



# AdventureRun : The Big Red Barn

## Christmas Barn Run/Walk on 16th December 2018



### 21km Trail Run/Walk:Male

| Gender | Overall | Category | Race Number | Name         | Surname     | Activity            | Gender | Age | Category            | Duration |
|--------|---------|----------|-------------|--------------|-------------|---------------------|--------|-----|---------------------|----------|
| 1      | 1       | 1        | TA2485      | Reginald     | Poopedi     | 21km Trail Run/Walk | Male   | 33  | Sub-Veteran (30-39) | 01:23:42 |
| 2      | 2       | 1        | TA3059      | Bennie       | Roux        | 21km Trail Run/Walk | Male   | 40  | Veteran (40-49)     | 01:39:09 |
| 3      | 3       | 2        | TA2444      | Andries      | Nienaber    | 21km Trail Run/Walk | Male   | 33  | Sub-Veteran (30-39) | 01:39:14 |
| 4      | 4       | 3        | TA4444      | Jacobus      | Claasen     | 21km Trail Run/Walk | Male   | 33  | Sub-Veteran (30-39) | 01:46:51 |
| 5      | 6       | 1        | TA3497      | Anton        | Groenewald  | 21km Trail Run/Walk | Male   | 64  | Grand-Master (60+)  | 02:08:03 |
| 6      | 7       | 2        | TA3017      | Samuel       | Makharilele | 21km Trail Run/Walk | Male   | 60  | Grand-Master (60+)  | 02:17:30 |
| 7      | 9       | 3        | TA2660      | Kobus        | Botes       | 21km Trail Run/Walk | Male   | 66  | Grand-Master (60+)  | 02:22:37 |
| 8      | 10      | 4        | TA2545      | Andrew       | Wilkins     | 21km Trail Run/Walk | Male   | 35  | Sub-Veteran (30-39) | 02:35:45 |
| 9      | 11      | 5        | TA2905      | Dale         | Norris      | 21km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 02:35:48 |
| 10     | 12      | 6        | TA2512      | Wynand       | Boshoff     | 21km Trail Run/Walk | Male   | 34  | Sub-Veteran (30-39) | 02:38:56 |
| 11     | 14      | 2        | TA2906      | Sibusiso     | Mbanjwa     | 21km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 03:02:47 |
| 12     | 15      | 1        | TRAIL10011  | Graham       | Hutchins    | 21km Trail Run/Walk | Male   | 55  | Master (50-59)      | 03:40:56 |
| 13     | 16      | 4        | TA5555      | Dean         | Mcclelland  | 21km Trail Run/Walk | Male   | 65  | Grand-Master (60+)  | 03:40:56 |
| 14     | 17      | 5        | TRAIL12613  | Meyer Albert | Guinsberg   | 21km Trail Run/Walk | Male   | 68  | Grand-Master (60+)  | 03:40:56 |
| 15     | 18      | 6        | TRAIL12270  | Ric          | Marini      | 21km Trail Run/Walk | Male   | 63  | Grand-Master (60+)  | 04:28:00 |

| 21km Trail Run/Walk:Female |         |          |             |           |         |                     |        |     |                     |          |
|----------------------------|---------|----------|-------------|-----------|---------|---------------------|--------|-----|---------------------|----------|
| Gender                     | Overall | Category | Race Number | Name      | Surname | Activity            | Gender | Age | Category            | Duration |
| 1                          | 5       | 1        | TA3007      | Connie    | Blom    | 21km Trail Run/Walk | Female | 57  | Master (50-59)      | 02:07:14 |
| 2                          | 8       | 2        | TA2642      | Marulette | Erasmus | 21km Trail Run/Walk | Female | 54  | Master (50-59)      | 02:22:23 |
| 3                          | 13      | 1        | TA3481      | Malgosia  | Kijko   | 21km Trail Run/Walk | Female | 33  | Sub-Veteran (30-39) | 02:51:13 |

| 15km Trail Run/Walk:Male |         |          |             |                 |                    |                     |        |     |                     |          |
|--------------------------|---------|----------|-------------|-----------------|--------------------|---------------------|--------|-----|---------------------|----------|
| Gender                   | Overall | Category | Race Number | Name            | Surname            | Activity            | Gender | Age | Category            | Duration |
| 1                        | 1       | 1        | TA2552      | Patrick         | Willcock           | 15km Trail Run/Walk | Male   | 42  | Veteran (40-49)     | 01:07:01 |
| 2                        | 2       | 1        | TA2668      | Willem          | Erasmus            | 15km Trail Run/Walk | Male   | 34  | Sub-Veteran (30-39) | 01:12:32 |
| 3                        | 3       | 2        | TA2645      | Abe             | Kempen             | 15km Trail Run/Walk | Male   | 41  | Veteran (40-49)     | 01:13:53 |
| 4                        | 5       | 3        | TA2908      | Steven          | Dalzell            | 15km Trail Run/Walk | Male   | 41  | Veteran (40-49)     | 01:26:59 |
| 5                        | 6       | 4        | TRAIL11732  | Terrence        | Brink              | 15km Trail Run/Walk | Male   | 45  | Veteran (40-49)     | 01:27:43 |
| 6                        | 7       | 1        | TA2439      | Ian             | Fyshe              | 15km Trail Run/Walk | Male   | 61  | Grand-Master (60+)  | 01:27:55 |
| 7                        | 8       | 5        | TA3028      | Casper          | Erasmus            | 15km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 01:27:56 |
| 8                        | 9       | 2        | TA2976      | Michael         | Van Niekerk        | 15km Trail Run/Walk | Male   | 35  | Sub-Veteran (30-39) | 01:28:37 |
| 9                        | 10      | 6        | TA3446      | Mu              | Xutao              | 15km Trail Run/Walk | Male   | 45  | Veteran (40-49)     | 01:29:22 |
| 10                       | 12      | 7        | TA3494      | Pieter Benjamin | Van Der Westhuizen | 15km Trail Run/Walk | Male   | 47  | Veteran (40-49)     | 01:30:05 |
| 11                       | 14      | 3        | TA3020      | Ralph           | Montgomery         | 15km Trail Run/Walk | Male   | 33  | Sub-Veteran (30-39) | 01:30:38 |
| 12                       | 17      | 4        | TA3011      | Peter           | Mennen             | 15km Trail Run/Walk | Male   | 30  | Sub-Veteran (30-39) | 01:32:02 |
| 13                       | 20      | 8        | TA2467      | Ted             | Wood               | 15km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 01:33:14 |
| 14                       | 21      | 9        | TA2626      | Henk            | Janse Van Rensburg | 15km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 01:33:41 |
| 15                       | 22      | 10       | TRAIL12393  | Nico            | Fouche             | 15km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 01:33:46 |
