



# AdventureRun : AdventureTails Smuts Irene River

## AdventureTails RiverWalk & Run on 11th May 2019



### 21km Walk/Run:Male

| Gender | Overall | Category | Race Number | Name    | Surname  | Activity      | Gender | Age | Category            | Duration |
|--------|---------|----------|-------------|---------|----------|---------------|--------|-----|---------------------|----------|
| 1      | 2       | 1        | TA2489      | Chris   | Cronje   | 21km Walk/Run | Male   | 42  | Veteran (40-49)     | 01:28:33 |
| 2      | 3       | 1        | TRAIL11831  | Ruan    | Venter   | 21km Walk/Run | Male   | 30  | Sub-Veteran (30-39) | 02:05:06 |
| 3      | 5       | 2        | TA2958      | Cobus   | Muller   | 21km Walk/Run | Male   | 36  | Sub-Veteran (30-39) | 02:11:20 |
| 4      | 6       | 2        | TA2510      | Kenneth | Joubert  | 21km Walk/Run | Male   | 46  | Veteran (40-49)     | 02:11:42 |
| 5      | 9       | 3        | TA3069      | Marc    | Brighton | 21km Walk/Run | Male   | 30  | Sub-Veteran (30-39) | 02:12:31 |
| 6      | 10      | 4        | TA3024      | Ben     | Yang     | 21km Walk/Run | Male   | 36  | Sub-Veteran (30-39) | 02:13:00 |
| 7      | 13      | 5        | TA2998      | Paul    | Norton   | 21km Walk/Run | Male   | 30  | Sub-Veteran (30-39) | 02:23:06 |

| 21km Walk/Run:Female |         |          |             |                 |              |               |        |     |                     |          |
|----------------------|---------|----------|-------------|-----------------|--------------|---------------|--------|-----|---------------------|----------|
| Gender               | Overall | Category | Race Number | Name            | Surname      | Activity      | Gender | Age | Category            | Duration |
| 1                    | 1       | 1        | TA2651      | Robyn           | Jacobs       | 21km Walk/Run | Female | 39  | Sub-Veteran (30-39) | 01:23:40 |
| 2                    | 4       | 1        | TA2979      | Madelein        | Kritzinger   | 21km Walk/Run | Female | 42  | Veteran (40-49)     | 02:11:07 |
| 3                    | 7       | 2        | TA3059      | Heidi           | Joubert      | 21km Walk/Run | Female | 36  | Sub-Veteran (30-39) | 02:11:52 |
| 4                    | 8       | 1        | TA2611      | Marianne        | Bouwman      | 21km Walk/Run | Female | 53  | Master (50-59)      | 02:11:57 |
| 5                    | 11      | 1        | TA3033      | Marisia         | Van Wyk      | 21km Walk/Run | Female | 24  | Senior (19-29)      | 02:20:13 |
| 6                    | 12      | 2        | TA2926      | Maria Catharina | Van Wyk      | 21km Walk/Run | Female | 56  | Master (50-59)      | 02:20:15 |
| 7                    | 14      | 3        | TA3467      | Zoe             | Gebhardt     | 21km Walk/Run | Female | 33  | Sub-Veteran (30-39) | 02:24:21 |
| 8                    | 15      | 4        | TA3066      | Bongiwe         | Ngcobo       | 21km Walk/Run | Female | 37  | Sub-Veteran (30-39) | 02:41:44 |
| 9                    | 16      | 2        | TA2563      | Francine        | Lamprecht    | 21km Walk/Run | Female | 44  | Veteran (40-49)     | 02:46:39 |
| 10                   | 17      | 3        | TA2484      | Kerry           | Beamish      | 21km Walk/Run | Female | 50  | Master (50-59)      | 03:01:47 |
| 11                   | 18      | 3        | TA3499      | Joanne          | Attenborough | 21km Walk/Run | Female | 48  | Veteran (40-49)     | 03:01:49 |
| 12                   | 19      | 1        | TA2560      | Daleen          | Grobler      | 21km Walk/Run | Female | 62  | Grand-Master (60+)  | 03:01:54 |

| 10km Walk/Run:Male |         |          |             |                  |             |               |        |     |                     |          |
