	Senior (19-29)	01:20:15
24	40	3	TA1177	Ludolf	Diedericks	10km Trail Run/Walk	Male	56	Master (50-59)	01:22:21
25	41	4	TA1008	Nick	Van Rooyen	10km Trail Run/Walk	Male	58	Master (50-59)	01:22:53
26	45	5	TA0984	Marius	Van Rensburg	10km Trail Run/Walk	Male	53	Master (50-59)	01:30:16
27	48	9	TA0849	Teboho	Mareas	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:32:41
28	53	2	TA2219	Olwethu	Ndebele	10km Trail Run/Walk	Male	12	12 to 15	01:36:50
29	54	10	TA2147	Thabiso	Ndebele	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:39:09
30	57	6	TA0752	Attie	Graaff	10km Trail Run/Walk	Male	52	Master (50-59)	01:42:04
31	61	7	TA1064	Dioka M	Mahwiliri	10km Trail Run/Walk	Male	41	Veteran (40-49)	01:49:36
32	63	8	TA1037	Stoffel	Bosch	10km Trail Run/Walk	Male	40	Veteran (40-49)	01:49:50
33	66	1	TRAIL20636	Malcolm	Mackenzie	10km Trail Run/Walk	Male	66	Grand-Master (60+)	01:53:41
34	67	7	TA1832	Enos	Netshituni	10km Trail Run/Walk	Male	57	Master (50-59)	01:55:06

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA1882	Basetsana	Maphosa	10km Trail Run/Walk	Female	13	12 to 15	00:48:23
2	14	1	TA0857	Marlize	Grobler	10km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:01:51
3	20	1	TRAIL10269	Jolandi	Labuschange	10km Trail Run/Walk	Female	28	Senior (19-29)	01:06:21
4	21	1	TA0632	Colleen	Cox	10km Trail Run/Walk	Female	44	Veteran (40-49)	01:07:21
5	23	1	TA1069	Riana	Lerm	10km Trail Run/Walk	Female	50	Master (50-59)	01:07:57
6	24	2	TA1048	Ina	Labuschagne	10km Trail Run/Walk	Female	28	Senior (19-29)	01:09:23
7	25	2	TA0662	Adele	Benecke	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:09:27
8	26	3	TA0861	Janine	Pedro	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:09:33
9	27	4	TA0601	Alison	Jennings	10km Trail Run/Walk	Female	44	Veteran (40-49)	01:10:34
10	28	5	TA0866	Alison	Fantin	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:10:41
11	29	2	TA2143	Georgina	Bester	10km Trail Run/Walk	Female	55	Master (50-59)	01:11:32
12	31	6	TA0755	Conita	Van Rensburg	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:15:05
13	32	3	TA1014	Bernice	Mouton	10km Trail Run/Walk	Female	23	Senior (19-29)	01:15:07
14	34	2	TA2510	Adri	Van Den Heever	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:18:17
15	37	1	TA0641	Linda	Li	10km Trail Run/Walk	Female	96	Grand-Master (60+)	01:20:08
16	39	3	TRAIL12665	Adri	Slabbert	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:21:24
17	42	7	TRAIL12646	Heidi	Dalton	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:24:09
18	43	8	TRAIL12648	Sandra	Dalton	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:24:16
19	44	9	TA0719	Sunette	Terblanche	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:24:19
20	46	3	TA1091	Miggie	Van Niekerk	10km Trail Run/Walk	Female	58	Master (50-59)	01:30:27
21	47	4	TA0709	Helena	Van Rooyen	10km Trail Run/Walk	Female	58	Master (50-59)	01:30:29
22	49	10	TA1055	Karien	Smith	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:32:44
23	50	2	TA1120	Mariet	Louw	10km Trail Run/Walk	Female	68	Grand-Master (60+)	01:34:14
24	51	5	TA0930	Linda	Bosch	10km Trail Run/Walk	Female	53	Master (50-59)	01:34:46
