



# AdventureRun : Irene Country Club

## Woman's Free Owl night run @ Irene CC on 13th March 2024



### 10km Run/Walk:Male

| Gender | Overall | Category | Race Number | Name      | Surname     | Activity      | Gender | Age | Category           | Duration |
|--------|---------|----------|-------------|-----------|-------------|---------------|--------|-----|--------------------|----------|
| 1      | 3       | 1        | TA2617      | Piet      | Lotter      | 10km Run/Walk | Male   | 63  | Grand-Master (60+) | 00:57:43 |
| 2      | 5       | 1        | TA2088      | Nthovhe   | Nthambeleni | 10km Run/Walk | Male   | 41  | Veteran (40-49)    | 01:03:24 |
| 3      | 6       | 2        | TA2949      | Godfrey   | Molabe      | 10km Run/Walk | Male   | 42  | Veteran (40-49)    | 01:11:30 |
| 4      | 8       | 1        | TA2973      | Stephanus | Jordaan     | 10km Run/Walk | Male   | 52  | Master (50-59)     | 01:18:40 |

| 10km Run/Walk:Female |         |          |             |            |              |               |        |     |                     |          |
|----------------------|---------|----------|-------------|------------|--------------|---------------|--------|-----|---------------------|----------|
| Gender               | Overall | Category | Race Number | Name       | Surname      | Activity      | Gender | Age | Category            | Duration |
| 1                    | 1       | 1        | TA1995      | Alexandra  | Stuart-smith | 10km Run/Walk | Female | 29  | Senior (19-29)      | 00:47:51 |
| 2                    | 2       | 1        | TRAIL20884  | Rinel      | Mclaren      | 10km Run/Walk | Female | 31  | Sub-Veteran (30-39) | 00:57:40 |
| 3                    | 4       | 1        | TRAIL11798  | Antoinette | Hartslief    | 10km Run/Walk | Female | 52  | Master (50-59)      | 01:02:53 |
| 4                    | 7       | 2        | TA2146      | Maureen    | Hattingh     | 10km Run/Walk | Female | 38  | Sub-Veteran (30-39) | 01:13:19 |
| 5                    | 9       | 3        | TA1929      | Laurinda   | Koch         | 10km Run/Walk | Female | 37  | Sub-Veteran (30-39) | 01:38:05 |

| 5km Run/Walk:Male |         |          |             |               |           |              |        |     |                     |          |
|-------------------|---------|----------|-------------|---------------|-----------|--------------|--------|-----|---------------------|----------|
| Gender            | Overall | Category | Race Number | Name          | Surname   | Activity     | Gender | Age | Category            | Duration |
| 1                 | 1       | 1        | TRAIL20629  | Nathan        | Louw      | 5km Run/Walk | Male   | 10  | Under 11            | 00:22:34 |
| 2                 | 2       | 1        | TA3600      | Chris         | Delport   | 5km Run/Walk | Male   | 21  | Senior (19-29)      | 00:25:51 |
| 3                 | 5       | 1        | TA3086      | Herman        | Klopper   | 5km Run/Walk | Male   | 41  | Veteran (40-49)     | 00:31:07 |
| 4                 | 6       | 1        | TRAIL20407  | Quinton       | Kidson    | 5km Run/Walk | Male   | 31  | Sub-Veteran (30-39) | 00:32:31 |
| 5                 | 12      | 1        | TRAIL12752  | Alex          | Zaayman   | 5km Run/Walk | Male   | 16  | 16 to 18            | 00:36:15 |
| 6                 | 13      | 2        | TA2429      | Pieter        | Saayman   | 5km Run/Walk | Male   | 40  | Veteran (40-49)     | 00:36:26 |
| 7                 | 15      | 1        | TRAIL12287  | Phil          | Zaayman   | 5km Run/Walk | Male   | 53  | Master (50-59)      | 00:36:43 |
| 8                 | 18      | 1        | TRAIL20462  | Colin         | Williams  | 5km Run/Walk | Male   | 64  | Grand-Master (60+)  | 00:38:49 |
| 9                 | 22      | 3        | TA3272      | Rohan         | Eloff     | 5km Run/Walk | Male   | 45  | Veteran (40-49)     | 00:44:59 |
| 10                | 25      | 2        | TA3513      | Zane          | Saayman   | 5km Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 00:46:27 |
| 11                | 39      | 4        | TA2940      | Sakkie        | Van Zyl   | 5km Run/Walk | Male   | 41  | Veteran (40-49)     | 01:02:15 |
| 12                | 40      | 2        | TA0863      | At            | Gouws     | 5km Run/Walk | Male   | 20  | Senior (19-29)      | 01:03:17 |
| 13                | 41      | 3        | TA2918      | Cj            | Pieterse  | 5km Run/Walk | Male   | 31  | Sub-Veteran (30-39) | 01:09:26 |
| 14                | 45      | 4        | TA2676      | Paul          | Bloem     | 5km Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 01:09:35 |
| 15                | 49      | 5        | TA3373      | Eduard        | Keys      | 5km Run/Walk | Male   | 35  | Sub-Veteran (30-39) | 01:09:44 |
| 16                | 52      | 6        | TA2446      | Jacquesjasque | Scheepers | 5km Run/Walk | Male   | 38  | Sub-Veteran (30-39) | 01:10:11 |