|--------------------|---------|----------|-------------|------------------|-------------|---------------|--------|-----|---------------------|----------|
| Gender             | Overall | Category | Race Number | Name             | Surname     | Activity      | Gender | Age | Category            | Duration |
| 1                  | 2       | 1        | TA2157      | William          | Stroebel    | 10km Walk/Run | Male   | 46  | Veteran (40-49)     | 00:51:41 |
| 2                  | 3       | 2        | TA2342      | Lourens          | Koekemoer   | 10km Walk/Run | Male   | 45  | Veteran (40-49)     | 00:52:06 |
| 3                  | 4       | 1        | TA2143      | Robert           | Bland       | 10km Walk/Run | Male   | 25  | Senior (19-29)      | 00:54:33 |
| 4                  | 6       | 1        | TA1829      | Luan             | French      | 10km Walk/Run | Male   | 30  | Sub-Veteran (30-39) | 00:55:29 |
| 5                  | 9       | 3        | TA2312      | Abraham          | Motana      | 10km Walk/Run | Male   | 40  | Veteran (40-49)     | 00:56:14 |
| 6                  | 10      | 2        | TA2318      | Sean             | Thomas      | 10km Walk/Run | Male   | 31  | Sub-Veteran (30-39) | 00:56:30 |
| 7                  | 12      | 3        | TRAIL20502  | Francois         | Labuschagne | 10km Walk/Run | Male   | 34  | Sub-Veteran (30-39) | 00:56:38 |
| 8                  | 13      | 4        | TA2160      | Trevor           | Charters    | 10km Walk/Run | Male   | 48  | Veteran (40-49)     | 00:56:41 |
| 9                  | 16      | 5        | TA2295      | Conrad           | Langerman   | 10km Walk/Run | Male   | 44  | Veteran (40-49)     | 01:00:30 |
| 10                 | 17      | 6        | TA2224      | Samuel James     | Aldum       | 10km Walk/Run | Male   | 48  | Veteran (40-49)     | 01:00:33 |
| 11                 | 19      | 2        | TA1867      | Zack             | Fineberg    | 10km Walk/Run | Male   | 26  | Senior (19-29)      | 01:02:19 |
| 12                 | 20      | 7        | TA2149      | Cobus            | Pienaar     | 10km Walk/Run | Male   | 47  | Veteran (40-49)     | 01:03:19 |
| 13                 | 21      | 8        | TA1818      | Dawie            | Fivaz       | 10km Walk/Run | Male   | 49  | Veteran (40-49)     | 01:03:38 |
| 14                 | 24      | 4        | TA2128      | Francois         | Rhiebaut    | 10km Walk/Run | Male   | 34  | Sub-Veteran (30-39) | 01:07:12 |
| 15                 | 26      | 1        | TA2170      | Clint            | Holing      | 10km Walk/Run | Male   | 54  | Master (50-59)      | 01:07:46 |
| 16                 | 28      | 5        | TA2299      | Ralph            | Prigge      | 10km Walk/Run | Male   | 34  | Sub-Veteran (30-39) | 01:08:20 |
| 17                 | 29      | 2        | TA1816      | Marcus           | Gooderham   | 10km Walk/Run | Male   | 51  | Master (50-59)      | 01:08:58 |
| 18                 | 34      | 9        | TA1811      | Gary             | Sullivan    | 10km Walk/Run | Male   | 49  | Veteran (40-49)     | 01:12:38 |
| 19                 | 35      | 6        | TA1185      | Chys             | Seopa       | 10km Walk/Run | Male   | 33  | Sub-Veteran (30-39) | 01:13:20 |
| 20                 | 38      | 3        | TA1873      | Stephen          | Verryn      | 10km Walk/Run | Male   | 58  | Master (50-59)      | 01:21:02 |
| 21                 | 41      | 1        | TA3470      | Sol              | Jacobs      | 10km Walk/Run | Male   | 74  | Grand-Master (60+)  | 01:21:39 |
| 22                 | 53      | 2        | TA2140      | Mark             | Neethling   | 10km Walk/Run | Male   | 66  | Grand-Master (60+)  | 01:39:11 |
| 23                 | 57      | 10       | TA2108      | Dioka M          | Mahwiliri   | 10km Walk/Run | Male   | 41  | Veteran (40-49)     | 01:44:21 |
