



# AdventureRun : Dainfern Golf Estate

## Dainfern Golf Club on 18th January 2019



### 10km:Male

| Gender | Overall | Category | Race Number | Name   | Surname          | Activity | Gender | Age | Category            | Duration |
|--------|---------|----------|-------------|--------|------------------|----------|--------|-----|---------------------|----------|
| 1      | 1       | 1        | TA1129      | Jj     | Jerome           | 10km     | Male   | 40  | Veteran (40-49)     | 01:15:25 |
| 2      | 2       | 1        | TA0717      | Oliver | Wills            | 10km     | Male   | 35  | Sub-Veteran (30-39) | 01:15:27 |
| 3      | 4       | 1        | TRAIL10011  | Graham | Hutchins         | 10km     | Male   | 55  | Master (50-59)      | 01:52:41 |
| 4      | 7       | 1        | TA2149      | Luc    | Van Goidsenhoven | 10km     | Male   | 62  | Grand-Master (60+)  | 02:13:47 |
| 5      | 8       | 2        | TA1861      | Dean   | Mccleland        | 10km     | Male   | 65  | Grand-Master (60+)  | 02:13:47 |

| 10km:Female |         |          |             |          |              |          |        |     |                 |          |
|-------------|---------|----------|-------------|----------|--------------|----------|--------|-----|-----------------|----------|
| Gender      | Overall | Category | Race Number | Name     | Surname      | Activity | Gender | Age | Category        | Duration |
| 1           | 3       | 1        | TA2205      | Michelle | Chick        | 10km     | Female | 46  | Veteran (40-49) | 01:15:31 |
| 2           | 5       | 2        | TRAIL10053  | Adele    | Sutherland   | 10km     | Female | 40  | Veteran (40-49) | 01:52:41 |
| 3           | 6       | 1        | TA2141      | May      | Van Der Walt | 10km     | Female | 56  | Master (50-59)  | 02:13:47 |

| 5km:Male |         |          |             |             |               |          |        |     |                     |          |
|----------|---------|----------|-------------|-------------|---------------|----------|--------|-----|---------------------|----------|
| Gender   | Overall | Category | Race Number | Name        | Surname       | Activity | Gender | Age | Category            | Duration |
| 1        | 1       | 1        | TA1177      | Travis      | Johnston      | 5km      | Male   | 33  | Sub-Veteran (30-39) | 00:18:36 |
| 2        | 2       | 1        | TA0273      | Martin      | Segurola      | 5km      | Male   | 15  | 12 to 15            | 00:19:14 |
| 3        | 3       | 2        | TA0817      | Ryan        | Pickering     | 5km      | Male   | 32  | Sub-Veteran (30-39) | 00:21:03 |
| 4        | 4       | 3        | TA1163      | Warren      | Foord         | 5km      | Male   | 34  | Sub-Veteran (30-39) | 00:21:06 |
| 5        | 5       | 1        | TA1863      | Samuel      | Schnyder      | 5km      | Male   | 17  | 16 to 18            | 00:21:13 |
| 6        | 6       | 4        | TA0651      | Temotio     | Jacopo        | 5km      | Male   | 34  | Sub-Veteran (30-39) | 00:22:26 |
| 7        | 7       | 1        | TA1853      | Daniel      | Siller        | 5km      | Male   | 48  | Veteran (40-49)     | 00:23:20 |
| 8        | 8       | 1        | TA2214      | Jarred      | Baker         | 5km      | Male   | 20  | Senior (19-29)      | 00:23:32 |
| 9        | 9       | 2        | TA2174      | Bradley     | Wood          | 5km      | Male   | 43  | Veteran (40-49)     | 00:24:16 |
| 10       | 10      | 2        | TA0662      | Nick        | O' Gorman     | 5km      | Male   | 27  | Senior (19-29)      | 00:24:46 |
| 11       | 11      | 5        | TA0463      | Malan       | Van Der Merwe | 5km      | Male   | 31  | Sub-Veteran (30-39) | 00:24:50 |
| 12       | 13      | 6        | TA1016      | Nicholas    | Kelway        | 5km      | Male   | 32  | Sub-Veteran (30-39) | 00:25:24 |