| 16                       | 23      | 11       | TA2611      | Tshepo          | Manaka             | 15km Trail Run/Walk | Male   | 41  | Veteran (40-49)     | 01:35:55 |
| 17                       | 24      | 5        | TA3538      | Gareth          | Holley             | 15km Trail Run/Walk | Male   | 37  | Sub-Veteran (30-39) | 01:37:00 |
| 18                       | 25      | 1        | TA3499      | Ian             | Atteridge          | 15km Trail Run/Walk | Male   | 56  | Master (50-59)      | 01:37:03 |
| 19                       | 26      | 12       | TA2417      | Lameck          | Sibande            | 15km Trail Run/Walk | Male   | 42  | Veteran (40-49)     | 01:38:59 |
| 20                       | 28      | 6        | TA2961      | Lekau           | Mamabolo           | 15km Trail Run/Walk | Male   | 37  | Sub-Veteran (30-39) | 01:41:55 |
| 21                       | 30      | 1        | TA2560      | Alex            | Maree              | 15km Trail Run/Walk | Male   | 28  | Senior (19-29)      | 01:44:27 |
| 22                       | 31      | 13       | TA2580      | Mike            | Pithey             | 15km Trail Run/Walk | Male   | 49  | Veteran (40-49)     | 01:45:43 |
| 23                       | 32      | 14       | TRAIL11023  | Grant           | Hall               | 15km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 01:46:19 |
| 24                       | 33      | 2        | TRAIL12627  | Craig           | Pheiffer           | 15km Trail Run/Walk | Male   | 51  | Master (50-59)      | 01:52:12 |
| 25                       | 34      | 7        | TRAIL11776  | Bryan           | Do Vale            | 15km Trail Run/Walk | Male   | 36  | Sub-Veteran (30-39) | 01:53:02 |
| 26                       | 35      | 8        | TRAIL10750  | Michael         | Do Carmo           | 15km Trail Run/Walk | Male   | 35  | Sub-Veteran (30-39) | 01:53:07 |
| 27                       | 36      | 9        | TA2508      | Kentin          | Welgemoed          | 15km Trail Run/Walk | Male   | 35  | Sub-Veteran (30-39) | 01:53:08 |
| 28                       | 37      | 15       | TA3498      | Glenn           | Noome              | 15km Trail Run/Walk | Male   | 44  | Veteran (40-49)     | 01:54:20 |
| 29                       | 38      | 16       | TRAIL12467  | Andre           | Portelli           | 15km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 01:57:29 |
| 30                       | 39      | 17       | TA2585      | Rose            | Magolego           | 15km Trail Run/Walk | Male   | 47  | Veteran (40-49)     | 01:58:01 |
| 31                       | 40      | 3        | TA2473      | Francios        | Moller             | 15km Trail Run/Walk | Male   | 56  | Master (50-59)      | 01:58:02 |
| 32                       | 41      | 4        | TA3466      | Kobus           | Jacobs             | 15km Trail Run/Walk | Male   | 56  | Master (50-59)      | 01:58:10 |
| 33                       | 44      | 10       | TA3506      | Pascal          | Mukenge            | 15km Trail Run/Walk | Male   | 35  | Sub-Veteran (30-39) | 02:00:23 |
| 34                       | 47      | 2        | TA2436      | Tony            | Taljaard           | 15km Trail Run/Walk | Male   | 63  | Grand-Master (60+)  | 02:02:03 |
| 35                       | 50      | 11       | TRAIL12326  | Rijako          | Meintjes           | 15km Trail Run/Walk | Male   | 37  | Sub-Veteran (30-39) | 02:07:37 |
| 36                       | 51      | 3        | TRAIL10752  | Jacques         | Vlaming            | 15km Trail Run/Walk | Male   | 68  | Grand-Master (60+)  | 02:10:18 |
| 37                       | 56      | 12       | TA3014      | Kelvin          | Mukuku             | 15km Trail Run/Walk | Male   | 38  | Sub-Veteran (30-39) | 02:16:34 |
| 38                       | 59      | 18       | TA3488      | Tobie           | Reyneke            | 15km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 02:22:34 |
| 39                       | 60      | 5        | TA2985      | Mark            | Scotten            | 15km Trail Run/Walk | Male   | 53  | Master (50-59)      | 02:36:11 |
| 40                       | 63      | 4        | TRAIL12109  | Neville         | Muir               | 15km Trail Run/Walk | Male   | 80  | Grand-Master (60+)  | 03:16:29 |



| 15km Trail Run/Walk:Female |         |          |             |           |              |                     |        |     |                     |          |
|----------------------------|---------|----------|-------------|-----------|--------------|---------------------|--------|-----|---------------------|----------|
| Gender                     | Overall | Category | Race Number | Name      | Surname      | Activity            | Gender | Age | Category            | Duration |
| 1                          | 4       | 1        | TA2938      | Melinda   | Van Vuuren   | 15km Trail Run/Walk | Female | 23  | Senior (19-29)      | 01:17:06 |
| 2                          | 11      | 1        | TA3482      | Joan      | Van Wyngaard | 15km Trail Run/Walk | Female | 42  | Veteran (40-49)     | 01:29:45 |
| 3                          | 13      | 1        | TA3045      | Janine    | Smythe       | 15km Trail Run/Walk | Female | 32  | Sub-Veteran (30-39) | 01:30:29 |
| 4                          | 15      | 2        | TA2613      | Rosemary  | Brink        | 15km Trail Run/Walk | Female | 44  | Veteran (40-49)     | 01:30:57 |
| 5                          | 16      | 2        | TA3533      | Marcelle  | Mcdonald     | 15km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 01:31:06 |
| 6                          | 18      | 3        | TA2912      | Annemi    | Mennen       | 15km Trail Run/Walk | Female | 31  | Sub-Veteran (30-39) | 01:32:04 |
| 7                          | 19      | 2        | TA2652      | Sandra    | Marais       | 15km Trail Run/Walk | Female | 29  | Senior (19-29)      | 01:32:10 |
| 8                          | 27      | 1        | TA3026      | Estelle   | Bothma       | 15km Trail Run/Walk | Female | 54  | Master (50-59)      | 01:41:49 |
| 9                          | 29      | 4        | TA2950      | Amanda    | Van Heerden  | 15km Trail Run/Walk | Female | 36  | Sub-Veteran (30-39) | 01:42:46 |
| 10                         | 42      | 5        | TA2937      | Hester    | Doyer        | 15km Trail Run/Walk | Female | 37  | Sub-Veteran (30-39) | 01:58:42 |
| 11                         | 43      | 3        | TA3459      | Christine | Walsh        | 15km Trail Run/Walk | Female | 49  | Veteran (40-49)     | 02:00:19 |
