



AdventureRun : Irene Country Club

Breast Cancer run/walk@ Irene CC on 25th October 2023



10km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2389	Mishck	Machubele	10km Run/Walk	Male	62	Grand-Master (60+)	00:43:09
2	4	1	TRAIL20887	Mark	Kotton	10km Run/Walk	Male	52	Master (50-59)	00:51:01
3	5	1	TA0941	Jacques	Bannister	10km Run/Walk	Male	39	Sub-Veteran (30-39)	00:52:29
4	6	2	TRAIL20014	Dean	Nurden	10km Run/Walk	Male	55	Master (50-59)	00:53:57
5	7	1	TA0837	Ad	Watts	10km Run/Walk	Male	46	Veteran (40-49)	00:54:15
6	9	3	TA2369	Leon	Depree	10km Run/Walk	Male	52	Master (50-59)	00:54:32
7	11	2	TA0705	Thinus	Els	10km Run/Walk	Male	38	Sub-Veteran (30-39)	00:59:28
8	17	1	TA2174	Deane	Hembeg	10km Run/Walk	Male	20	Senior (19-29)	01:06:35
9	24	2	TA0620	Louis	Fourie	10km Run/Walk	Male	40	Veteran (40-49)	01:12:01

10km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0812	Sharen	Dekop	10km Run/Walk	Female	59	Master (50-59)	00:47:55
2	3	2	TA0991	Heidi	Scherman	10km Run/Walk	Female	58	Master (50-59)	00:48:00
3	8	3	TA2133	Annette	Matthys	10km Run/Walk	Female	53	Master (50-59)	00:54:18
4	10	1	TA0713	Erienne	Gugger-norman	10km Run/Walk	Female	38	Sub-Veteran (30-39)	00:56:06
5	12	4	TA2390	Rashel	Depree	10km Run/Walk	Female	52	Master (50-59)	01:00:42
6	13	1	TA2221	Maryke	Boshoff	10km Run/Walk	Female	25	Senior (19-29)	01:00:50
7	14	5	TA2044	Liezil	Pienaar	10km Run/Walk	Female	53	Master (50-59)	01:04:06
8	15	1	TA2261	Charlene	Franken	10km Run/Walk	Female	48	Veteran (40-49)	01:04:49
9	16	2	TA0973	Ronel	Liebenberg	10km Run/Walk	Female	49	Veteran (40-49)	01:06:33
10	18	2	TA2006	Khanya	Moate	10km Run/Walk	Female	31	Sub-Veteran (30-39)	01:07:16
11	19	3	TA2087	Keabestwe	Pilane	10km Run/Walk	Female	47	Veteran (40-49)	01:07:23
12	20	1	TA0828	Gosiane	Pilane	10km Run/Walk	Female	13	12 to 15	01:07:26
13	21	3	TA2116	Nicky	Greyling	10km Run/Walk	Female	37	Sub-Veteran (30-39)	01:09:58
14	22	4	TA1932	Dalen	Van Standen	10km Run/Walk	Female	40	Veteran (40-49)	01:11:54
15	23	5	TA2000	Marilize	Moolman	10km Run/Walk	Female	47	Veteran (40-49)	01:11:57
16	25	6	TA2202	Radiyya	Reddy	10km Run/Walk	Female	44	Veteran (40-49)	01:18:10
17	26	4	TA2065	Tamaryn	Paterson	10km Run/Walk	Female	36	Sub-Veteran (30-39)	01:19:02
18	27	7	TA0732	Zoe	Scholtz	10km Run/Walk	Female	43	Veteran (40-49)	01:19:08
19	28	6	TA1962	Eunice	Swanepoel	10km Run/Walk	Female	51	Master (50-59)	01:19:20
20	29	5	TA2004	Sherice	Hassbrork	10km Run/Walk	Female	31	Sub-Veteran (30-39)	01:26:08
21	30	8	TA2197	Sunette	Wepener	10km Run/Walk	Female	40	Veteran (40-49)	01:26:13
22	31	2	TA1991	Roschaan	Pokbes	10km Run/Walk	Female	29	Senior (19-29)	01:26:16
23	32	6	TA2387	Barinda	Bruger	10km Run/Walk	Female	33	Sub-Veteran (30-39)	01:26:21

