



AdventureRun : Copperleaf Golf Course

Jackal Night Run/Walk on 20th March 2019



10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL12057	Gideon	Hugo	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:44:23
2	2	1	TA2343	Lungani	Khosa	10km Trail Run/Walk	Male	28	Senior (19-29)	00:48:15
3	5	1	TA0773	Andrew	Crowley	10km Trail Run/Walk	Male	44	Veteran (40-49)	00:49:26
4	6	2	TA1827	William	Harris	10km Trail Run/Walk	Male	46	Veteran (40-49)	00:51:01
5	7	2	TA1046	Wj	Vermeulen	10km Trail Run/Walk	Male	23	Senior (19-29)	00:51:14
6	9	3	TA1118	Richard	Goodchild	10km Trail Run/Walk	Male	40	Veteran (40-49)	00:51:37
7	10	2	TA0643	Motlogelwa	Mashishi	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:51:48
8	11	1	TA2150	Dean	De Jager	10km Trail Run/Walk	Male	51	Master (50-59)	00:52:04
9	12	4	TA0752	Braam	Norval	10km Trail Run/Walk	Male	48	Veteran (40-49)	00:53:09
10	13	5	TA2141	Anton	Van Der Bijl	10km Trail Run/Walk	Male	42	Veteran (40-49)	00:53:51
11	14	6	TA0673	Martin	Brand	10km Trail Run/Walk	Male	41	Veteran (40-49)	00:54:06
12	15	1	TA1893	Joshua	Brand	10km Trail Run/Walk	Male	7	Under 11	00:54:08
13	16	2	TA1829	Pieter Abraham	Botha	10km Trail Run/Walk	Male	50	Master (50-59)	00:54:12
14	18	3	TA0817	Michael	Westlake	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:54:18
15	19	7	TA0847	David	Dunwoodie	10km Trail Run/Walk	Male	45	Veteran (40-49)	00:55:32
16	21	3	TRAIL12928	Saki	Marais	10km Trail Run/Walk	Male	28	Senior (19-29)	00:56:34
17	22	4	TA1173	Karl	Barand	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:57:20
18	23	5	TA0826	Corne	Mynhardt	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:57:26
19	24	3	TA0996	Michael	Maritz	10km Trail Run/Walk	Male	54	Master (50-59)	00:57:56
20	25	6	TA1125	George	Kotras	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:58:28
21	27	8	TA0995	Morne	Eloff	10km Trail Run/Walk	Male	45	Veteran (40-49)	00:59:25
22	31	4	TA0665	Warrick	Dawson	10km Trail Run/Walk	Male	29	Senior (19-29)	01:01:10
23	32	7	TA1880	Francois	Labuschagne	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:01:15
24	33	8	TA2219	Rhynhardt	De Ridder	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	01:01:16
25	35	9	TA0768	Frikkie	Fourie	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:01:29
26	38	9	TA1071	Tobie	Reyneke	10km Trail Run/Walk	Male	47	Veteran (40-49)	01:02:46
27	43	4	TA1154	Devlin	Camaeron	10km Trail Run/Walk	Male	51	Master (50-59)	01:05:21
28	44	5	TA1803	Emil	Lourens	10km Trail Run/Walk	Male	26	Senior (19-29)	01:05:59
29	51	6	TA2232	Stephanus	Terblanche	10km Trail Run/Walk	Male	26	Senior (19-29)	01:08:06
30	55	10	TA0714	Kieth Pfluxani	Mabasa	10km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	01:11:03
31	57	7	TA1807	Buntu	Odolo	10km Trail Run/Walk	Male	27	Senior (19-29)	01:12:13
32	59	5	TA0739	Andre	Gericke	10km Trail Run/Walk	Male	55	Master (50-59)	01:14:14
33	61	6	TA2132	Hans	Joythe	10km Trail Run/Walk	Male	57	Master (50-59)	01:15:05

34	62	7	TRAIL11476	Charles	Marais	10km Trail Run/Walk	Male	59	Master (50-59)	01:15:31
35	64	1	TRAIL10843	Alan	Buckley	10km Trail Run/Walk	Male	63	Grand-Master (60+)	01:24:16
36	66	8	TRAIL10849	Anton	Reyneke	10km Trail Run/Walk	Male	53	Master (50-59)	01:25:45
37	67	11	TA2254	Tebogo	Thema	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:27:13
38	70	2	TRAIL20914	Manie	Bosch	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:37:14
39	75	9	TRAIL10011	Graham	Hutchins	10km Trail Run/Walk	Male	55	Master (50-59)	01:39:54