| 24                 | 59      | 4        | TA2164      | Hendrik Arnoldus | Matthyser   | 10km Walk/Run | Male   | 54  | Master (50-59)      | 01:46:53 |
| 25                 | 66      | 5        | TA2152      | Rohan            | De Beer     | 10km Walk/Run | Male   | 53  | Master (50-59)      | 01:53:23 |

| 10km Walk/Run:Female |         |          |             |            |             |               |        |     |                     |          |
|----------------------|---------|----------|-------------|------------|-------------|---------------|--------|-----|---------------------|----------|
| Gender               | Overall | Category | Race Number | Name       | Surname     | Activity      | Gender | Age | Category            | Duration |
| 1                    | 1       | 1        | TA2278      | Lizeth     | Van Wyk     | 10km Walk/Run | Female | 18  | 16 to 18            | 00:39:46 |
| 2                    | 5       | 1        | TA1807      | Jaydene    | Hunkin      | 10km Walk/Run | Female | 22  | Senior (19-29)      | 00:54:37 |
| 3                    | 7       | 2        | TA2116      | Courney    | Fung        | 10km Walk/Run | Female | 26  | Senior (19-29)      | 00:55:59 |
| 4                    | 8       | 1        | TA1824      | Louise     | Van Vuuren  | 10km Walk/Run | Female | 31  | Sub-Veteran (30-39) | 00:56:10 |
| 5                    | 11      | 3        | TRAIL20884  | Rinel      | Mclaren     | 10km Walk/Run | Female | 26  | Senior (19-29)      | 00:56:35 |
| 6                    | 14      | 1        | TA2219      | Lee-ann    | Charters    | 10km Walk/Run | Female | 48  | Veteran (40-49)     | 00:57:14 |
| 7                    | 15      | 2        | TA2159      | Melissa    | Campher     | 10km Walk/Run | Female | 31  | Sub-Veteran (30-39) | 00:59:20 |
| 8                    | 18      | 2        | TA2214      | Catherine  | Boyle       | 10km Walk/Run | Female | 44  | Veteran (40-49)     | 01:01:10 |
| 9                    | 22      | 4        | TA1804      | Louisa     | Heneghen    | 10km Walk/Run | Female | 29  | Senior (19-29)      | 01:04:10 |
| 10                   | 23      | 5        | TA1876      | Nicolene   | Schlimmer   | 10km Walk/Run | Female | 29  | Senior (19-29)      | 01:04:28 |
| 11                   | 25      | 3        | TA2339      | Urshula    | Horn        | 10km Walk/Run | Female | 43  | Veteran (40-49)     | 01:07:33 |
| 12                   | 27      | 3        | TA1861      | Kelly      | Summerfield | 10km Walk/Run | Female | 31  | Sub-Veteran (30-39) | 01:07:51 |
| 13                   | 30      | 4        | TA2221      | Claire     | Gooderham   | 10km Walk/Run | Female | 45  | Veteran (40-49)     | 01:08:59 |
| 14                   | 31      | 4        | TRAIL20489  | Jo-anne    | Hobday      | 10km Walk/Run | Female | 34  | Sub-Veteran (30-39) | 01:09:02 |
| 15                   | 32      | 5        | TA1803      | Driekie    | Maritz      | 10km Walk/Run | Female | 44  | Veteran (40-49)     | 01:10:16 |
| 16                   | 33      | 6        | TA1882      | Jessica    | Milne       | 10km Walk/Run | Female | 26  | Senior (19-29)      | 01:11:02 |
| 17                   | 36      | 7        | TA2243      | Vuyolwethu | Matiwane    | 10km Walk/Run | Female | 29  | Senior (19-29)      | 01:14:32 |
| 18                   | 37      | 6        | TA2132      | Helena     | Bosch       | 10km Walk/Run | Female | 41  | Veteran (40-49)     | 01:19:09 |
| 19                   | 39      | 5        | TA2137      | Sandra     | Lehmann     | 10km Walk/Run | Female | 31  | Sub-Veteran (30-39) | 01:21:07 |
| 20                   | 40      | 7        | TA1837      | Hannelie   | Millies     | 10km Walk/Run | Female | 40  | Veteran (40-49)     | 01:21:21 |