5km Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1257	Nathan	Louw	5km Run/Walk	Male	9	Under 11	00:20:20
2	3	1	TA0688	Frederik	Swanepoel	5km Run/Walk	Male	31	Sub-Veteran (30-39)	00:21:45
3	5	1	TA0681	Johan	Nell	5km Run/Walk	Male	48	Veteran (40-49)	00:22:04
4	7	1	TA2327	Robert	Lotbus	5km Run/Walk	Male	50	Master (50-59)	00:25:33
5	10	2	TA1116	Debbie	Matteucci	5km Run/Walk	Male	36	Sub-Veteran (30-39)	00:29:12
6	11	1	TA2033	Slayd	Felid	5km Run/Walk	Male	18	16 to 18	00:29:34
7	17	2	TA1955	Malcolm	Hart	5km Run/Walk	Male	51	Master (50-59)	00:35:14
8	21	3	TA2203	Wessel	Brits	5km Run/Walk	Male	39	Sub-Veteran (30-39)	00:36:14
9	23	2	TA2275	Mesahick	Mokoena	5km Run/Walk	Male	40	Veteran (40-49)	00:38:06
10	26	1	TA1974	Sean	Frost	5km Run/Walk	Male	29	Senior (19-29)	00:44:25
11	31	3	TA1843	Maekam	Naidoo	5km Run/Walk	Male	42	Veteran (40-49)	00:45:43
12	32	4	TA1968	Andrew	Roesch	5km Run/Walk	Male	47	Veteran (40-49)	00:45:45
13	35	3	TA2399	Voltan	Senekal	5km Run/Walk	Male	53	Master (50-59)	00:47:03
14	37	5	TA2201	Gary	Fild	5km Run/Walk	Male	48	Veteran (40-49)	00:47:26
15	42	4	TA0673	Pieter	Van Reenen	5km Run/Walk	Male	38	Sub-Veteran (30-39)	00:49:44
16	48	5	TA1928	Zander	Van Plensen	5km Run/Walk	Male	30	Sub-Veteran (30-39)	00:51:28
17	49	6	TA2041	Freddie	Van Der Westhuizen	5km Run/Walk	Male	48	Veteran (40-49)	00:51:28
18	50	6	TA0842	Rodney	Norman	5km Run/Walk	Male	39	Sub-Veteran (30-39)	00:52:11
19	54	4	TA2025	Peter	Mattys	5km Run/Walk	Male	53	Master (50-59)	00:54:36
20	58	7	TA0693	Peet	Stolk	5km Run/Walk	Male	40	Veteran (40-49)	00:56:57
21	66	1	TA1	Mark	Kruger	5km Run/Walk	Male	61	Grand-Master (60+)	00:58:00
22	70	7	TA3274	Solanie	Manzini	5km Run/Walk	Male	37	Sub-Veteran (30-39)	01:03:01
23	72	8	TA3060	Ayanda	Matshalilanga	5km Run/Walk	Male	44	Veteran (40-49)	01:05:02
24	76	2	TA2027	Derrick	Rabie	5km Run/Walk	Male	25	Senior (19-29)	01:05:34
25	77	3	TA2024	Ulrich	Rabie	5km Run/Walk	Male	22	Senior (19-29)	01:05:38
26	78	8	TA2002	Willie	Lubbe	5km Run/Walk	Male	37	Sub-Veteran (30-39)	01:05:41
27	81	9	TA1034	Ies	Jantj	5km Run/Walk	Male	30	Sub-Veteran (30-39)	01:07:11
28	87	2	TA1028	Neil	Crafford-lazarus	5km Run/Walk	Male	64	Grand-Master (60+)	01:08:24

