



AdventureRun : Rietvlei Dam

Rietvlei Trail Run/Walk on 23rd June 2019



10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA1185	Herman	Mare	10km Trail Run/Walk	Male	41	Veteran (40-49)	00:42:16
2	3	1	TA1123	Naas	Jansen Van Rensburg	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:44:24
3	5	2	TA2169	Pieter	Roets	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:48:57
4	6	1	TA0842	Christiaan	Venter	10km Trail Run/Walk	Male	29	Senior (19-29)	00:49:00
5	7	1	TA0719	Andre	Jacobs	10km Trail Run/Walk	Male	53	Master (50-59)	00:49:14
6	8	1	TA2217	Tshiamo	Moeketsi	10km Trail Run/Walk	Male	17	16 to 18	00:50:11
7	9	2	TRAIL11732	Terrence	Brink	10km Trail Run/Walk	Male	46	Veteran (40-49)	00:50:16
8	10	3	TA0962	Werner	Nel	10km Trail Run/Walk	Male	44	Veteran (40-49)	00:50:52
9	11	4	TA1822	Etienne	Stroebel	10km Trail Run/Walk	Male	46	Veteran (40-49)	00:50:56
10	13	5	TA1173	Victor	De Freitas	10km Trail Run/Walk	Male	48	Veteran (40-49)	00:51:20
11	16	3	TA1020	Karel	Barnard	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:54:41
12	17	4	TRAIL20502	Francois	Labuschagne	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:55:34
13	18	2	TA1000	Deon	Lerm	10km Trail Run/Walk	Male	52	Master (50-59)	00:56:45
14	20	5	TA1162	Heinrich	Witbooi	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:58:15
15	21	6	TA0720	Nasi	Chassoulas	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:58:20
16	23	7	TA0695	Bongani	Gwamanda	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:58:31
17	24	3	TRAIL12255	Johan	Scheepers	10km Trail Run/Walk	Male	56	Master (50-59)	00:59:50
18	27	2	TA2153	Anders	Nordstrom	10km Trail Run/Walk	Male	23	Senior (19-29)	01:01:30
19	30	6	TA1816	Fanus	Van Deventer	10km Trail Run/Walk	Male	49	Veteran (40-49)	01:02:20
20	31	8	TA2290	Etienne	Jordaan	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:02:21
21	32	1	TRAIL20628	Geoff	Lupton-smith	10km Trail Run/Walk	Male	61	Grand-Master (60+)	01:02:43
22	33	2	TA1105	John	Vermeulen	10km Trail Run/Walk	Male	61	Grand-Master (60+)	01:02:48
23	34	4	TA0659	William	Thom	10km Trail Run/Walk	Male	58	Master (50-59)	01:03:18
24	36	7	TA0861	Graham	Jennings	10km Trail Run/Walk	Male	43	Veteran (40-49)	01:03:56
25	38	9	TA0850	Christiaan Albertus	Strauss	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:04:03
26	40	10	TA2219	David	He	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:04:31
27	42	1	TA1048	Sebastian	Pardo	10km Trail Run/Walk	Male	13	12 to 15	01:05:40
28	43	8	TA0632	Louis	Lange	10km Trail Run/Walk	Male	47	Veteran (40-49)	01:05:44
29	45	5	TA0794	Niekie	Pretorius	10km Trail Run/Walk	Male	58	Master (50-59)	01:06:05
30	46	9	TA1110	Mario	Maltez	10km Trail Run/Walk	Male	45	Veteran (40-49)	01:07:06
31	47	10	TA1073	Elmo	Erasmus	10km Trail Run/Walk	Male	41	Veteran (40-49)	01:08:20
32	48	11	TA1016	Ricardo	Velez-larez	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:08:47
33	49	3	TA1888	Johann	Van Zyl	10km Trail Run/Walk	Male	66	Grand-Master (60+)	01:09:10

