



AdventureRun : Rietvlei Dam

Rietvlei Nigh RunWalk on 3rd April 2019



10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20993	Reginald	Poopedi	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:41:49
2	2	1	TRAIL20995	Tshepho	Nchabeleng	10km Trail Run/Walk	Male	21	Senior (19-29)	00:45:13
3	3	2	TRAIL10623	Johnathan	Ham	10km Trail Run/Walk	Male	21	Senior (19-29)	00:45:26
4	4	3	TA1816	Mikkel	Pietersen	10km Trail Run/Walk	Male	23	Senior (19-29)	00:47:20
5	5	4	TA2204	Ross	Kay-hards	10km Trail Run/Walk	Male	26	Senior (19-29)	00:48:48
6	7	5	TRAIL20694	Coleman	Brits	10km Trail Run/Walk	Male	22	Senior (19-29)	00:50:46
7	9	2	TA1130	Mc	Du Toit	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:52:33
8	10	3	TA2174	Ronny	Taylor	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:58:09
9	11	4	TA2319	William	Collatz	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:58:19
10	13	1	TA1822	David	Dunwoodie	10km Trail Run/Walk	Male	45	Veteran (40-49)	00:59:33
11	14	6	TA0812	Simon	Vyffer	10km Trail Run/Walk	Male	27	Senior (19-29)	00:59:39
12	16	5	TA0856	Rhynhardt	De Ridder	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:01:00
13	18	2	TRAIL12341	Charles	Norman	10km Trail Run/Walk	Male	40	Veteran (40-49)	01:04:40
14	19	6	TA0844	Karl	Barnard	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:04:42
15	20	7	TA2273	Corne	Mynhardt	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:04:46
16	21	7	TA2290	Jaques	Els	10km Trail Run/Walk	Male	29	Senior (19-29)	01:04:52
17	22	8	TA0854	Jean	Van Loggenberg	10km Trail Run/Walk	Male	29	Senior (19-29)	01:06:00
18	23	9	TA2168	Hermann	Van Aswegen	10km Trail Run/Walk	Male	28	Senior (19-29)	01:06:09
19	25	10	TA1064	Francois	Haasbroek	10km Trail Run/Walk	Male	25	Senior (19-29)	01:06:20
20	26	1	TRAIL10171	Hennie	Prinsloo	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:06:27
21	27	11	TA2318	Armand	Erasmus	10km Trail Run/Walk	Male	25	Senior (19-29)	01:06:28
22	32	8	TA0781	Berrange	Nelson	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:08:44
23	34	12	TA1021	Bernard	Rossouw	10km Trail Run/Walk	Male	27	Senior (19-29)	01:11:06
24	37	9	TA2343	Vincent	Khoza	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:12:53
25	40	10	TA2150	Hennie	Grove	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:13:32
26	43	13	TA0651	Emil	Lourens	10km Trail Run/Walk	Male	26	Senior (19-29)	01:14:29
27	44	11	TA2345	Hennie	Nel	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:15:21
28	46	1	TA0824	Robbie	Morton	10km Trail Run/Walk	Male	59	Master (50-59)	01:16:02
29	48	3	TA2299	Tobie	Reyneke	10km Trail Run/Walk	Male	47	Veteran (40-49)	01:18:00
30	49	12	TA2213	Johann	Van Moerkerken	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:19:27
31	50	13	TRAIL20553	Johan	Grove	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:20:54
32	54	2	TA2166	Andreas	Te Reh	10km Trail Run/Walk	Male	69	Grand-Master (60+)	01:25:42
33	58	3	TRAIL12270	Ric	Marini	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:41:59

34	60	4	TRAIL20914	Manie	Bosch	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:50:00
35	62	5	TRAIL20585	Dean	Mccleland	10km Trail Run/Walk	Male	65	Grand-Master (60+)	02:06:14
36	64	6	TRAIL20584	Luc	Van Goidsenhoven	10km Trail Run/Walk	Male	63	Grand-Master (60+)	02:09:36