40	81	3	TRAIL20584	Luc	Van Goidsenhoven	10km Trail Run/Walk	Male	62	Grand-Master (60+)	02:00:05
41	82	4	TRAIL20585	Dean	Mccleland	10km Trail Run/Walk	Male	65	Grand-Master (60+)	02:00:05

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TRAIL10062	Nicky	Booyens	10km Trail Run/Walk	Female	40	Veteran (40-49)	00:48:39
2	4	1	TA2169	Jade	Poole	10km Trail Run/Walk	Female	25	Senior (19-29)	00:48:45
3	8	1	TA1114	Ilze	Crous	10km Trail Run/Walk	Female	61	Grand-Master (60+)	00:51:35
4	17	2	TA2209	Modiehi	Lephuting	10km Trail Run/Walk	Female	29	Senior (19-29)	00:54:16
5	20	1	TA2166	Alicia	Willemse	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:56:21
6	26	3	TA1825	Kimberley	Beyl	10km Trail Run/Walk	Female	25	Senior (19-29)	00:58:48
7	28	4	TA0682	Cara	Swart	10km Trail Run/Walk	Female	26	Senior (19-29)	01:00:04
8	29	2	TA1886	Chanette	Fourie	10km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:00:55
9	30	5	TA2153	Rebecca	Coghlan	10km Trail Run/Walk	Female	25	Senior (19-29)	01:01:07
10	34	6	TRAIL10269	Jolandi	Labuschange	10km Trail Run/Walk	Female	28	Senior (19-29)	01:01:24
11	36	7	TA0658	Marthie	Nickols	10km Trail Run/Walk	Female	29	Senior (19-29)	01:01:49
12	37	2	TRAIL11798	Antoinette	Hartslief	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:02:41
13	39	3	TA2159	Lizil	Knoester	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:03:11
14	40	4	TA1105	Bongiwe	Ngcobo	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:04:07
15	41	8	TA1068	Sonja	Venter	10km Trail Run/Walk	Female	28	Senior (19-29)	01:04:27
16	42	5	TA1111	Michelle	Gordon	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:04:28
17	45	6	TA2163	Melany	Lotter	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:06:01
18	46	9	TA1811	Nicola	Ferri	10km Trail Run/Walk	Female	27	Senior (19-29)	01:06:13
19	47	3	TA2224	Karen	De Villiers	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:06:16
20	48	7	TRAIL20938	Paula	Venzke	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:07:21
21	49	10	TA1025	Leandi	Van Der Linde	10km Trail Run/Walk	Female	23	Senior (19-29)	01:07:23
22	50	11	TA0692	Laurike	De Beer	10km Trail Run/Walk	Female	23	Senior (19-29)	01:08:04
23	52	4	TA2273	Cindy	Pelser	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:08:10
24	53	5	TA2269	Lindsay	Oosthuizen	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:08:11
25	54	12	TA0727	Celia	Pretorius	10km Trail Run/Walk	Female	24	Senior (19-29)	01:09:16
26	56	13	TA1873	Shanley	Marshel	10km Trail Run/Walk	Female	21	Senior (19-29)	01:11:34
27	58	6	TRAIL12854	Michele	Gleave	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:14:06
28	60	7	TA1888	Rita	Bowers	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:14:16
29	63	8	TA0728	Marche	Goodchild	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:15:38
30	65	1	TRAIL10836	Ina	Beamish	10km Trail Run/Walk	Female	56	Master (50-59)	01:25:45
31	68	9	TA0627	Nkosi	Thema	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:27:18
32	69	2	TA1128	Nosisi	Dlambewu	10km Trail Run/Walk	Female	55	Master (50-59)	01:35:31
33	71	2	TRAIL20915	Dot	Johnson	10km Trail Run/Walk	Female	71	Grand-Master (60+)	01:37:14
34	72	8	TA0866	Anna	Molaontoa	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:39:05
35	73	3	TA1882	Ingrid	Diale	10km Trail Run/Walk	Female	51	Master (50-59)	01:39:08
36	74	9	TA1817	Sandra	Ngoma	10km Trail Run/Walk	Female	42	Veteran (40-49)	01:39:11