34	50	12	TA2242	Stefan	Erasmus	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:09:21
35	54	4	TA1033	Tony	Taljaard	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:10:02
36	55	13	TA1818	Yin	Chen	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:10:30
37	56	6	TA0286	Willem	Van Der Merwe	10km Trail Run/Walk	Male	53	Master (50-59)	01:11:05
38	59	14	TA0826	Henry John	Wright	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:11:59
39	60	11	TA1118	Jonathan	Harflett	10km Trail Run/Walk	Male	47	Veteran (40-49)	01:12:53
40	61	15	TRAIL20553	Johan	Grove	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:13:20
41	68	16	TA0956	Molefe	Kgomongwe	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:16:06
42	73	3	TA2156	Wiehan	Riekert	10km Trail Run/Walk	Male	26	Senior (19-29)	01:19:58
43	75	7	TA1065	Ludolf	Diedericks	10km Trail Run/Walk	Male	56	Master (50-59)	01:20:05
44	76	17	TA0735	Lorenzo	Sanchez-garcia	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:20:10
45	77	8	TA0873	Ken	Swettenham	10km Trail Run/Walk	Male	56	Master (50-59)	01:21:35
46	79	9	TA2125	Lesetja	Mankuru	10km Trail Run/Walk	Male	52	Master (50-59)	01:21:42
47	83	10	TA1014	Albert	Pretorius	10km Trail Run/Walk	Male	57	Master (50-59)	01:25:18
48	85	11	TA0840	Nick	Van Rooyen	10km Trail Run/Walk	Male	58	Master (50-59)	01:29:13
49	90	12	TA0627	Marius	Van Rensburg	10km Trail Run/Walk	Male	53	Master (50-59)	01:31:35
50	93	12	TA2161	Dan Charl	Kleynhans	10km Trail Run/Walk	Male	48	Veteran (40-49)	01:34:53
51	96	13	TA0913	Shilong	Song	10km Trail Run/Walk	Male	43	Veteran (40-49)	01:35:33
52	97	18	TA0995	Alvin	Liao	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:35:36
53	100	4	TA0436	Louis	Koen	10km Trail Run/Walk	Male	27	Senior (19-29)	01:37:09
54	110	13	TA2158	Brett	Driver	10km Trail Run/Walk	Male	50	Master (50-59)	01:47:57
55	114	5	TRAIL12270	Ric	Marini	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:53:19
56	115	14	TRAIL10011	Graham	Hutchins	10km Trail Run/Walk	Male	55	Master (50-59)	01:53:21
57	118	6	TA1122	Neville	Muir	10km Trail Run/Walk	Male	80	Grand-Master (60+)	01:57:00
58	119	7	TRAIL20585	Dean	Mcclelland	10km Trail Run/Walk	Male	66	Grand-Master (60+)	01:58:40
59	120	8	TRAIL20584	Luc	Van Goidsenhoven	10km Trail Run/Walk	Male	63	Grand-Master (60+)	01:58:40

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1156	Rone	Reynecke	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:39:12
2	4	2	TA0951	Hannelie	Mare	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:47:07
3	12	3	TA0684	Megan	Mcluckie	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:51:14
4	14	1	TRAIL12842	Jeanne'	De Beer	10km Trail Run/Walk	Female	18	16 to 18	00:52:33
5	15	1	TA0662	Natalie	Sanders	10km Trail Run/Walk	Female	60	Grand-Master (60+)	00:52:38
6	19	1	TA1861	Esti	Bosch	10km Trail Run/Walk	Female	46	Veteran (40-49)	00:57:03
7	22	2	TA2293	Mandy	Mackridge	10km Trail Run/Walk	Female	40	Veteran (40-49)	00:58:26
8	25	3	TRAIL13015	Nadia	Bosch	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:01:17
9	26	4	TA2255	Sheree	Sales	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:01:22
10	28	4	TA1111	Heidi	Botha	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:02:02
11	29	1	TRAIL10269	Jolandi	Labuschange	10km Trail Run/Walk	Female	28	Senior (19-29)	01:02:05
12	35	5	TA1838	Riana	Lerm	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:03:31
13	37	5	TA1068	Liza	Van Rooyen	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:03:58
14	39	2	TA2247	Guo	Yiral	10km Trail Run/Walk	Female	28	Senior (19-29)	01:04:14
15	41	6	TA1025	Hope	Lange	10km Trail Run/Walk	Female	44	Veteran (40-49)	01:05:25
16	44	1	TA0742	Annetjie	Strydom	10km Trail Run/Walk	Female	57	Master (50-59)	01:05:49
17	51	7	TA0645	Lisa	Norman	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:09:29
18	52	8	TA0665	Alison	Jennings	10km Trail Run/Walk	Female	44	Veteran (40-49)	01:09:37
19	53	6	TA1130	Emma	Day	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:09:42
20	57	2	TA1003	Linda	Calore	10km Trail Run/Walk	Female	50	Master (50-59)	01:11:29
21	58	7	TA0754	Corrie	Wright	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:11:54
22	62	9	TA1824	Michelle	Randall	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:13:30
23	63	10	TRAIL11798	Antoinette	Hartslief	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:13:33
24	64	11	TA0849	Ela	De Freitas	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:13:56
25	65	8	TA1058	Nadia	Joubert	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:14:01
26	66	9	TA0612	Nadia	Steenkamp	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:14:04
27	67	10	TA1810	Alva	Van Der Merwe	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:15:33
28	69	12	TA1166	Conita	Van Rensburg	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:16:15
29	70	3	TRAIL20488	Lucricia	De Wit	10km Trail Run/Walk	Female	24	Senior (19-29)	01:18:41
30	71	11	TRAIL20489	Jo-anne	Hobday	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:18:44
31	72	12	TA1833	Witness	Mokwana	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:19:44
32	74	4	TA0623	Kate	Espley-jones	10km Trail Run/Walk	Female	23	Senior (19-29)	01:20:02
33	78	2	TA0713	Marie	Janse Van Rensburg	10km Trail Run/Walk	Female	64	Grand-Master (60+)	01:21:38
34	80	13	TA1041	Nonhlanhla	Mkhize	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:21:56
35	81	3	TA0892	Helena	Van Rooyen	10km Trail Run/Walk	Female	58	Master (50-59)	01:22:47
36	82	14	TA1024	Amanda	Fairley	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:23:52
37	84	15	TRAIL20644	Susan	De Bruin	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:25:51
38	86	4	TA1120	Sarina	Diedericks	10km Trail Run/Walk	Female	52	Master (50-59)	01:30:12
39	87	16	TA1143	Deidre	Gebhardt	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:30:58
40	88	17	TA2331	Natalie	Anderson	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:31:02