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	6	1	TA0795	Esther	Veldhuizen	10km Trail Run/Walk	Female	23	Senior (19-29)	00:50:45
2	8	1	TA0752	Tarryn	Snyman	10km Trail Run/Walk	Female	40	Veteran (40-49)	00:50:46
3	12	1	TA2153	Annabelle	Latz	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:58:27
4	15	2	TRAIL12299	Janeane	Watt	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:00:49
5	17	2	TRAIL10062	Nicky	Booyens	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:04:37
6	24	3	TA1037	Kelly	Summerfield	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:06:19
7	28	2	TA1168	Juane	Maritz	10km Trail Run/Walk	Female	24	Senior (19-29)	01:07:30
8	29	3	TA0694	Lara	Bayliss	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:07:33
9	30	3	TA1156	Elizma	Oosthuizen	10km Trail Run/Walk	Female	22	Senior (19-29)	01:07:38
10	31	4	TA0861	Alicia	Willemse	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:08:25
11	33	4	TRAIL13015	Nadia	Bosch	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:08:58
12	35	4	TA2132	Louisa	Heneghen	10km Trail Run/Walk	Female	29	Senior (19-29)	01:11:18
13	36	5	TRAIL20943	Petro Nicolene	Smit	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:12:17
14	38	6	TA2230	Kris	Tay	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:13:10
15	39	7	TA1154	Debra	Slabber	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:13:30
16	41	5	TA2209	Liesel	Paul	10km Trail Run/Walk	Female	29	Senior (19-29)	01:14:10
17	42	8	TA1120	Gretha	Van Den Heever	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:14:13
18	45	9	TRAIL20942	Yolanda	Steyn	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:15:57
19	47	5	TRAIL11798	Antoinette	Hartslief	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:17:58
20	51	6	TA2159	Angela	Steenkamp	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:21:24
21	52	1	TA0754	Wilma	Du Plooy	10km Trail Run/Walk	Female	51	Master (50-59)	01:22:14
22	53	6	TA1045	Estella	Boshoff	10km Trail Run/Walk	Female	24	Senior (19-29)	01:22:23
23	55	7	TRAIL10053	Adele	Sutherland	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:33:17
24	56	1	TRAIL12321	Dorothy	Van Heerden	10km Trail Run/Walk	Female	75	Grand-Master (60+)	01:40:00
25	57	2	TRAIL20732	Gerna	Horak	10km Trail Run/Walk	Female	60	Grand-Master (60+)	01:40:00
26	59	3	TRAIL20915	Dot	Johnson	10km Trail Run/Walk	Female	71	Grand-Master (60+)	01:50:00
27	61	2	TRAIL10836	Ina	Beamish	10km Trail Run/Walk	Female	56	Master (50-59)	02:06:14
28	63	3	TRAIL20583	May	Van Der Walt	10km Trail Run/Walk	Female	56	Master (50-59)	02:09:36

