



AdventureRun : Rietvlei Dam

Rietvlei Trail Run/Walk on 10th February 2019



10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2166	Reatlegile	Mosweu	10km Trail Run/Walk	Male	14	12 to 15	00:38:30
2	2	1	TA2140	Nicky	Ndholve	10km Trail Run/Walk	Male	45	Veteran (40-49)	00:39:43
3	3	1	TA1810	Jaco	Lourens	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	00:44:29
4	4	2	TA2116	Gregory	Mufema	10km Trail Run/Walk	Male	43	Veteran (40-49)	00:46:07
5	5	2	TA1807	Molau	Nkune	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:48:25
6	6	1	TA1824	Gerhard	Mare	10km Trail Run/Walk	Male	54	Master (50-59)	00:50:45
7	7	3	TA1162	Matthew	Hume	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:52:51
8	8	3	TA1801	Anton	Van Der Bijl	10km Trail Run/Walk	Male	42	Veteran (40-49)	00:53:28
9	9	4	TA1039	Werner	Jonck	10km Trail Run/Walk	Male	41	Veteran (40-49)	00:53:47
10	10	4	TA0861	Martin	Groenewald	10km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:53:50
11	11	5	TA1185	Oliver	Chen	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:55:30
12	13	5	TA1833	Jabez	Steenkamp	10km Trail Run/Walk	Male	46	Veteran (40-49)	00:56:43
13	14	1	TA2164	Nicholas	Atkins	10km Trail Run/Walk	Male	27	Senior (19-29)	00:57:29
14	16	1	TA1044	Gerald	Steyn	10km Trail Run/Walk	Male	67	Grand-Master (60+)	00:59:30
15	17	6	TA2318	Karel	Kapp	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	00:59:34
16	18	2	TRAIL12109	Neville	Muir	10km Trail Run/Walk	Male	80	Grand-Master (60+)	01:00:11
17	21	6	TRAIL11181	Pieter	Van Staden	10km Trail Run/Walk	Male	41	Veteran (40-49)	01:00:41
18	22	7	TA0848	Helder	Morais	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:00:51
19	23	2	TA1166	John	Kollen	10km Trail Run/Walk	Male	59	Master (50-59)	01:01:29
20	24	3	TA2331	Francois	Steyl	10km Trail Run/Walk	Male	69	Grand-Master (60+)	01:01:38
21	25	8	TA0768	Divan	Barnard	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:02:00
22	26	3	TA0695	David	Lotter	10km Trail Run/Walk	Male	53	Master (50-59)	01:02:05
23	27	4	TA1173	Gunther	Schwob	10km Trail Run/Walk	Male	57	Master (50-59)	01:02:12
24	32	2	TA1112	Conrad	Mahlangu	10km Trail Run/Walk	Male	28	Senior (19-29)	01:03:58
25	34	3	TA0666	Kyle	Rorke	10km Trail Run/Walk	Male	24	Senior (19-29)	01:04:07
26	36	9	TA2222	Ashley	Hlongwane	10km Trail Run/Walk	Male	33	Sub-Veteran (30-39)	01:04:25
27	37	10	TA1888	Thabiso	Molise	10km Trail Run/Walk	Male	30	Sub-Veteran (30-39)	01:04:27
28	39	4	TRAIL10171	Hennie	Prinsloo	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:04:33
29	40	7	TRAIL12341	Charles	Norman	10km Trail Run/Walk	Male	40	Veteran (40-49)	01:04:38
30	43	5	TRAIL12643	Bryan	Mccourt	10km Trail Run/Walk	Male	52	Master (50-59)	01:06:05
31	44	5	TA0693	Allen	West	10km Trail Run/Walk	Male	64	Grand-Master (60+)	01:06:09
32	46	11	TA2333	Brent	Venter	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:06:33
33	49	6	TA1817	Robbie	Morton	10km Trail Run/Walk	Male	58	Master (50-59)	01:06:57

34	53	12	TA1064	Andrew	Pillay	10km Trail Run/Walk	Male	32	Sub-Veteran (30-39)	01:09:00
35	54	13	TA2286	Igmar	Bester	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:09:12
36	55	14	TA2160	Donald Masilo	Sehaswana	10km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	01:09:14
