



AdventureRun : The Big Red Barn

SA Heritage day@the Barn on 25th September 2023



15km Trail Run/Walk:Female

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2016	Charmain	Van Der Merwe	15km Trail Run/Walk	Female	54	Master (50-59)	01:18:11
2	2	2	TA1907	Charmaine	Warriker	15km Trail Run/Walk	Female	53	Master (50-59)	02:19:12

10km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20914	Manie	Bosch	10km Trail Run/Walk	Male	68	Grand-Master (60+)	02:15:32

5km Trail Run/Walk:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TRAIL20045	Gary	Noakes	5km Trail Run/Walk	Male	63	Grand-Master (60+)	01:12:53

5km Trail Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20759	Alta	Marais	5km Trail Run/Walk	Female	56	Master (50-59)	00:38:41
2	2	2	TA2088	Liane	Muir	5km Trail Run/Walk	Female	51	Master (50-59)	00:40:19
3	4	1	TRAIL20470	Laura	Noakes	5km Trail Run/Walk	Female	63	Grand-Master (60+)	01:12:57
4	5	2	TRAIL20913	Lana	Bosch	5km Trail Run/Walk	Female	65	Grand-Master (60+)	01:14:58