| 13       | 14      | 7        | TA2180      | Mark        | Dunn          | 5km      | Male   | 30  | Sub-Veteran (30-39) | 00:25:32 |
| 14       | 16      | 3        | TA0197      | Devon       | Mcdonald      | 5km      | Male   | 26  | Senior (19-29)      | 00:25:41 |
| 15       | 17      | 1        | TA1768      | Colin       | Germis        | 5km      | Male   | 55  | Master (50-59)      | 00:25:44 |
| 16       | 18      | 3        | TA0414      | John        | Mckenzie      | 5km      | Male   | 44  | Veteran (40-49)     | 00:25:47 |
| 17       | 20      | 4        | TA0486      | Pieter      | Van Der Merwe | 5km      | Male   | 47  | Veteran (40-49)     | 00:25:55 |
| 18       | 21      | 5        | TA1799      | Nicholas    | Binos         | 5km      | Male   | 49  | Veteran (40-49)     | 00:25:58 |
| 19       | 23      | 6        | TA0806      | Tshegofatso | Maetle        | 5km      | Male   | 40  | Veteran (40-49)     | 00:26:05 |
| 20       | 24      | 4        | TA0209      | Milan       | Olivier       | 5km      | Male   | 27  | Senior (19-29)      | 00:26:11 |
| 21       | 25      | 7        | TA0349      | Trevor      | Charters      | 5km      | Male   | 48  | Veteran (40-49)     | 00:26:14 |
| 22       | 26      | 5        | TA1575      | Coenraad    | Claasens      | 5km      | Male   | 27  | Senior (19-29)      | 00:26:17 |
| 23       | 27      | 8        | TA2217      | Glenn       | Stead         | 5km      | Male   | 47  | Veteran (40-49)     | 00:26:22 |
| 24       | 33      | 9        | TA0080      | Gavin       | Parsons       | 5km      | Male   | 41  | Veteran (40-49)     | 00:26:48 |
| 25       | 37      | 8        | TA2176      | Luxolo      | Lengs         | 5km      | Male   | 37  | Sub-Veteran (30-39) | 00:26:58 |
| 26       | 39      | 9        | TA1622      | Andrew      | Dittberner    | 5km      | Male   | 37  | Sub-Veteran (30-39) | 00:27:05 |
| 27       | 40      | 10       | TA1516      | Edward      | Shelver       | 5km      | Male   | 45  | Veteran (40-49)     | 00:27:08 |
| 28       | 41      | 11       | TA0428      | Preshan     | Sukeri        | 5km      | Male   | 42  | Veteran (40-49)     | 00:27:23 |
| 29       | 42      | 10       | TA0996      | Herman      | Steyn         | 5km      | Male   | 34  | Sub-Veteran (30-39) | 00:27:24 |
| 30       | 43      | 11       | TA1161      | Lucas       | Steyn         | 5km      | Male   | 35  | Sub-Veteran (30-39) | 00:27:26 |
| 31       | 44      | 12       | TA1765      | Mark        | Wells         | 5km      | Male   | 45  | Veteran (40-49)     | 00:27:28 |
| 32       | 45      | 12       | TA1045      | Mmekutmfon  | Essien        | 5km      | Male   | 33  | Sub-Veteran (30-39) | 00:27:31 |
| 33       | 49      | 13       | TA0394      | Marcus      | Gonelli       | 5km      | Male   | 30  | Sub-Veteran (30-39) | 00:27:59 |
| 34       | 51      | 6        | TA2158      | Josh        | O'gorman      | 5km      | Male   | 23  | Senior (19-29)      | 00:28:17 |
| 35       | 52      | 14       | TA1899      | Warren      | Pollard       | 5km      | Male   | 37  | Sub-Veteran (30-39) | 00:28:21 |
| 36       | 54      | 7        | TA1812      | Alexander   | Bailey        | 5km      | Male   | 28  | Senior (19-29)      | 00:28:28 |
| 37       | 57      | 15       | TA2222      | Iwano       | Van Rooyen    | 5km      | Male   | 38  | Sub-Veteran (30-39) | 00:28:39 |
| 38       | 59      | 2        | TA0226      | Neil        | Marais        | 5km      | Male   | 50  | Master (50-59)      | 00:28:47 |
| 39       | 62      | 13       | TRAIL12287  | Phil        | Zaayman       | 5km      | Male   | 48  | Veteran (40-49)     | 00:28:56 |

|    |     |    |            |             |               |     |      |    |                     |          |