37	58	15	TA0728	Keith	Cassie	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:12:14
38	59	8	TA0763	Willem	Bernard	10km Trail Run/Walk	Male	47	Veteran (40-49)	01:12:23
39	62	16	TRAIL12326	Rijako	Meintjes	10km Trail Run/Walk	Male	37	Sub-Veteran (30-39)	01:12:36
40	74	4	TA1016	Zane	Bosman	10km Trail Run/Walk	Male	28	Senior (19-29)	01:20:51
41	77	17	TA0717	Jacques	Human	10km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	01:21:49
42	80	9	TA0866	Manwadu	Shumani	10km Trail Run/Walk	Male	45	Veteran (40-49)	01:23:22
43	85	7	TA1129	Johan	Abrahams	10km Trail Run/Walk	Male	53	Master (50-59)	01:25:13
44	86	5	TA1853	Zander	Abrahams	10km Trail Run/Walk	Male	21	Senior (19-29)	01:25:15
45	87	18	TA2209	Wesley	Lucas	10km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	01:25:34
46	88	19	TA2307	Keith	Chihava	10km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:25:50
47	95	6	TA0774	Emiel	Abrahams	10km Trail Run/Walk	Male	25	Senior (19-29)	01:37:38
48	104	7	TA2309	Marc	Van Der Westhuizen	10km Trail Run/Walk	Male	22	Senior (19-29)	01:48:37
49	108	6	TA0694	Gordon	Halford	10km Trail Run/Walk	Male	73	Grand-Master (60+)	01:51:10

10km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	12	1	TA0864	Ilze	Crous	10km Trail Run/Walk	Female	61	Grand-Master (60+)	00:56:26
2	15	1	TA1827	Esti	Bosch	10km Trail Run/Walk	Female	46	Veteran (40-49)	00:57:47
3	19	1	TA0682	Marietjie	Van Lill	10km Trail Run/Walk	Female	52	Master (50-59)	01:00:31
4	20	1	TRAIL11152	Mandie	Van Staden	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:00:38
5	28	2	TA2314	Tracy	Bawden	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:02:25
6	29	1	TA2203	Courtney	Williams	10km Trail Run/Walk	Female	27	Senior (19-29)	01:03:07
7	30	2	TA0809	Lucas	Van Aswegen	10km Trail Run/Walk	Female	57	Master (50-59)	01:03:52
8	31	3	TA0826	Heidi	Botha	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:03:55
9	33	2	TA2210	Jade	Van Der Westhuizen	10km Trail Run/Walk	Female	24	Senior (19-29)	01:04:03
10	35	3	TA2169	Tamara	De Robillard	10km Trail Run/Walk	Female	21	Senior (19-29)	01:04:10
11	38	4	TRAIL13015	Nadia	Bosch	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:04:30
12	41	3	TA1828	Jennifer	Atkins	10km Trail Run/Walk	Female	57	Master (50-59)	01:04:52
13	42	2	TA0815	Elmarie	Barnard	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:05:25
14	45	4	TA2155	Danielle	Bishop	10km Trail Run/Walk	Female	25	Senior (19-29)	01:06:26
15	47	3	TA1025	Kristen	Lachenicht	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:06:34
16	48	4	TA1822	Kelly	Summerfield	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:06:54
17	50	5	TA1045	Christi	Swart	10km Trail Run/Walk	Female	25	Senior (19-29)	01:07:12
18	51	5	TA1861	Maitele	Tshifularo	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:07:33
19	52	6	TA2161	Rosalind	Roy	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:08:12
20	56	6	TA1812	Meshini	Naidoo	10km Trail Run/Walk	Female	29	Senior (19-29)	01:09:26
21	57	5	TA1825	Ndumi	Nkosi	10km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	01:09:30
22	60	7	TA2246	Lazya	Bernard	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:12:26