| 12                         | 45      | 6        | TRAIL12328  | Natasha   | Botha        | 15km Trail Run/Walk | Female | 33  | Sub-Veteran (30-39) | 02:01:02 |
| 13                         | 46      | 7        | TRAIL12330  | Candice   | Van Dyk      | 15km Trail Run/Walk | Female | 30  | Sub-Veteran (30-39) | 02:01:05 |
| 14                         | 48      | 2        | TA3070      | Wilma     | Du Plooy     | 15km Trail Run/Walk | Female | 51  | Master (50-59)      | 02:04:21 |
| 15                         | 49      | 3        | TRAIL11666  | Teresa    | Le Roux      | 15km Trail Run/Walk | Female | 55  | Master (50-59)      | 02:07:22 |
| 16                         | 52      | 4        | TA2981      | Tertia    | Havenga      | 15km Trail Run/Walk | Female | 53  | Master (50-59)      | 02:11:19 |
| 17                         | 53      | 4        | TRAIL11091  | Helena    | Silver       | 15km Trail Run/Walk | Female | 43  | Veteran (40-49)     | 02:11:21 |
| 18                         | 54      | 3        | TRAIL12098  | Chantelle | Pieterse     | 15km Trail Run/Walk | Female | 29  | Senior (19-29)      | 02:11:54 |
| 19                         | 55      | 5        | TA3462      | Itumeleng | Ndala        | 15km Trail Run/Walk | Female | 51  | Master (50-59)      | 02:13:22 |
| 20                         | 57      | 8        | TA2953      | Doreen    | Mukuku       | 15km Trail Run/Walk | Female | 34  | Sub-Veteran (30-39) | 02:16:36 |
| 21                         | 58      | 9        | TA2554      | Leonie    | Jacobs       | 15km Trail Run/Walk | Female | 37  | Sub-Veteran (30-39) | 02:17:38 |
| 22                         | 61      | 5        | TA2941      | Martie    | Scotten      | 15km Trail Run/Walk | Female | 43  | Veteran (40-49)     | 02:36:13 |
| 23                         | 62      | 6        | TA3033      | Megan     | Marais       | 15km Trail Run/Walk | Female | 40  | Veteran (40-49)     | 02:53:30 |
| 24                         | 64      | 7        | TRAIL10053  | Adele     | Sutherland   | 15km Trail Run/Walk | Female | 40  | Veteran (40-49)     | 03:40:56 |

| 10km Trail Run /walk:Male |         |          |             |                |               |                      |        |     |                     |          |
|---------------------------|---------|----------|-------------|----------------|---------------|----------------------|--------|-----|---------------------|----------|
| Gender                    | Overall | Category | Race Number | Name           | Surname       | Activity             | Gender | Age | Category            | Duration |
| 1                         | 1       | 1        | TA2137      | Jan            | Moeketjji     | 10km Trail Run /walk | Male   | 17  | 16 to 18            | 00:40:39 |
| 2                         | 2       | 2        | TA2213      | Don            | Kasigwa       | 10km Trail Run /walk | Male   | 18  | 16 to 18            | 00:45:01 |
| 3                         | 4       | 1        | TRAIL12385  | Gerhard        | Beukes        | 10km Trail Run /walk | Male   | 42  | Veteran (40-49)     | 00:47:10 |
| 4                         | 6       | 1        | TA0849      | Johann         | Weber         | 10km Trail Run /walk | Male   | 34  | Sub-Veteran (30-39) | 00:47:55 |
| 5                         | 8       | 2        | TA2122      | Werner         | Barnes        | 10km Trail Run /walk | Male   | 38  | Sub-Veteran (30-39) | 00:52:04 |
| 6                         | 9       | 2        | TA0694      | Milton         | But,er        | 10km Trail Run /walk | Male   | 44  | Veteran (40-49)     | 00:52:13 |
| 7                         | 10      | 1        | TA0717      | Edward         | Paul          | 10km Trail Run /walk | Male   | 50  | Master (50-59)      | 00:53:33 |
| 8                         | 11      | 1        | TA0817      | Kelsey         | Hanger        | 10km Trail Run /walk | Male   | 28  | Senior (19-29)      | 00:54:31 |
| 9                         | 12      | 2        | TA1877      | Rosalinde      | Kavallineas   | 10km Trail Run /walk | Male   | 59  | Master (50-59)      | 00:56:35 |
| 10                        | 13      | 3        | TA2319      | Conrad         | Langerman     | 10km Trail Run /walk | Male   | 44  | Veteran (40-49)     | 00:56:37 |
| 11                        | 15      | 4        | TA0755      | Willie         | Watson        | 10km Trail Run /walk | Male   | 48  | Veteran (40-49)     | 00:57:01 |
| 12                        | 16      | 5        | TA1874      | Miros          | Kaffka        | 10km Trail Run /walk | Male   | 49  | Veteran (40-49)     | 00:57:15 |
| 13                        | 17      | 2        | TA0866      | Mike           | Kigozi        | 10km Trail Run /walk | Male   | 21  | Senior (19-29)      | 00:57:37 |
| 14                        | 19      | 6        | TA1177      | Ben            | Zaaiman       | 10km Trail Run /walk | Male   | 47  | Veteran (40-49)     | 00:57:42 |
| 15                        | 23      | 7        | TA2149      | Herman         | Knox          | 10km Trail Run /walk | Male   | 45  | Veteran (40-49)     | 00:58:39 |
| 16                        | 26      | 3        | TA1899      | Justin         | Brass         | 10km Trail Run /walk | Male   | 39  | Sub-Veteran (30-39) | 01:00:40 |
| 17                        | 27      | 3        | TA1156      | Tebogo         | Mwale         | 10km Trail Run /walk | Male   | 20  | Senior (19-29)      | 01:01:15 |
| 18                        | 29      | 3        | TA1853      | Billy          | Geyer         | 10km Trail Run /walk | Male   | 56  | Master (50-59)      | 01:01:37 |
| 19                        | 33      | 4        | TA0618      | Billy-jo       | Harvey        | 10km Trail Run /walk | Male   | 34  | Sub-Veteran (30-39) | 01:03:41 |
| 20                        | 34      | 5        | TA1894      | Jacques        | Van Der Merwe | 10km Trail Run /walk | Male   | 39  | Sub-Veteran (30-39) | 01:03:43 |
| 21                        | 36      | 6        | TA0675      | Sean           | Nowak         | 10km Trail Run /walk | Male   | 31  | Sub-Veteran (30-39) | 01:03:52 |
| 22                        | 40      | 8        | TA2343      | Adriana        | Romano        | 10km Trail Run /walk | Male   | 41  | Veteran (40-49)     | 01:05:03 |
| 23                        | 41      | 7        | TA2205      | Miguel         | Andrew        | 10km Trail Run /walk | Male   | 30  | Sub-Veteran (30-39) | 01:05:21 |
| 24                        | 42      | 4        | TA1881      | Andre          | Jonker        | 10km Trail Run /walk | Male   | 51  | Master (50-59)      | 01:05:23 |