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10240	Ernest	Mallett	5km Trail Run/Walk	Male	50	Master (50-59)	00:31:31
2	2	1	TRAIL20917	Jeandre	Bouwer	5km Trail Run/Walk	Male	10	Under 11	00:33:00
3	3	1	TA1797	Louis	Lange	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:33:03
4	4	2	TRAIL10831	Fanie	Robbertse	5km Trail Run/Walk	Male	46	Veteran (40-49)	00:33:16
5	6	1	TA1718	Jacques	Pieterse	5km Trail Run/Walk	Male	23	Senior (19-29)	00:33:25
6	7	3	TA2140	William	Harris	5km Trail Run/Walk	Male	46	Veteran (40-49)	00:33:35
7	8	2	TA0378	Lucas	Saint-andre	5km Trail Run/Walk	Male	22	Senior (19-29)	00:33:55
8	9	1	TA0352	Werner	Barnes	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:34:01
9	10	1	TA0310	Michael	Sigalas	5km Trail Run/Walk	Male	13	12 to 15	00:34:09
10	11	3	TA0229	Anton	Nel	5km Trail Run/Walk	Male	27	Senior (19-29)	00:34:19
11	14	2	TA0223	Sieg	Janse Van Rensburg	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:34:51
12	15	2	TA0596	Lars	Murray	5km Trail Run/Walk	Male	11	Under 11	00:35:10
13	17	3	TA0424	Rudolph	Van Niekerk	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:35:20
14	18	1	TRAIL10759	Allen	West	5km Trail Run/Walk	Male	64	Grand-Master (60+)	00:35:49
15	19	4	TA1741	Conrad	Langerman	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:35:53
16	22	4	TA0126	Waldo	Botha	5km Trail Run/Walk	Male	26	Senior (19-29)	00:37:41
17	24	4	TA1072	Petrus	Steyn	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:37:50
18	26	2	TRAIL12254	Hendrik	Barnard	5km Trail Run/Walk	Male	59	Master (50-59)	00:38:03
19	30	5	TA0002	Lemond	Day	5km Trail Run/Walk	Male	28	Senior (19-29)	00:38:40
20	33	6	TA0554	Jason	Boone	5km Trail Run/Walk	Male	27	Senior (19-29)	00:38:55
21	35	2	TA0080	Johann	Van Zyl	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:39:13
22	36	5	TA0085	Neil	Coetzer	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:39:19
23	41	2	TA0304	Kaden	Rennie	5km Trail Run/Walk	Male	12	12 to 15	00:40:17
24	42	3	TA0348	Caeden	Murray	5km Trail Run/Walk	Male	8	Under 11	00:40:19
25	43	3	TA0376	Andries	Du Toit	5km Trail Run/Walk	Male	52	Master (50-59)	00:40:48
26	45	5	TA0463	Kevin	Crichton	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:40:52
27	46	6	TA1725	Donald	Young	5km Trail Run/Walk	Male	49	Veteran (40-49)	00:40:55
28	55	7	TA0429	Hermann	Post	5km Trail Run/Walk	Male	29	Senior (19-29)	00:42:57
29	57	4	TA1671	Kobus	Boshoff	5km Trail Run/Walk	Male	53	Master (50-59)	00:43:05
30	62	6	TA0001	Ruan	Kleynhans	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:43:45
31	64	5	TA0168	Gary	Noakes	5km Trail Run/Walk	Male	58	Master (50-59)	00:44:15
32	65	7	TA0167	David	Fisher	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:44:18
33	66	8	TA0368	Corne	Wandrag	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:44:40
34	70	6	TRAIL20952	Deon	Botha	5km Trail Run/Walk	Male	50	Master (50-59)	00:45:26
35	71	8	TA0537	Papa	Kyei	5km Trail Run/Walk	Male	26	Senior (19-29)	00:45:28
36	72	9	TA1724	Pieter	Botha	5km Trail Run/Walk	Male	28	Senior (19-29)	00:45:30
37	75	7	TA0087	Francois	Engelbrecht	5km Trail Run/Walk	Male	42	Veteran (40-49)	00:46:14
38	76	7	TA0458	Colin	Williams	5km Trail Run/Walk	Male	59	Master (50-59)	00:46:28
39	81	9	TA0031	Karabo	Komati	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:46:54
40	83	10	TA0409	Daniël	Laas	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:48:28

41	86	3	TA0344	Karl	Collatz	5km Trail Run/Walk	Male	15	12 to 15	00:49:39
42	93	10	TA0033	Christoffel	Du Plessis	5km Trail Run/Walk	Male	26	Senior (19-29)	00:52:07
43	97	8	TRAIL12448	Pieter	Botha	5km Trail Run/Walk	Male	52	Master (50-59)	00:52:57
44	98	11	TA0359	Christopher	Larsson	5km Trail Run/Walk	Male	25	Senior (19-29)	00:52:59
45	100	3	TRAIL20636	Malcolm	Mackenzie	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:53:01
46	108	11	TA0231	Hannes	Pienaar	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:56:54
47	109	4	TA0488	Daniel	Bester	5km Trail Run/Walk	Male	8	Under 11	00:56:55
48	110	5	TRAIL20918	Joshua-alon	Bouwer	5km Trail Run/Walk	Male	7	Under 11	00:56:59
49	111	12	TA0283	Mathew	Casper	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:57:01
50	114	9	TA0427	Theunis	Bester	5km Trail Run/Walk	Male	57	Master (50-59)	00:58:13
51	123	8	TRAIL12921	Zanorashe	Bwakura	5km Trail Run/Walk	Male	45	Veteran (40-49)	01:03:19
52	127	12	TA1765	Lucas	Burger	5km Trail Run/Walk	Male	24	Senior (19-29)	01:06:25
53	132	13	TA0486	Fabian	Booyesen	5km Trail Run/Walk	Male	27	Senior (19-29)	01:08:33
54	133	4	TA0251	Kevin	Trollip	5km Trail Run/Walk	Male	12	12 to 15	01:08:37
55	134	4	TRAIL12109	Neville	Muir	5km Trail Run/Walk	Male	80	Grand-Master (60+)	01:10:00
56	136	13	TA1699	Lebo	Mathathe	5km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:10:20

