



AdventureRun : The Big Red Barn

Sunday Run/walk/cycle @ The Barn on 30th April 2023



21km:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA2484	Daniel	Van De Walt	21km	Male	40	Veteran (40-49)	01:47:47
2	3	1	TRAIL20274	Werner	Jakoby	21km	Male	67	Grand-Master (60+)	02:48:21

15km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA2718	Ruan	Schutter	15km	Male	49	Veteran (40-49)	02:20:00

15km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA1358	Liza	Coetzee	15km	Female	32	Sub-Veteran (30-39)	01:45:33
2	2	1	TA1413	Petruschka	Constancon	15km	Female	57	Master (50-59)	01:58:49
3	4	1	TA0693	Christina	Van Der Merwe	15km	Female	49	Veteran (40-49)	02:20:01

10km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0775	Ashley	Benatar	10km	Male	49	Veteran (40-49)	00:47:48
2	3	2	TA1877	Helder	Morais	10km	Male	42	Veteran (40-49)	00:58:48
3	10	1	TA2143	John	Isabelle	10km	Male	58	Master (50-59)	02:42:18

10km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TA0837	Sabrina	Daolio	10km	Female	31	Sub-Veteran (30-39)	00:47:50
2	4	1	TA2158	Heidi	Botha	10km	Female	44	Veteran (40-49)	01:09:15
3	5	1	TA2490	Jaimee	Terblanche	10km	Female	22	Senior (19-29)	01:15:43
4	6	2	TA0527	Caroline	Coolbear	10km	Female	21	Senior (19-29)	01:15:44
5	7	1	TA2003	Gillian	De Vos	10km	Female	64	Grand-Master (60+)	02:36:15
6	8	2	TA2051	Sheena	Pizarro	10km	Female	62	Grand-Master (60+)	02:36:22
7	9	3	TA3467	Wendy	Isabelle	10km	Female	61	Grand-Master (60+)	02:36:25

5km:Male										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	3	1	TA2941	Louwrens	Labuschagne	5km	Male	62	Grand-Master (60+)	00:47:26
2	4	2	TA0988	Mike	Suskin	5km	Male	64	Grand-Master (60+)	01:04:05
3	5	1	TA1162	Hendrik	Van Zyl	5km	Male	41	Veteran (40-49)	01:06:02

5km:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20103	Bridget	Wiid	5km	Female	48	Veteran (40-49)	00:34:17
2	2	2	TA0904	Pikkie	Van Gruane	5km	Female	48	Veteran (40-49)	00:47:25
3	6	1	TA0908	Stephanie	Van Zyl	5km	Female	39	Sub-Veteran (30-39)	01:06:12
4	7	3	TRAIL20210	Heidi	Barnard	5km	Female	47	Veteran (40-49)	01:10:59