| 21                   | 42      | 6        | TA2311      | Puseletso  | Sedibana    | 10km Walk/Run | Female | 37  | Sub-Veteran (30-39) | 01:21:57 |
| 22                   | 43      | 1        | TA2150      | Lillian    | Machaba     | 10km Walk/Run | Female | 50  | Master (50-59)      | 01:25:11 |
| 23                   | 44      | 8        | TA1894      | Helen      | Greeff      | 10km Walk/Run | Female | 46  | Veteran (40-49)     | 01:26:14 |
| 24                   | 45      | 9        | TA2111      | Shauna     | Costley     | 10km Walk/Run | Female | 46  | Veteran (40-49)     | 01:26:57 |
| 25                   | 46      | 10       | TA2269      | Anne-marie | Davey       | 10km Walk/Run | Female | 46  | Veteran (40-49)     | 01:29:15 |
| 26                   | 47      | 11       | TRAIL20000  | Glizelle   | Langerman   | 10km Walk/Run | Female | 42  | Veteran (40-49)     | 01:30:29 |
| 27                   | 48      | 12       | TA2252      | Amanda     | Fairley     | 10km Walk/Run | Female | 43  | Veteran (40-49)     | 01:30:31 |
| 28                   | 49      | 2        | TA2333      | Bokaba     | Manolo      | 10km Walk/Run | Female | 51  | Master (50-59)      | 01:32:36 |
| 29                   | 50      | 7        | TA2115      | Lindelani  | Ngubane     | 10km Walk/Run | Female | 31  | Sub-Veteran (30-39) | 01:33:46 |
| 30                   | 51      | 8        | TRAIL20117  | Sarah      | Mathega     | 10km Walk/Run | Female | 29  | Senior (19-29)      | 01:36:05 |
| 31                   | 52      | 13       | TA1817      | Louise     | Middlemiss  | 10km Walk/Run | Female | 45  | Veteran (40-49)     | 01:36:11 |
| 32                   | 54      | 14       | TA2309      | Pertunia   | Mmowane     | 10km Walk/Run | Female | 43  | Veteran (40-49)     | 01:40:03 |
| 33                   | 55      | 3        | TA1169      | Fikile     | Nhleko      | 10km Walk/Run | Female | 51  | Master (50-59)      | 01:42:35 |
| 34                   | 56      | 15       | TA2307      | Margaret   | Banda       | 10km Walk/Run | Female | 42  | Veteran (40-49)     | 01:42:54 |
| 35                   | 58      | 4        | TA2273      | Anette     | Erasmus     | 10km Walk/Run | Female | 52  | Master (50-59)      | 01:46:42 |
| 36                   | 60      | 16       | TA2254      | Angie      | Khumalo     | 10km Walk/Run | Female | 43  | Veteran (40-49)     | 01:50:07 |
| 37                   | 61      | 5        | TA1835      | Ntebo      | Phahlane    | 10km Walk/Run | Female | 54  | Master (50-59)      | 01:50:14 |
| 38                   | 62      | 6        | TA2126      | Amanda     | Mogashoa    | 10km Walk/Run | Female | 56  | Master (50-59)      | 01:50:16 |
| 39                   | 63      | 7        | TA2240      | Hilary     | Mashile     | 10km Walk/Run | Female | 56  | Master (50-59)      | 01:50:21 |
| 40                   | 64      | 17       | TA2145      | Patricia   | Zvarayi     | 10km Walk/Run | Female | 40  | Veteran (40-49)     | 01:52:09 |

|    |    |   |        |            |          |               |        |    |                     |          |
|----|----|---|--------|------------|----------|---------------|--------|----|---------------------|----------|
| 41 | 65 | 8 | TA2174 | Alta       | De Beer  | 10km Walk/Run | Female | 53 | Master (50-59)      | 01:53:16 |
| 42 | 67 | 8 | TA2345 | Nonhlanhla | Gwamanda | 10km Walk/Run | Female | 35 | Sub-Veteran (30-39) | 02:53:46 |
| 43 | 68 | 9 | TA1822 | Xolisa     | Magawana | 10km Walk/Run | Female | 28 | Senior (19-29)      | 02:53:52 |

| 5km Walk/Run:Male |         |          |             |          |            |              |        |     |                     |          |
|-------------------|---------|----------|-------------|----------|------------|--------------|--------|-----|---------------------|----------|