25	52	6	TA0996	Ancin	Botes	10km Trail Run/Walk	Female	51	Master (50-59)	01:35:08
26	55	4	TA1000	Busisiwe	Mdletshe	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:41:12
27	56	11	TA0977	Lizelle	Graaff	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:42:02
28	58	3	TA1017	Bertha	Shack	10km Trail Run/Walk	Female	67	Grand-Master (60+)	01:45:35
29	59	7	TA0965	Sarina	Diedericks	10km Trail Run/Walk	Female	52	Master (50-59)	01:46:46
30	60	8	TA0817	Gerda	De La Guerre	10km Trail Run/Walk	Female	58	Master (50-59)	01:47:54
31	62	5	TA0992	Veronique	Joubert	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:49:46
32	64	6	TA0665	Lindiwe	Mawowa	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:50:44
33	65	9	TA0735	Caron	Mackenzie	10km Trail Run/Walk	Female	55	Master (50-59)	01:53:36
34	68	4	TA0873	Amore	Graaff	10km Trail Run/Walk	Female	25	Senior (19-29)	01:59:26
35	69	5	TA0745	Chane	Fouche	10km Trail Run/Walk	Female	25	Senior (19-29)	01:59:31
36	70	12	TA1843	Chandra	Booyesen	10km Trail Run/Walk	Female	48	Veteran (40-49)	02:00:28
37	71	13	TA2252	Raelean	Melaia	10km Trail Run/Walk	Female	44	Veteran (40-49)	02:00:31
38	72	2	TA1016	Relen	Wahl	10km Trail Run/Walk	Female	13	12 to 15	03:01:14
39	73	10	TA1045	Christell	Fouche	10km Trail Run/Walk	Female	52	Master (50-59)	03:01:15

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0325	Gordon	Schoombee	5km Trail Run/Walk	Male	12	12 to 15	00:16:42
2	2	2	TA0253	Thabiso	Sefatsa	5km Trail Run/Walk	Male	14	12 to 15	00:17:03
3	3	3	TRAIL10005	Tiaan	Dorfling	5km Trail Run/Walk	Male	15	12 to 15	00:18:30
4	6	1	TA0094	Thorn	Du Preez	5km Trail Run/Walk	Male	27	Senior (19-29)	00:26:19
5	7	1	TA0080	Andre	Janse Van Rensburg	5km Trail Run/Walk	Male	50	Master (50-59)	00:27:03
6	9	1	TRAIL20175	Joshua	Mufema	5km Trail Run/Walk	Male	11	Under 11	00:28:40
7	10	2	TRAIL20224	Nhlosenhle	Nxumalo	5km Trail Run/Walk	Male	10	Under 11	00:28:43
8	11	1	TA0388	Ryan	Allnatt	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:29:24
9	17	2	TA0167	Leo	Lau	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:31:21
10	26	3	TA1693	Shivani	Maharaj	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:36:29
11	30	2	TA0511	Japie	Nel	5km Trail Run/Walk	Male	56	Master (50-59)	00:37:47
12	36	1	TA0264	Ben	Pieterse	5km Trail Run/Walk	Male	62	Grand-Master (60+)	00:43:00
13	38	3	TA0812	Nashe	Mawowa	5km Trail Run/Walk	Male	7	Under 11	00:43:49
14	39	1	TA1671	Maritz	Aldum	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:44:09
15	43	4	TA0596	Mthokozisi	Gama	5km Trail Run/Walk	Male	11	Under 11	00:46:12
16	44	2	TA2166	Eddie	Shack	5km Trail Run/Walk	Male	65	Grand-Master (60+)	00:47:37
17	52	3	TA0001	Quintis	Smalman	5km Trail Run/Walk	Male	64	Grand-Master (60+)	00:51:35
18	53	4	TA0227	Donovan	Passos	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:52:09
19	54	4	TA0415	Jose	Passos	5km Trail Run/Walk	Male	71	Grand-Master (60+)	00:52:11
20	55	2	TA1699	Vusi	Mashiyane	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:54:33