| 25                        | 43      | 4        | TA1808      | Yaseen         | Bismilla      | 10km Trail Run /walk | Male   | 27  | Senior (19-29)      | 01:05:46 |
| 26                        | 45      | 8        | TA2501      | Tyrel          | Smythe        | 10km Trail Run /walk | Male   | 37  | Sub-Veteran (30-39) | 01:06:47 |
| 27                        | 47      | 1        | TA2128      | Gerald         | Steyn         | 10km Trail Run /walk | Male   | 67  | Grand-Master (60+)  | 01:07:42 |
| 28                        | 49      | 9        | TA2155      | Ulrich         | Matthiae      | 10km Trail Run /walk | Male   | 31  | Sub-Veteran (30-39) | 01:08:43 |
| 29                        | 50      | 5        | TA2169      | Takura         | Wekwete       | 10km Trail Run /walk | Male   | 27  | Senior (19-29)      | 01:09:37 |
| 30                        | 51      | 9        | TA2963      | Bheki          | Ngcobo        | 10km Trail Run /walk | Male   | 45  | Veteran (40-49)     | 01:10:04 |
| 31                        | 53      | 5        | TRAIL12643  | Bryan          | Mccourt       | 10km Trail Run /walk | Male   | 52  | Master (50-59)      | 01:10:59 |
| 32                        | 54      | 6        | TA1017      | Niekie         | Pretorius     | 10km Trail Run /walk | Male   | 57  | Master (50-59)      | 01:11:27 |
| 33                        | 57      | 10       | TA2124      | Allan Roy      | Sekeitto      | 10km Trail Run /walk | Male   | 32  | Sub-Veteran (30-39) | 01:12:08 |
| 34                        | 61      | 10       | TA1045      | Binyameen      | Karlie        | 10km Trail Run /walk | Male   | 44  | Veteran (40-49)     | 01:15:09 |
| 35                        | 63      | 2        | TA0843      | Johann         | Van Zyl       | 10km Trail Run /walk | Male   | 65  | Grand-Master (60+)  | 01:15:18 |
| 36                        | 65      | 11       | TA2146      | Bernard        | Swart         | 10km Trail Run /walk | Male   | 31  | Sub-Veteran (30-39) | 01:15:27 |
| 37                        | 67      | 12       | TA1830      | Mike           | Fouche        | 10km Trail Run /walk | Male   | 34  | Sub-Veteran (30-39) | 01:16:49 |
| 38                        | 68      | 13       | TA2161      | Zwelibanzi     | Zondo         | 10km Trail Run /walk | Male   | 36  | Sub-Veteran (30-39) | 01:17:09 |
| 39                        | 69      | 14       | TA2130      | Mohamed Ashraf | Patel         | 10km Trail Run /walk | Male   | 36  | Sub-Veteran (30-39) | 01:17:12 |
| 40                        | 73      | 15       | TA2119      | Mahlomola      | Lebea         | 10km Trail Run /walk | Male   | 32  | Sub-Veteran (30-39) | 01:19:29 |

|    |     |    |        |             |              |                      |      |    |                     |          |
|----|-----|----|--------|-------------|--------------|----------------------|------|----|---------------------|----------|
| 41 | 75  | 6  | TA1837 | Kelvin      | Piroddi      | 10km Trail Run /walk | Male | 25 | Senior (19-29)      | 01:19:37 |
| 42 | 76  | 11 | TA0826 | Sam         | Lebelo       | 10km Trail Run /walk | Male | 41 | Veteran (40-49)     | 01:19:53 |
| 43 | 78  | 16 | TA0809 | Johann      | Strauss      | 10km Trail Run /walk | Male | 32 | Sub-Veteran (30-39) | 01:20:36 |
| 44 | 79  | 3  | TA1175 | Bert        | Van Den Raad | 10km Trail Run /walk | Male | 73 | Grand-Master (60+)  | 01:21:22 |
| 45 | 80  | 4  | TA1810 | Gerald      | Bolton       | 10km Trail Run /walk | Male | 60 | Grand-Master (60+)  | 01:21:24 |
| 46 | 81  | 7  | TA2286 | Pieter      | Du Plessis   | 10km Trail Run /walk | Male | 29 | Senior (19-29)      | 01:22:57 |
| 47 | 83  | 7  | TA2255 | Pieter      | Crafford     | 10km Trail Run /walk | Male | 57 | Master (50-59)      | 01:23:45 |
| 48 | 89  | 3  | TA2204 | Adyn        | Badenhorsd   | 10km Trail Run /walk | Male | 16 | 16 to 18            | 01:25:23 |
| 49 | 95  | 12 | TA0781 | Mpumelelo   | Sigalelana   | 10km Trail Run /walk | Male | 48 | Veteran (40-49)     | 01:26:57 |
| 50 | 98  | 17 | TA2145 | Dirk        | Van Aswegen  | 10km Trail Run /walk | Male | 36 | Sub-Veteran (30-39) | 01:28:44 |
| 51 | 103 | 5  | TA0000 | John        | Tringham     | 10km Trail Run /walk | Male | 76 | Grand-Master (60+)  | 01:32:00 |
| 52 | 115 | 8  | TA1801 | Stefan      | Roodt        | 10km Trail Run /walk | Male | 51 | Master (50-59)      | 01:38:12 |
| 53 | 116 | 9  | TA1803 | Hans        | Havenga      | 10km Trail Run /walk | Male | 51 | Master (50-59)      | 01:38:31 |
| 54 | 117 | 13 | TA2240 | Steve       | Piper        | 10km Trail Run /walk | Male | 49 | Veteran (40-49)     | 01:38:33 |
| 55 | 120 | 14 | TA0682 | Eugene      | Van Wyk      | 10km Trail Run /walk | Male | 41 | Veteran (40-49)     | 01:39:25 |
| 56 | 122 | 10 | TA1166 | Christopher | Smith        | 10km Trail Run /walk | Male | 50 | Master (50-59)      | 01:43:54 |
| 57 | 126 | 1  | TA1038 | Andrew      | Britz        | 10km Trail Run /walk | Male | 12 | 12 to 15            | 01:49:23 |
| 58 | 129 | 11 | TA0392 | Gunther     | Schwob       | 10km Trail Run /walk | Male | 57 | Master (50-59)      | 01:54:04 |
| 59 | 136 | 15 | TA1876 | Quintin     | Van Rooyen   | 10km Trail Run /walk | Male | 41 | Veteran (40-49)     | 02:19:24 |

| 10km Trail Run /walk:Female |         |          |             |               |                |                      |        |     |                     |          |
|-----------------------------|---------|----------|-------------|---------------|----------------|----------------------|--------|-----|---------------------|----------|
| Gender                      | Overall | Category | Race Number | Name          | Surname        | Activity             | Gender | Age | Category            | Duration |
| 1                           | 3       | 1        | TA1174      | Mira          | Kaffka         | 10km Trail Run /walk | Female | 16  | 16 to 18            | 00:47:06 |
| 2                           | 5       | 1        | TA0709      | Nerissa       | Van Der Walt   | 10km Trail Run /walk | Female | 29  | Senior (19-29)      | 00:47:29 |
| 3                           | 7       | 1        | TRAIL10062  | Nicky         | Booyens        | 10km Trail Run /walk | Female | 40  | Veteran (40-49)     | 00:50:46 |
| 4                           | 14      | 1        | TA2125      | Klarissa      | Lishman        | 10km Trail Run /walk | Female | 36  | Sub-Veteran (30-39) | 00:56:59 |
| 5                           | 18      | 2        | TA1163      | Loraine       | Zaaiman        | 10km Trail Run /walk | Female | 45  | Veteran (40-49)     | 00:57:39 |