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	5	1	TRAIL20916	Helena	Strijdom	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:33:23
2	12	1	TA1659	Herma	Fouche	5km Trail Run/Walk	Female	28	Senior (19-29)	00:34:29
3	13	2	TA0227	Hope	Lange	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:34:44
4	16	1	TA0213	Abigail	Van Heerden	5km Trail Run/Walk	Female	11	Under 11	00:35:17
5	20	1	TA2128	Yolandi	Taylor	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:36:52
6	21	2	TA0575	Lea	Bettini	5km Trail Run/Walk	Female	24	Senior (19-29)	00:37:03
7	23	3	TA0045	Ryna	Barnard	5km Trail Run/Walk	Female	23	Senior (19-29)	00:37:46
8	25	3	TRAIL12249	Glenda	Bezuidenhout	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:38:00
9	27	2	TA0184	Lisinda	Van Zyl	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:38:17
10	28	4	TRAIL20674	Meliza	Brits	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:38:32
11	29	4	TA1573	Cecile	Niebuhr	5km Trail Run/Walk	Female	25	Senior (19-29)	00:38:38
12	31	5	TA0341	Mia	Niebuhr	5km Trail Run/Walk	Female	24	Senior (19-29)	00:38:50
13	32	5	TA0576	Ramona	Hefer	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:38:52
14	34	3	TA1583	Melanie	Van Schalkwyk	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:38:59
15	37	4	TRAIL11074	Larissa	West	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:39:30
16	38	5	TA0183	Chantelle	Roddan	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:39:54
17	39	6	TA0495	Betina	Vidriksen	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:40:02
18	40	6	TA0248	Christina	Bayerl	5km Trail Run/Walk	Female	26	Senior (19-29)	00:40:04
19	44	7	TA1759	Marique	Du Toit	5km Trail Run/Walk	Female	21	Senior (19-29)	00:40:50
20	47	7	TA1708	Tanya	Donkin	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:40:57
21	48	1	TA0567	Riana	Ehlers	5km Trail Run/Walk	Female	58	Master (50-59)	00:40:59
22	49	8	TA0471	Marjorie	White	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:41:01
23	50	6	TRAIL20000	Glizelle	Langerman	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:41:27
24	51	8	TA0462	Jessica	Botes	5km Trail Run/Walk	Female	23	Senior (19-29)	00:41:52
25	52	7	TA0198	Alida	Amsenga	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:41:54
26	53	9	TA0098	Louisa	Murray	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:42:16
27	54	9	TA1582	Simoné	Lourens	5km Trail Run/Walk	Female	26	Senior (19-29)	00:42:55
28	56	2	TA0386	Chriselle	Du Toit	5km Trail Run/Walk	Female	50	Master (50-59)	00:43:00
29	58	8	TA0377	Ethel	Zulu	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:43:07
30	59	3	TA0421	Hannelie	Collatz	5km Trail Run/Walk	Female	51	Master (50-59)	00:43:17
31	60	4	TRAIL11315	Angela	Conway	5km Trail Run/Walk	Female	55	Master (50-59)	00:43:18
32	61	10	TA1625	Maryke	Steenkamp	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:43:43
33	63	10	TRAIL20693	Minke	Brits	5km Trail Run/Walk	Female	19	Senior (19-29)	00:43:50
34	67	11	TA0293	Linda	Van Tonder	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:44:43
35	68	12	TA0292	Carmie	Wandrag	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:44:45
36	69	13	TRAIL20953	Jeaninne	Fourie	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:45:16
37	73	9	TRAIL20675	Ingrid	Croeser	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:45:31
38	74	10	TA0370	Christien	Engelbrecht	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:46:11
39	77	11	TA0403	Melinda	Gous	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:46:31
40	78	12	TA1604	Anina	Hunter	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:46:33