| Gender            | Overall | Category | Race Number | Name     | Surname    | Activity     | Gender | Age | Category            | Duration |
| 1                 | 2       | 1        | TRAIL20637  | Jabez    | Steenkamp  | 5km Walk/Run | Male   | 46  | Veteran (40-49)     | 00:27:07 |
| 2                 | 4       | 1        | TA0005      | Hendrik  | Prinsloo   | 5km Walk/Run | Male   | 32  | Sub-Veteran (30-39) | 00:32:15 |
| 3                 | 5       | 1        | TA0384      | Patrick  | Lovell     | 5km Walk/Run | Male   | 54  | Master (50-59)      | 00:32:27 |
| 4                 | 7       | 2        | TA1727      | Nate     | Hoblitz    | 5km Walk/Run | Male   | 46  | Veteran (40-49)     | 00:33:40 |
| 5                 | 9       | 2        | TA0567      | Erick    | Herbst     | 5km Walk/Run | Male   | 31  | Sub-Veteran (30-39) | 00:34:34 |
| 6                 | 10      | 3        | TA1787      | Hellardt | Slabbert   | 5km Walk/Run | Male   | 36  | Sub-Veteran (30-39) | 00:35:16 |
| 7                 | 11      | 4        | TA0424      | Eric     | Sirmon     | 5km Walk/Run | Male   | 33  | Sub-Veteran (30-39) | 00:35:21 |
| 8                 | 17      | 1        | TA1887      | Gert     | Olivier    | 5km Walk/Run | Male   | 26  | Senior (19-29)      | 00:41:16 |
| 9                 | 21      | 1        | TA0161      | Liam     | Cavanagh   | 5km Walk/Run | Male   | 10  | Under 11            | 00:43:14 |
| 10                | 24      | 2        | TA1754      | Ewan     | Hayman     | 5km Walk/Run | Male   | 7   | Under 11            | 00:44:34 |
| 11                | 27      | 5        | TA0483      | Pieter   | Le Roux    | 5km Walk/Run | Male   | 33  | Sub-Veteran (30-39) | 00:45:42 |
| 12                | 31      | 3        | TA0031      | Riaan    | Swart      | 5km Walk/Run | Male   | 42  | Veteran (40-49)     | 00:47:21 |
| 13                | 32      | 1        | TA0358      | Michael  | Le Roux    | 5km Walk/Run | Male   | 16  | 16 to 18            | 00:47:33 |
| 14                | 34      | 2        | TRAIL11168  | Glyn     | Boddy      | 5km Walk/Run | Male   | 54  | Master (50-59)      | 00:48:54 |
| 15                | 38      | 4        | TA0045      | Francois | Schaap     | 5km Walk/Run | Male   | 47  | Veteran (40-49)     | 00:51:01 |
| 16                | 41      | 2        | TA1661      | Theunis  | Van Wyk    | 5km Walk/Run | Male   | 21  | Senior (19-29)      | 00:51:29 |
| 17                | 47      | 3        | TA0156      | Jarryd   | Wood       | 5km Walk/Run | Male   | 29  | Senior (19-29)      | 00:52:51 |
| 18                | 48      | 4        | TA0374      | Carl     | Theron     | 5km Walk/Run | Male   | 22  | Senior (19-29)      | 00:53:44 |
| 19                | 50      | 1        | TA1596      | Michael  | Weitsz     | 5km Walk/Run | Male   | 66  | Grand-Master (60+)  | 00:53:57 |
| 20                | 54      | 3        | TA1748      | Henk     | Groenewald | 5km Walk/Run | Male   | 54  | Master (50-59)      | 00:54:31 |
| 21                | 55      | 4        | TA0398      | Simon    | MacLennan  | 5km Walk/Run | Male   | 58  | Master (50-59)      | 00:55:48 |
| 22                | 57      | 2        | TA0322      | Corne    | Aldum      | 5km Walk/Run | Male   | 70  | Grand-Master (60+)  | 00:56:08 |
| 23                | 59      | 5        | TA1636      | Dawid    | Ras        | 5km Walk/Run | Male   | 53  | Master (50-59)      | 01:00:21 |
| 24                | 64      | 6        | TRAIL10816  | Garreth  | Browne     | 5km Walk/Run | Male   | 30  | Sub-Veteran (30-39) | 01:02:09 |
| 25                | 68      | 5        | TA0339      | Elardus  | Viljoen    | 5km Walk/Run | Male   | 41  | Veteran (40-49)     | 01:05:59 |