| 6                           | 20      | 2        | TA2278      | Michelle      | Louw           | 10km Trail Run /walk | Female | 26  | Senior (19-29)      | 00:58:05 |
| 7                           | 21      | 2        | TA2651      | Adri          | Van Den Heever | 10km Trail Run /walk | Female | 38  | Sub-Veteran (30-39) | 00:58:18 |
| 8                           | 22      | 3        | TA2116      | Luzaan        | Zaaiman        | 10km Trail Run /walk | Female | 23  | Senior (19-29)      | 00:58:23 |
| 9                           | 24      | 1        | TA0815      | Ilze          | Crous          | 10km Trail Run /walk | Female | 60  | Grand-Master (60+)  | 00:58:46 |
| 10                          | 25      | 3        | TA0850      | Annemarie     | Scholtz        | 10km Trail Run /walk | Female | 33  | Sub-Veteran (30-39) | 00:59:08 |
| 11                          | 28      | 4        | TA0666      | Ghizela       | Enslin         | 10km Trail Run /walk | Female | 31  | Sub-Veteran (30-39) | 01:01:20 |
| 12                          | 30      | 5        | TA2158      | Dorette       | Steyn          | 10km Trail Run /walk | Female | 37  | Sub-Veteran (30-39) | 01:02:45 |
| 13                          | 31      | 2        | TRAIL11537  | Joey          | Cloete         | 10km Trail Run /walk | Female | 62  | Grand-Master (60+)  | 01:02:48 |
| 14                          | 32      | 3        | TA1827      | Pauline       | Knoetze        | 10km Trail Run /walk | Female | 42  | Veteran (40-49)     | 01:03:40 |
| 15                          | 35      | 4        | TA1825      | Simone        | Howarth        | 10km Trail Run /walk | Female | 44  | Veteran (40-49)     | 01:03:45 |
| 16                          | 37      | 3        | TA2303      | Liz           | Sweidam        | 10km Trail Run /walk | Female | 65  | Grand-Master (60+)  | 01:04:22 |
| 17                          | 38      | 6        | TA2939      | Esther        | Van Wyk        | 10km Trail Run /walk | Female | 36  | Sub-Veteran (30-39) | 01:04:35 |
| 18                          | 39      | 5        | TRAIL13015  | Nadia         | Bosch          | 10km Trail Run /walk | Female | 47  | Veteran (40-49)     | 01:04:49 |
| 19                          | 44      | 4        | TA0645      | Anke          | Paul           | 10km Trail Run /walk | Female | 23  | Senior (19-29)      | 01:06:00 |
| 20                          | 46      | 1        | TA2314      | Zaneri        | Louw           | 10km Trail Run /walk | Female | 15  | 12 to 15            | 01:06:54 |
| 21                          | 48      | 2        | TA1165      | Jemma         | Jolly          | 10km Trail Run /walk | Female | 18  | 16 to 18            | 01:08:41 |
| 22                          | 52      | 1        | TRAIL12290  | Georgina      | Bester         | 10km Trail Run /walk | Female | 54  | Master (50-59)      | 01:10:48 |
| 23                          | 55      | 6        | TA2159      | Shaneera      | Thavalal       | 10km Trail Run /walk | Female | 42  | Veteran (40-49)     | 01:12:03 |
| 24                          | 56      | 7        | TA1179      | Christine     | Dalzell        | 10km Trail Run /walk | Female | 43  | Veteran (40-49)     | 01:12:05 |
| 25                          | 58      | 2        | TA1072      | Stienie       | Kompagnie      | 10km Trail Run /walk | Female | 51  | Master (50-59)      | 01:12:48 |
| 26                          | 59      | 3        | TA0767      | Annetjie      | Strydom        | 10km Trail Run /walk | Female | 56  | Master (50-59)      | 01:14:17 |
| 27                          | 60      | 8        | TA3536      | Gabs          | Janssen        | 10km Trail Run /walk | Female | 40  | Veteran (40-49)     | 01:14:51 |
| 28                          | 62      | 4        | TA2243      | Rene          | Jansen         | 10km Trail Run /walk | Female | 50  | Master (50-59)      | 01:15:15 |
| 29                          | 64      | 5        | TA2246      | Kerry         | Wahl           | 10km Trail Run /walk | Female | 24  | Senior (19-29)      | 01:15:26 |
| 30                          | 66      | 9        | TRAIL12199  | Natalie       | Young          | 10km Trail Run /walk | Female | 47  | Veteran (40-49)     | 01:15:30 |
| 31                          | 70      | 7        | TA1123      | Diyanna       | Slabbert       | 10km Trail Run /walk | Female | 35  | Sub-Veteran (30-39) | 01:17:14 |
| 32                          | 71      | 6        | TA0654      | Marike        | Pitzer         | 10km Trail Run /walk | Female | 26  | Senior (19-29)      | 01:17:22 |
| 33                          | 72      | 8        | TA3035      | Ashleigh Jade | Fisher         | 10km Trail Run /walk | Female | 33  | Sub-Veteran (30-39) | 01:18:37 |
| 34                          | 74      | 7        | TA1811      | Petruné       | Beattie        | 10km Trail Run /walk | Female | 24  | Senior (19-29)      | 01:19:33 |
| 35                          | 77      | 9        | TA2168      | Mahlako       | Lebelo         | 10km Trail Run /walk | Female | 39  | Sub-Veteran (30-39) | 01:20:16 |
| 36                          | 82      | 10       | TRAIL12382  | Carmelia      | Fouche         | 10km Trail Run /walk | Female | 44  | Veteran (40-49)     | 01:23:23 |
| 37                          | 84      | 11       | TA1829      | Estā©an       | Stirrat        | 10km Trail Run /walk | Female | 46  | Veteran (40-49)     | 01:23:49 |
| 38                          | 85      | 5        | TA1828      | Elmi          | Smith          | 10km Trail Run /walk | Female | 53  | Master (50-59)      | 01:24:21 |
| 39                          | 86      | 12       | TA1125      | Aileen        | Campbell       | 10km Trail Run /walk | Female | 47  | Veteran (40-49)     | 01:24:53 |
| 40                          | 87      | 13       | TA2299      | Johannah      | Mwale          | 10km Trail Run /walk | Female | 42  | Veteran (40-49)     | 01:25:17 |



|    |     |    |            |                    |               |                      |        |    |                     |          |
|----|-----|----|------------|--------------------|---------------|----------------------|--------|----|---------------------|----------|
| 41 | 88  | 14 | TA1173     | Madrey             | Bekker        | 10km Trail Run /walk | Female | 41 | Veteran (40-49)     | 01:25:19 |
| 42 | 90  | 3  | TA2138     | Dominique          | Knox          | 10km Trail Run /walk | Female | 16 | 16 to 18            | 01:25:34 |
| 43 | 91  | 10 | TA1832     | Lizelle            | Haveaga       | 10km Trail Run /walk | Female | 37 | Sub-Veteran (30-39) | 01:25:49 |