|----|-----|----|------------|-------------|---------------|-----|------|----|---------------------|----------|
| 40 | 64  | 8  | TA0504     | Reder       | Van Der Merwe | 5km | Male | 28 | Senior (19-29)      | 00:29:03 |
| 41 | 65  | 1  | TA2285     | Stewart     | Romanis       | 5km | Male | 62 | Grand-Master (60+)  | 00:29:04 |
| 42 | 66  | 16 | TA0001     | Nicholas Ho | Lam           | 5km | Male | 37 | Sub-Veteran (30-39) | 00:29:08 |
| 43 | 67  | 17 | TA1775     | Douglas     | Crawford      | 5km | Male | 36 | Sub-Veteran (30-39) | 00:29:11 |
| 44 | 69  | 3  | TA0176     | Anthony     | Harris        | 5km | Male | 54 | Master (50-59)      | 00:29:17 |
| 45 | 71  | 4  | TA0861     | Vic         | Pitro         | 5km | Male | 59 | Master (50-59)      | 00:29:22 |
| 46 | 74  | 5  | TRAIL11892 | Thomas      | Groenewald    | 5km | Male | 59 | Master (50-59)      | 00:29:30 |
| 47 | 75  | 9  | TA2138     | Justin      | Fiddes        | 5km | Male | 29 | Senior (19-29)      | 00:29:33 |
| 48 | 76  | 6  | TA0227     | Marcus      | Gooderham     | 5km | Male | 50 | Master (50-59)      | 00:29:38 |
| 49 | 78  | 14 | TA0029     | Karel       | Van Heerden   | 5km | Male | 46 | Veteran (40-49)     | 00:29:54 |
| 50 | 80  | 7  | TA1154     | Peet        | Van Jaarsveld | 5km | Male | 51 | Master (50-59)      | 00:30:01 |
| 51 | 81  | 18 | TA0768     | Dennis      | Viet          | 5km | Male | 32 | Sub-Veteran (30-39) | 00:30:05 |
| 52 | 83  | 2  | TA0211     | Tim         | Reitsma       | 5km | Male | 14 | 12 to 15            | 00:30:13 |
| 53 | 84  | 15 | TA1707     | Kevin       | Singer        | 5km | Male | 49 | Veteran (40-49)     | 00:30:16 |
| 54 | 86  | 19 | TA0269     | Ferdinand   | Jacobs        | 5km | Male | 32 | Sub-Veteran (30-39) | 00:30:23 |
| 55 | 91  | 2  | TA0306     | James       | Goddard       | 5km | Male | 18 | 16 to 18            | 00:30:53 |
| 56 | 92  | 10 | TA0525     | Kenneth     | Oboni-ouma    | 5km | Male | 28 | Senior (19-29)      | 00:30:56 |
| 57 | 93  | 2  | TA0483     | Leon        | Venter        | 5km | Male | 76 | Grand-Master (60+)  | 00:31:01 |
| 58 | 95  | 20 | TA0370     | Mzwandile   | Mthembu       | 5km | Male | 30 | Sub-Veteran (30-39) | 00:31:05 |
| 59 | 96  | 21 | TA0325     | Mark        | Mckenna       | 5km | Male | 38 | Sub-Veteran (30-39) | 00:31:07 |
| 60 | 98  | 11 | TA1665     | Petrus      | Lombard       | 5km | Male | 29 | Senior (19-29)      | 00:31:21 |
| 61 | 99  | 16 | TA0357     | Gerhard     | Gerber        | 5km | Male | 48 | Veteran (40-49)     | 00:31:23 |
| 62 | 100 | 22 | TA2299     | Jakus       | Venter        | 5km | Male | 31 | Sub-Veteran (30-39) | 00:31:25 |
| 63 | 102 | 23 | TA0856     | Lloyd       | Robinson      | 5km | Male | 36 | Sub-Veteran (30-39) | 00:31:31 |
| 64 | 105 | 8  | TA0161     | Clifford    | Gonelli       | 5km | Male | 58 | Master (50-59)      | 00:31:41 |
| 65 | 108 | 1  | TA0374     | Ngalava     | Khosa         | 5km | Male | 9  | Under 11            | 00:31:52 |
| 66 | 109 | 24 | TA0359     | Mark        | Malherbe      | 5km | Male | 37 | Sub-Veteran (30-39) | 00:31:54 |
| 67 | 110 | 25 | TA1557     | Joshua      | Cunliffe      | 5km | Male | 35 | Sub-Veteran (30-39) | 00:31:58 |
| 68 | 115 | 9  | TA1718     | Gary        | Cummings      | 5km | Male | 59 | Master (50-59)      | 00:32:07 |
| 69 | 125 | 10 | TA1877     | Mark        | O'gorman      | 5km | Male | 58 | Master (50-59)      | 00:32:29 |
| 70 | 126 | 26 | TA2303     | Justus      | Lamola        | 5km | Male | 39 | Sub-Veteran (30-39) | 00:32:32 |
| 71 | 130 | 17 | TA0753     | Ashley      | Rider         | 5km | Male | 49 | Veteran (40-49)     | 00:32:40 |
| 72 | 132 | 18 | TA2293     | Jabu        | Basopo        | 5km | Male | 48 | Veteran (40-49)     | 00:32:54 |
| 73 | 133 | 19 | TA0229     | Micheal     | Dipp          | 5km | Male | 41 | Veteran (40-49)     | 00:33:15 |