37	76	4	TRAIL10052	Lesley	Hutchins	10km Trail Run/Walk	Female	56	Master (50-59)	01:39:54
38	77	10	TRAIL10053	Adele	Sutherland	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:39:54
39	78	5	TA1874	Sanet	Herbst	10km Trail Run/Walk	Female	55	Master (50-59)	01:45:00
40	79	6	TA0789	Letitia	Van Der Westhuizen	10km Trail Run/Walk	Female	52	Master (50-59)	01:45:00

41	80	7	TRAIL20583	May	Van Der Walt	10km Trail Run/Walk	Female	56	Master (50-59)	02:00:05
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5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL10005	Tiaan	Dorfling	5km Trail Run/Walk	Male	14	12 to 15	00:19:41
2	2	1	TA0189	Werner	Van Zyl	5km Trail Run/Walk	Male	18	16 to 18	00:19:43
3	3	1	TRAIL10013	Chris	Dorfling	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:20:58
4	4	1	TA1647	Pierre	Kleynhans	5km Trail Run/Walk	Male	27	Senior (19-29)	00:21:01
5	5	1	TA0427	Mc	Du Toit	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:21:18
6	6	1	TA1797	Jc	Botha	5km Trail Run/Walk	Male	11	Under 11	00:22:08
7	7	2	TA1754	Werno	Norval	5km Trail Run/Walk	Male	12	12 to 15	00:22:16
8	8	2	TA0029	Gerhard	Botha	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:22:43
9	10	2	TA0554	Lee	Mitchell	5km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:24:31
10	11	3	TA0471	Trevor	Charters	5km Trail Run/Walk	Male	48	Veteran (40-49)	00:24:35
11	13	2	TA0033	Werner	Van Brakel	5km Trail Run/Walk	Male	24	Senior (19-29)	00:25:22
12	15	1	TRAIL10240	Ernest	Mallett	5km Trail Run/Walk	Male	50	Master (50-59)	00:25:37
13	16	4	TA0032	Werner	Van Brakel	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:25:55
14	17	3	TA1666	Kaden	Rennie	5km Trail Run/Walk	Male	12	12 to 15	00:26:43
15	19	5	TA0285	Jessie	Mitchell	5km Trail Run/Walk	Male	41	Veteran (40-49)	00:27:19
16	20	3	TA0205	Herman	Coetzee	5km Trail Run/Walk	Male	24	Senior (19-29)	00:27:54
17	21	2	TA0169	Louis	Withfield	5km Trail Run/Walk	Male	51	Master (50-59)	00:27:55
18	22	4	TA0348	Kiyan	Naicker	5km Trail Run/Walk	Male	13	12 to 15	00:28:23
19	23	3	TA1582	Justin	Brass	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:28:25
20	24	6	TA1813	Andrew	Nourse	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:28:31
21	25	4	TA0198	Timothy	Clough	5km Trail Run/Walk	Male	25	Senior (19-29)	00:28:39
22	29	2	TA0359	Christiaan	Botha	5km Trail Run/Walk	Male	8	Under 11	00:29:29
23	30	3	TA0296	Daniel	Bowers	5km Trail Run/Walk	Male	11	Under 11	00:29:38
24	31	7	TRAIL20001	Conrad	Langerman	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:29:42
25	34	1	TA0126	Johann	Van Zyl	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:30:57
26	35	5	TA0304	Devon	Trollope	5km Trail Run/Walk	Male	12	12 to 15	00:31:20
27	36	4	TA1593	Lemlo	Ditodi	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	00:31:24
28	37	3	TA0192	Ed	Dankers	5km Trail Run/Walk	Male	55	Master (50-59)	00:31:26
29	38	5	TA0282	Thabiso	Ditodi	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:31:31
30	47	5	TA0515	Lemond	Day	5km Trail Run/Walk	Male	28	Senior (19-29)	00:32:41
31	48	4	TA1708	Gary	Noakes	5km Trail Run/Walk	Male	58	Master (50-59)	00:33:03
32	49	6	TA0567	Zipho	Mbambo	5km Trail Run/Walk	Male	14	12 to 15	00:33:21
33	50	7	TA1743	Lesego	Mathibe	5km Trail Run/Walk	Male	15	12 to 15	00:33:22
34	52	6	TA0094	Ebrahim	Ayob	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:33:36
35	53	7	TA0573	Desmond	Liebenberg	5km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	00:33:37