| 44 | 92  | 6  | TA1035     | Yvonne             | Mashishi      | 10km Trail Run /walk | Female | 57 | Master (50-59)      | 01:26:13 |
| 45 | 93  | 7  | TA1887     | Christa            | Geyer         | 10km Trail Run /walk | Female | 52 | Master (50-59)      | 01:26:48 |
| 46 | 94  | 8  | TA1867     | Karlene            | Geyer         | 10km Trail Run /walk | Female | 27 | Senior (19-29)      | 01:26:54 |
| 47 | 96  | 11 | TA1043     | Angelique          | Kriel         | 10km Trail Run /walk | Female | 35 | Sub-Veteran (30-39) | 01:27:06 |
| 48 | 97  | 12 | TRAIL11873 | Sharnel            | Do Vale       | 10km Trail Run /walk | Female | 34 | Sub-Veteran (30-39) | 01:28:23 |
| 49 | 99  | 13 | TA0705     | Surika             | Van Aswegen   | 10km Trail Run /walk | Female | 36 | Sub-Veteran (30-39) | 01:28:47 |
| 50 | 100 | 15 | TA1065     | Baheya             | Karlie        | 10km Trail Run /walk | Female | 45 | Veteran (40-49)     | 01:29:10 |
| 51 | 101 | 14 | TA1039     | Irene              | Van Wezel     | 10km Trail Run /walk | Female | 35 | Sub-Veteran (30-39) | 01:29:24 |
| 52 | 102 | 15 | TA3060     | Xoli               | Jila          | 10km Trail Run /walk | Female | 39 | Sub-Veteran (30-39) | 01:30:11 |
| 53 | 104 | 16 | TA2318     | Susan              | De Bruin      | 10km Trail Run /walk | Female | 46 | Veteran (40-49)     | 01:32:58 |
| 54 | 105 | 17 | TA1846     | Alida              | Van Blerk     | 10km Trail Run /walk | Female | 46 | Veteran (40-49)     | 01:34:06 |
| 55 | 106 | 18 | TA2269     | Linda              | Bruwer        | 10km Trail Run /walk | Female | 46 | Veteran (40-49)     | 01:34:09 |
| 56 | 107 | 16 | TA1804     | Koketso            | Mokwena       | 10km Trail Run /walk | Female | 31 | Sub-Veteran (30-39) | 01:34:36 |
| 57 | 108 | 19 | TA1812     | Maumi              | Medupe        | 10km Trail Run /walk | Female | 48 | Veteran (40-49)     | 01:35:59 |
| 58 | 109 | 20 | TA2214     | Mingi              | Makhubele     | 10km Trail Run /walk | Female | 42 | Veteran (40-49)     | 01:36:25 |
| 59 | 110 | 8  | TA2147     | Hendrien           | Breedt        | 10km Trail Run /walk | Female | 54 | Master (50-59)      | 01:36:49 |
| 60 | 111 | 9  | TA2242     | Aletha             | Van Den Bergh | 10km Trail Run /walk | Female | 51 | Master (50-59)      | 01:36:52 |
| 61 | 112 | 10 | TA0751     | Lynette            | Gough         | 10km Trail Run /walk | Female | 57 | Master (50-59)      | 01:37:10 |
| 62 | 113 | 4  | TA1132     | Letha              | Kotzã©        | 10km Trail Run /walk | Female | 71 | Grand-Master (60+)  | 01:37:14 |
| 63 | 114 | 11 | TA2295     | Elma               | Crafford      | 10km Trail Run /walk | Female | 58 | Master (50-59)      | 01:38:06 |
| 64 | 118 | 12 | TA2227     | Louise             | Tod           | 10km Trail Run /walk | Female | 55 | Master (50-59)      | 01:38:36 |
| 65 | 119 | 13 | TA2150     | Shona              | Atteridge     | 10km Trail Run /walk | Female | 52 | Master (50-59)      | 01:39:20 |
| 66 | 121 | 21 | TA0857     | Fulu               | Tshivhase     | 10km Trail Run /walk | Female | 43 | Veteran (40-49)     | 01:41:25 |
| 67 | 123 | 22 | TA1185     | Gugulethu          | Shangase      | 10km Trail Run /walk | Female | 43 | Veteran (40-49)     | 01:44:23 |
| 68 | 124 | 5  | TRAIL12321 | Dorothy            | Van Heerden   | 10km Trail Run /walk | Female | 75 | Grand-Master (60+)  | 01:45:00 |
| 69 | 125 | 6  | TRAIL12324 | Frances            | Steel         | 10km Trail Run /walk | Female | 74 | Grand-Master (60+)  | 01:45:00 |
| 70 | 127 | 14 | TRAIL12365 | Catherine          | Mclean        | 10km Trail Run /walk | Female | 51 | Master (50-59)      | 01:49:25 |
| 71 | 128 | 23 | TA2174     | Andrea             | Gavan         | 10km Trail Run /walk | Female | 46 | Veteran (40-49)     | 01:53:44 |
| 72 | 130 | 24 | TA2108     | Natalie            | Hufkie        | 10km Trail Run /walk | Female | 41 | Veteran (40-49)     | 01:54:13 |
| 73 | 131 | 17 | TA1044     | Tanya              | Schoeman      | 10km Trail Run /walk | Female | 37 | Sub-Veteran (30-39) | 02:02:56 |
| 74 | 132 | 18 | TA1863     | Charlene Chantelle | Wax           | 10km Trail Run /walk | Female | 39 | Sub-Veteran (30-39) | 02:03:39 |
| 75 | 133 | 15 | TA0693     | Natasha            | Van Leeven    | 10km Trail Run /walk | Female | 50 | Master (50-59)      | 02:03:43 |
| 76 | 134 | 25 | TA1893     | Anthea             | Kruger        | 10km Trail Run /walk | Female | 49 | Veteran (40-49)     | 02:03:47 |
| 77 | 135 | 19 | TA0841     | Tarren             | Voges         | 10km Trail Run /walk | Female | 36 | Sub-Veteran (30-39) | 02:19:21 |
| 78 | 137 | 26 | TA0293     | Thandeka           | Msimang       | 10km Trail Run /walk | Female | 42 | Veteran (40-49)     | 02:59:53 |

| 5km Trail Run/Walk:Male |         |          |             |          |                    |                    |        |     |                     |          |
|-------------------------|---------|----------|-------------|----------|--------------------|--------------------|--------|-----|---------------------|----------|
| Gender                  | Overall | Category | Race Number | Name     | Surname            | Activity           | Gender | Age | Category            | Duration |
| 1                       | 1       | 1        | TRAIL10690  | Dian     | Marais             | 5km Trail Run/Walk | Male   | 11  | Under 11            | 00:24:14 |
| 2                       | 5       | 1        | TA0343      | Johann   | Du Toit            | 5km Trail Run/Walk | Male   | 39  | Sub-Veteran (30-39) | 00:28:44 |
| 3                       | 6       | 1        | TA0365      | Leam     | Lishman            | 5km Trail Run/Walk | Male   | 14  | 12 to 15            | 00:29:47 |
| 4                       | 7       | 2        | TA0351      | Coenraad | Rossouw            | 5km Trail Run/Walk | Male   | 34  | Sub-Veteran (30-39) | 00:29:51 |
| 5                       | 8       | 1        | TA0448      | Martin   | Hauger             | 5km Trail Run/Walk | Male   | 41  | Veteran (40-49)     | 00:30:23 |
| 6                       | 9       | 2        | TRAIL12341  | Charles  | Norman             | 5km Trail Run/Walk | Male   | 40  | Veteran (40-49)     | 00:30:24 |
| 7                       | 10      | 2        | TA1636      | Lohlan   | Butler             | 5km Trail Run/Walk | Male   | 14  | 12 to 15            | 00:31:39 |
| 8                       | 13      | 3        | TRAIL11357  | Ian      | Van Der Merwe      | 5km Trail Run/Walk | Male   | 47  | Veteran (40-49)     | 00:32:02 |