| 74 | 136 | 20 | TA0333     | Michael     | Mckechnie     | 5km | Male | 42 | Veteran (40-49)     | 00:33:36 |
| 75 | 139 | 27 | TA0849     | Bongani     | Luvuno        | 5km | Male | 34 | Sub-Veteran (30-39) | 00:34:00 |
| 76 | 141 | 21 | TA0253     | Bradley     | Harber        | 5km | Male | 40 | Veteran (40-49)     | 00:34:06 |
| 77 | 150 | 28 | TA0322     | Thapelo     | Matlala       | 5km | Male | 32 | Sub-Veteran (30-39) | 00:35:38 |
| 78 | 152 | 2  | TA1636     | Tshiamo     | Ndlovu        | 5km | Male | 6  | Under 11            | 00:35:49 |
| 79 | 160 | 22 | TA1673     | Graeme      | Stilwell      | 5km | Male | 46 | Veteran (40-49)     | 00:36:40 |
| 80 | 161 | 23 | TA2232     | Winners     | Khosa         | 5km | Male | 41 | Veteran (40-49)     | 00:36:41 |
| 81 | 163 | 29 | TA0153     | Siphe       | Mqalo         | 5km | Male | 37 | Sub-Veteran (30-39) | 00:37:07 |

|     |     |    |        |                |               |     |      |    |                     |          |
|-----|-----|----|--------|----------------|---------------|-----|------|----|---------------------|----------|
| 82  | 167 | 30 | TA0774 | Kyle           | Parsons       | 5km | Male | 32 | Sub-Veteran (30-39) | 00:38:18 |
| 83  | 168 | 3  | TA2213 | Boitshepo      | Machailo      | 5km | Male | 15 | 12 to 15            | 00:38:42 |
| 84  | 170 | 24 | TA0864 | Tebogo         | Machailo      | 5km | Male | 45 | Veteran (40-49)     | 00:38:50 |
| 85  | 172 | 11 | TA1612 | Stuart         | Taylor        | 5km | Male | 50 | Master (50-59)      | 00:39:04 |
| 86  | 173 | 3  | TA0500 | Noah           | Taylor        | 5km | Male | 8  | Under 11            | 00:39:10 |
| 87  | 174 | 12 | TA1752 | Zack           | Zonneveld     | 5km | Male | 28 | Senior (19-29)      | 00:39:31 |
| 88  | 177 | 31 | TA0850 | Luke           | Frankel       | 5km | Male | 36 | Sub-Veteran (30-39) | 00:39:44 |
| 89  | 179 | 4  | TA1728 | Nkosenhle      | Ndlovu        | 5km | Male | 9  | Under 11            | 00:40:40 |
| 90  | 186 | 25 | TA1803 | Glenn          | Twala         | 5km | Male | 46 | Veteran (40-49)     | 00:43:00 |
| 91  | 187 | 26 | TA2140 | Romeo          | Kumalo        | 5km | Male | 48 | Veteran (40-49)     | 00:43:05 |
| 92  | 194 | 4  | TA0537 | Keshia         | Gounden       | 5km | Male | 13 | 12 to 15            | 00:45:37 |
| 93  | 196 | 32 | TA2156 | Eric           | Williams      | 5km | Male | 30 | Sub-Veteran (30-39) | 00:46:11 |
| 94  | 197 | 3  | TA1808 | Rudi           | Kronstron     | 5km | Male | 16 | 16 to 18            | 00:46:17 |
| 95  | 198 | 13 | TA1038 | Alwyn          | Van Der Linde | 5km | Male | 29 | Senior (19-29)      | 00:46:20 |
| 96  | 200 | 27 | TA0487 | Krishna Steven | Gounden       | 5km | Male | 47 | Veteran (40-49)     | 00:47:07 |
| 97  | 201 | 28 | TA0751 | Paulopaulo     | Pereira       | 5km | Male | 45 | Veteran (40-49)     | 00:49:36 |
| 98  | 203 | 12 | TA0251 | Geoff          | Twomey        | 5km | Male | 58 | Master (50-59)      | 00:50:10 |
| 99  | 206 | 33 | TA1620 | Ajay           | Baboolal      | 5km | Male | 39 | Sub-Veteran (30-39) | 00:53:22 |
| 100 | 210 | 34 | TA0204 | Henry          | Sinclair      | 5km | Male | 34 | Sub-Veteran (30-39) | 00:54:44 |
| 101 | 211 | 5  | TA0291 | Hugo           | Sinclair      | 5km | Male | 2  | Under 11            | 00:54:47 |
| 102 | 213 | 6  | TA1734 | Tiaan          | Sinclair      | 5km | Male | 5  | Under 11            | 00:54:51 |
| 103 | 214 | 29 | TA0368 | Mohamed        | Abouelseoud   | 5km | Male | 41 | Veteran (40-49)     | 00:58:08 |
| 104 | 216 | 35 | TA0302 | Hassan         | Dessouky      | 5km | Male | 32 | Sub-Veteran (30-39) | 00:58:22 |

| 5km:Female |         |          |             |                   |                     |          |        |     |                     |          |