| 5km Run/Walk:Female |         |          |             |             |               |              |        |     |                     |          |
|---------------------|---------|----------|-------------|-------------|---------------|--------------|--------|-----|---------------------|----------|
| Gender              | Overall | Category | Race Number | Name        | Surname       | Activity     | Gender | Age | Category            | Duration |
| 1                   | 3       | 1        | TRAIL20655  | Anzelle     | Louw          | 5km Run/Walk | Female | 42  | Veteran (40-49)     | 00:26:44 |
| 2                   | 4       | 2        | TRAIL20451  | Nicky       | Booyens       | 5km Run/Walk | Female | 45  | Veteran (40-49)     | 00:28:19 |
| 3                   | 7       | 3        | TA2147      | Celeste     | Kruger        | 5km Run/Walk | Female | 41  | Veteran (40-49)     | 00:32:34 |
| 4                   | 8       | 1        | TA2299      | Fransisca   | Maree         | 5km Run/Walk | Female | 33  | Sub-Veteran (30-39) | 00:34:27 |
| 5                   | 9       | 1        | TA2116      | Rachelle    | Potgieter     | 5km Run/Walk | Female | 25  | Senior (19-29)      | 00:34:34 |
| 6                   | 10      | 1        | TA1877      | Johanna     | Potgieter     | 5km Run/Walk | Female | 53  | Master (50-59)      | 00:34:50 |
| 7                   | 11      | 2        | TA2246      | Liezil      | Pienaar       | 5km Run/Walk | Female | 53  | Master (50-59)      | 00:36:13 |
| 8                   | 14      | 1        | TA1873      | Nadine      | Saayman       | 5km Run/Walk | Female | 6   | Under 11            | 00:36:30 |
| 9                   | 16      | 2        | TA2327      | Shamone     | Zaayman       | 5km Run/Walk | Female | 21  | Senior (19-29)      | 00:38:05 |
| 10                  | 17      | 4        | TA2258      | Suzanne     | Kruger        | 5km Run/Walk | Female | 47  | Veteran (40-49)     | 00:38:14 |
| 11                  | 19      | 5        | TA1986      | Jana        | Botha         | 5km Run/Walk | Female | 49  | Veteran (40-49)     | 00:43:27 |
| 12                  | 20      | 2        | TA0820      | Nadia       | Saayman       | 5km Run/Walk | Female | 38  | Sub-Veteran (30-39) | 00:43:46 |
| 13                  | 21      | 2        | TA1026      | Mienke      | Saayman       | 5km Run/Walk | Female | 9   | Under 11            | 00:43:48 |
| 14                  | 23      | 3        | TA1957      | Natasha     | Eloff         | 5km Run/Walk | Female | 38  | Sub-Veteran (30-39) | 00:45:03 |
| 15                  | 24      | 6        | TA2184      | Reonette    | Craffert      | 5km Run/Walk | Female | 40  | Veteran (40-49)     | 00:45:16 |
| 16                  | 26      | 4        | TA1987      | Elizma      | Pretorius     | 5km Run/Walk | Female | 31  | Sub-Veteran (30-39) | 00:46:32 |
| 17                  | 27      | 1        | TRAIL20390  | Louise      | Williams      | 5km Run/Walk | Female | 70  | Grand-Master (60+)  | 00:54:40 |
| 18                  | 28      | 3        | TRAIL20406  | Elize       | Kidson        | 5km Run/Walk | Female | 58  | Master (50-59)      | 00:55:59 |
| 19                  | 29      | 5        | TA2030      | Anelda      | Craffert      | 5km Run/Walk | Female | 37  | Sub-Veteran (30-39) | 00:56:01 |
| 20                  | 30      | 2        | TA0899      | Sannie      | Nel           | 5km Run/Walk | Female | 65  | Grand-Master (60+)  | 00:56:02 |
| 21                  | 31      | 6        | TA1069      | Thandiwe    | Peach         | 5km Run/Walk | Female | 39  | Sub-Veteran (30-39) | 00:59:38 |
| 22                  | 32      | 7        | TA1124      | Shastra     | Hunsraj       | 5km Run/Walk | Female | 42  | Veteran (40-49)     | 00:59:42 |
| 23                  | 33      | 7        | TA2043      | Mogaugelwa  | Makofane      | 5km Run/Walk | Female | 36  | Sub-Veteran (30-39) | 00:59:50 |
| 24                  | 34      | 4        | TA2098      | Theresa     | Louw          | 5km Run/Walk | Female | 53  | Master (50-59)      | 01:00:53 |
| 25                  | 35      | 8        | TA2190      | Thando      | Peter         | 5km Run/Walk | Female | 41  | Veteran (40-49)     | 01:01:58 |
| 26                  | 36      | 8        | TA0842      | Malethenana | Lehloenya     | 5km Run/Walk | Female | 39  | Sub-Veteran (30-39) | 01:02:00 |
| 27                  | 37      | 9        | TA2242      | Ilse        | Van Zyl       | 5km Run/Walk | Female | 35  | Sub-Veteran (30-39) | 01:02:07 |
| 28                  | 38      | 3        | TA1807      | Aneska      | Chaihan       | 5km Run/Walk | Female | 10  | Under 11            | 01:02:12 |
| 29                  | 42      | 5        | TA2121      | Dell        | Lewis         | 5km Run/Walk | Female | 54  | Master (50-59)      | 01:09:28 |
| 30                  | 43      | 6        | TA2365      | Lynda       | Brews         | 5km Run/Walk | Female | 55  | Master (50-59)      | 01:09:31 |
| 31                  | 44      | 10       | TA2003      | Zenna       | Naude         | 5km Run/Walk | Female | 31  | Sub-Veteran (30-39) | 01:09:32 |
| 32                  | 46      | 11       | TA1913      | Liesel      | Bloem         | 5km Run/Walk | Female | 31  | Sub-Veteran (30-39) | 01:09:36 |
| 33                  | 47      | 12       | TA1928      | Nina        | Van Huyssteen | 5km Run/Walk | Female | 31  | Sub-Veteran (30-39) | 01:09:38 |
| 34                  | 48      | 13       | TA2032      | Adele       | Smith         | 5km Run/Walk | Female | 32  | Sub-Veteran (30-39) | 01:09:40 |
| 35                  | 50      | 3        | TA1934      | Elona       | Nqayana       | 5km Run/Walk | Female | 23  | Senior (19-29)      | 01:09:49 |
| 36                  | 51      | 14       | TA2201      | Zaanri      | Keys          | 5km Run/Walk | Female | 35  | Sub-Veteran (30-39) | 01:09:50 |
| 37                  | 53      | 3        | TA2351      | Dawn        | Jacobs        | 5km Run/Walk | Female | 66  | Grand-Master (60+)  | 01:13:23 |
| 38                  | 54      | 4        | TA2034      | Magda       | Nel           | 5km Run/Walk | Female | 65  | Grand-Master (60+)  | 01:13:27 |
| 39                  | 55      | 15       | TA2085      | Thando      | Moropa        | 5km Run/Walk | Female | 33  | Sub-Veteran (30-39) | 01:16:34 |
| 40                  | 56      | 16       | TA2087      | Dineo       | Sello         | 5km Run/Walk | Female | 37  | Sub-Veteran (30-39) | 01:16:51 |