41	89	5	TA2164	Nosisi	Dlambewu	10km Trail Run/Walk	Female	55	Master (50-59)	01:31:06
42	91	18	TA2132	Dorah	Mankuru	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:32:46
43	92	6	TA1836	Naomi	Kleynhans	10km Trail Run/Walk	Female	50	Master (50-59)	01:34:51
44	94	13	TA0768	Portia	Masomboka	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:35:06
45	95	5	TA0709	Linda	Li	10km Trail Run/Walk	Female	25	Senior (19-29)	01:35:10
46	98	7	TA1519	Cindy	Carstens	10km Trail Run/Walk	Female	50	Master (50-59)	01:37:04
47	99	19	TA0728	Telita	Koorsen	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:37:07
48	101	20	TRAIL20118	Nicola	Van Der Westhuizen	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:37:31
49	102	14	TA1104	Thembeka	Nkuna	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:37:32
50	103	6	TA1860	Linda	Pretorius	10km Trail Run/Walk	Female	28	Senior (19-29)	01:38:30
51	104	15	TA0817	Ileney	Spies	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:39:16
52	105	21	TA0654	Caroline	Williamson	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:41:57
53	106	8	TA2121	Janeen	De Klerk	10km Trail Run/Walk	Female	58	Master (50-59)	01:41:59
54	107	3	TA0824	Marie	Van Dyk	10km Trail Run/Walk	Female	70	Grand-Master (60+)	01:42:20
55	108	9	TA1046	Lucille	Pretorius	10km Trail Run/Walk	Female	50	Master (50-59)	01:43:34
56	109	22	TA2249	Angela	Steenkamp	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:47:55
57	111	23	TA2182	Chandra	Booyesen	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:48:30
58	112	10	TA0804	Caron	Mackenzie	10km Trail Run/Walk	Female	55	Master (50-59)	01:48:33
59	113	11	TA0996	Karen	Van Deventer	10km Trail Run/Walk	Female	51	Master (50-59)	01:50:06
60	116	24	TRAIL10053	Adele	Sutherland	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:53:24
61	117	12	TRAIL10052	Lesley	Hutchins	10km Trail Run/Walk	Female	56	Master (50-59)	01:53:24
62	121	13	TRAIL20583	May	Van Der Walt	10km Trail Run/Walk	Female	57	Master (50-59)	01:58:40
63	122	4	TRAIL20687	Rina	Bekker	10km Trail Run/Walk	Female	73	Grand-Master (60+)	01:59:51
64	123	5	TRAIL12321	Dorothy	Van Heerden	10km Trail Run/Walk	Female	75	Grand-Master (60+)	01:59:51
65	124	6	TRAIL20732	Gerna	Horak	10km Trail Run/Walk	Female	60	Grand-Master (60+)	01:59:57