|------------|---------|----------|-------------|-------------------|---------------------|----------|--------|-----|---------------------|----------|
| Gender     | Overall | Category | Race Number | Name              | Surname             | Activity | Gender | Age | Category            | Duration |
| 1          | 12      | 1        | TA0455      | Hannah            | Wells               | 5km      | Female | 12  | 12 to 15            | 00:25:22 |
| 2          | 15      | 1        | TA1767      | Cailin            | Fensham             | 5km      | Female | 22  | Senior (19-29)      | 00:25:38 |
| 3          | 19      | 1        | TA1787      | Jenine            | Binos               | 5km      | Female | 33  | Sub-Veteran (30-39) | 00:25:50 |
| 4          | 22      | 1        | TA2182      | Bev               | Baker               | 5km      | Female | 57  | Master (50-59)      | 00:26:02 |
| 5          | 28      | 2        | TA0476      | Lilly             | Malherbe            | 5km      | Female | 38  | Sub-Veteran (30-39) | 00:26:32 |
| 6          | 29      | 1        | TA0433      | Abigail           | Van Heerden         | 5km      | Female | 11  | Under 11            | 00:26:38 |
| 7          | 30      | 3        | TA0232      | Claire            | Shelver             | 5km      | Female | 37  | Sub-Veteran (30-39) | 00:26:41 |
| 8          | 31      | 1        | TA0567      | Claudia           | Cloete              | 5km      | Female | 41  | Veteran (40-49)     | 00:26:44 |
| 9          | 32      | 2        | TA0573      | Kayla             | Anderson            | 5km      | Female | 8   | Under 11            | 00:26:46 |
| 10         | 34      | 2        | TA0345      | Marilynn          | Leonard             | 5km      | Female | 46  | Veteran (40-49)     | 00:26:50 |
| 11         | 35      | 4        | TA0189      | Philippa          | Gregory             | 5km      | Female | 37  | Sub-Veteran (30-39) | 00:26:54 |
| 12         | 36      | 5        | TA0632      | Amanda            | Van Heerden         | 5km      | Female | 36  | Sub-Veteran (30-39) | 00:26:55 |
| 13         | 38      | 3        | TA0287      | Lee-ann           | Charters            | 5km      | Female | 47  | Veteran (40-49)     | 00:27:01 |
| 14         | 46      | 2        | TRAIL11652  | Chelsea           | Muller              | 5km      | Female | 25  | Senior (19-29)      | 00:27:34 |
| 15         | 47      | 4        | TRAIL11670  | Nicky             | Du Preez            | 5km      | Female | 40  | Veteran (40-49)     | 00:27:36 |
| 16         | 48      | 3        | TA0215      | Dominique         | Bishop              | 5km      | Female | 26  | Senior (19-29)      | 00:27:57 |
| 17         | 50      | 5        | TA2115      | Maipelo           | Machailo            | 5km      | Female | 42  | Veteran (40-49)     | 00:28:13 |
| 18         | 53      | 2        | TA0457      | Raffaella         | Carnicelli          | 5km      | Female | 56  | Master (50-59)      | 00:28:25 |
| 19         | 55      | 1        | TA1741      | Marianne          | Schlosser           | 5km      | Female | 60  | Grand-Master (60+)  | 00:28:32 |
| 20         | 56      | 6        | TA0666      | Gertrude Lunzamba | Mangala             | 5km      | Female | 48  | Veteran (40-49)     | 00:28:34 |
| 21         | 58      | 7        | TA0282      | Claire            | Gooderham           | 5km      | Female | 45  | Veteran (40-49)     | 00:28:43 |
| 22         | 60      | 3        | TA2109      | Nicola            | Goddard             | 5km      | Female | 50  | Master (50-59)      | 00:28:50 |
| 23         | 61      | 4        | TA0402      | Nolene            | Olivier             | 5km      | Female | 28  | Senior (19-29)      | 00:28:55 |