| 26                | 69      | 7        | TA0386      | Sean     | Frawley    | 5km Walk/Run | Male   | 36  | Sub-Veteran (30-39) | 01:06:03 |
| 27                | 71      | 3        | TA0213      | Philip   | De Kock    | 5km Walk/Run | Male   | 62  | Grand-Master (60+)  | 01:08:41 |
| 28                | 72      | 8        | TA0210      | Leon     | Theron     | 5km Walk/Run | Male   | 31  | Sub-Veteran (30-39) | 01:09:23 |

| 5km Walk/Run:Female |         |          |             |                  |                    |              |        |     |                     |          |
|---------------------|---------|----------|-------------|------------------|--------------------|--------------|--------|-----|---------------------|----------|
| Gender              | Overall | Category | Race Number | Name             | Surname            | Activity     | Gender | Age | Category            | Duration |
| 1                   | 1       | 1        | TA0000      | Cherylene        | Hogan              | 5km Walk/Run | Female | 37  | Sub-Veteran (30-39) | 00:25:26 |
| 2                   | 3       | 1        | TRAIL20488  | Lucricia         | De Wit             | 5km Walk/Run | Female | 24  | Senior (19-29)      | 00:32:11 |
| 3                   | 6       | 2        | TA0258      | Chantelle        | Roddan             | 5km Walk/Run | Female | 37  | Sub-Veteran (30-39) | 00:33:12 |
| 4                   | 8       | 3        | TA0436      | Marthe-mari      | Rossouw            | 5km Walk/Run | Female | 31  | Sub-Veteran (30-39) | 00:34:12 |
| 5                   | 12      | 4        | TA0262      | Nicolene         | Sirmon             | 5km Walk/Run | Female | 32  | Sub-Veteran (30-39) | 00:35:51 |
| 6                   | 13      | 1        | TA0495      | Elmarie          | Meyer              | 5km Walk/Run | Female | 51  | Master (50-59)      | 00:36:28 |
| 7                   | 14      | 5        | TRAIL12170  | Cornelia         | Hutchinson         | 5km Walk/Run | Female | 37  | Sub-Veteran (30-39) | 00:37:59 |
| 8                   | 15      | 6        | TA1684      | Belinda          | Strydom            | 5km Walk/Run | Female | 33  | Sub-Veteran (30-39) | 00:40:00 |
| 9                   | 16      | 1        | TRAIL20642  | Tracy            | Vally              | 5km Walk/Run | Female | 48  | Veteran (40-49)     | 00:40:55 |
| 10                  | 18      | 2        | TA2203      | Kalizma          | Kok                | 5km Walk/Run | Female | 26  | Senior (19-29)      | 00:41:20 |
| 11                  | 19      | 2        | TA0529      | Janette          | Cavannagh          | 5km Walk/Run | Female | 41  | Veteran (40-49)     | 00:42:21 |
| 12                  | 20      | 3        | TA2255      | Kerry            | Byerley            | 5km Walk/Run | Female | 43  | Veteran (40-49)     | 00:42:42 |
| 13                  | 22      | 7        | TRAIL12299  | Janeane          | Watt               | 5km Walk/Run | Female | 37  | Sub-Veteran (30-39) | 00:44:21 |
| 14                  | 23      | 4        | TA0463      | Martie           | Schoeman           | 5km Walk/Run | Female | 43  | Veteran (40-49)     | 00:44:26 |
| 15                  | 25      | 1        | TA0409      | Anri             | Haycock            | 5km Walk/Run | Female | 7   | Under 11            | 00:45:15 |
| 16                  | 26      | 8        | TA0414      | Angelique        | Le Roux            | 5km Walk/Run | Female | 36  | Sub-Veteran (30-39) | 00:45:39 |
| 17                  | 28      | 9        | TA0051      | Mel              | Olivier            | 5km Walk/Run | Female | 34  | Sub-Veteran (30-39) | 00:45:52 |
| 18                  | 29      | 2        | TA1629      | Bendina          | Smit               | 5km Walk/Run | Female | 56  | Master (50-59)      | 00:45:57 |