23	61	6	TRAIL12328	Natasha	Botha	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:12:32
24	63	7	TA0856	Erika	Hattingh	10km Trail Run/Walk	Female	27	Senior (19-29)	01:12:47
25	64	7	TA1894	Frane	Van Der Walt	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:14:00
26	65	8	TA2319	Christina	Govender	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:15:52
27	66	9	TA0794	Lizelle	Booyse	10km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:16:17
28	67	8	TA2126	Amanda	Pearce	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:16:28
29	68	9	TA1169	Jabulile	Nsibanyoni	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:17:53
30	69	10	TA2111	Silvana	Carraggi	10km Trail Run/Walk	Female	48	Veteran (40-49)	01:18:22
31	70	11	TA1132	Samantha	Choles	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:19:47
32	71	8	TA2143	Dipuo-ann	Kekana	10km Trail Run/Walk	Female	27	Senior (19-29)	01:20:13
33	72	10	TA1103	Neo	Phukubje	10km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	01:20:18
34	73	11	TA0812	Estelle	Bester	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:20:36
35	75	12	TA0789	Rufaro	Changamire	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:21:41
36	76	13	TA0782	Magrietha	Kruger	10km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:21:47
37	78	14	TA2159	Mokete	Erakwama	10km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	01:22:07
38	79	15	TA1804	Stella	James	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:22:27
39	81	2	TA2152	Mariet	Louw	10km Trail Run/Walk	Female	68	Grand-Master (60+)	01:23:55
40	82	12	TA1024	Hannelie	Millies	10km Trail Run/Walk	Female	40	Veteran (40-49)	01:25:02

41	83	13	TA2128	Helena	Bosch	10km Trail Run/Walk	Female	41	Veteran (40-49)	01:25:04
42	84	3	TA0709	Helen	Halford	10km Trail Run/Walk	Female	63	Grand-Master (60+)	01:25:10
43	89	4	TA2295	Letha	Kotzä©	10km Trail Run/Walk	Female	71	Grand-Master (60+)	01:27:18
44	90	14	TA2218	Susan	De Bruin	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:32:53
45	91	5	TA1128	Dot	Johnson	10km Trail Run/Walk	Female	71	Grand-Master (60+)	01:34:02
46	92	15	TA1889	Noluntu	Funani	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:35:27
47	93	16	TA0817	Belinda	Cawood	10km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	01:35:32
48	94	16	TA2227	Charlotte	Thomson	10km Trail Run/Walk	Female	43	Veteran (40-49)	01:37:35
49	96	9	TA0714	Meghan	Noble	10km Trail Run/Walk	Female	23	Senior (19-29)	01:37:39
50	97	17	TRAIL12727	Jenny	Prinsloo	10km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	01:40:28
51	98	18	TA2254	Natasha	Schutte	10km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	01:40:31
52	99	17	TA1876	Nicky	Wessels	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:42:57
53	100	10	TA0781	Felicia	Wessels	10km Trail Run/Walk	Female	25	Senior (19-29)	01:42:59
54	101	18	TA0645	Cornelia	Aldum	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:44:40
55	102	19	TA1177	Neo	Mtshatsheni	10km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	01:47:48
56	103	11	TA1887	Tebatso	Tshaka	10km Trail Run/Walk	Female	25	Senior (19-29)	01:47:50
57	105	12	TA1882	Lismarie	Van Der Walt	10km Trail Run/Walk	Female	22	Senior (19-29)	01:48:40