| 24         | 63      | 5        | TA0490      | Lisa              | Jansen Van Rensburg | 5km      | Female | 27  | Senior (19-29)      | 00:28:59 |
| 25         | 68      | 6        | TA0826      | Stacy             | Johnston            | 5km      | Female | 34  | Sub-Veteran (30-39) | 00:29:13 |
| 26         | 70      | 7        | TRAIL12984  | Chrishenda        | Rabatin             | 5km      | Female | 38  | Sub-Veteran (30-39) | 00:29:19 |
| 27         | 72      | 4        | TA1650      | Gwyneth           | Fensham             | 5km      | Female | 57  | Master (50-59)      | 00:29:26 |
| 28         | 73      | 8        | TA0122      | Kerry             | Byerley             | 5km      | Female | 43  | Veteran (40-49)     | 00:29:29 |
| 29         | 77      | 9        | TA0213      | Iris              | Lamberts            | 5km      | Female | 48  | Veteran (40-49)     | 00:29:50 |
| 30         | 79      | 2        | TA0163      | Tatum             | Stead               | 5km      | Female | 13  | 12 to 15            | 00:29:59 |
| 31         | 82      | 5        | TA1757      | Lucia             | Clarkson            | 5km      | Female | 56  | Master (50-59)      | 00:30:09 |
| 32         | 85      | 10       | TA0559      | Saskia            | Botha               | 5km      | Female | 40  | Veteran (40-49)     | 00:30:18 |
| 33         | 87      | 6        | TA1546      | Paula             | Taylor              | 5km      | Female | 50  | Master (50-59)      | 00:30:28 |
| 34         | 88      | 8        | TA1680      | Gerda             | Wallis              | 5km      | Female | 38  | Sub-Veteran (30-39) | 00:30:31 |
| 35         | 89      | 6        | TA1162      | Faith             | Maahlo              | 5km      | Female | 29  | Senior (19-29)      | 00:30:33 |
| 36         | 90      | 2        | TA0413      | Kelly             | Mcvicar             | 5km      | Female | 18  | 16 to 18            | 00:30:46 |
| 37         | 94      | 9        | TA1817      | Caprice           | Beggs               | 5km      | Female | 39  | Sub-Veteran (30-39) | 00:31:03 |
| 38         | 97      | 11       | TA0397      | Deirdre           | Bone                | 5km      | Female | 45  | Veteran (40-49)     | 00:31:16 |
| 39         | 101     | 12       | TA0352      | Tanja             | Gerber              | 5km      | Female | 46  | Veteran (40-49)     | 00:31:28 |

|    |     |    |            |                   |               |     |        |    |                     |          |
|----|-----|----|------------|-------------------|---------------|-----|--------|----|---------------------|----------|
| 40 | 103 | 10 | TA0576     | Amy               | Clegg         | 5km | Female | 34 | Sub-Veteran (30-39) | 00:31:35 |
| 41 | 104 | 11 | TA2143     | Anreza            | Van Der Merwe | 5km | Female | 33 | Sub-Veteran (30-39) | 00:31:37 |
| 42 | 106 | 12 | TA0709     | Aimee             | Sutherland    | 5km | Female | 34 | Sub-Veteran (30-39) | 00:31:44 |
| 43 | 107 | 13 | TA1179     | Tsakani           | Khosa         | 5km | Female | 42 | Veteran (40-49)     | 00:31:49 |
| 44 | 111 | 14 | TA0754     | Manda             | Sims          | 5km | Female | 44 | Veteran (40-49)     | 00:31:59 |
| 45 | 112 | 3  | TA0151     | Ndzhaka           | Khosa         | 5km | Female | 17 | 16 to 18            | 00:31:59 |
| 46 | 113 | 15 | TA0705     | Ayanda            | Nteta         | 5km | Female | 45 | Veteran (40-49)     | 00:32:02 |
| 47 | 114 | 13 | TA1169     | Jessica           | Foord         | 5km | Female | 32 | Sub-Veteran (30-39) | 00:32:04 |
| 48 | 116 | 16 | TA2161     | Elanor            | Beattie       | 5km | Female | 44 | Veteran (40-49)     | 00:32:11 |
| 49 | 117 | 17 | TA0392     | Hayley            | Van Der Merwe | 5km | Female | 41 | Veteran (40-49)     | 00:32:15 |
| 50 | 118 | 18 | TA1199     | Nthabiseng        | Moloi         | 5km | Female | 44 | Veteran (40-49)     | 00:32:18 |