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10690	Dian	Marais	5km Trail Run/Walk	Male	11	Under 11	00:23:33
2	3	1	TRAIL12385	Gerhard	Beukes	5km Trail Run/Walk	Male	42	Veteran (40-49)	00:23:53
3	4	2	TA0304	Bradley	Brand	5km Trail Run/Walk	Male	41	Veteran (40-49)	00:26:35
4	5	1	TA1700	Stefan	Botha	5km Trail Run/Walk	Male	18	16 to 18	00:26:55
5	10	1	TRAIL20948	Conrad	Mahlangu	5km Trail Run/Walk	Male	28	Senior (19-29)	00:30:41
6	11	2	TA0292	Stuart	Thom	5km Trail Run/Walk	Male	22	Senior (19-29)	00:31:28
7	12	2	TA0476	Christiaan	Thom	5km Trail Run/Walk	Male	18	16 to 18	00:31:45
8	13	1	TA0247	Andre	Janse Van Rensburg	5km Trail Run/Walk	Male	50	Master (50-59)	00:32:52
9	15	3	TA0251	Thomas	Ngake	5km Trail Run/Walk	Male	28	Senior (19-29)	00:33:53
10	17	1	TA0565	Deveon	Ellett	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:35:42
11	21	1	TA0600	Philip Jnr	Fourie	5km Trail Run/Walk	Male	13	12 to 15	00:37:56
12	23	3	TA1558	Philip	Fourie	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:38:45
13	24	4	TA1063	Charles	Peters	5km Trail Run/Walk	Male	48	Veteran (40-49)	00:39:35
14	31	2	TA1665	Paul	Mullon	5km Trail Run/Walk	Male	59	Master (50-59)	00:42:49
15	33	4	TA0767	Gerhard	Scheepers	5km Trail Run/Walk	Male	23	Senior (19-29)	00:43:36
16	39	1	TA0856	Vee	Maistry	5km Trail Run/Walk	Male	67	Grand-Master (60+)	00:47:25
17	44	5	TA0388	Lesego	Tsotetsi	5km Trail Run/Walk	Male	26	Senior (19-29)	00:50:23
18	48	2	TA0268	Ben	Pieterse	5km Trail Run/Walk	Male	62	Grand-Master (60+)	00:51:23
19	52	2	TA0086	Hein	Pieterse	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:53:20
20	55	3	TA0398	Attie	Lubbe	5km Trail Run/Walk	Male	53	Master (50-59)	00:56:15
21	56	4	TA1749	Corne	Roets	5km Trail Run/Walk	Male	52	Master (50-59)	00:56:19
22	58	2	TA1728	Sihle	Nkuna	5km Trail Run/Walk	Male	11	Under 11	00:56:29
23	60	5	TA0085	Gary	Mcquarrie	5km Trail Run/Walk	Male	57	Master (50-59)	00:58:09
24	64	3	TA0368	Donovan	Passos	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:58:56
25	70	3	TA0333	Alexander	Oliver	5km Trail Run/Walk	Male	5	Under 11	01:11:17
26	74	4	TA0043	Alewyn	Liebenberg	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:13:53
27	78	5	TA0290	Warren	Walker	5km Trail Run/Walk	Male	47	Veteran (40-49)	01:17:05