58	106	19	TA2224	Wendy	Eales	10km Trail Run/Walk	Female	45	Veteran (40-49)	01:49:41
59	107	20	TA1130	Theresa	Bosch	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:49:43
60	109	6	TA2296	Carin	Le Rpux	10km Trail Run/Walk	Female	61	Grand-Master (60+)	01:51:24
61	110	20	TA2273	Jacqueline	Malope	10km Trail Run/Walk	Female	31	Sub-Veteran (30-39)	01:51:41
62	111	21	TA1055	Portia	Khoza	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:51:43
63	112	13	TA1813	Shinelle	Brewis	10km Trail Run/Walk	Female	28	Senior (19-29)	01:57:20
64	113	22	TA2153	Melinda	Ferreira	10km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	01:57:23
65	114	23	TA1035	Lenette	Ferreira	10km Trail Run/Walk	Female	32	Sub-Veteran (30-39)	01:57:25
66	115	21	TA2213	Makgomo	Umlaw	10km Trail Run/Walk	Female	47	Veteran (40-49)	01:58:05
67	116	22	TA2137	Phina	Hlangwane	10km Trail Run/Walk	Female	46	Veteran (40-49)	01:58:16
68	117	23	TA2109	Nana	Kgafela	10km Trail Run/Walk	Female	49	Veteran (40-49)	01:59:11

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1774	Tshepang	Chokoe	5km Trail Run/Walk	Male	10	Under 11	00:19:04
2	2	1	TA0487	Weldon	Van Der Bergh	5km Trail Run/Walk	Male	35	Sub-Veteran (30-39)	00:20:02
3	3	1	TA0344	Tshepo	Ntsotsho	5km Trail Run/Walk	Male	16	16 to 18	00:21:16
4	4	2	TA0196	Dylan	Botha	5km Trail Run/Walk	Male	16	16 to 18	00:22:21
5	5	1	TA0427	Ryan	Botha	5km Trail Run/Walk	Male	22	Senior (19-29)	00:22:23
6	6	2	TA0527	Tyrone	Skipp	5km Trail Run/Walk	Male	11	Under 11	00:24:35
7	7	1	TRAIL12471	Adam	Moroko	5km Trail Run/Walk	Male	40	Veteran (40-49)	00:25:39
8	10	2	TA0179	Ruan	Botha	5km Trail Run/Walk	Male	49	Veteran (40-49)	00:27:52
9	20	1	TA0288	Johann	Van Zyl	5km Trail Run/Walk	Male	65	Grand-Master (60+)	00:32:42
10	21	2	TA0433	Tom	Mascher	5km Trail Run/Walk	Male	21	Senior (19-29)	00:33:24
11	23	3	TA1672	Joshua	Mufema	5km Trail Run/Walk	Male	11	Under 11	00:34:43
12	34	3	TA0292	Jaco	Minnaar	5km Trail Run/Walk	Male	42	Veteran (40-49)	00:39:04
13	35	2	TA0322	Rodney	Norman	5km Trail Run/Walk	Male	34	Sub-Veteran (30-39)	00:39:47
14	36	4	TA0195	Kai	Norman	5km Trail Run/Walk	Male	8	Under 11	00:39:48
15	37	4	TA0401	Hendrik	Le Roux	5km Trail Run/Walk	Male	45	Veteran (40-49)	00:40:51
16	38	3	TA0000	Isaac Neo Mamaneela	Manamela	5km Trail Run/Walk	Male	31	Sub-Veteran (30-39)	00:41:00
17	42	1	TA0374	Alasdair	Macphee	5km Trail Run/Walk	Male	59	Master (50-59)	00:41:41
18	45	5	TA0029	Joshua	Erasmus	5km Trail Run/Walk	Male	11	Under 11	00:42:42
19	46	6	TA0495	Christian	Rourke	5km Trail Run/Walk	Male	6	Under 11	00:43:03
20	49	5	TA0596	Henry	Van Rooyen	5km Trail Run/Walk	Male	44	Veteran (40-49)	00:43:22
21	50	2	TA0272	Alan	Norman	5km Trail Run/Walk	Male	58	Master (50-59)	00:43:25
22	51	3	TA0440	Chris	Botha	5km Trail Run/Walk	Male	28	Senior (19-29)	00:43:29
23	53	4	TA1527	Johan	Kitching	5km Trail Run/Walk	Male	39	Sub-Veteran (30-39)	00:44:17
24	56	2	TA0547	Malcolm	Mackenzie	5km Trail Run/Walk	Male	66	Grand-Master (60+)	00:44:54
25	58	6	TA0457	Richard	Werner	5km Trail Run/Walk	Male	47	Veteran (40-49)	00:45:45
26	70	5	TA0184	Adrian	De Beer	5km Trail Run/Walk	Male	36	Sub-Veteran (30-39)	00:48:40
27	77	3	TA0266	Jurg	Wessels	5km Trail Run/Walk	Male	50	Master (50-59)	00:53:39
