



AdventureRun : Cowhouse Trail

Night Trail Run/ Walk at the Hazeldean Taproom on 24th November 2022



10km Run/Walk:Male

Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	2	1	TRAIL20027	Werner	Van Brakel	10km Run/Walk	Male	51	Master (50-59)	01:03:14
2	4	1	TA2252	Ric	Marini	10km Run/Walk	Male	67	Grand-Master (60+)	01:53:26

10km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TA0823	Evelyn	Botha	10km Run/Walk	Female	40	Veteran (40-49)	01:00:08
2	3	2	TA1158	Pauli	Nel	10km Run/Walk	Female	47	Veteran (40-49)	01:07:56

5km Run/Walk:Female										
Gender	Overall	Category	Race Number	Name	Surname	Activity	Gender	Age	Category	Duration
1	1	1	TRAIL20028	Gerda	Van Brakel	5km Run/Walk	Female	51	Master (50-59)	00:36:34
2	2	1	TRAIL20451	Nicky	Booyens	5km Run/Walk	Female	43	Veteran (40-49)	00:45:04
3	3	1	TA1852	Vanessa	Smeets	5km Run/Walk	Female	37	Sub-Veteran (30-39)	00:51:14