5km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL20655	Anzelle	Louw	5km Run/Walk	Female	42	Veteran (40-49)	00:21:21
2	4	1	TA0892	Theane	Pieterse	5km Run/Walk	Female	28	Senior (19-29)	00:21:50
3	6	1	TA1025	Bianca	Steytler	5km Run/Walk	Female	30	Sub-Veteran (30-39)	00:23:06
4	8	2	TA2343	Meshel	Jacken	5km Run/Walk	Female	40	Veteran (40-49)	00:28:51
5	9	1	TA1909	Shou	Belw	5km Run/Walk	Female	60	Grand-Master (60+)	00:28:59
6	12	1	TA2088	Lisa	Nell	5km Run/Walk	Female	15	12 to 15	00:30:28
7	13	3	TA0999	Jacklene	Teron	5km Run/Walk	Female	42	Veteran (40-49)	00:31:18
8	14	2	TA1995	Andrisha	Nidu	5km Run/Walk	Female	35	Sub-Veteran (30-39)	00:31:54
9	15	4	TA2350	Jacqueline	Watts	5km Run/Walk	Female	43	Veteran (40-49)	00:31:56
10	16	3	TA2034	Rosie	Cox-cronje	5km Run/Walk	Female	33	Sub-Veteran (30-39)	00:34:41
11	18	2	TA1922	Shena	Skoman	5km Run/Walk	Female	20	Senior (19-29)	00:35:30
12	19	3	TA0940	Kim	Pelser	5km Run/Walk	Female	20	Senior (19-29)	00:35:35
13	20	4	TA2394	Tania	Meinthies	5km Run/Walk	Female	30	Sub-Veteran (30-39)	00:35:48
14	22	1	TA1992	Lewees	Del;por	5km Run/Walk	Female	50	Master (50-59)	00:36:35
15	24	2	TRAIL20797	David	Langstone	5km Run/Walk	Female	69	Grand-Master (60+)	00:44:03
16	25	4	TA2018	Tiffany	Neethling	5km Run/Walk	Female	26	Senior (19-29)	00:44:20
17	27	5	TA2213	Carla	De Wet	5km Run/Walk	Female	30	Sub-Veteran (30-39)	00:44:32
18	28	5	TA2349	Natalea	Kerslake	5km Run/Walk	Female	41	Veteran (40-49)	00:44:41
19	29	6	TA0640	Mich�lle	Du Plooy	5km Run/Walk	Female	30	Sub-Veteran (30-39)	00:45:04
20	30	5	TA2079	Liselle	Pretorius	5km Run/Walk	Female	26	Senior (19-29)	00:45:20
21	33	7	TA2368	Kandus	Louber	5km Run/Walk	Female	30	Sub-Veteran (30-39)	00:45:54
22	34	6	TA2352	Zelb�	Boshoff	5km Run/Walk	Female	24	Senior (19-29)	00:46:21
23	36	2	TA2384	Anthe	Blow	5km Run/Walk	Female	50	Master (50-59)	00:47:22
24	38	7	TA0774	Risa	Van Rensburg	5km Run/Walk	Female	25	Senior (19-29)	00:47:28
25	39	3	TA0825	Manda	Bannister	5km Run/Walk	Female	68	Grand-Master (60+)	00:49:19
26	40	6	TA1141	Marisa	Pelser	5km Run/Walk	Female	47	Veteran (40-49)	00:49:33
27	41	3	TA1807	Heiei	Simigianis	5km Run/Walk	Female	56	Master (50-59)	00:49:38
28	43	7	TA0761	Tania	Blaauw	5km Run/Walk	Female	44	Veteran (40-49)	00:50:10
29	44	8	TA0886	Gwendoline	Viljoen	5km Run/Walk	Female	26	Senior (19-29)	00:50:19
30	45	9	TA2143	Monique	Klopper	5km Run/Walk	Female	24	Senior (19-29)	00:50:29
31	46	4	TA2028	Anna	Molaontoa	5km Run/Walk	Female	53	Master (50-59)	00:50:46
32	47	8	TA2130	Danle	Mikies	5km Run/Walk	Female	30	Sub-Veteran (30-39)	00:51:24
33	51	4	TA1829	Christel	Prienslo	5km Run/Walk	Female	60	Grand-Master (60+)	00:52:58
34	52	8	TA2095	Sonja	Carstens	5km Run/Walk	Female	47	Veteran (40-49)	00:53:18
35	53	5	TA1946	Betriks	Vourer	5km Run/Walk	Female	52	Master (50-59)	00:53:38
36	55	10	TA1981	Robin	Van Der Linde	5km Run/Walk	Female	28	Senior (19-29)	00:54:40
37	56	9	TA2184	Rene	Laing	5km Run/Walk	Female	35	Sub-Veteran (30-39)	00:54:59
38	57	11	TA2014	Katlego	Khumalo	5km Run/Walk	Female	23	Senior (19-29)	00:55:08
39	59	10	TA0614	Chantelle	Stolk	5km Run/Walk	Female	38	Sub-Veteran (30-39)	00:57:01
40	60	9	TA2240	Magda	Van Der Westhuizen	5km Run/Walk	Female	46	Veteran (40-49)	00:57:06