41	79	11	TA1672	Lize-marie	Volschenk	5km Trail Run/Walk	Female	25	Senior (19-29)	00:46:35
42	80	14	TA0362	Amanda	Van Heerden	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:46:39
43	82	12	TA1552	Guido	Urlings	5km Trail Run/Walk	Female	29	Senior (19-29)	00:48:25
44	84	13	TRAIL10850	Wika	Esterhuizen	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:49:16
45	85	15	TA1610	Motheo	Komati	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:49:22
46	87	14	TA1674	Janette	Cavannagh	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:50:17
47	88	15	TA1617	Isabel	Nel	5km Trail Run/Walk	Female	46	Veteran (40-49)	00:50:19
48	89	16	TA1754	Natalie	Eksteen	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:50:53
49	90	17	TA0529	Ania	Strydom	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:51:00
50	91	18	TA1727	Ingrid	Hauger	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:52:01
51	92	19	TA0268	Charlene	Gribble	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:52:04
52	94	13	TA1681	Nadia	Agenbag	5km Trail Run/Walk	Female	27	Senior (19-29)	00:52:12
53	95	5	TA0433	Erika	Bester	5km Trail Run/Walk	Female	54	Master (50-59)	00:52:15
54	96	14	TA0397	Charissa	Larsson	5km Trail Run/Walk	Female	24	Senior (19-29)	00:52:30
55	99	6	TRAIL20919	Caron	Mackenzie	5km Trail Run/Walk	Female	54	Master (50-59)	00:53:00
56	101	7	TRAIL12426	Lize	Botha	5km Trail Run/Walk	Female	50	Master (50-59)	00:53:05
57	102	15	TA1660	Samantha	Dyantyi	5km Trail Run/Walk	Female	27	Senior (19-29)	00:53:31
58	103	1	TA1775	Linda	Horne	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:53:47
59	104	20	TA1735	Kristle	Van Der Linde	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:54:02
60	105	2	TA1787	Louise	Williams	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:54:36
61	106	16	TRAIL12367	Shirley	Megannon	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:55:36
62	107	3	TRAIL20913	Lana	Bosch	5km Trail Run/Walk	Female	60	Grand-Master (60+)	00:56:00
63	112	21	TA0272	Simone	Pienaar	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	00:57:05
64	113	16	TA0312	Meagen	Casper	5km Trail Run/Walk	Female	29	Senior (19-29)	00:57:08
65	115	8	TA1774	Fiona	Storer	5km Trail Run/Walk	Female	51	Master (50-59)	00:58:42
66	116	17	TA0036	Kelly	Loots	5km Trail Run/Walk	Female	24	Senior (19-29)	00:59:25
67	117	9	TA0209	Helen	Loots	5km Trail Run/Walk	Female	51	Master (50-59)	00:59:28
68	118	22	TA0333	Rika	Swanepoel	5km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:01:54
69	119	10	TA1663	Cindy	Botes	5km Trail Run/Walk	Female	51	Master (50-59)	01:02:03
70	120	17	TA0443	Claudine	Jonischkeit	5km Trail Run/Walk	Female	49	Veteran (40-49)	01:02:08
71	121	2	TA0156	Shae	Rennie	5km Trail Run/Walk	Female	6	Under 11	01:02:50
72	122	23	TA0264	Michelle	Rennie	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:02:52
73	124	18	TA0415	Tambu	Chiswo	5km Trail Run/Walk	Female	25	Senior (19-29)	01:03:31
74	125	24	TA0096	Phindi	Masha	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:04:29
75	126	25	TA0252	Matshidiso	Modimoeng	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:04:33
76	128	26	TRAIL20554	Jacqui	Grove	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:06:34
77	129	19	TA0032	Claudia	Tredoux	5km Trail Run/Walk	Female	24	Senior (19-29)	01:07:07
78	130	11	TA0357	Alida	Britz	5km Trail Run/Walk	Female	50	Master (50-59)	01:07:11
79	131	12	TA1768	Lynette	Tredoux	5km Trail Run/Walk	Female	53	Master (50-59)	01:07:15
80	135	27	TA0405	Bontle	Ramatsetse	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:10:17
81	137	18	TA0029	Marelise	Oberholzer	5km Trail Run/Walk	Female	48	Veteran (40-49)	01:11:50
82	138	4	TA0517	Louise	Botha	5km Trail Run/Walk	Female	74	Grand-Master (60+)	01:11:53