36	58	5	TA0559	Gary	Kenyon	5km Trail Run/Walk	Male	54	Master (50-59)	00:34:00
37	60	6	TA0306	Colin	Williams	5km Trail Run/Walk	Male	59	Master (50-59)	00:34:57
38	61	8	TA1699	Joshua	Bowers	5km Trail Run/Walk	Male	13	12 to 15	00:35:00
39	68	8	TA1636	Ian	Eveleigh	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:35:55
40	69	9	TRAIL20553	Johan	Grove	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:36:24

41	81	7	TA0425	Pierre	Kleynhans	5km Trail Run/Walk	Male	57	Master (50-59)	00:39:25
42	82	6	TA1159	Tiaan	Havenga	5km Trail Run/Walk	Male	23	Senior (19-29)	00:39:29
43	83	7	TA2203	Laurence	Maree	5km Trail Run/Walk	Male	23	Senior (19-29)	00:39:33
44	84	10	TRAIL12895	Robbie	Van Der Walt	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:40:00
45	86	11	TA0511	Thavi	Ellary	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:40:25
46	92	8	TA0545	Nicolai	Du Toit	5km Trail Run/Walk	Male	28	Senior (19-29)	00:41:47
47	94	4	TA1752	Waldo	Van Rooyen	5km Trail Run/Walk	Male	6	Under 11	00:42:31
48	99	9	TA0445	Fabian	Booyesen	5km Trail Run/Walk	Male	27	Senior (19-29)	00:43:17
49	100	8	TA0209	Wilmar	Gevers	5km Trail Run/Walk	Male	59	Master (50-59)	00:43:33
50	102	10	TA1768	Raymond	Visagie	5km Trail Run/Walk	Male	22	Senior (19-29)	00:43:48
51	105	9	TA0303	Adriaan	Van Der Berg	5km Trail Run/Walk	Male	54	Master (50-59)	00:44:13
52	109	8	TA1672	Shawn	Cawood	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:45:11
53	111	2	TRAIL20636	Malcolm	Mackenzie	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:45:25
54	112	12	TA1718	Stephan	Erasmus	5km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	00:45:28
55	117	11	TA1604	Francois	Burger	5km Trail Run/Walk	Male	28	Senior (19-29)	00:47:06
56	120	3	TA0375	Matt	Brozio	5km Trail Run/Walk	Male	71	Grand-Master (60+)	00:47:35
57	121	5	TRAIL12750	Adam	Zaayman	5km Trail Run/Walk	Male	10	Under 11	00:48:01
58	122	6	TRAIL12752	Alex	Zaayman	5km Trail Run/Walk	Male	11	Under 11	00:48:03
59	123	9	TA0172	Logashen	Naicker	5km Trail Run/Walk	Male	43	Veteran (40-49)	00:48:28
60	125	10	TRAIL12287	Phil	Zaayman	5km Trail Run/Walk	Male	48	Veteran (40-49)	00:48:47
61	128	10	TA0210	Henk	Groenewald	5km Trail Run/Walk	Male	53	Master (50-59)	00:48:55
62	130	11	TA1017	Phillip	Van Heerden	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:50:03
63	134	9	TA0232	Ismaeel	Ayob	5km Trail Run/Walk	Male	13	12 to 15	00:52:15
64	136	12	TA0436	Ahmed	Akoob	5km Trail Run/Walk	Male	29	Senior (19-29)	00:52:38
65	138	12	TA0023	Keith	Govender	5km Trail Run/Walk	Male	42	Veteran (40-49)	00:52:44
66	140	13	TA0237	Johann	De Lange	5km Trail Run/Walk	Male	49	Veteran (40-49)	00:53:55
67	143	7	TA0398	Seby	Ionescu	5km Trail Run/Walk	Male	11	Under 11	00:57:05

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	9	1	TA0302	Leandri	Botha	5km Trail Run/Walk	Female	11	Under 11	00:24:08
2	12	1	TA0266	Lilly	Malherbe	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:25:09
3	14	1	TA1787	Lee-ann	Charters	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:25:34
4	18	2	TA0229	Kerry	Byerley	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:27:17
5	26	3	TA0121	Claire	Gooderham	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:28:48
6	27	1	TA0213	Sannie	Kleynhans	5km Trail Run/Walk	Female	57	Master (50-59)	00:29:01
7	28	1	TA0417	Annika	Norval	5km Trail Run/Walk	Female	15	12 to 15	00:29:25
8	32	2	TA1747	Michelle	Rennie	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:30:03