| 51 | 119 | 19 | TA0445     | Leentjie          | Viljoen       | 5km | Female | 40 | Veteran (40-49)     | 00:32:18 |
| 52 | 120 | 20 | TA2247     | Karen             | Naidoo        | 5km | Female | 45 | Veteran (40-49)     | 00:32:19 |
| 53 | 121 | 14 | TA0429     | Haylee            | De Robillard  | 5km | Female | 35 | Sub-Veteran (30-39) | 00:32:21 |
| 54 | 122 | 15 | TA0843     | Roxanne           | Frost         | 5km | Female | 30 | Sub-Veteran (30-39) | 00:32:23 |
| 55 | 123 | 7  | TA1693     | Tina              | Terblanche    | 5km | Female | 28 | Senior (19-29)      | 00:32:27 |
| 56 | 124 | 16 | TA0417     | Jenna             | Araujo        | 5km | Female | 34 | Sub-Veteran (30-39) | 00:32:28 |
| 57 | 127 | 17 | TA0168     | Nkeki             | Kotsedi       | 5km | Female | 38 | Sub-Veteran (30-39) | 00:32:35 |
| 58 | 128 | 18 | TA0304     | Reme              | Harber        | 5km | Female | 35 | Sub-Veteran (30-39) | 00:32:36 |
| 59 | 129 | 7  | TA2153     | Jacqueline        | Gordon        | 5km | Female | 52 | Master (50-59)      | 00:32:38 |
| 60 | 131 | 4  | TA2240     | Shaylyn           | Gordon        | 5km | Female | 16 | 16 to 18            | 00:32:43 |
| 61 | 134 | 21 | TA1055     | Nomaswazi         | Lamola        | 5km | Female | 40 | Veteran (40-49)     | 00:33:18 |
| 62 | 135 | 19 | TA0030     | Candice           | Mckechnie     | 5km | Female | 33 | Sub-Veteran (30-39) | 00:33:35 |
| 63 | 137 | 8  | TA0358     | Lizahn            | Zwaan         | 5km | Female | 27 | Senior (19-29)      | 00:33:47 |
| 64 | 138 | 20 | TA0031     | Catherine         | Timm          | 5km | Female | 32 | Sub-Veteran (30-39) | 00:33:49 |
| 65 | 140 | 2  | TA0264     | Carolynn          | Pettit        | 5km | Female | 60 | Grand-Master (60+)  | 00:34:05 |
| 66 | 142 | 21 | TA0094     | Marguerite        | Botha         | 5km | Female | 34 | Sub-Veteran (30-39) | 00:34:16 |
| 67 | 143 | 9  | TA0403     | Jardene           | Bekker        | 5km | Female | 29 | Senior (19-29)      | 00:34:40 |
| 68 | 144 | 22 | TA2345     | Ayanda            | Mnene         | 5km | Female | 36 | Sub-Veteran (30-39) | 00:34:43 |
| 69 | 145 | 22 | TRAIL12118 | Patricia-anne     | Muller        | 5km | Female | 48 | Veteran (40-49)     | 00:34:45 |
| 70 | 146 | 10 | TA1118     | Itumeleng         | Manyapelo     | 5km | Female | 28 | Senior (19-29)      | 00:34:52 |
| 71 | 147 | 23 | TRAIL10815 | Masego Innocentia | Motswasele    | 5km | Female | 39 | Sub-Veteran (30-39) | 00:35:07 |
| 72 | 148 | 23 | TA0002     | Priashna          | Baboolal      | 5km | Female | 42 | Veteran (40-49)     | 00:35:24 |
| 73 | 149 | 8  | TA0401     | Pernille          | Martin        | 5km | Female | 52 | Master (50-59)      | 00:35:35 |
| 74 | 151 | 11 | TA1726     | Nokubonga         | Sibisi        | 5km | Female | 28 | Senior (19-29)      | 00:35:41 |
| 75 | 153 | 24 | TA0479     | Kerry             | Briggs        | 5km | Female | 44 | Veteran (40-49)     | 00:35:53 |
| 76 | 154 | 9  | TA1571     | Anthea            | Smith         | 5km | Female | 56 | Master (50-59)      | 00:35:58 |
| 77 | 155 | 10 | TA0331     | Elaine            | O'gorman      | 5km | Female | 56 | Master (50-59)      | 00:36:01 |
| 78 | 156 | 25 | TA0386     | Geraldine         | Harris        | 5km | Female | 48 | Veteran (40-49)     | 00:36:11 |
| 79 | 157 | 24 | TA0711     | Avery             | Nzama         | 5km | Female | 30 | Sub-Veteran (30-39) | 00:36:19 |
| 80 | 158 | 26 | TA0701     | Zenzi             | Basopo        | 5km | Female | 43 | Veteran (40-49)     | 00:36:27 |
| 81 | 159 | 3  | TA0244     | Michaela          | Stilwell      | 5km | Female | 10 | Under 11            | 00:36:32 |

|     |     |    |            |            |              |     |        |    |                     |          |