28	78	7	TA1797	Cooper	Norman	5km Trail Run/Walk	Male	6	Under 11	00:54:18
29	83	4	TA0172	Abraham	Janse Van Vuuren	5km Trail Run/Walk	Male	59	Master (50-59)	00:56:31
30	87	4	TA0210	Tony	Grota	5km Trail Run/Walk	Male	19	Senior (19-29)	00:59:18
31	89	1	TA1663	Mika	Westcott	5km Trail Run/Walk	Male	12	12 to 15	00:59:36
32	92	8	TA0001	Juan-luke	Adamson	5km Trail Run/Walk	Male	7	Under 11	01:03:04
33	94	7	TA1546	Theuns	Koch	5km Trail Run/Walk	Male	49	Veteran (40-49)	01:03:28
34	97	5	TA0398	Frikkie	Swart	5km Trail Run/Walk	Male	58	Master (50-59)	01:06:42
35	99	6	TA0378	Danie	Boshoff	5km Trail Run/Walk	Male	38	Sub-Veteran (30-39)	01:19:55

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	8	1	TA1111	Eunize	Engelbrecht	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:25:49
2	9	1	TA0269	Amberleigh	Jansen Van Vuuren	5km Trail Run/Walk	Female	14	12 to 15	00:27:30
3	11	1	TA0364	Desray	Rath	5km Trail Run/Walk	Female	24	Senior (19-29)	00:28:50
4	12	1	TA0525	Amanda Jane	Plowes	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:29:05
5	13	2	TA1728	Nicky	Antunes	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:29:12
6	14	2	TA0121	Lucricia	De Wit	5km Trail Run/Walk	Female	24	Senior (19-29)	00:29:36
7	15	1	TA2311	Donne	Breytenbach	5km Trail Run/Walk	Female	16	16 to 18	00:29:56
8	16	2	TA1749	Erienne	Gugger-norman	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:31:02
9	17	3	TA1572	Jo-anne	Hobday	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:32:02
10	18	4	TA0096	Natalie	Perrigil	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:32:07
11	19	3	TA0352	Natalie	De Almeida	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:32:33
12	22	3	TA0216	Stephanie	Wright	5km Trail Run/Walk	Female	25	Senior (19-29)	00:34:16
13	24	1	TA0188	Sesethu	Makuzeni	5km Trail Run/Walk	Female	11	Under 11	00:34:44
14	25	5	TA1659	Julia	Van Heerden	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:36:25
15	26	4	TA9999	Elize	Nel	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:36:45
16	27	5	TA0397	Bernice	Fouche	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:36:59
17	28	6	TA0464	Nicole	Jowett	5km Trail Run/Walk	Female	30	Sub-Veteran (30-39)	00:37:02
18	29	4	TA0254	Lomile	Molefe	5km Trail Run/Walk	Female	28	Senior (19-29)	00:38:18
19	30	7	TA0386	Brenda	Reynders	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:38:39
20	31	8	TA0299	Adele	Bellingan	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:38:45
21	32	9	TRAIL11074	Larissa	West	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:38:56
22	33	6	TA1674	Karen	Minnaar	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:39:02
23	39	10	TA0345	Bridget	Green	5km Trail Run/Walk	Female	39	Sub-Veteran (30-39)	00:41:28
24	40	11	TA0413	Nicole	Alderson	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:41:31
25	41	1	TA0515	Linda	Macphee	5km Trail Run/Walk	Female	58	Master (50-59)	00:41:38
26	43	12	TA0365	Sunette	Minnaar	5km Trail Run/Walk	Female	35	Sub-Veteran (30-39)	00:41:57
27	44	7	TA0416	Elmarie	Coetzee	5km Trail Run/Walk	Female	48	Veteran (40-49)	00:42:10
28	47	8	TA1796	Lizel	Rourke	5km Trail Run/Walk	Female	40	Veteran (40-49)	00:43:06