9	33	1	TA0487	Daniela	Visser	5km Trail Run/Walk	Female	26	Senior (19-29)	00:30:32
10	39	4	TA1715	Ethel	Zulu	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:31:37
11	40	5	TA0495	Iris	Lamberts	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:31:51
12	41	6	TA2174	Sondag	Lephalala	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:32:04
13	42	3	TA0409	Martha	Lekoko	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:32:06
14	43	2	TA0161	Tebogo	Ndhlovu	5km Trail Run/Walk	Female	24	Senior (19-29)	00:32:08
15	44	7	TA0120	Gerda	Van Brakel	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:32:14
16	45	8	TA0694	Sphiwo	Sibanyoni	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:32:23
17	46	3	TA1727	Cecile	Niebuhr	5km Trail Run/Walk	Female	25	Senior (19-29)	00:32:39
18	51	9	TA0458	Alex	Dunwoodie	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:33:24
19	54	10	TA1665	Charlotte	Rossouw	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:33:38
20	55	4	TA1812	Ziphozinhle	Khoza	5km Trail Run/Walk	Female	27	Senior (19-29)	00:33:53
21	56	11	TA0292	Alida	Amsenga	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:33:57
22	57	2	TA1557	Riana	Ehlers	5km Trail Run/Walk	Female	58	Master (50-59)	00:33:59
23	59	5	TA0280	Nadine	Hurter	5km Trail Run/Walk	Female	23	Senior (19-29)	00:34:20
24	62	2	TA0369	Matthew	Bowers	5km Trail Run/Walk	Female	10	Under 11	00:35:02
25	63	4	TA0254	Farzana	Katkodia	5km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	00:35:04
26	64	1	TA0344	Belinda	Luckhoff	5km Trail Run/Walk	Female	18	16 to 18	00:35:37
27	65	6	TA1680	Annabelle	Naude	5km Trail Run/Walk	Female	26	Senior (19-29)	00:35:40
28	66	5	TA0449	Adele	Westlake	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:35:49
29	67	6	TA1552	Laurelle	Eveleigh	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:35:55
30	70	12	TA0183	Heilet	Smith	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:36:28
31	71	7	TA0346	Mandi	Bosch	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:37:05
32	72	13	TA0036	Tlaleng	Moabi	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:37:36
33	73	14	TA0184	Hannelie	Van Heerden	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:38:05
34	74	7	TA0240	Mazeeyah	Ismail	5km Trail Run/Walk	Female	23	Senior (19-29)	00:38:16
35	75	8	TA1547	Juane	Maritz	5km Trail Run/Walk	Female	24	Senior (19-29)	00:38:17
36	76	8	TA0145	Brenda	Ratzeburg	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:38:47
37	77	3	TA0253	Marinda	Maritz	5km Trail Run/Walk	Female	50	Master (50-59)	00:38:49
38	78	9	TA0238	Rozanne	Mitchel	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:39:15
39	79	9	TA1657	Donne	Leyde	5km Trail Run/Walk	Female	29	Senior (19-29)	00:39:19
40	80	10	TA1681	Melissa	Kleynhans	5km Trail Run/Walk	Female	22	Senior (19-29)	00:39:23

41	85	11	TA0371	Naailah	Osman	5km Trail Run/Walk	Female	29	Senior (19-29)	00:40:13
42	87	4	TA0517	Denise	Sheppard	5km Trail Run/Walk	Female	56	Master (50-59)	00:40:32
43	88	10	TA0380	Mpho	Mokhorro	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:40:45
44	89	11	TA0339	Cecile	Masuret	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:40:54
45	90	12	TA0151	Nicole	Power	5km Trail Run/Walk	Female	27	Senior (19-29)	00:41:43
46	91	13	TA0490	Amber	Du Toit	5km Trail Run/Walk	Female	29	Senior (19-29)	00:41:45
47	93	14	TA1572	Lucinda	De Villiers	5km Trail Run/Walk	Female	28	Senior (19-29)	00:42:25
48	95	1	TA0596	Joanne	Brozio	5km Trail Run/Walk	Female	60	Grand-Master (60+)	00:42:35