| 19                  | 30      | 5        | TA0547      | Colette          | Swart              | 5km Walk/Run | Female | 40  | Veteran (40-49)     | 00:47:20 |
| 20                  | 33      | 6        | TA0490      | Yolanda          | Smit               | 5km Walk/Run | Female | 45  | Veteran (40-49)     | 00:48:16 |
| 21                  | 35      | 7        | TA1558      | Hoko             | Pheta              | 5km Walk/Run | Female | 40  | Veteran (40-49)     | 00:49:44 |
| 22                  | 36      | 2        | TA0264      | Lebogang         | Pheta              | 5km Walk/Run | Female | 11  | Under 11            | 00:49:48 |
| 23                  | 37      | 8        | TA0333      | Jeanine          | Schaap             | 5km Walk/Run | Female | 40  | Veteran (40-49)     | 00:50:47 |
| 24                  | 39      | 3        | TA0298      | Alice            | Sandrock           | 5km Walk/Run | Female | 25  | Senior (19-29)      | 00:51:07 |
| 25                  | 40      | 3        | TA0508      | Elaine           | Haycock            | 5km Walk/Run | Female | 9   | Under 11            | 00:51:20 |
| 26                  | 42      | 10       | TA0455      | Madelaine        | Haycock            | 5km Walk/Run | Female | 37  | Sub-Veteran (30-39) | 00:51:44 |
| 27                  | 43      | 1        | TA0240      | Rikie            | Lourens            | 5km Walk/Run | Female | 63  | Grand-Master (60+)  | 00:51:48 |
| 28                  | 44      | 4        | TA0417      | Chloe            | Kinnear            | 5km Walk/Run | Female | 6   | Under 11            | 00:52:46 |
| 29                  | 45      | 11       | TA0252      | Lungi            | Malaza             | 5km Walk/Run | Female | 33  | Sub-Veteran (30-39) | 00:52:48 |
| 30                  | 46      | 4        | TA0344      | Adriana          | De Kock            | 5km Walk/Run | Female | 29  | Senior (19-29)      | 00:52:49 |
| 31                  | 49      | 3        | TA0197      | Irene            | Theron             | 5km Walk/Run | Female | 50  | Master (50-59)      | 00:53:53 |
| 32                  | 51      | 9        | TA0494      | Phoebe           | Erasmus            | 5km Walk/Run | Female | 40  | Veteran (40-49)     | 00:54:12 |
| 33                  | 52      | 5        | TA0353      | Nicole           | Erasmus            | 5km Walk/Run | Female | 11  | Under 11            | 00:54:14 |
| 34                  | 53      | 6        | TA0407      | Ava              | Groenewald         | 5km Walk/Run | Female | 7   | Under 11            | 00:54:25 |
| 35                  | 56      | 10       | TA0238      | Liezl            | MacIennan          | 5km Walk/Run | Female | 48  | Veteran (40-49)     | 00:55:52 |
| 36                  | 58      | 11       | TA0392      | Melanie          | Van Der Westhuizen | 5km Walk/Run | Female | 44  | Veteran (40-49)     | 01:00:18 |
| 37                  | 60      | 12       | TA0287      | Patricia         | Jele               | 5km Walk/Run | Female | 49  | Veteran (40-49)     | 01:00:48 |
| 38                  | 61      | 12       | TA0121      | Monique Brigitte | Pelser             | 5km Walk/Run | Female | 36  | Sub-Veteran (30-39) | 01:01:38 |
| 39                  | 62      | 4        | TA1735      | Sharon           | Lehmann            | 5km Walk/Run | Female | 57  | Master (50-59)      | 01:01:40 |
| 40                  | 63      | 13       | TRAIL10803  | Tasmyn           | Browne             | 5km Walk/Run | Female | 30  | Sub-Veteran (30-39) | 01:02:08 |

|    |    |    |        |          |         |              |        |    |                     |          |
|----|----|----|--------|----------|---------|--------------|--------|----|---------------------|----------|