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL12931	Dieneke	Beukes	5km Trail Run/Walk	Female	11	Under 11	00:23:50
2	6	1	TA0145	Cherylene	Hogan	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:27:19
3	7	2	TA1064	Johandi	Mentz	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:28:12
4	8	1	TA0346	Claudia	Cloete	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:29:23
5	9	2	TA0392	Mia	Maree	5km Trail Run/Walk	Female	7	Under 11	00:30:16
6	14	3	TA1765	Bronwen	Cronje	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:33:25
7	16	2	TA0283	Mariette	Smit	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:34:43
8	18	1	TRAIL20221	Nicolette	Huggett	5km Trail Run/Walk	Female	23	Senior (19-29)	00:36:24
9	19	1	TRAIL20220	Grietjie	Strydom	5km Trail Run/Walk	Female	58	Master (50-59)	00:36:38
10	20	2	TRAIL12359	Linda	Fourie	5km Trail Run/Walk	Female	52	Master (50-59)	00:37:51
11	22	1	TA1629	Etnah	Wolfaardt	5km Trail Run/Walk	Female	63	Grand-Master (60+)	00:38:24
12	25	3	TA1663	Margriet	Du Plooy	5km Trail Run/Walk	Female	56	Master (50-59)	00:40:37
13	26	4	TRAIL13008	Sonja	Petzer	5km Trail Run/Walk	Female	54	Master (50-59)	00:41:20
14	27	3	TA0094	Vanessa	Van Heerden	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:41:45
15	28	4	TA0362	Denico	Brand	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:42:34
16	29	5	TA0227	Natasja	Oosthuizen	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:42:37
17	30	3	TA0415	Anke	Oosthuizen	5km Trail Run/Walk	Female	9	Under 11	00:42:40
18	32	4	TRAIL20487	Charline	Jay	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:43:07
19	34	6	TA0472	Jean	Henning	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:44:53
20	35	2	TA1673	Shadi	Malebye	5km Trail Run/Walk	Female	26	Senior (19-29)	00:46:32
21	36	5	TA0356	Yolanda	Van Zyl	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:46:48
22	37	6	TA0380	Alicia	Stannard	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:46:50
23	38	4	TA1552	Elaine	Haycock	5km Trail Run/Walk	Female	9	Under 11	00:46:55
24	40	7	TA0320	Silvana	Carraggi	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:48:27
25	41	3	TA0404	Lesego	Ntsoka	5km Trail Run/Walk	Female	23	Senior (19-29)	00:49:03
26	42	4	TA0414	Heleen	Jansen Van Rensburg	5km Trail Run/Walk	Female	29	Senior (19-29)	00:49:08
27	43	2	TA0352	Rikie	Lourens	5km Trail Run/Walk	Female	63	Grand-Master (60+)	00:50:01
28	45	5	TA1672	Anri	Haycock	5km Trail Run/Walk	Female	8	Under 11	00:50:43
29	46	7	TA0258	Madelaine	Haycock	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:50:46
30	47	3	TRAIL10089	Karen	Herselman	5km Trail Run/Walk	Female	63	Grand-Master (60+)	00:50:49
31	49	4	TA0559	Vreda	Pieterse	5km Trail Run/Walk	Female	64	Grand-Master (60+)	00:51:24
32	50	8	TRAIL12461	Ivy	Hara	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:51:32
33	51	5	TA0238	Grazyna	Kijko	5km Trail Run/Walk	Female	69	Grand-Master (60+)	00:52:01
34	53	9	TA0272	Marie	Pieterse	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:53:24
35	54	10	TA0184	Mmakalanyane	Moeketsi	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:53:57
36	57	5	TA0487	Almarie	Lubbe	5km Trail Run/Walk	Female	52	Master (50-59)	00:56:22
37	59	6	TA1684	Charlene	Mcquarrie	5km Trail Run/Walk	Female	56	Master (50-59)	00:58:03
38	61	8	TA0282	Ilse	Roets	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:58:11
39	62	7	TRAIL12260	Molene	Scheepers	5km Trail Run/Walk	Female	53	Master (50-59)	00:58:46

40	63	11	TA1735	Ashleigh	Keefer-allan	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:58:52
41	65	12	TA0578	Nonhlanhla	Gwamanda	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:02:08
42	66	13	TA0384	Andrea	Corao	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:05:29
43	67	5	TA0429	Dianelis	Forestal	5km Trail Run/Walk	Female	27	Senior (19-29)	01:05:41
44	68	9	TA0449	Debbie	Janse Van Rensburg	5km Trail Run/Walk	Female	43	Veteran (40-49)	01:09:04
45	69	6	TA0365	Madison	Janse Van Rensburg	5km Trail Run/Walk	Female	6	Under 11	01:09:06
46	71	8	TA2128	Jeanne	Olivier	5km Trail Run/Walk	Female	57	Master (50-59)	01:11:21
47	72	7	TA1596	Len🍀	Liebenberg	5km Trail Run/Walk	Female	3	Under 11	01:13:50
48	73	14	TA0490	Androescha	Liebenberg	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:13:52
49	75	10	TA0417	Tracy	Bawden	5km Trail Run/Walk	Female	42	Veteran (40-49)	01:16:54
50	76	8	TA0254	Riely	Bawden	5km Trail Run/Walk	Female	11	Under 11	01:16:57
51	77	1	TA0421	Jasline	Bawden	5km Trail Run/Walk	Female	12	12 to 15	01:16:59
52	79	11	TA0000	Glizelle	Langerman	5km Trail Run/Walk	Female	42	Veteran (40-49)	01:45:37