49	96	12	TA0215	Jumarie	Botha	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:42:45
50	97	15	TA1653	Somari	Van Brakel	5km Trail Run/Walk	Female	23	Senior (19-29)	00:42:49
51	98	3	TA0080	Shae	Rennie	5km Trail Run/Walk	Female	6	Under 11	00:43:16
52	101	16	TRAIL10326	Courtney	Mallett	5km Trail Run/Walk	Female	20	Senior (19-29)	00:43:45
53	103	13	TA1775	Maryam	Ayob	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:44:09
54	104	17	TA0443	Naseeha	Tayob	5km Trail Run/Walk	Female	26	Senior (19-29)	00:44:10
55	106	14	TA0392	Masala	Mashaba	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:44:39
56	107	5	TA1034	Barbara	Motsepe	5km Trail Run/Walk	Female	53	Master (50-59)	00:44:45
57	108	15	TA1724	Belinda	Cawood	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:45:10
58	110	6	TRAIL20919	Caron	Mackenzie	5km Trail Run/Walk	Female	54	Master (50-59)	00:45:24
59	113	4	TA0188	Danja	Norval	5km Trail Run/Walk	Female	9	Under 11	00:45:40
60	114	16	TA0709	Yandisa	Lengoasa	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:45:57
61	115	2	TA1629	Louise	Williams	5km Trail Run/Walk	Female	65	Grand-Master (60+)	00:46:02
62	116	15	TA0320	Silka	Norval	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:46:20
63	118	18	TA0457	Danielle	De Jager	5km Trail Run/Walk	Female	25	Senior (19-29)	00:47:07
64	119	7	TA0009	Shelley	Le Roux	5km Trail Run/Walk	Female	52	Master (50-59)	00:47:34
65	124	16	TA1558	Samantha	Naicker	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:48:37
66	126	17	TRAIL11139	Judith	Zaayman	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:48:48
67	127	18	TA0394	Martie	Schoeman	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:48:54
68	129	19	TA0332	Thandazile	Thela	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:49:39
69	131	20	TA0440	Liziwe	Nkonyana	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:50:16
70	132	3	TA0390	Sannie	Nel	5km Trail Run/Walk	Female	60	Grand-Master (60+)	00:50:42
71	133	4	TA0318	Celia	Pienaar	5km Trail Run/Walk	Female	69	Grand-Master (60+)	00:50:43
72	135	5	TA0362	Keira	Naicker	5km Trail Run/Walk	Female	9	Under 11	00:52:31
73	137	21	TA0433	Roshelle	Pillay	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:52:43
74	139	22	TA0365	Inri	Moller	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:53:47
75	141	23	TA0428	Leoni	De Lange	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:53:56
76	142	19	TRAIL10019	Jacqueline	Van Der Walt	5km Trail Run/Walk	Female	26	Senior (19-29)	00:54:01
77	144	24	TA0424	Refilwe	Nyathi	5km Trail Run/Walk	Female	43	Veteran (40-49)	00:57:13
78	145	25	TA1620	Tabea	Mokwena	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:57:15
79	146	20	TA1673	Marcelle	Steenkamp	5km Trail Run/Walk	Female	22	Senior (19-29)	00:57:44
80	147	2	TA0588	Charley	Ionescu	5km Trail Run/Walk	Female	13	12 to 15	00:57:46
81	148	26	TA1527	Sally-anne	Ionescu	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:57:47
82	149	27	TA0353	Bukeka	Mahlutshana	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:57:53

83	150	17	TA1516	Dore	Van Der Westhuizen	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:58:02
84	151	28	TRAIL10760	Lisanne	Hofmeyr	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:58:04
85	152	29	TA0388	Rhashida	Hilliard	5km Trail Run/Walk	Female	42	Veteran (40-49)	00:59:50
86	153	8	TA1876	Heidi	Gevers	5km Trail Run/Walk	Female	52	Master (50-59)	01:15:22