| 41 | 65 | 14 | TA0254 | Maryke   | Scheun  | 5km Walk/Run | Female | 31 | Sub-Veteran (30-39) | 01:04:16 |
| 42 | 66 | 5  | TA1604 | Nobayeni | Molete  | 5km Walk/Run | Female | 55 | Master (50-59)      | 01:05:22 |
| 43 | 67 | 6  | TA2218 | Mapula   | Khumalo | 5km Walk/Run | Female | 54 | Master (50-59)      | 01:05:27 |
| 44 | 70 | 2  | TA0204 | Carina   | De Kock | 5km Walk/Run | Female | 61 | Grand-Master (60+)  | 01:08:39 |
| 45 | 73 | 15 | TA0332 | Rona     | Verster | 5km Walk/Run | Female | 36 | Sub-Veteran (30-39) | 01:10:18 |
| 46 | 74 | 16 | TA0192 | Gertina  | Tosen   | 5km Walk/Run | Female | 38 | Sub-Veteran (30-39) | 01:20:17 |
| 47 | 75 | 13 | TA1693 | Adele    | Muller  | 5km Walk/Run | Female | 44 | Veteran (40-49)     | 01:20:18 |
| 48 | 76 | 17 | TA1575 | Chantal  | Hall    | 5km Walk/Run | Female | 37 | Sub-Veteran (30-39) | 01:20:39 |

| 2km Walk/Run:Male |         |          |             |                |          |              |        |     |                     |          |
|-------------------|---------|----------|-------------|----------------|----------|--------------|--------|-----|---------------------|----------|
| Gender            | Overall | Category | Race Number | Name           | Surname  | Activity     | Gender | Age | Category            | Duration |
| 1                 | 2       | 1        | TA0815      | Philip         | Koornhof | 2km Walk/Run | Male   | 48  | Veteran (40-49)     | 00:23:18 |
| 2                 | 3       | 2        | TA1065      | Henry          | Leslie   | 2km Walk/Run | Male   | 44  | Veteran (40-49)     | 00:23:39 |
| 3                 | 7       | 1        | TA2906      | Dane           | Lehmann  | 2km Walk/Run | Male   | 34  | Sub-Veteran (30-39) | 00:35:11 |
| 4                 | 8       | 1        | TA1836      | Allan          | Lehmann  | 2km Walk/Run | Male   | 67  | Grand-Master (60+)  | 00:35:25 |
| 5                 | 10      | 1        | TA0911      | Shane Jonathan | Pelser   | 2km Walk/Run | Male   | 14  | 12 to 15            | 00:42:16 |

| 2km Walk/Run:Female |         |          |             |                         |               |              |        |     |                     |          |
|---------------------|---------|----------|-------------|-------------------------|---------------|--------------|--------|-----|---------------------|----------|
| Gender              | Overall | Category | Race Number | Name                    | Surname       | Activity     | Gender | Age | Category            | Duration |
| 1                   | 1       | 1        | TA1020      | Grazyna Marianna Aletta | Koornhof      | 2km Walk/Run | Female | 13  | 12 to 15            | 00:23:10 |
| 2                   | 4       | 1        | TA1027      | Lynelle                 | Holmes        | 2km Walk/Run | Female | 42  | Veteran (40-49)     | 00:23:54 |
| 3                   | 5       | 1        | TA0251      | Cecilia                 | Summerfield   | 2km Walk/Run | Female | 55  | Master (50-59)      | 00:25:35 |
| 4                   | 6       | 1        | TA1034      | Caitlyn Anne            | Pelser        | 2km Walk/Run | Female | 10  | Under 11            | 00:35:10 |
| 5                   | 9       | 2        | TA0665      | Tracy                   | Dornnigton    | 2km Walk/Run | Female | 44  | Veteran (40-49)     | 00:37:46 |
| 6                   | 11      | 2        | TA1055      | Liesel                  | Neubrech      | 2km Walk/Run | Female | 50  | Master (50-59)      | 00:43:07 |
| 7                   | 12      | 1        | TA1074      | Megan                   | Van Der Merwe | 2km Walk/Run | Female | 36  | Sub-Veteran (30-39) | 00:43:29 |
| 8                   | 13      | 2        | TA1143      | Caleesi                 | Van Der Merwe | 2km Walk/Run | Female | 6   | Under 11            | 00:43:32 |