29	48	9	TA0504	Yolanda	Van Rooyen	5km Trail Run/Walk	Female	47	Veteran (40-49)	00:43:22
30	52	13	TA0312	Charlene	Meadway	5km Trail Run/Walk	Female	36	Sub-Veteran (30-39)	00:44:11
31	54	2	TA1647	Kaylee	Kitching	5km Trail Run/Walk	Female	11	Under 11	00:44:20
32	55	2	TA1727	Caron	Mackenzie	5km Trail Run/Walk	Female	54	Master (50-59)	00:44:52
33	57	5	TA0357	Jessica	Botes	5km Trail Run/Walk	Female	22	Senior (19-29)	00:45:41
34	59	3	TA0293	Cindy	Botes	5km Trail Run/Walk	Female	51	Master (50-59)	00:45:47
35	60	6	TA0041	Zelnari	Lourens	5km Trail Run/Walk	Female	29	Senior (19-29)	00:46:01
36	61	7	TA1707	Lucinda	De Villiers	5km Trail Run/Walk	Female	28	Senior (19-29)	00:46:18
37	62	10	TA1755	Helena	Werner	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:47:01
38	63	4	TA0286	Debbie	Breedt	5km Trail Run/Walk	Female	51	Master (50-59)	00:47:03
39	64	8	TA0448	Monique	Breedt	5km Trail Run/Walk	Female	24	Senior (19-29)	00:47:05
40	65	1	TA0169	Shona	Williams	5km Trail Run/Walk	Female	62	Grand-Master (60+)	00:47:33

41	66	11	TA0306	Diane Dhanasagree	Naidoo	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:47:36
42	67	9	TA1754	Gloria	Mathatho	5km Trail Run/Walk	Female	29	Senior (19-29)	00:47:52
43	68	12	TA0273	Heilet	Smith	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:48:02
44	69	14	TA1724	Lynell	De Beer	5km Trail Run/Walk	Female	33	Sub-Veteran (30-39)	00:48:39
45	71	5	TA1757	Linda	Beukes	5km Trail Run/Walk	Female	53	Master (50-59)	00:48:44
46	72	13	TA0153	Janine	Botha	5km Trail Run/Walk	Female	49	Veteran (40-49)	00:48:48
47	73	15	TA1785	Alicia	Stannard	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:49:32
48	74	16	TA0158	Yolanda	Van Zyl	5km Trail Run/Walk	Female	34	Sub-Veteran (30-39)	00:49:34
49	75	17	TA0161	Carmen	Brummer	5km Trail Run/Walk	Female	38	Sub-Veteran (30-39)	00:49:44
50	76	14	TA0472	Bukeka	Mahlutshana	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:51:55
51	79	15	TA1636	Ronel	Scott	5km Trail Run/Walk	Female	44	Veteran (40-49)	00:54:22
52	80	16	TA1516	Heidi	Langenbrinck	5km Trail Run/Walk	Female	41	Veteran (40-49)	00:54:26
53	81	18	TRAIL10714	Janet	Renou	5km Trail Run/Walk	Female	37	Sub-Veteran (30-39)	00:54:59
54	82	6	TA1735	Susarah	Janse Van Vuuren	5km Trail Run/Walk	Female	59	Master (50-59)	00:56:27
55	84	10	TA0458	Donne	Strydom	5km Trail Run/Walk	Female	22	Senior (19-29)	00:58:36
56	85	7	TA0264	Janine	Strydom	5km Trail Run/Walk	Female	53	Master (50-59)	00:58:39
57	86	2	TA0445	Micaela	Nieuwoudt	5km Trail Run/Walk	Female	18	16 to 18	00:59:16
58	88	17	TA0490	Michelle	Louw	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:59:22
59	90	18	TA0453	Elga	Westcott	5km Trail Run/Walk	Female	45	Veteran (40-49)	00:59:40
60	91	11	TA1610	Larissa	Swart	5km Trail Run/Walk	Female	29	Senior (19-29)	01:03:00
61	93	19	TA0377	Petro	Koch	5km Trail Run/Walk	Female	46	Veteran (40-49)	01:03:25
62	95	20	TA2214	Brenda	Zitha	5km Trail Run/Walk	Female	40	Veteran (40-49)	01:05:19
63	96	8	TA0641	Elizabeth	Magopane	5km Trail Run/Walk	Female	57	Master (50-59)	01:05:22
64	98	9	TA1558	Leandra	Swart	5km Trail Run/Walk	Female	53	Master (50-59)	01:06:45
65	100	21	TA0414	Betsie	Grota	5km Trail Run/Walk	Female	44	Veteran (40-49)	01:19:58