|    |    |   |        |          |      |              |        |    |                |          |
|----|----|---|--------|----------|------|--------------|--------|----|----------------|----------|
| 41 | 57 | 4 | TA1958 | Nokwanda | Yaka | 5km Run/Walk | Female | 25 | Senior (19-29) | 01:17:24 |
|----|----|---|--------|----------|------|--------------|--------|----|----------------|----------|

| 2.5km Run/Walk:Male |         |          |             |          |          |                |        |     |                     |          |
|---------------------|---------|----------|-------------|----------|----------|----------------|--------|-----|---------------------|----------|
| Gender              | Overall | Category | Race Number | Name     | Surname  | Activity       | Gender | Age | Category            | Duration |
| 1                   | 1       | 1        | TA1396      | Francois | Meintjes | 2.5km Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 00:56:45 |

| 2.5km Run/Walk:Female |         |          |             |       |         |                |        |     |                    |          |
|-----------------------|---------|----------|-------------|-------|---------|----------------|--------|-----|--------------------|----------|
| Gender                | Overall | Category | Race Number | Name  | Surname | Activity       | Gender | Age | Category           | Duration |
| 1                     | 2       | 1        | TA0825      | Linda | Horne   | 2.5km Run/Walk | Female | 70  | Grand-Master (60+) | 01:09:29 |