41	61	6	TA1934	Malanie	Brits	5km Run/Walk	Female	50	Master (50-59)	00:57:14
42	62	10	TA1956	Elmari	Van Der Walt	5km Run/Walk	Female	49	Veteran (40-49)	00:57:21
43	63	12	TA2353	Anneke	Van Der Walt	5km Run/Walk	Female	20	Senior (19-29)	00:57:27
44	64	11	TA6987	Langelihle	Ntshangase	5km Run/Walk	Female	40	Veteran (40-49)	00:57:38
45	65	12	TA0645	Lanie	Bannister	5km Run/Walk	Female	41	Veteran (40-49)	00:57:45
46	67	7	TA2280	Olivia	Sibanyoni	5km Run/Walk	Female	52	Master (50-59)	00:58:00
47	68	8	TA3065	Raedene	Kruger	5km Run/Walk	Female	59	Master (50-59)	00:58:07
48	69	11	TA8471	Khanya	Mqoboli	5km Run/Walk	Female	30	Sub-Veteran (30-39)	01:00:18
49	71	12	TA2177	Nicole	Tuner	5km Run/Walk	Female	37	Sub-Veteran (30-39)	01:04:58
50	73	13	TA1926	Tiek	Moce	5km Run/Walk	Female	40	Veteran (40-49)	01:05:03
51	74	13	TA2166	Chanel	Lubbe	5km Run/Walk	Female	31	Sub-Veteran (30-39)	01:05:23
52	75	13	TA2094	Carli	Coetzer	5km Run/Walk	Female	25	Senior (19-29)	01:05:28
53	79	14	TA1112	Beverley	Pillay	5km Run/Walk	Female	46	Veteran (40-49)	01:06:42
54	80	14	TA0658	Monwel	Kobla	5km Run/Walk	Female	30	Sub-Veteran (30-39)	01:07:01
55	82	9	TA2080	Viola	Stiglingh	5km Run/Walk	Female	50	Master (50-59)	01:07:13
56	83	5	TA1164	Magdalena	Crafford-lazarus	5km Run/Walk	Female	63	Grand-Master (60+)	01:08:00
57	84	15	TA2246	Andria	Van Den Berg	5km Run/Walk	Female	31	Sub-Veteran (30-39)	01:08:01
58	85	15	TA2397	Marietjie	Chrissopoulos	5km Run/Walk	Female	44	Veteran (40-49)	01:08:07
59	86	16	TA2139	Kerry	Nel	5km Run/Walk	Female	47	Veteran (40-49)	01:08:20
60	88	17	TA1868	Rehana	Van Derwehuin	5km Run/Walk	Female	41	Veteran (40-49)	01:08:27
61	89	18	TA0759	Antionette	Lange	5km Run/Walk	Female	46	Veteran (40-49)	01:09:02
62	90	16	TA2293	Simone	Ince	5km Run/Walk	Female	31	Sub-Veteran (30-39)	01:09:53
63	91	17	TA2249	Inge	Crafford-lazarus	5km Run/Walk	Female	31	Sub-Veteran (30-39)	01:09:57
64	92	19	TA2333	Lydia	Van Zyl	5km Run/Walk	Female	45	Veteran (40-49)	01:12:09
65	93	20	TA1966	Lecia	Brits	5km Run/Walk	Female	41	Veteran (40-49)	01:12:11
66	94	14	TA2152	Yonela	Botoli	5km Run/Walk	Female	27	Senior (19-29)	01:12:14