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	4	1	TA0288	Jacky	Coertze	5km Trail Run/Walk	Female	12	12 to 15	00:19:55
2	5	2	TA0045	Sesi	Molapo	5km Trail Run/Walk	Female	12	12 to 15	00:21:14
3	8	1	TA0188	Andrea	Nel	5km Trail Run/Walk	Female	28	Senior (19-29)	00:27:18
4	12	1	TRAIL20000	Glizelle	Langerman	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:29:31
5	13	1	TRAIL20223	Sesethu	Makuzeni	5km Trail Run/Walk	Female	11	Under 11	00:29:48
6	14	1	TRAIL12359	Linda	Fourie	5km Trail Run/Walk	Female	52	Master (50-59)	00:31:02
7	15	2	TA0302	Kavwe	Mullolo	5km Trail Run/Walk	Female	29	Senior (19-29)	00:31:10
8	16	3	TA0739	Zoey	England	5km Trail Run/Walk	Female	23	Senior (19-29)	00:31:15
9	18	1	TA0219	Inga	Makuwa	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:33:09
10	19	2	TA0504	Rosa-lee	Fourie	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:33:12
11	20	4	TA1765	Raeesa	Ganchi	5km Trail Run/Walk	Female	24	Senior (19-29)	00:33:13
12	21	2	TA0096	Kamano	Motswenyane	5km Trail Run/Walk	Female	6	Under 11	00:33:30
13	22	5	TA1558	Mercy	Moloto	5km Trail Run/Walk	Female	26	Senior (19-29)	00:33:36
14	23	3	TA1752	Cecile	Masuret	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:33:58
15	24	2	TRAIL13008	Sonja	Petzer	5km Trail Run/Walk	Female	54	Master (50-59)	00:34:10
16	25	4	TA0476	Rylat	Khoza	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:34:29
17	27	1	TA0554	Maria	Viljoen	5km Trail Run/Walk	Female	60	Grand-Master (60+)	00:36:59
18	28	6	TA1708	Carrie	Freestone	5km Trail Run/Walk	Female	22	Senior (19-29)	00:37:13
19	29	7	TA1557	Lucy	Finch	5km Trail Run/Walk	Female	21	Senior (19-29)	00:37:15
20	31	3	TA0567	Nina	Aldum	5km Trail Run/Walk	Female	13	12 to 15	00:39:27
21	32	2	TRAIL11232	Patricia	Minihold	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:40:36
22	33	2	TA0490	Louise	Schwob	5km Trail Run/Walk	Female	60	Grand-Master (60+)	00:40:37
23	34	3	TA1754	Madison	Janse Van Rensburg	5km Trail Run/Walk	Female	6	Under 11	00:40:58
24	35	3	TA0282	Denico	Brand	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:41:01
25	37	3	TA1582	Vreda	Pieterse	5km Trail Run/Walk	Female	64	Grand-Master (60+)	00:43:04
26	40	4	TA0370	Suzann	Aldum	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:44:11
27	41	4	TA0409	Grazyna	Kijko	5km Trail Run/Walk	Female	69	Grand-Master (60+)	00:45:17
28	42	1	TA0425	Jana-mari	Aldum	5km Trail Run/Walk	Female	16	16 to 18	00:45:53
29	45	5	TA0368	Debbie	Janse Van Rensburg	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:47:47
30	46	8	TA1613	Nkateko	Ndebele	5km Trail Run/Walk	Female	26	Senior (19-29)	00:48:11
31	47	5	TA1516	Lydia	Mareas	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:48:15
32	48	6	TA0477	Tanya	Schoeman	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:48:19
33	49	7	TA1684	Claudia	Botha	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:49:02
34	50	8	TA0369	Mariska	Conradie	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:51:22
35	51	3	TA0216	Elizabeth	Bouwer	5km Trail Run/Walk	Female	56	Master (50-59)	00:51:28
36	56	6	TA1572	Jameela	Mashiyane	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:54:41