|-----|-----|----|------------|------------|--------------|-----|--------|----|---------------------|----------|
| 82  | 162 | 27 | TA0344     | Kim        | Stilwell     | 5km | Female | 44 | Veteran (40-49)     | 00:36:50 |
| 83  | 164 | 28 | TA0527     | Wendy      | Wood         | 5km | Female | 43 | Veteran (40-49)     | 00:37:48 |
| 84  | 165 | 25 | TA1065     | Bongiwe    | Nkomo        | 5km | Female | 39 | Sub-Veteran (30-39) | 00:38:13 |
| 85  | 166 | 29 | TA1796     | Jc         | Attenborough | 5km | Female | 41 | Veteran (40-49)     | 00:38:17 |
| 86  | 169 | 26 | TA0023     | Frances    | Smith        | 5km | Female | 38 | Sub-Veteran (30-39) | 00:38:49 |
| 87  | 171 | 4  | TA0728     | Aobakwe    | Machailo     | 5km | Female | 11 | Under 11            | 00:38:53 |
| 88  | 175 | 12 | TA0205     | Nicky      | Zonneveld    | 5km | Female | 27 | Senior (19-29)      | 00:39:34 |
| 89  | 176 | 11 | TA0343     | Bronwyn    | Gonelli      | 5km | Female | 55 | Master (50-59)      | 00:39:41 |
| 90  | 178 | 27 | TA1660     | Chantelle  | Frankel      | 5km | Female | 32 | Sub-Veteran (30-39) | 00:39:47 |
| 91  | 180 | 28 | TA0121     | Onica      | Ndlovu       | 5km | Female | 36 | Sub-Veteran (30-39) | 00:40:46 |
| 92  | 181 | 29 | TA0192     | Hayley     | Dill         | 5km | Female | 35 | Sub-Veteran (30-39) | 00:41:38 |
| 93  | 182 | 13 | TA0495     | Liza       | Smith        | 5km | Female | 28 | Senior (19-29)      | 00:41:43 |
| 94  | 183 | 30 | TA1582     | Phumeza    | Nenene       | 5km | Female | 37 | Sub-Veteran (30-39) | 00:42:08 |
| 95  | 184 | 12 | TA0185     | Rhona      | Blecher      | 5km | Female | 58 | Master (50-59)      | 00:42:12 |
| 96  | 185 | 31 | TA1125     | Ella       | Mnyzaza      | 5km | Female | 33 | Sub-Veteran (30-39) | 00:42:20 |
| 97  | 188 | 14 | TA0416     | Lindelo    | Sibiya       | 5km | Female | 23 | Senior (19-29)      | 00:43:49 |
| 98  | 189 | 3  | TA1072     | Debra Gaye | Sharp        | 5km | Female | 60 | Grand-Master (60+)  | 00:44:08 |
| 99  | 190 | 32 | TA1647     | Ilana      | Viljoen      | 5km | Female | 33 | Sub-Veteran (30-39) | 00:44:20 |
| 100 | 191 | 33 | TA0145     | Sanja      | Schutte      | 5km | Female | 35 | Sub-Veteran (30-39) | 00:44:27 |
| 101 | 192 | 15 | TA0458     | Lily       | Mckenna      | 5km | Female | 20 | Senior (19-29)      | 00:45:32 |
| 102 | 193 | 34 | TA0298     | Samantha   | Marais       | 5km | Female | 36 | Sub-Veteran (30-39) | 00:45:35 |
| 103 | 195 | 4  | TA0084     | Gail       | Clelland     | 5km | Female | 61 | Grand-Master (60+)  | 00:46:01 |
| 104 | 199 | 30 | TA0042     | Lei        | Guo          | 5km | Female | 42 | Veteran (40-49)     | 00:47:05 |
| 105 | 202 | 31 | TA0675     | Sophy      | Tlhabadira   | 5km | Female | 42 | Veteran (40-49)     | 00:49:49 |
| 106 | 204 | 13 | TA0365     | Nikki      | Twomey       | 5km | Female | 55 | Master (50-59)      | 00:50:13 |
| 107 | 205 | 32 | TA0202     | Kaajal     | Sukeri       | 5km | Female | 40 | Veteran (40-49)     | 00:51:12 |
| 108 | 207 | 5  | TA0408     | Malak      | Abouelseoud  | 5km | Female | 10 | Under 11            | 00:53:30 |
| 109 | 208 | 6  | TA0032     | Farida     | Abouelseoud` | 5km | Female | 6  | Under 11            | 00:53:39 |
| 110 | 209 | 35 | TA0005     | Ingy       | Saad         | 5km | Female | 36 | Sub-Veteran (30-39) | 00:53:44 |
| 111 | 212 | 36 | TA0332     | Ronelle    | Sinclair     | 5km | Female | 34 | Sub-Veteran (30-39) | 00:54:49 |
| 112 | 215 | 16 | TA0217     | Nadine     | Nossair      | 5km | Female | 27 | Senior (19-29)      | 00:58:13 |
| 113 | 217 | 14 | TRAIL10052 | Lesley     | Hutchins     | 5km | Female | 56 | Master (50-59)      | 00:59:14 |
| 114 | 218 | 17 | TA0299     | Andriza    | Liebenberg   | 5km | Female | 28 | Senior (19-29)      | 01:11:52 |