| 9                       | 14      | 3        | TA0545      | Nathan   | Butler             | 5km Trail Run/Walk | Male   | 15  | 12 to 15            | 00:32:12 |
| 10                      | 18      | 4        | TRAIL10187  | Kevin    | Joffe              | 5km Trail Run/Walk | Male   | 45  | Veteran (40-49)     | 00:35:10 |
| 11                      | 19      | 2        | TA0429      | Caylem   | Lishman            | 5km Trail Run/Walk | Male   | 10  | Under 11            | 00:36:40 |
| 12                      | 21      | 1        | TA0158      | Harm     | Venter             | 5km Trail Run/Walk | Male   | 19  | Senior (19-29)      | 00:37:07 |
| 13                      | 27      | 2        | TA1519      | Lj       | Basson             | 5km Trail Run/Walk | Male   | 23  | Senior (19-29)      | 00:39:08 |
| 14                      | 36      | 1        | TA0578      | Gary     | Noakes             | 5km Trail Run/Walk | Male   | 58  | Master (50-59)      | 00:42:39 |
| 15                      | 38      | 1        | TA0359      | Selwyn   | Sweidan            | 5km Trail Run/Walk | Male   | 73  | Grand-Master (60+)  | 00:44:30 |
| 16                      | 45      | 5        | TA0168      | Jacques  | Botha              | 5km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 00:49:51 |
| 17                      | 48      | 3        | TA0424      | Luca     | Giunta             | 5km Trail Run/Walk | Male   | 6   | Under 11            | 00:51:02 |
| 18                      | 49      | 6        | TA0292      | Giovanni | Giunta             | 5km Trail Run/Walk | Male   | 45  | Veteran (40-49)     | 00:51:12 |
| 19                      | 56      | 2        | TA0388      | Tinus    | Erasmus            | 5km Trail Run/Walk | Male   | 70  | Grand-Master (60+)  | 00:53:22 |
| 20                      | 58      | 1        | TA0023      | Thomas   | Breytenbach        | 5km Trail Run/Walk | Male   | 16  | 16 to 18            | 00:54:49 |
| 21                      | 60      | 7        | TA0273      | Karel    | Van Heerden        | 5km Trail Run/Walk | Male   | 46  | Veteran (40-49)     | 00:56:08 |
| 22                      | 63      | 4        | TA0119      | Owen     | Dalzell            | 5km Trail Run/Walk | Male   | 11  | Under 11            | 00:58:32 |
| 23                      | 65      | 4        | TA0227      | Keegan   | Dalzell            | 5km Trail Run/Walk | Male   | 13  | 12 to 15            | 00:58:38 |
| 24                      | 66      | 5        | TRAIL12752  | Alex     | Zaayman            | 5km Trail Run/Walk | Male   | 11  | Under 11            | 00:59:49 |
| 25                      | 67      | 3        | TRAIL10526  | Boet     | Bronkhorst         | 5km Trail Run/Walk | Male   | 68  | Grand-Master (60+)  | 00:59:58 |
| 26                      | 68      | 8        | TRAIL12287  | Phil     | Zaayman            | 5km Trail Run/Walk | Male   | 48  | Veteran (40-49)     | 01:01:24 |
| 27                      | 69      | 6        | TRAIL12750  | Adam     | Zaayman            | 5km Trail Run/Walk | Male   | 9   | Under 11            | 01:01:27 |
| 28                      | 76      | 5        | TA0576      | Brogan   | Ackerman           | 5km Trail Run/Walk | Male   | 12  | 12 to 15            | 01:04:15 |
| 29                      | 78      | 6        | TA1768      | Wian     | Janse Van Rensburg | 5km Trail Run/Walk | Male   | 15  | 12 to 15            | 01:05:00 |
| 30                      | 84      | 7        | TA0267      | Bailin   | Ackerman           | 5km Trail Run/Walk | Male   | 10  | Under 11            | 01:08:38 |

| 5km Trail Run/Walk:Female |         |          |             |           |                    |                    |        |     |                     |          |
|---------------------------|---------|----------|-------------|-----------|--------------------|--------------------|--------|-----|---------------------|----------|
| Gender                    | Overall | Category | Race Number | Name      | Surname            | Activity           | Gender | Age | Category            | Duration |
| 1                         | 2       | 1        | TRAIL12931  | Dieneke   | Beukes             | 5km Trail Run/Walk | Female | 10  | Under 11            | 00:26:45 |
| 2                         | 3       | 1        | TRAIL12842  | Jeanne'   | De Beer            | 5km Trail Run/Walk | Female | 17  | 16 to 18            | 00:26:55 |
| 3                         | 4       | 1        | TA0086      | Carmien   | Smal               | 5km Trail Run/Walk | Female | 14  | 12 to 15            | 00:28:36 |
| 4                         | 11      | 1        | TA1663      | Cathy     | Bulter             | 5km Trail Run/Walk | Female | 45  | Veteran (40-49)     | 00:31:43 |
| 5                         | 12      | 2        | TA0280      | Carmen    | Labuschagne        | 5km Trail Run/Walk | Female | 13  | 12 to 15            | 00:31:48 |
| 6                         | 15      | 1        | TA0009      | Alizabeth | Baumeler           | 5km Trail Run/Walk | Female | 53  | Master (50-59)      | 00:32:53 |
| 7                         | 16      | 1        | TA0237      | Ingrid    | Hauger             | 5km Trail Run/Walk | Female | 37  | Sub-Veteran (30-39) | 00:33:23 |
| 8                         | 17      | 2        | TA1718      | Abigail   | Van Heerden        | 5km Trail Run/Walk | Female | 11  | Under 11            | 00:33:40 |
| 9                         | 20      | 2        | TA1691      | Donne     | Breytenbach        | 5km Trail Run/Walk | Female | 16  | 16 to 18            | 00:37:05 |
| 10                        | 22      | 2        | TA0570      | Bernice   | Van Der Merwe      | 5km Trail Run/Walk | Female | 46  | Veteran (40-49)     | 00:37:16 |
| 11                        | 23      | 2        | TA0428      | Leana     | Rossouw            | 5km Trail Run/Walk | Female | 31  | Sub-Veteran (30-39) | 00:37:22 |
| 12                        | 24      | 3        | TA1799      | Carla     | Mancini            | 5km Trail Run/Walk | Female | 43  | Veteran (40-49)     | 00:37:24 |
| 13                        | 25      | 3        | TA1784      | Tanya     | Smal               | 5km Trail Run/Walk | Female | 37  | Sub-Veteran (30-39) | 00:37:43 |
| 14                        | 26      | 1        | TA0276      | Zelda     | Geyer              | 5km Trail Run/Walk | Female | 23  | Senior (19-29)      | 00:39:02 |
| 15                        | 28      | 4        | TA0380      | Glizelle  | Langerman          | 5km Trail Run/Walk | Female | 42  | Veteran (40-49)     | 00:39:18 |
| 16                        | 29      | 2        | TRAIL12359  | Linda     | Fourie             | 5km Trail Run/Walk | Female | 52  | Master (50-59)      | 00:39:49 |
| 17                        | 30      | 4        | TA1665      | Johanni   | Smit               | 5km Trail Run/Walk | Female | 30  | Sub-Veteran (30-39) | 00:41:39 |
| 18                        | 31      | 5        | TA1707      | Alison    | Nisbet             | 5km Trail Run/Walk | Female | 48  | Veteran (40-49)     | 00:41:54 |
| 19                        | 32      | 5        | TA0262      | Morgana   | Robbertze          | 5km Trail Run/Walk | Female | 38  | Sub-Veteran (30-39) | 00:41:56 |
| 20                        | 33      | 6        | TA0427      | Diane     | Armitage           | 5km Trail Run/Walk | Female | 44  | Veteran (40-49)     | 00:42:12 |
| 21                        | 34      | 6        | TA0471      | Nicola    | Gauldie            | 5km Trail Run/Walk | Female | 35  | Sub-Veteran (30-39) | 00:42:14 |
| 22                        | 35      | 3        | TRAIL13008  | Sonja     | Petzer             | 5km Trail Run/Walk | Female | 53  | Master (50-59)      | 00:42:20 |
| 23                        | 37      | 7        | TA0189      | Belinda   | Cawood             | 5km Trail Run/Walk | Female | 37  | Sub-Veteran (30-39) | 00:44:14 |
| 24                        | 39      | 1        | TA0374      | Meisie    | Strydom            | 5km Trail Run/Walk | Female | 73  | Grand-Master (60+)  | 00:45:49 |
| 25                        | 40      | 8        | TA0445      | Aretha    | Pearson            | 5km Trail Run/Walk | Female | 36  | Sub-Veteran (30-39) | 00:46:31 |
| 26                        | 41      | 4        | TA0121      | Lynn      | Fisher             | 5km Trail Run/Walk | Female | 57  | Master (50-59)      | 00:46:49 |
| 27                        | 42      | 9        | TA1775      | Jaclyn    | Steinman           | 5km Trail Run/Walk | Female | 31  | Sub-Veteran (30-39) | 00:47:33 |
| 28                        | 43      | 10       | TA0172      | Nadine    | Fourie             | 5km Trail Run/Walk | Female | 33  | Sub-Veteran (30-39) | 00:47:35 |
| 29                        | 44      | 2        | TA0476      | Jane      | Steyn              | 5km Trail Run/Walk | Female | 65  | Grand-Master (60+)  | 00:47:52 |
| 30                        | 46      | 3        | TA0077      | Naledi    | Lebelo             | 5km Trail Run/Walk | Female | 15  | 12 to 15            | 00:50:36 |
| 31                        | 47      | 3        | TA0245      | Isabella  | Giunta             | 5km Trail Run/Walk | Female | 8   | Under 11            | 00:50:59 |
| 32                        | 50      | 11       | TA0574      | Jane      | Bredenkamp         | 5km Trail Run/Walk | Female | 32  | Sub-Veteran (30-39) | 00:51:18 |
| 33                        | 51      | 2        | TA1105      | Maropene  | Machethe           | 5km Trail Run/Walk | Female | 28  | Senior (19-29)      | 00:51:27 |
| 34                        | 52      | 5        | TA1582      | Lorraine  | Lerwill            | 5km Trail Run/Walk | Female | 56  | Master (50-59)      | 00:51:35 |
| 35                        | 53      | 7        | TA0464      | Tania     | Botha              | 5km Trail Run/Walk | Female | 47  | Veteran (40-49)     | 00:52:15 |
| 36                        | 54      | 12       | TA1785      | Ronell    | Van Niekerk        | 5km Trail Run/Walk | Female | 34  | Sub-Veteran (30-39) | 00:52:19 |
| 37                        | 55      | 13       | TA0153      | Shelley   | Pepworth           | 5km Trail Run/Walk | Female | 32  | Sub-Veteran (30-39) | 00:52:20 |
| 38                        | 57      | 4        | TA0320      | Jana      | Janse Van Rensburg | 5km Trail Run/Walk | Female | 11  | Under 11            | 00:53:39 |
| 39                        | 59      | 8        | TRAIL11232  | Patricia  | Minihold           | 5km Trail Run/Walk | Female | 44  | Veteran (40-49)     | 00:55:01 |

|    |    |    |            |          |                    |                    |        |    |                     |          |
|----|----|----|------------|----------|--------------------|--------------------|--------|----|---------------------|----------|
| 40 | 61 | 3  | TA0596     | Amy      | Prinsloo           | 5km Trail Run/Walk | Female | 27 | Senior (19-29)      | 00:56:31 |
| 41 | 62 | 6  | TA0446     | Edna     | Prinsloo           | 5km Trail Run/Walk | Female | 57 | Master (50-59)      | 00:56:33 |
| 42 | 64 | 9  | TA0001     | Bukeka   | Mahlutshana        | 5km Trail Run/Walk | Female | 41 | Veteran (40-49)     | 00:58:36 |
| 43 | 70 | 10 | TA0193     | Chandra  | Booyesen           | 5km Trail Run/Walk | Female | 47 | Veteran (40-49)     | 01:02:07 |
| 44 | 71 | 11 | TA0348     | Raelean  | Melaia             | 5km Trail Run/Walk | Female | 44 | Veteran (40-49)     | 01:02:08 |
| 45 | 72 | 7  | TRAIL12468 | Lisa     | Portelli           | 5km Trail Run/Walk | Female | 52 | Master (50-59)      | 01:02:26 |
| 46 | 73 | 12 | TA0421     | Isa      | Giunta             | 5km Trail Run/Walk | Female | 42 | Veteran (40-49)     | 01:02:58 |
| 47 | 74 | 14 | TA0487     | Elise    | Van Niekerk        | 5km Trail Run/Walk | Female | 38 | Sub-Veteran (30-39) | 01:03:00 |
| 48 | 75 | 13 | TRAIL11139 | Judith   | Zaayman            | 5km Trail Run/Walk | Female | 44 | Veteran (40-49)     | 01:03:48 |
| 49 | 77 | 14 | TA1755     | Ilana    | Janse Van Rensburg | 5km Trail Run/Walk | Female | 44 | Veteran (40-49)     | 01:04:58 |
| 50 | 79 | 4  | TA0313     | Jesica   | Swart              | 5km Trail Run/Walk | Female | 19 | Senior (19-29)      | 01:05:15 |
| 51 | 80 | 15 | TA0539     | Christa  | Swart              | 5km Trail Run/Walk | Female | 45 | Veteran (40-49)     | 01:05:17 |
| 52 | 81 | 8  | TA1684     | Therese  | Viljoen            | 5km Trail Run/Walk | Female | 51 | Master (50-59)      | 01:05:19 |
| 53 | 82 | 5  | TA1741     | Primrose | Mkhwanazi          | 5km Trail Run/Walk | Female | 24 | Senior (19-29)      | 01:06:50 |
| 54 | 83 | 16 | TA0197     | Celeste  | Ackerman           | 5km Trail Run/Walk | Female | 44 | Veteran (40-49)     | 01:08:35 |
| 55 | 85 | 5  | TA1680     | Aaliyah  | Doman              | 5km Trail Run/Walk | Female | 8  | Under 11            | 01:13:31 |
| 56 | 86 | 15 | TA1672     | Amber    | Doman              | 5km Trail Run/Walk | Female | 37 | Sub-Veteran (30-39) | 01:13:35 |
| 57 | 87 | 6  | TA0156     | Ameera   | Doman              | 5km Trail Run/Walk | Female | 11 | Under 11            | 01:13:48 |
| 58 | 88 | 3  | TA0384     | Beryl    | Hall               | 5km Trail Run/Walk | Female | 75 | Grand-Master (60+)  | 01:18:46 |